

## Family Assistance Program

The Family Assistance Program (FAP) assists needy children who are being cared for by specified relatives other than parents such as grandparents. The FAP program can provide cash assistance as well as Medicaid. If you are taking care of a relative's child, your income does not count towards eligibility for FAP. Only the income of the children, such as child support, would be used in determining eligibility for FAP.

### How do I apply for FAP?

It's easy to apply! You can apply by:

- Going to <https://nheasy.nh.gov>, and completing an application online;
- You can print out an application from <http://www.dhhs.nh.gov/forms-documents-0>. Then just complete it and mail it in to us; or
- You can contact your local DHHS District Office to apply.

### How much will my cash grant be?

The amount of FAP cash assistance you get will depend on the number of FAP children in your household and how much income the FAP children get. The grant will be the relevant payment standard minus any income the FAP children get.

Number of FAP Children in Household	Monthly Payment Standard
1	\$729
2	\$986
3	\$1,243
4	\$1,500

## Will I have to file a child support application?

Yes, to get FAP you must file a child support application for all parents not in the household and assign your rights to child support to the State. Assignment means the state will pursue a court order for support and retain any child support collected. If the amount of child support being paid exceeds your FAP grant amount, FAP will close and the child support will be paid to you.

If you have good cause reasons for not cooperating in identifying and locating the parents obligated to provide child support, such as family/domestic violence, or a child support application would cause physical or emotional harm to your family, DHHS will waive the requirement that you apply for child support. Your worker will talk to you about this and explain good cause reasons for non-cooperation with the child support requirements.

### Are there any work requirements for FAP?

No. FAP does not have any work requirements.



## Foster Care Program

### Grandparents as Foster Parents

Grandparents caring for grandchildren may be eligible to get a foster care stipend (cash) and other supports through the Division for Children Youth and Families (DCYF) like child care assistance if you are working or going to school.

### Who is eligible?

When a grandparent or other specified relatives is identified as a suitable caretaker for a child in State custody, they can become licensed by DCYF to provide foster care for the child. While this is not a requirement, it is strongly advised that they become a licensed relative foster home as they may get extra cash assistance and supports.

### What are the benefits?

Grandparents licensed as foster parents will be eligible to get a foster care stipend (cash) and other benefits offered to foster parents through DCYF. Working grandparents may be eligible for child care. Children can get services they need, such as counseling or health care. And the child's parents can get services to help them reunify with their children.

*"Caring for our grandchildren is so rewarding, but it can also be very challenging as we did not sign up to be parents again. When things get hard, please ask for help."*

NH Grandmother

## How do I apply to become a foster parent?

Please contact the DCYF Foster Care Unit at (800) 852-3345 and a staff will go over the application process. Additional information may be found here:

<https://www.dhhs.nh.gov/dcyf/adoption/fosterparent.htm>

### How much will my stipend (cash) be?

The stipend (cash) per child will vary based on the child's age and whether the child needs any specialized care. You will get a stipend for each foster child in your care.

Daily Rates for NH Foster Care Stipends		Stipend in a 30 day month
As of July 1, 2022		
<b>General</b>		
Age 0-5	\$24.48	\$734.40
Age 6-11	\$27.86	\$835.80
Age 12-17	\$29.49	\$884.70
<b>Specialized</b>		
Age 0-5	\$30.60	\$918.00
Age 6-11	\$34.82	\$1,044.60
Age 12-17	\$36.86	\$1,105.80

## Other Services

**2-1-1 NH** – Connects people for free to services available in their community. In state, dial toll-free **2-1-1** or 866-444-4211 **TTY Number:** 603-634-3388  
[www.211nh.org/](http://www.211nh.org/)

**Al-Anon / Alateen**  
603-369-6930  
[www.nhal-anon.org](http://www.nhal-anon.org)

**Alcoholics Anonymous**  
800-593-3330  
[www.nhaa.net/](http://www.nhaa.net/)

**Waypoint** – Provides help for families and children.  
800-640-6486  
<https://waypointnh.org/>

**Child Care Aware of NH** – Educates and supports families about child care.  
855-393-1731  
<http://nh.childcareaware.org/>

**Consumer Credit Counseling Services**  
– Helps families manage money, pay bills, and save.  
800-550-1961  
<http://www.greenpath.com/cccs-of-new-hampshire-and-vermont.htm>

