The medical complaints of John H. Sununu Youth Services Center (SYSC) residents are monitored and responded to daily by a registered nurse and referred to a physician when required.

**Purpose**

The purpose of this policy is to establish the Sick Call procedure.

**Procedure**

I. **Medically Trained Staff**
   A. Sick calls shall be conducted by SYSC nursing staff.

II. **Frequency of Sick Call**
   A. Sick call shall be conducted four times a day.

III. **Residential Staff Present**
   A. A Youth Counselor (YC) shall always be present during sick call to assist the nurse with the supervision of residents.

IV. **Sick Call Log**
   A. The nursing staff shall maintain a daily sick call log, listing all residents attending sick call, their complaints, and the disposition of their cases.

V. **Infirmary Use**
   A. Sick residents shall be sent to the Infirmary based on the severity of their condition.

VI. **Physician Referral**
   A. The physician is present at SYSC three times per week. Residents may see the physician if referred by a nurse.

VII. **Restricted Residents**
   A. Sick call for residents restricted or isolated shall be conducted twice daily.
VIII. **Medical Complaints Between Sick Calls**

A. Resident medical complaints occurring between scheduled sick calls will be addressed by SYSC staff. Staff shall contact a nurse in cases of medical emergencies or when, in the opinion of the supervising staff, the resident cannot wait for the next sick call. All non-emergency calls to the nurse are to be made by the supervising YC or designee.

1. Examples of non-emergency medical/psych complaints for which the resident should be encouraged to wait for the next sick call and/or treated by the YC include: headaches, uncomplicated nosebleeds, stomach aches, sore throat, coughs caused by common cold/throat irritation/post nasal drip, scratches, minor aches or pains, acne, feeling upset or angry.

2. Examples of emergency medical conditions that require immediate nurse contact include: allergic reactions (especially anaphylaxis), respiratory problems (asthma, wheezing, barking and/or asthmatic cough, difficulty breathing, cyanosis (blue lips, dusky facial color)), severe bleeding, severe abdominal pain, seizures, head injuries, eye injuries, neck injuries, chest pain, burns, suicide attempts, suicidal ideation, orthopedic injuries.

3. When in doubt contact the nurse.

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Health Authority Signature                                  Date