

Recovery

RESOURCE GUIDE



Promoting Prevention and Recovery

NH Department of Health and Human Services
Division for Behavioral Health
Bureau of Drug and Alcohol Services
dhhs.nh.gov/dcbcs/bdas/index.htm
drugfreenh.org

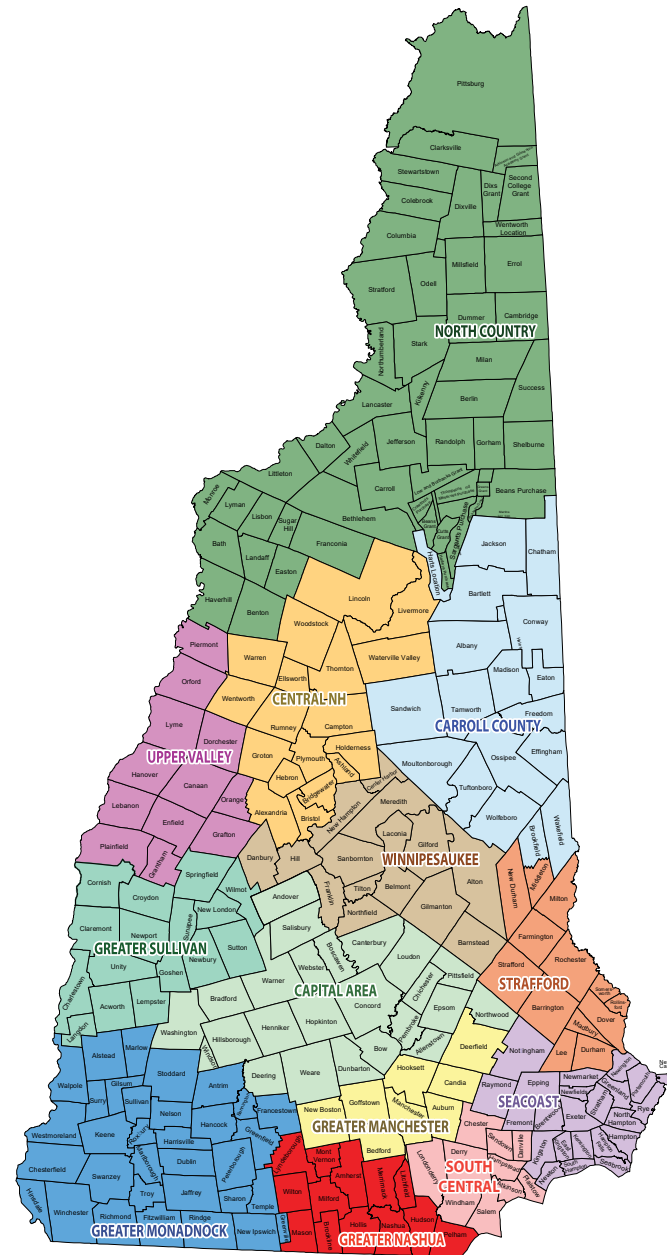
This Recovery Resource Guide provides a listing of **state-funded recovery community centers**. For statewide referrals and information, dial 211 or visit nhtreatment.org or nhrecoveryhub.org

“To join individuals, families and communities in reducing the misuse of alcohol and drugs thereby increasing opportunities for citizens to achieve health and independence.”

NHBDAS Mission

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* Upper Valley and Capital Area regions do not have state-funded recovery programs as of August 2020.

Recovery Community Organizations are listed by location for convenience, but they all serve New Hampshire residents regardless of where they live in state. For a complete list of recovery programs offered throughout New Hampshire, please visit the NH Treatment Locator (nhtreatment.org) and select the box titled “Recovery Support Services” or visit the NH Recovery Hub at nhrecoveryhub.org

