This policy communicates the programming available for the individualized treatment of youth at SYSC.

**Required Practices**

*Any deviations to the following information must be documented with Supervisory Approval.*

I. At least annually, the SYSC Administrator or designee assesses the collective service needs of the SYSC population to identify individualized programming to facilitate successful, uninterrupted community reintegration.

II. All youth are provided with therapeutic programming 24 hours a day, 365 days a year that includes, but is not limited to:

   A. Standardized daily routines;

   B. Clinical services that are individualized to the youth’s needs;

   C. Recreational services as coordinated with the youth’s treatment teams and medical staff;

   D. Spiritual opportunities to support their religious beliefs and practices as outlined in policy 2185; and

   E. Permanency planning in conjunction with their assigned JPPO.

III. All youth receive educational services based on the recommendations and services of their sending school district and as outlined in policy 2200.

   A. All youth must attend classes through the SYSC School Monday through Friday.

   B. Any youth entitled to special education services through an Individual Education Plan must be provided these services while attending the SYSC School.
C. The SYSC School provides a curriculum for each subject area but the responsible school district for detained youth has the option to send assignments and materials for any or all subjects if that is determined best for a particular youth.

IV. All youth have access to medical services including but not limited to:

A. Emergency medical care as outlined in policy 2252; and

B. Individualized medical treatments and medication management for existing prescriptions as coordinated with a youth’s existing provider(s).

V. Youth who need intervention specific to sexual misconduct may participate in SYSC’s clinical and therapeutic interventions aimed at addressing underlying causes.

A. The treatment team will determine if participation in such interventions are required to access any rewards-based behavior incentives, however, participation will not be a condition to accessing general programming or education.

VI. The SYSC offers medical and clinical evaluation and treatment to all youth who have been victims of sexual abuse. This evaluation and treatment includes, as appropriate:

A. Tests for sexually transmitted infections as determined appropriate by the SYSC Medical Department;

B. A mental health evaluation;

C. Medical and mental health services consistent with the community level of care;

D. Treatment plans; and

E. Follow-up services including, when necessary, referrals for continued care following a youth’s administrative release, parole, or other discharge from SYSC.

VII. All known youth-on-youth abusers must have a mental health evaluation within 60 days of the SYSC Clinical Department learning of the abuse history.

A. Youth-on-youth abusers will be offered treatment as deemed appropriate by the youth’s treatment team.

VIII. Any youth victim of sexual abuse while at SYSC will be offered timely information and access to:

A. Emergency contraception and sexually transmitted infections prophylaxis (in accordance with professionally accepted standards of care) if medically appropriate; or
B. Pregnancy tests by the SYSC Medical Department if the abuse involved vaginal penetration\(^x\); and

A. If the pregnancy test result is positive, the SYSC Medical Department will coordinate for the youth to receive timely and comprehensive information and access to all lawful pregnancy-related medical services\(^\text{XI}\).

IX. Unit Managers (UM) are responsible for ensuring staff:

A. Provide appropriate services for youth in their units; and

B. Document the information accordingly.

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### Standard Operating Procedures

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### Glossary and Document Specific Definitions

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### Document Change Log

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\(^1\) Pursuant to PREA Juvenile Standards at 28 CFR Part 115.378(d)
\(^2\) Pursuant to PREA Juvenile Standards at 28 CFR Part 115.383(a)
\(^3\) Pursuant to PREA Juvenile Standards at 28 CFR Part 115.383(f)
\(^4\) Pursuant to PREA Juvenile Standards at 28 CFR Part 115.383(c)
\(^5\) Pursuant to PREA Juvenile Standards at 28 CFR Part 115.383(b)
\(^6\) Pursuant to PREA Juvenile Standards at 28 CFR Part 115.383(b)
\(^7\) Pursuant to PREA Juvenile Standards at 28 CFR Part 115.383(h)
\(^8\) Pursuant to PREA Juvenile Standards at 28 CFR Part 115.383(h)
\(^9\) Pursuant to PREA Juvenile Standards at 28 CFR Part 115.382(c)
\(^x\) Pursuant to PREA Juvenile Standards at 28 CFR Part 115.382(c)
\(^\text{XI}\) Pursuant to PREA Juvenile Standards at 28 CFR Part 115.383(d)
\(^\text{XI}\) Pursuant to PREA Juvenile Standards at 28 CFR Part 115.383(e)