The SYSC prioritizes the health and well-being of all youth in care including the maintenance of routine activities of daily living. The SYSC sets the expectation that all youth shower daily in a manner that promotes not only good health and well-being, but also in a manner that is safe and respectful of their individual needs. Due to the committed or detained status of youth at the SYSC, the facility provides youth with basic personal care products that may be supplemented by the youth and family based on the youth’s privilege status.

Purpose
This policy establishes hygiene requirements for youth committed or detained at the Sununu Youth Services Center.

Definitions
“DCYF” or the “Division” means the DHHS Division for Children, Youth and Families.

“DHHS” or the “Department” means the New Hampshire Department of Health and Human Services.

“Intersex” means a person whose sexual or reproductive anatomy or chromosomal pattern does not seem to fit typical definitions of male or female. Intersex medical conditions are sometimes referred to as disorders of sex development.

“PREA” means the standards enacted on August 20th, 2012 and enforced by the U.S. Department of Justice to eliminate prison rape pursuant to the Prison Rape Elimination Act of 2003.

“SYSC” or the “John H. Sununu Youth Services Center” means the architecturally secure juvenile treatment facility administered by the DHHS Division for Children, Youth and Families.

“Transgender” means a person whose gender identity (i.e., internal sense of feeling male or female) is different from the person’s assigned sex at birth.

“UM” or “Unit Manager” means a staff person with supervisory duties for a residential unit within the SYSC.

Policy
I. General Provisions:
A. Committed or detained youth may shower, perform bodily functions, and change clothing without non-medical staff of the opposite gender viewing their breasts, buttocks, or genitalia, except in exigent circumstances (115.315 (d)).

B. Staff of the opposite gender must announce their presence when entering an SYSC housing unit or areas where youth may be showering, performing bodily functions, or changing clothes (115.315 (d)).

II. Daily Showers: Except as provided below, the SYSC requires youth to shower daily and after strenuous exercise.

A. In the event that a youth’s medical condition or security status renders a daily shower inappropriate, the youth shall not be permitted to shower based on determination by Medical staff or the Bureau Chief of Clinical or Residential Services or designee.

1. If this persists for more than one day, the Unit Manager or designee shall consult with the Medical Department and the SYSC Director or designee.

B. Transgender and intersex youth shall be given the opportunity to shower separately from other youth (115.342 (g)).

C. Youth who allege to be victims of a sexual assault and accused youth perpetrators shall not be allowed to shower until cleared by SYSC Medical staff and the SYSC Internal Investigator according to Policy 2055 “Sexual Assault and Sexual Harassment.”

III. Personal Care Products:

A. SYSC shall provide youth with, or access to, personal care products to maintain good personal hygiene. These products include, but are not limited to:

1. Toothpaste;
2. Toothbrush;
3. Deodorant;
4. Soap;
5. Shampoo;
6. Shaving cream;
7. Razors - monitored by unit staff;
8. Towels; and

B. The SYSC Director or designee, in conjunction with the Unit Managers, may develop a system to offer access to non-standard personal care products earned through the level system and approved by a youth’s Treatment Team. The Medical Department shall screen and approve all products.