Goals

Goals for 10/5 Meeting

1. Reintroduce waiver work to a smaller, more focused waiver work group.
2. Introduce BDS/A&M representatives and waiver work group representatives.
3. Establish work group structure (within the work group and between groups).
4. Set baseline understanding on existing work to date and next steps.
5. Address questions from the work group around process and purpose.

This waiver work group is open to the public. Members of the public who are not on the waiver work group can listen to the group’s discussions but will not be able to ask questions or participate in discussions occurring between work group members. This structure ensures that BDS can engage a diverse group of stakeholders in substantive dialogue while also providing transparency and general updates to the general public. If you are a member of the public and have questions about the waiver work group and/or its work, please contact us at BDSWaiverStructureWorkgroup@dhhs.nh.gov and we will respond as soon as possible.
Agenda for 10/5 Meeting

1. Introduction to BDS/A&M Facilitators
2. Overview and Purpose of Waiver Work
3. Waiver Work Group Member Introductions
4. Ground Rules
5. Starting the Conversation: Planning for Change
6. Initial Waiver Discussion
7. Next Steps
8. Questions?
The purpose of this work group is to gather/incorporate feedback from individuals, family members, providers, advocates, and other stakeholders in pursuance of identifying opportunities to expand waiver services.

- The primary points of contact from the Bureau of Developmental Services are:
  - Sandy Hunt
  - Jessica Gorton
- In addition, the following individuals from Alvarez & Marsal Public Sector Services will help support and facilitate discussion:
  - Drew Smith
  - Ozzie Chung
Overview and Purpose of Waiver Work
Overview and Purpose of Waiver Work

BDS is embarking upon a multi-year implementation which may affect services provided through the existing 1915(c) DD waiver.

- Currently, BDS provides access to services for adults with developmental disabilities (primarily) through the Developmental Disability (DD) Waiver.
- While the DD Waiver provides access to all services to eligible individuals, in many cases, the services that someone needs are not always what they can access. This single waiver structure has led to concerns that some individuals are underserved by the system.
- In order to make sure the relationship between what an individual needs and what they can access is more aligned, BDS is looking to separate the DD Waiver into two waivers: a supports waiver – focused on supporting individuals whose needs are best served with more community-based services; and a comprehensive waiver – focused on supporting people who have complex needs, accessing 24/7 residential and/or community-based services.
- The goal is to improve access to the services that most effectively meet each individual's needs and goals.

What work have we done to date?

Prior to taking more concrete actions around a tiered waiver structure design, we wanted to ensure that the proper stakeholder communication channels and groups, such as but not limited to this waiver work group, have been established and operationalized. In the meantime, we have worked with A&M to conduct preliminary analysis looking at peer states with insightful waiver structures.

More on slide 16
Waiver Work Group Member Introductions / Ground Rules
We have created waiver and rate work groups to provide feedback on key components of our ongoing system work. These work groups will also help inform decision-making among a larger, more reporting-oriented Steering Committee.

BDS program staff, through recurring dialogue with all members of the three work groups and with input from A&M, will make program decisions in pursuance of a dual-waiver structure and design.

A&M will play a facilitating role in this work group – maintaining minutes, keeping track of ideas/questions, reminding the work group of risks and timeline impacts, and providing input to the overall system work based on comparable experiences in other states.
For the waiver work group, we have selected 12 members who represent a cross-section of individuals directly involved in New Hampshire’s service delivery system.

- **Area Agencies:**
  1. Rebecca Bryant (Region 3)
  2. Pamela Dushan (Region 9)
  3. Lenore Sciuto (Region 8)
  4. Tim Leach (Region 6)

- **Family Members:**
  5. Krista Gilbert
  6. Jennifer Pineo [1/2]
  7. Deborah DeScenza [1/2]

- **Provider Agencies:**
  8. Michelle Donovan (Living Innovations)
  9. Dirk Doughty (Chesco, Inc.)
  10. Sarah Menard (Crotched Mountain)
  11. Jennifer Cordaro (Becket)
  12. Renee A Fisher (Easter Seals)

  - Deborah DeScenza (Farmstead) [2/2]

- **Other Advocacy:**
  - Jennifer Pineo (New Hampshire Family Voices) [2/2]

Two of this group’s members, Krista Gilbert and Jennifer Pineo, will also sit on the monthly **Steering Committee** for this system work. As waiver work group liaisons, they will provide monthly reports to the members on the Steering Committee.
Introduction | Tell Us About You!

As part of this initial work group meeting, we’d like to get to know you a little better.

1. What is your name?
2. How are you engaged in the DD system?
3. What are your expectations as a member of this group?
4. What do you hope to contribute to this group?

Quick Question….

Can we share your names on the BDS stakeholder communications site?
Ground Rules

As with all our work groups, we are setting some ground rules to ensure the time we have every month is effectively used.

• **Show up on time and come prepared.** Please note that there is a significant time commitment attached to this work group (up to 4 – 6 hours per month in preparation work, and up to 4 – 6 hours per month in workgroup sessions). If you are no longer able to commit to these requirements, please let us know as soon as possible so we can arrange for an alternate. If you are unable to make a given meeting, please let Sandy and Jess know 48 hours in advance (if possible) and provide us with your prepared comments and/or questions so we can benefit from your participation in the work group conversation.

• **Do not send representatives on your behalf to these meetings.** We received significant interest in our initial survey and were not able to seat all who expressed an interest in participating. If you are not able to, or are no longer able to, prioritize work group attendance, please let us know and we will arrange for an alternate.

