

## Where can I go to get the Hepatitis A vaccine?

Locations offering walk-in low/no-cost Hepatitis A vaccination

### **Nashua Public Health Department**

18 Mulberry Street  
Nashua, NH 03060

Tuesday: 4:00pm to 7:00pm  
Friday: 8:30am to 10:30am  
Call: (603) 589-4500

### **Manchester Health Department**

1528 Elm Street  
Manchester, NH 03101

Monday: 1:30pm to 3:30pm  
Tuesday: 9:00am to 11:30am  
Thursday: 3:00pm to 6:00pm  
Call: (603) 624-6466

### **Goodwin Community Health**

311 NH-108  
Somersworth, NH 03878

Wednesday: 1:30pm to 4:00pm  
Call: (603) 749-2346

### **Concord Regional VNA**

**At St. Paul's Episcopal Church**

21 Centre Street  
Concord, NH 03301

1<sup>st</sup> Monday each month: 1:00pm to 4:00pm  
Call: (603) 224-4093

If you live outside of the listed areas call the Immunization Program at (603) 271-4482 for help.



**Department of Health & Human Services  
Division of Public Health Services  
Bureau of Infectious Disease Control**

29 Hazen Drive  
Concord, NH 03301-6504

Phone: 603-271-4496

Fax: 603-271-0545

[NHBIDC@dhhs.nh.gov](mailto:NHBIDC@dhhs.nh.gov)

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Health and Well-Being of ALL People in  
New Hampshire through Leadership,  
Expertise, and Partnership.**

# Are You at Risk for Hepatitis A?



## What is Hepatitis A?

Hepatitis A is a liver infection caused by a virus that is easily spread from one person to another. Sometimes it can make you feel sick for a few weeks, but sometimes it can be more serious.

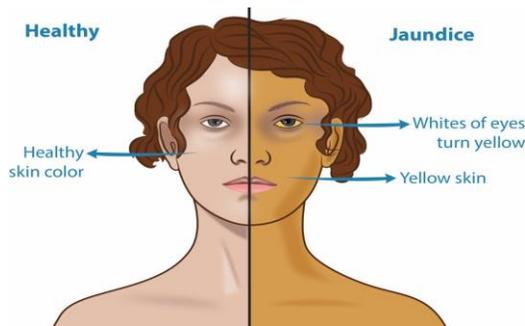
## How is it spread?

Hepatitis A is spread when a person gets the virus in their mouth without knowing it. This can happen by spending a lot of time in very close contact with someone who is sick with hepatitis A or by eating food or drinks that have a small amount of the virus in it.

## Am I at-risk?

Anyone can get the virus, but if one of the things below sounds like you, your risk is higher:

- People with substance use disorder
- People experiencing homelessness
- People with recent jail stay
- Gay and bisexual men



## What are the symptoms?



Adults show more signs than kids. Symptoms usually go away after 2 to 6 months. Some people even need to go to the hospital. Rarely, this can cause your liver to fail which causes death; this is more common in older people and people with other liver disease

## What should I do if I have symptoms?

If you have symptoms, you need to contact your doctor. Do not make food for other people. Do not go to work or school.

## What can I do to prevent Hepatitis A?



- **Get the vaccine!**
- **Wash your hands** with soap and water after every trip to the bathroom and before you make food.
- **Don't** have sex with someone who knows they have Hepatitis A.
- **Don't** share things like towels, toothbrushes, forks, or spoons.
- **Don't** share food, drinks, smokes, or vapes with anyone.

