

## Required Weight Measurements by Category and Referral Measurement Timeframes

Categories	Required WIC Measurements	<u>Referral Measurements</u> Timeframes			
		Certification	Mid-cert	FUN	HR_FUN
<b>All</b>	<ul style="list-style-type: none"> <li>• Certification and mid certification appointments</li> </ul>				
<b>Pregnant Women</b>	<ul style="list-style-type: none"> <li>• Weight checks are required at ALL WIC appointments</li> </ul>	Up to 60 days prior to WIC certification appointment  May be deferred up to 60 days @ <i>certification</i>	<b>Best Practice:</b>  Up to 30 days of FUN/HR_FUN appointments		
<b>Infants</b>	<ul style="list-style-type: none"> <li>• Prematurity (HP/HR)</li> <li>• Low birth weight/very low birthweight</li> <li>• Failure To Thrive—slowed/faltering growth pattern</li> <li>• Growth Problems identified as:                             <ul style="list-style-type: none"> <li>○ Excessive weight loss after birth</li> <li>○ Not back to birth weight by 2 weeks</li> <li>○ Failure to gain weight</li> <li>○ Loss of weight from last measurement</li> <li>○ <math>\leq 2.3^{\text{rd}}</math> percentile weight for length</li> <li>○ Decrease across two or more growth percentiles</li> </ul> </li> <li>• On a special formula for weight gain/growth</li> <li>• Infants diagnosed with NAS within first 6 months after birth (HP/HR)</li> </ul> <p><b>** BEST PRACTICE** to weigh at every WIC appointment that the infant is available present including FUN appointments.</b></p>	<b>Best Practice:</b>  Up to 30 days prior to Certification/MC/HR_FUN appointments			
<b>Children</b>	<ul style="list-style-type: none"> <li>• Failure to Thrive</li> <li>• Growth problems identified as:                             <ul style="list-style-type: none"> <li>○ <math>\leq 5^{\text{th}}</math> percentile BMI for age</li> <li>○ Failure to gain weight or loss of weight from last measurement taken at least 3 months apart</li> <li>○ Decrease across two or more growth chart percentiles</li> </ul> </li> <li>• On a special formula for weight gain/growth</li> </ul>	Up to 60 days prior to WIC certification appointment	Up to 60 days prior for Mid-cert appointment  <b>Best Practice:</b>  Up to 30 days prior to HR_FUN appointment for growth concerns		
<b>Breastfeeding and Postpartum Women</b>	<ul style="list-style-type: none"> <li>• Any weight concerns</li> </ul>	Referral measurement taken up to 60 days prior to WIC certification appointment	Up to 60 days prior for Mid-cert appointment  <b>Best Practice:</b>  Up to 30 days prior to appointment for growth concerns		

NOTE: measurements must be categorically correct i.e. PG mmt taken during pregnancy; PP/BF measurement taken after delivery

Source: PPM High Priority Participants Policy (07/2020)