

Philbrook Adult Transitional Housing (PATH)

Frequently Asked Questions

What is PATH?

The Philbrook Adult Transitional Housing (PATH) Program has been designed to meet the needs of patients who no longer require hospitalization at New Hampshire Hospital, but are in need of assistance in securing safe housing. This is a 16-bed voluntary facility for patients who are independent.

How do I find housing?

Clients are assigned to a Clinical Case Manager who assists with the housing search including searching for apartments, bringing clients to view apartments, and facilitating the move in process. Clients are also encouraged to participate in their own housing search by using the PATH computers or personal cell phones to search for housing opportunities.

Are there groups offered at PATH?

PATH has numerous groups offered throughout the day. Morning meeting is held every day and is mandatory on Wednesdays. There are also clinical groups run by counselors and peer support groups run by the peer support specialist. Recreation and health and wellness groups are also offered throughout the day. Groups are not mandatory but are highly encouraged.

Can I smoke?

Smoking is allowed in an outdoor designated smoking area between 7 AM and 9:30 PM. Everyone must be inside at 9:30 PM and can begin going outside again at 7 AM.

Can I have my car or a job at PATH?

No, there are no individual cars allowed at PATH. PATH has access to state vehicles to take clients into the community. Each client gets a designated shopping day once a week in order to get items needed. Bicycles are allowed at PATH. Clients currently are not allowed to have a job while at PATH.

Can I have my cell phone/laptop and use the internet?

Yes! Currently, there is no wireless internet for client use. However, clients can use their cell phone's data plan. There are three computers with internet access available for client use.

Can I visit my family and friends off campus?

Yes, clients are able to access the community independently or with family and friends between 12:00 PM and 5:00 PM, 7 days per week. It is highly encouraged that clients ensure that community access does not interfere with groups times. **This is subject to change based on current COVID protocols.

What is provided at PATH?

All 3 meals are provided at PATH. Clients do have the ability to store some cold items and some pantry items in bins that they have purchased themselves. There are also snacks provided throughout the day. Laundry is available for clients use along with laundry soap. Clients have mail boxes so they can receive their mail at PATH.

Is there rent at PATH?

Yes. Clients do have to pay rent at PATH. That rent amount is determined based off of clients income and is individualized for each client via a sliding scale. The rent amount is communicated to the client before they agree to come to PATH to ensure they are aware of the amount they will be paying.

