

**Some things are not allowed:**

Photographs, visual or audio recordings are not allowed anywhere on hospital grounds. This is for your privacy and the privacy of others.



Cell phones, computers or other electronic communications devices are not allowed on the unit. Public telephones are available on the unit and computers with internet service are available in the patient library for your use.



**YOUR \_\_\_ UNIT TREATMENT TEAM**

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**Psychiatrist/Nurse Practitioner**

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**Medical Practitioner**

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**Primary Nurse**

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**Associate Nurse**

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**Rehabilitation Service Worker**

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**Social Worker**

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**Dietitian**

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**Primary Mental Health Worker**

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**Spiritual Care**



36 CLINTON STREET, CONCORD, NEW HAMPSHIRE 03301-2359  
(603) 271-5300 FAX (603) 271-5395

Welcome to  
New Hampshire Hospital.  
We provide a safe and caring  
environment that supports recovery.

The hospital has policies that  
guarantee basic rights and maintain  
the safety of patients, visitors and  
staff.



### What you can expect to happen during your stay at NHH:

You will be asked to meet with your Treatment Team to develop a plan that will help you move toward discharge. The names of your Treatment Team members are listed on the back of this brochure.



You will be asked to treat others with respect, focus on your own treatment and talk to staff when you feel upset or need assistance.

You will be encouraged to follow a healthy schedule and participate in treatment activities.

You will be expected to remain on the unit until your treatment team decides that less supervision is required and you can remain safe while moving about the building.



You will be allowed to have visitors between the hours of 12:00 Noon – 8:00 PM, unless pandemic protocols are in place. The treatment team can explain the most current protocols.



Visitors must walk through the metal detector at the main entrance and all items carried in are subject to search. Visitors must check in at the Information Center in the Hospital lobby and again at the unit door. Staff will check all items brought onto the unit as a safety measure. Children younger than 13 may *only* visit in the off-unit areas.



You will be allowed to use the public telephones to make free in-state calls (dial 9 and the phone number). Your social worker can help you to make long distance calls.

### Some things are not allowed:

This is a Smoke Free facility. Smoking or tobacco products of any kind are not allowed on the New Hampshire Hospital Campus. Please ask a nurse or doctor if you would like help with nicotine cravings or information about quitting.



Alcohol, illegal drugs and weapons are not allowed on the New Hampshire Hospital Campus and will be confiscated.

Please do not bring items of value or more than a few changes of clothing to the hospital. Storage space is limited and we cannot be held responsible for personal belongings or missing valuables.

For safety reasons, medications and sharp objects may not be kept in your room. For Health reasons, food and beverages brought in by visitors must be consumed during their visit. Food and beverages purchased off the unit must be consumed off the unit. We cannot store any food on the unit.

