

NEW HAMPSHIRE WIC PROGRAM

MINIMUM INVENTORY REQUIREMENTS



Effective Date: 10-1-2023

Category	Subcategory	Quantity Required	Size/ Container
Infant Formula and Foods			
	Formula- As Specified in benefits. All non-contract formula must be available within 48 hours of request.	12	Similac Advance 12.4 oz. powder or Similac Soy Isomil 12.4 oz. powder
	Infant Cereal	6	8 oz. containers, 2 varieties
	Infant Fruit	12	4 oz. containers/jars, 2 varieties
	Infant Vegetables	12	4 oz. containers/jars, 2 varieties
Fruit and Vegetables			
	Fruit-Canned, Frozen or Fresh	\$30	Minimum of 64 oz. of canned or frozen or combination of fresh, canned and frozen totaling \$30. 2 Varieties, any size/any container
	Vegetables-Canned, Frozen or Fresh	\$30	Minimum of 64 oz. of canned or frozen or combination of fresh, canned and frozen totaling \$30. 2 Varieties, any size/any container
Dairy			
	Low-fat or Skim (Fat Free) Gallon	6	128 oz. gallon fluid milk
	Whole Gallon	2	128 oz. gallon fluid milk
	Block, Sliced, Shredded or String	6	8 oz. or 16 oz. package, 2 varieties
Whole Grains			
	Whole Wheat Bread, Tortillas, Brown Rice, Oatmeal, or Whole Wheat Pasta	4	16 oz. packages, any combination
Juice			
	Shelf Stable or Refrigerated	6	64 oz. container, 2 varieties
Cereal			
	Breakfast Cereal	9	12 oz. package minimum, 3 varieties, 1 variety must be whole grain
Peanut Butter			
	Jarred	3	15-18 oz. jar
Beans			
	Canned	4	15-16 oz. jar
Eggs			
	Small, Medium, Large or Jumbo	3	Dozen
Tuna or Salmon			
	Canned	6	5 oz. can

NOT REQUIRED TO STOCK

Tofu Infant Meats Soy Milk
 Yogurt Dried Beans Lactose Free Milk
 Frozen or Concentrate Juice

ALL PRODUCTS MUST BE ON THE WIC APPROVED FOOD LIST