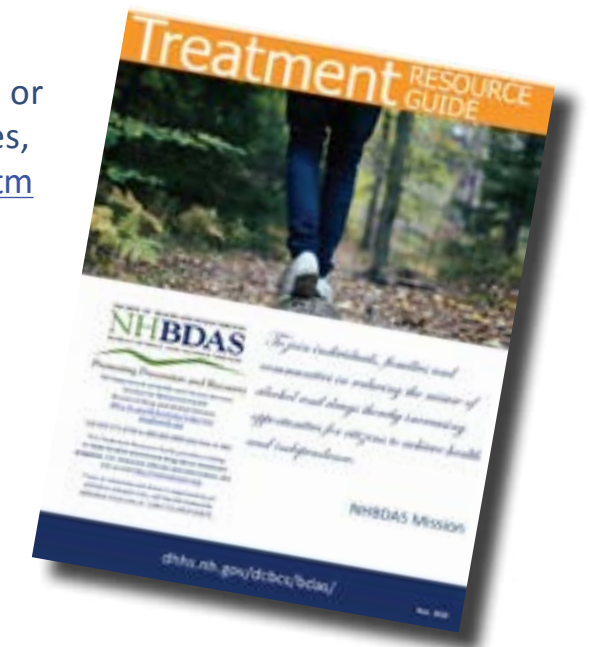
This Recovery Resource Guide provides a listing of state-funded Recovery Community Organizations that have recovery centers.

For a comprehensive list of treatment and recovery support services across the state, please visit: nhtreatment.org or nhrecoveryhub.org.

New Hampshire’s vibrant peer recovery support services are flourishing across the state. The state’s recovery community is building bridges and saving lives. Recovery coaches are helping people who have precious few resources available to them, day in and day out. Recovery community centers are valuable meeting places and offer a variety of wellness activities.

Substance use disorders (SUDs) are **highly preventable and treatable**, and the state is implementing a comprehensive and lasting response to address this epidemic.

To receive an electronic version of this guide or the Prevention or Treatment Resource Guides, please visit: dhhs.nh.gov/dcbcs/bdas/guide.htm or e-mail Kristy McDonald at: Kristy.McDonald@dhhs.nh.gov.



Disclaimer: We have provided, to the best of our ability, the most accurate information that we have. Names and addresses sometimes change, so please contact Kristy McDonald at 603-271-4972 or email: Kristy.McDonald@dhhs.nh.gov with any new information.

Recovery Community Center by Locations

NORTH COUNTRY

LITTLETON

North Country Serenity Center

33 W. Main St.
Littleton, NH, 03561
PH: 603.444.1300
Website: northcountryserenitycenter.org



WINNIPESAUKEE AREA

LACONIA

Navigating Recovery of the Lakes Region

102 Court St., Laconia NH, 03246
PH: 603.524.5939
Website: navigatingrecovery.org



TILTON

Greater Tilton Area Family Resource Center

5 Prospect Street, Tilton, NH 03276
PH: 603.286.4255
Website: gtafr.com/

FRANKLIN

Greater Tilton Area Family Resource Center

175 Center St., Franklin, NH 03235
PH: 603.286.4255
Website: gtafr.com/

CENTRAL NH

PLYMOUTH

Plymouth Area Recovery Connections

258 Highland St., Plymouth, NH 03264
PH: 603.238.3555
Website: parcnh.org



SOUTH CENTRAL NH

DERRY

Revive Recovery Resource Center
6 Railroad Ave.
Derry, NH 03038
PH: 1.888.317.8312
Website: reviverecovery.org/

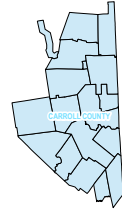


CARROLL COUNTY

CONWAY

MWV Supports Recovery

1620 East Main St.
Ctr. Conway, New Hampshire 03813
PH: 603.662.0668
Website: mwvsupportsrecovery.org/about-us



NORTH CONWAY

White Horse Recovery Center

2977 White Mountain Hwy., N. Conway NH, 03860
PH: 603.301.0041
Website: whitehorserecovery.org/recovery-community-organization/