**Bureau of Family Assistance** – Provides cash, medical, and food assistance to low-income people, and helps with child care costs.  
1-844-275-3447 (1-844-ASK-DHHS)  
<https://www.dhhs.nh.gov/financial-assistance-0>

**NH Coalition Against Domestic & Sexual Violence** – Serving victims of domestic and sexual violence.  
866-644-3574 Domestic & Sexual Violence  
800-277-5570 Sexual Assault  
<https://www.nhcadv.org/>

**Food Pantries** – Provides food to needy families.  
603-669-9725  
<https://nhfoodbank.org/find-food/food-map/>

**Meals On Wheels** – Delivers meals to homebound individuals.  
<https://www.mealsonwheelsamerica.org/find-meals>

**Narcotics Anonymous** – Focuses on addiction and recovery.  
888-624-3578  
<http://gsana.org>

**NH Children's Trust** – connects parents to family resource centers and home visiting programs  
603-224-1279  
<https://www.nhchildrenstrust.org/>

**NH Community Loan Fund** – Helps low-income families save for a home, college, or to start a business.  
603-224-6669  
<http://www.communityloanfund.org/>

**NH Employment Security** – Helping people find work and file for benefits.  
603-224-3311 or 800-852-3400 TDD  
Access: Relay NH 1-800-735-2964  
<https://www.nhes.nh.gov/>

**NH Housing Finance Authority Assisted Housing Division** - Helping families find affordable housing in NH.  
800-640-7239 TDD (603) 472-2089  
[www.nhhfa.org/](http://www.nhhfa.org/)

**NH Legal Assistance** – Offers low- or no-cost legal help to low-income families and seniors.  
800-562-3174  
[www.nhla.org/](http://www.nhla.org/)

**NH Office of Energy & Planning** – Helps families pay for heat & electricity.  
603-271-3670 TDD Access: Relay NH 1-800-735-2964  
<https://www.energy.nh.gov/energy-information/programs-initiatives>

**NH State Veterans Council** – Helps veterans and dependents get benefits.  
800-622-9230 TDD Access: Relay NH 1-800-735-2964  
[www.nh.gov/nhveterans/](http://www.nh.gov/nhveterans/)

**Pet Neutering Referrals** – Helps low-income pet owners with the costs of spaying or neutering their pet.  
(603) 271-3697

<https://www.agriculture.nh.gov/divisions/animal-industry/animal-population-control.htm>

**Relay Services for the Hearing Impaired**  
800-735-2964 or 711  
<https://www.education.nh.gov/who-we-are/deputy-commissioner/bureau-vocational-rehabilitation/programs-and-services/program-individuals-who-are-deaf-or-hard-hearing>

**Service Link** – Help for elders, adults with disabilities, and their families. Including respite care for grandparents taking care of grandchildren.  
866-634-9412  
[www.servicelink.nh.gov/index.htm](http://www.servicelink.nh.gov/index.htm)

**Social Security Administration (SSA)**  
Provides benefits to disabled, retired, and surviving family members.  
800-772-1213 TTY: 800-325-0778  
[www.ssa.gov/](http://www.ssa.gov/)

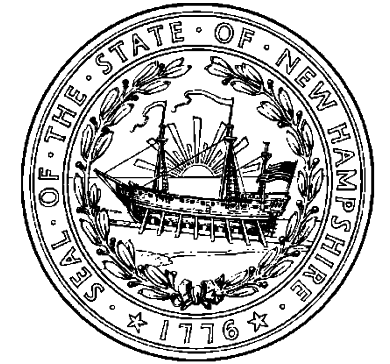
**Women, Infants & Children (WIC)** – Provides education and food to pregnant women, mothers, & children.  
800-942-4321 TDD (800) 735-2964  
<https://www.dhhs.nh.gov/programs-services/population-health/women-infants-children-nutrition-program>

# Resources for Grandparents Caring for Grandchildren

New Hampshire has programs that can help grandparents who care for their grandchildren and for other specified relatives who care for dependent children.

Grandparents and specified relatives can get cash assistance through **either**:

- Family Assistance Program (FAP); **or**
- Foster Care Stipend.



Department of Health and Human Services  
Bureau of Family Assistance  
State Office Park South  
129 Pleasant St, Brown Bldg.  
Concord, NH 03301  
[www.dhhs.nh.gov/bfa](http://www.dhhs.nh.gov/bfa)

This institution is an equal opportunity provider.