• We also ask that this group follow some [basic behavioral rules around team collaboration*](https://hbr.org/2016/06/8-ground-rules-for-great-meetings):
  1. State your views and ask genuine and clarifying questions.
  2. Use specific examples and agree on what important words mean.
  3. Explain the reasoning and intent behind questions or comments.
  4. Recognize and discuss ‘undiscussable’ issues.
  5. Provide space for differing opinions and ideas.

Let’s pause for questions –
1. Are there other ground rules we should consider?
2. Do you have any questions about this process?
Initial Waiver Discussion
What is a Supports Waiver?

- A supports waiver is:
  - Characterized by a relatively low dollar cap on the total amount of HCBS waiver services that may be authorized on behalf of a beneficiary
  - Designed to complement and reinforce natural supports that are most often provided at home with family members and friends.

- A supports waiver includes services provided to individuals who choose to live independently with minimal assistance. Services in a supports waiver are designed to maximize an individual's independence while encouraging integration into the community.

- A supports waiver would encourage the use of supports frameworks like Charting the LifeCourse to help individuals and families develop a vision for a good life.

- A few examples of services which could be included in a supports waiver are: Personal Care Services, Assistive Technology, Community Integration Services, Community Participation Services (Day Habilitation).

- Services in the supports waiver can also exist in the Comprehensive waiver.
What is a Comprehensive Waiver?

- A comprehensive waiver includes services provided to individuals who require more intensive care. **Services in a comprehensive waiver are designed to maximize an individual's independence while encouraging integration into the community – with additional capacity for comprehensive, complex supports.**

- A comprehensive waiver would encourage the use of supports frameworks like Charting the LifeCourse to help individuals and families develop a vision for a good life.

- A few examples of services which could be included in a comprehensive waiver are: Residential Habilitation*, Community Participation Services (Day Habilitation).

- Services in the comprehensive waiver can also exist in the supports waiver.

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* The comprehensive waiver would include only the higher levels of residential habilitation based on assessed need.
We have conducted an exploratory analysis of comparable services in other states to make an informed decision about a tiered waiver structure.

1. We summarized the existing services in the NH DD Waiver and provided corresponding per-individual units and dollar figures to inform understanding on current usage.

2. We also looked at supports and comprehensive services in other states and categorized them as follows:
   - Supporting Families
   - Employment First
   - Technology First
   - Incentivizing the Family Supports Waiver
   - Parenting Supports
   - Crisis Supports & Mitigation
   - Plan Facilitation
   - Peer Supports & Self-Advocacy
   - Residential Alternatives to Group Homes
   - Therapy Services
   - Housing Supports
   - Companionship

   - As a next step (further outlined on slide 19), we plan to use this service workbook to begin building a baseline understanding of services which would best suit a comprehensive and/or supports waiver.
Starting the Conversation: Planning for Change
Planning for Change – Group Discussion

Now that we’ve introduced ourselves, and that ground rules have been set, we wanted to ask this group...

<table>
<thead>
<tr>
<th>Questions</th>
</tr>
</thead>
<tbody>
<tr>
<td>1  What is going to change based off the waiver structure change?</td>
</tr>
<tr>
<td>2  What is not going to change based off the waiver structure change?</td>
</tr>
<tr>
<td>3  Why are we changing?</td>
</tr>
<tr>
<td>4  Why is the way we do things today no longer good enough?</td>
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<tr>
<td>5  What is the risk of not changing?</td>
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</tbody>
</table>
We hope to better understand and include your feedback in our work. Please see below for assignments for this month which will help facilitate the ongoing dialogue between this work group and our program staff.

- We will distribute a service mapping workbook via email after this meeting.

- There are several editable columns in the file, two of which are required for completion – **Future Use** (‘Keep’, ‘Keep but change’, ‘Don’t keep’) and **Waiver Applicability** (‘Comprehensive Waiver’, ‘Supports Waiver’, ‘Both Waivers’). If you mark ‘Keep but change’, also include your rationale in the **Notes** column.

- If you have questions, comments, or concerns around any of the services or service crosswalks, please track them in the **Notes** column and provide an explanation. We will compile a list of questions and answers for discussion each month.

- Please submit all feedback to [BDSWaiverStructureWorkgroup@dhhs.nh.gov](mailto:BDSWaiverStructureWorkgroup@dhhs.nh.gov) by the following dates prior to each monthly meeting. All waiver work group meetings will be held on the Tuesday of the **first full week** of each month.

<table>
<thead>
<tr>
<th>Meeting Dates (CY21/22)</th>
<th>Assignment Due Date (CY21/22)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 Tuesday, 10/5/21</td>
<td>Monday 11/1/21</td>
</tr>
<tr>
<td>2 Tuesday, 11/9/21 (to be scheduled)</td>
<td>Monday, 11/29/21</td>
</tr>
<tr>
<td>3 Tuesday, 12/7/21 (to be scheduled)</td>
<td>Monday, 1/3/21</td>
</tr>
<tr>
<td>4 Tuesday, 1/11/22 (to be scheduled)*</td>
<td>Monday, 1/31/21</td>
</tr>
<tr>
<td>5 Tuesday, 2/8/22 (to be scheduled)</td>
<td>Monday, 2/28/21</td>
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*Held on the Tuesday of the 2nd full week of this month in consideration of holiday leave.
Next Steps | Additional Resources

See below for additional resources.

- [https://aspe.hhs.gov/reports/gauging-use-hcbs-supports-waivers-people-intellectual-developmental-disabilities-final-project-0](https://aspe.hhs.gov/reports/gauging-use-hcbs-supports-waivers-people-intellectual-developmental-disabilities-final-project-0)