

**NH WIC Program
New Nutritionist Breastfeeding Orientation Checklist**

Date Completed	Assigned Task	Supervisor initials
	Review NH Breastfeeding Peer Counselor Program policy (PPM Ch.2D)	
	Review Breastfeeding Promotion Standards policy (PPM Ch.2D)	
	Review Materials Distributed to Participants policy (PPM Ch.2D)	
	Review Electric Breast pump Loan Program (PPM Ch.2D)	
	Review Breastfeeding, Postpartum & Infant Definitions (PPM Ch.2B)	
	Shadow a peer counselor making telephone calls	
	Review NWA Breastfeeding Strategic Plan	
	Review Six Steps to Achieve Breastfeeding Goals for WIC Clinics	
	How to Issue an Electric Breast pump (PPM Ch.2)	
	How to Issue a Manual Breast pump (PPM Ch.2)	
	Checklist for Issuing an Electric pump and Checklist for Returning an Electric pump	
	Review expressed breast milk storage and handling chart	
	Review local community breastfeeding support programs and services (LLL, hospitals, zipmilk)	
	Review USDA WIC Breastfeeding Support: Learn Together. Grow Together, https://wicbreastfeeding.fns.usda.gov/	
	Complete checklist for USDA WIC Breastfeeding Support: Learn Together. Grow Together	
	Review Pamela K. Wiggins, IBCLC, Why Should I Nurse My Baby, copyright 2016	
	Review Amy Spangler Book, A Parent's Guide, Breastfeeding(most current edition available)	
	Email State Breastfeeding Coordinator for dates of next Breastfeeding Training	
	Review available breastfeeding handouts and brochures	
	Review local agency breastfeeding resources as assigned:	
	Observed by Local Agency Breastfeeding Coordinator for demonstration of competency <ul style="list-style-type: none"> • Basic breastfeeding counseling • Assign breastfeeding food package to new baby • Manual and Electric breast pump set up 	

Signature of Nutritionist

Date

Signature of Supervisor

Date