CENTER OSSIPEE

White Horse Recovery Center

68 NH-16B, Center Ossipee, NH 03814
PH: 603.301.0041
Website: whitehorserecovery.org/recovery-community-organization/

GREATER SULLIVAN AREA

CLAREMONT

Center for Recovery Resources

1 Pleasant St. Suite 104
Claremont, NH
PH: 603.542.1848
Website: centerforrecoveryresourcesnh.weebly.com/



STRAFFORD COUNTY AREA

SOS Recovery Community Organization

PH: 603.841.2350
Website: sosrco.org



DOVER

4 Broadway, Dover NH 03820

ROCHESTER

63 S. Main St., Rochester, NH 03867

HAMPTON

1 Lafayette Rd., Unit 1, Hampton, NH 03842

GREATER MANCHESTER

MANCHESTER

HOPE for NH Recovery

267 Wilson St., Manchester NH 03103
PH: 603.935.7524
Website: hopefornhrecovery.org



SEACOAST

PORTSMOUTH

Safe Harbor Recovery Center

865 Islington St. Portsmouth, NH 03801
PH: 603.570.9444
Website: granitepathways.org/safe-harbor-recovery-center/



GREATER NASHUA

NASHUA

Revive Recovery Resource Center

163 Main St.
Nashua, NH 03060
PH: 1.888.317.8312
Website: reviverecovery.org/



GREATER MONADNOCK

KEENE

Keene Serenity Center

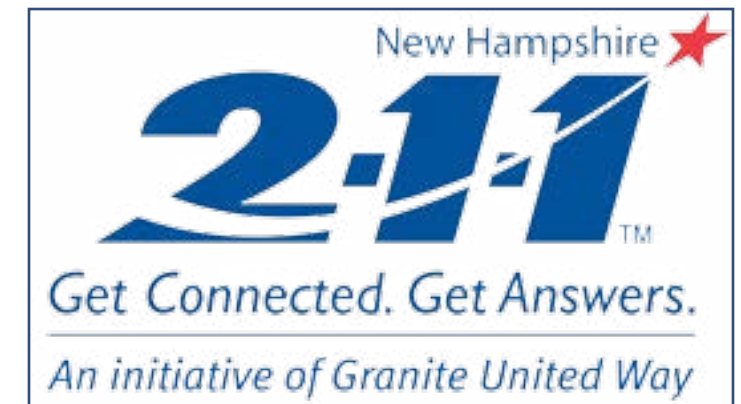
34 Mechanic St.
Keene 03431
PH: 603.283.5015
Website: kscrecovery.org



JAFFREY

Reality Check

17 Turnpike Rd.
Jaffrey, NH 03452
PH: 603.532.9888
Website: realitychecknow.org/recovery-support



**Recovery is a journey,
not a destination.**

Description of Services

All Peer Recovery Support Service providers offer the services below, but they vary widely from organization to organization. Please call or visit individual providers websites for a full list of services.

Peer Recovery Coaching: Services provided by trained peers who serve as guides and mentors to individuals seeking or in recovery in order to assist those individuals with developing a recovery plan and removing barriers to recovery.

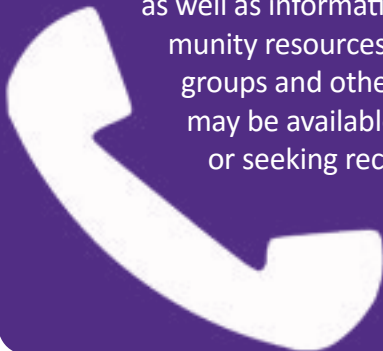


Healthy living groups: Peer Recovery Support Service providers offer a wide range of healthy living groups. These groups may take the form of gardening or yoga activities, financial literacy, goal setting, work readiness training and more.



Contact providers directly for more information.

Telephone Peer Recovery Support Service: Scheduled and as needed telephone contacts that provide peer support and encouragement as well as information about community resources, mutual support groups and other supports that may be available to individuals in or seeking recovery.



Mutual support groups meetings:

Every recovery community center makes space available for a variety of recovery groups including 12-step, SMART Recovery, and All Recovery groups as well as family support groups.



Contact providers directly to learn more about scheduled meetings.

OTHER RECOVERY RESOURCES

Mutual Aid Groups

New Hampshire Alcoholics Anonymous: nhaa.net

New Hampshire Narcotics Anonymous: gsana.org

SMART Recovery: smartrecoverynh.org

Heroin Anonymous: heroinanonymousnh.org

New Hampshire AI-Anon: nhal-anon.org

Grief Recovery After a Substance Passing (GRASP): grasphelp.org

Family Support Programs

Families Sharing Without Shame: donna4support.com/

NH Family Support Groups: nh4youth.org/families-youth/family-support-groups-substance-use-issues

See all state-funded family support groups at the Recovery Hub: nhrecoveryhub.org/familysupport