What is the... Referral, Education, Assistance & Prevention program?

It is a prevention program available to all older adults in New Hampshire.

The program is designed to help you take control of your life, to live a happy, healthy, and independent lifestyle.

REAP provides education to help you better understand and deal with the many life changes you might encounter.

Eligibility

- NH residents 60 years old or older,
- residents of a NH Senior Housing site, or
- caregivers or family members of an older adult living in NH

Call 1-866-634-9412 if you have questions about eligibility.

Exceptions: Permanent residents of long term care facilities and active clients of a NH Community Mental Health Center are not eligible for the REAP program.

For REAP and other community resources in your area, call ServiceLink toll free at:
1-866-634-9412

To connect with a REAP counselor or to learn about upcoming educational programs in your area, contact your local Community Mental Health Center:

Belknap & So. Grafton
Genesis Behavioral Health
(603) 524-1100

Manchester Area
The Mental Health Center
(603) 668-4111 ext. 4599

Carroll, Coos & Northern Grafton Co.
Northern Human Services
(603) 444-5258

Nashua Area
The Mental Health Center of Greater Nashua
(603) 889-6147

Cheshire County
Monadnock Family
(603) 357-5270

Portsmouth / Exeter Area
Seacoast Mental Health Center
(603) 431-6703 (Portsmouth)
(603) 772-2710 (Exeter)

Derry / Salem Area
CLM Behavioral Health Systems
(603) 434-1577

Strafford County
Community Partners
(603) 516-9300

Merrimack County
Riverbend Community Mental Health Center
(603) 225-0123

Sullivan & Lower Grafton
West Central Behavioral Health Services
(603) 863-1785

REAP is supported by:
NH DHHS Bureau of Drug and Alcohol Services
New Hampshire Housing
NH DHHS Bureau of Elderly and Adult Services
NH DHHS Bureau of Behavioral Health
NH’s 10 Community Mental Health Centers

REAP Program
Referral, Education, Assistance and Prevention program for older adults in NH

REAP the Benefits of
Healthy Living Today

Call ServiceLink and ask for a REAP Counselor!
1-866-634-9412
Are you...

- Having difficulty dealing with a loss or multiple losses in your life?
- Having trouble sleeping or sleeping too much?
- Having trouble with managing multiple prescriptions?
- Feeling tired all the time?
- Turning to alcohol or drugs?

Don’t risk your independence!

Referral

REAP counselors are available by phone or by appointment to provide you or your loved ones with information and resources on how to deal with life changes including loss, grief, and other personal concerns.

Home-Visits

REAP counselors will speak with you in your home or by phone.

Education

REAP counselors offer education sessions that are informative and FUN!

REAP is:

- FREE
- Confidential and
- In your home

Call ServiceLink and ask for a REAP counselor today!

Call 1-866-634-9412

Learn more online at:
dhhs.nh.gov/dcbcs/bdas/reap.htm