

Meet Your Health Plans



Our promise, “Care is the heart of our work,” shows our commitment to every member we are privileged to serve. Our mission is to help members get care, stay well, and build healthy communities.

Extra benefits at no cost to you include:

- **Dental care for adult members ages 21 and over**
Benefits include 2 annual cleanings, restorations and other treatments (some restrictions and limitations apply).
- **CARE Card**
Earn up to \$250 a year in CARE Card rewards for healthy activities.*
- **Car and booster seats** for infants and children (up to \$210).*
- **Mission GED®**
Adult members receive up to \$125 toward HiSet exam costs.*
- **Six-month WW®** (formerly Weight Watchers®) online membership (up to \$133).*
- **Bright Start®** Access to our pregnancy care program including CARE card rewards for notifying us of your pregnancy.*

* Restrictions and limitations may apply. Earn up to \$250 in cash and non-cash goods and services each year.



Our team lives and works in the communities we serve. We’re local, so our members are our neighbors, friends and family. With more than 60 clinicians on staff, we meet each member wherever they are on their personal healthcare journey.

Extra benefits at no cost to you include:

- **My Health Pays™ Rewards Program**
Adults and children can earn up to \$250 a year just for healthy behaviors. Spend your reward dollars at Walmart® or use them to help pay your rent, utilities, dental co-pay and more!*
- **Start Smart for Your Baby®**
Pregnant and new moms get extra care and support. Earn \$100 in My Health Pays™ reward dollars just for telling us you’re pregnant in your first trimester!*
- **Healthy Kids Club Program**
Educational program with fun activities for members 12 and under.
- **ConnectionsPLUS®** Cell phones for those who need them.
- **Enhanced Transportation**
We will cover transportation to Alcoholics Anonymous and Narcotics Anonymous appointments.

* Restrictions and limitations may apply. Earn up to \$250 in cash and non-cash goods and services each year.



Our mission is to help families and communities find paths to better health, no matter their circumstances. As a local, nonprofit health plan, we’ve spent the last 25 years supporting members throughout their health journeys.

Extra benefits at no cost to you include:

- **Dollar Rewards Program**
Earn up to \$250 in cash rewards for healthy activities to buy over-the-counter items at Walmart, Dollar General, CVS and more.*
- **Get Fit! Fitness Reimbursement**
Get up to \$100 back on WW® fees (formerly Weight Watchers®), \$200 back on health club memberships or up to \$100 back on a fitness tracker.*
- **Family First Safety Benefits**
Receive car seats, booster seats and bike helmets for infants and children on the plan (up to \$100 value).*
- **Diapers and Rewards for New Moms**
Get a box of diapers and dollar rewards for your postpartum visit (up to \$60 value).*
- **Sunny Start**
A program supporting expecting parents throughout pregnancy.

* Restrictions and limitations may apply. Earn up to \$250 in cash and non-cash goods and services each year.

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Other extra benefits at no cost to you include:

- **Enhanced vision**
Members get a \$100 credit for contact lenses.*

Through our provider network, local team and Next Generation Model of Care, we emphasize preventive care, health maintenance, and community outreach programs focused on basic needs such as food, housing, safety, and well-being.

- **Community Wellness Center**
Our Manchester-based Wellness Center offers classes, access to Care Managers and ID Card replacements.
- **Care Managers**
Help you understand medical and behavioral health conditions, learn about your medicines, and find support in your community.
- **Community Health Navigators**
Help you find community resources.
- **Community Outreach**
Programs and services in your community!

To learn more or to find a provider, please call **1-833-704-1177** (TTY 1-855-534-6730) or visit www.amerihealthcaritasnh.com.



nh healthy families

- **Ready for My Recovery Program**
Care Management education and rewards for achieving milestones in your recovery from substance use disorder.* For members 12 and older.
- **Cigarettes, Smokeless Tobacco or Vaping Cessation Program**
Get help to quit using tobacco products or vaping. For members 12 and older.
- **Mental Health Champion Reward**
Earn up to \$50 for participating in Mental Health education, prevention, recovery, and community advocacy.* For members 12 - 20.
- **MemberConnections®**
At-home outreach to help you with your medical and social service needs.
- **Community Gateway Services**
Special events and services held throughout the state - mobile healthy food pantry, vision screenings and glasses, foster care transition supports, in-school supports and more.
- **Self-care Kits**
Dental kit, face cloth, soap, shampoo, shave accessories and more all in a handy carrying case.

To learn more or to find a provider, please call **1-866-769-3085** (TDD/TTY: 1-855-742-0123) or visit www.nhhealthyfamilies.com.



- **Statewide Access to Care**
Visit a network of hospitals, doctors, specialists, pharmacies, behavioral health and substance use disorder providers across New Hampshire.
- **Help Managing Your Personal Health Needs**
Registered nurses offer you personalized support for living with special health needs and chronic conditions.
- **Customized Texting Program**
Stay connected to your care with text message reminders about screenings, immunizations and wellness tips.
- **Nurse Advice Line**
Call and speak to a registered nurse 24 hours a day, seven days a week, with your immediate health questions.
- **Smoking Cessation Program**
Members who want to quit smoking can get support, resources and learn how to maintain a tobacco-free lifestyle.
- **Member Portal**
Online access to your virtual member ID card, plan information and more.

To learn more or to find a provider, please call **1-877-957-1300** (TDD/TTY: 711) or visit www.wellsense.org.