NH DHHS
Operational Area: HS & BH

*From left to right - Emphasis on rapid and holistic engagement with integrated, targeted supports and services to prevent deeper involvement and interventions whenever possible and appropriate

Associate Commissioner
Human Services & Behavioral Health

Family Strengthening & Child Well-Being Initiatives

Division of Economic & Housing Stability
• Family Assistance
• Employment Supports
• Child Support
• Child Care
• Housing Supports

Division for Behavioral Health
• Mental Health
• Drug & Alcohol
• Children’s Behavioral Health

Division of Long Term Supports & Services
• Elderly & Adult
• Developmental Services
• Special Medical Services
• Community Based Military Programs

Division of Children, Youth & Families
• Field Services
• Family, Community & Program Support
• Learning & Quality Improvement
DHHS Efforts to Improve Behavioral Health Systems

- Transformation Waiver (DSRIP)
- Medicaid Benefit for Children
- System of Care (RSA 135-F)
- Community Mental Health Agreement (Amanda D.)
- State Opioid Response: The Doorways
- Transitional Housing Beds
- Behavioral Health Crisis Treatment Center
- Medicaid Rate Increases
A Coherent, High Functioning System of Care

**Mental Health Portal**
- Centralized information
- Link to local services
- Accountability
- Equity

**Inflow of $:**
- MH parity, public funds, grants

**Community Ed, Prevention & Early Intervention**
- Stigma reduction, suicide prevention, screening & early tx

**Crisis & Inpatient**
- Forensic/targeted beds
- Mobile crisis, crisis residential
- ED consultation

**Outpatient**
- Integrated care: primary care, schools, assisted living

**Step-up Step-down**
- Critical Time Intervention
- Sub-acute residential
- Clubhouse model

**Leadership:**
- DHHS, legislative & private

**Technology & Infrastructure**
- High-quality workforce

**Supported Transitions**
- Peer & natural supports

**Coordinated Continuum**
# Recommendations for SFY20 & SFY21

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<th>Recommendation</th>
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<td>Action Steps to Address Emergency Department Waits</td>
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<td>3</td>
<td>Renewed and Intensified Efforts to Address Suicide Prevention</td>
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<td>Enhanced Regional Delivery of Mental Health Services</td>
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<td>Community Services and Housing Supports</td>
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<td>Step-up/Step-down Options</td>
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<td>7</td>
<td>Integration of Peers and Natural Supports</td>
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</table>
## Recommendations for SFY20 & SFY21

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<tr>
<td>8</td>
<td>Establish a Commission to Address Justice-Involved Individuals</td>
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<td>9</td>
<td>Community Education</td>
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<td>10</td>
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<td>Workforce Coordination</td>
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<td>12</td>
<td>Quality Improvement &amp; Monitoring/DHHS Capacity</td>
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<td>13</td>
<td>Streamlining Administration Requirements</td>
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<td>Reporting on Implementation</td>
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## Milestones 2018-2028

<table>
<thead>
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<th>Phase I: Build Foundation</th>
<th>Phase II: Establish the System</th>
<th>Phase III: Reflect, Look Forward</th>
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<tbody>
<tr>
<td><strong>Leadership</strong></td>
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<tr>
<td>- Foster champions</td>
<td>- Continued prioritization</td>
<td>- Review and disseminate results</td>
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<tr>
<td>- Disseminate to public</td>
<td>- Review and adapt</td>
<td>- Identify problems and gaps</td>
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<td></td>
<td>- Social marketing and public information</td>
<td>- Maintain success</td>
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<tr>
<td><strong>Resources and Infrastructure</strong></td>
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<tr>
<td>- Grant funding</td>
<td>- Alternative payment models</td>
<td>- Reallocate costs offsets</td>
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<tr>
<td>- MH Portal plan</td>
<td>- Compensation and workforce strategies</td>
<td>- Integrate MH portal with other systems</td>
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<tr>
<td>- Workforce adequacy</td>
<td></td>
<td>- Workforce strategies</td>
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<tr>
<td><strong>System Strategies</strong></td>
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<tr>
<td>- Review rules and administration</td>
<td>- Enhance DHHS data systems</td>
<td>- Reinforce DHHS capacity</td>
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<tr>
<td>- Coordinated continuum</td>
<td>- Create intentional pathways</td>
<td>- Refine service/support pathways</td>
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<tr>
<td>- Add peer support to Medicaid State Plan</td>
<td>- Integrate peer supports at every point</td>
<td>- Demonstrate peer support outcomes</td>
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<tr>
<td><strong>Practice Strategies</strong></td>
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<td>- Public information campaigns</td>
<td>- Fully deploy stigma and suicide prevention campaign</td>
<td>- Continue to refine and expand success</td>
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<tr>
<td>- Early intervention strategies</td>
<td>- Supported housing expansion</td>
<td>- Re-examine gaps in services array and need for beds</td>
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<td>- Primary care integration</td>
<td>- Expansion of EBP and other effective services</td>
<td>- Incorporate new knowledge/practices</td>
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**Leadership**
- Foster champions
- Disseminate to public

**Resources and Infrastructure**
- Grant funding
- MH Portal plan
- Workforce adequacy

**System Strategies**
- Review rules and administration
- Coordinated continuum
- Add peer support to Medicaid State Plan

**Practice Strategies**
- Public information campaigns
- Early intervention strategies
- Primary care integration
Legislators as Champions

Compelling vision, strong shared leadership, strategic advocacy and grassroots support creates commitment among law and policymakers to resource and restore New Hampshire’s mental health system.

- Read and share the plan
- Keep up-to-date on legislation, progress reports
- Engage in discussions with community members, providers and other officials in your district
- Cultivate other champions
NH DHHS Presenter Contact Information

Katja Fox, Division for Behavioral Health Director:
271-9406, katja.fox@dhhs.nh.gov

Julianne Carbin, Bureau of Mental Health Services Director:
271-8378, julianne.carbin@dhhs.nh.gov

Erica Ungarelli, Bureau of Children’s Behavioral Health Director:
271-5006, erica.ungarelli@dhhs.nh.gov