To encourage skill development and fitness, the SYSC will develop and offer to residents a wide range of recreational activities conducted both on and off the Youth Development Center Campus (YDC Campus).

**Policy**

I. Recreation Coordinators: The SYSC School Department has three physical education teachers who work year round. The physical education teachers shall coordinate the SYSC recreation activities.

II. Facility Recreational Opportunities: Through the use of a Facility Master Schedule SYSC shall maximize the use of its on-campus recreational resources, including outdoor playing fields, gymnasium, pool, two weight rooms, secure exercise yards, secure courtyards, classrooms, and the chapel, for a broad range of recreational activities including athletic activities, gardening and landscaping, life skills activities, theatre, music, and art. Each resident shall have the opportunity to participate in at least one hour per day of large muscle activity and one hour of structured leisure-time activities.

III. Recreational Activity Development: SYSC shall develop and conduct a wide range of recreational activities off the YDC Campus, including outdoor activities (hiking, biking, rollerblading, ice skating and skiing) and attendance at such off-campus events as movies, concerts, plays, sporting events, and public speakers.

IV. Volunteer Involvement: SYSC shall seek the involvement of volunteers and community members to expand the nature and scope of its recreational activities.