

Breastfeeding and Postpartum Women & Infant Definitions and Categories

Women Categories and Definitions

- **Fully Breastfeeding:** A woman breastfeeding an infant who does not receive any formula from WIC or Medicaid.
 - A **fully breastfeeding multiples woman** is breastfeeding multiple *infants from the same pregnancy* and whose infants receive no formula from WIC or Medicaid.
- **Mostly Breastfeeding:** A breastfeeding mother whose infant receives some formula from WIC or Medicaid, but does not exceed the maximum amount allowed for a Mostly Breastfeeding infant. See chart.
 - A woman **mostly breastfeeding multiples** is breastfeeding multiple *infants from the same pregnancy* and whose infants receive some formula from WIC or Medicaid but *do not exceed* the maximum formula amount for a mostly breastfed package for either infant. The mother receives a Fully Breastfeeding Food Package as a result.
- **Limited Breastfeeding:** A woman breastfeeding an infant (at least once a day) who receives more than the maximum amount of formula allowed for a Mostly Breastfeeding infant from WIC or Medicaid. **Note:** This mother is breastfeeding her infant at least once a day, but because her infant is receiving the full formula package, she is only eligible for the postpartum food package (up to six months from the date of delivery). After six months postpartum, she may remain on the program as a participant and receive nutrition and breastfeeding services but no food package.
- **Non-Breastfeeding/Postpartum:** A woman who is not breastfeeding.

Infant Categories and Definitions:

- **Fully Breastfed (FBF):** A breastfeeding infant who does not receive any infant formula from WIC or Medicaid.
- **Mostly Breastfed (MBF):** A breastfeeding infant who receives some infant formula from WIC or Medicaid but does not exceed the amount allowed for a Mostly Breastfeeding infant package.
- **Limited Breastfed (LBF):** A breastfeeding infant who nurses at least once a day and receives more than the maximum amount of formula allowed for a Mostly Breastfeeding infant but may also receive up to the maximum amount of formula allowed.
- **Full formula/Non-Breastfed (FFF):** An infant who is not breastfeeding.