

September 2023

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
September is National Recovery Month!				31	1	2
Celebrate all month long at the RCOs of New Hampshire. Addresses and phone numbers are on the guide, linked below: RCO Referral Guide: Referral Guide DHHS Website: Recovery Page Recovery month events are in purple NEW HAMPSHIRE Many RCOs have daily support and mutual aid groups including NA, AA, Al-anon, Recovery Dharma, SMART Recovery, parenting, family and HALINA RUMAN SERVICES youth programming. Please visit their websites for more detail.				International Overdose Awareness Day 7th Annual candlelight vigil Navigating Recovery of the Lakes Region 6-7:30pm Rotary Park Laconia	Acupuncture for Recovery ARCNH 11am-12:30pm (Friday; weekly) Milford E.A.R.T.H Arts & Crafts Keene Serenity Center 3-4pm (Friday; weekly) Keene	Navigating Hiking Club Navigating Recovery of the Lakes Region 8:30am (monthly; 1st &3rd Saturdays) sign up on their website Laconia Summer BBQ Lunch Navigating Recovery of the Lakes Region First Saturdays of the month 12-1pm Laconia
10	11	12 Rev for Recovery White Horse 5-7pm Ossipee	13	7	Acupuncture for Recovery ARCNH 11am-12:30pm (Friday; weekly) Milford E.A.R.T.H Arts & Crafts Keene Serenity Center 3-4pm (Friday; weekly) Keene Light the Night Vigil TLC 7-9pm Broad Street Park Claremont 15 Rally for Recovery Archways 11am-4pm State House Lawn Concord Acupuncture for Recovery ARCNH 11am-12:30pm (Friday; weekly) Milford	5th Annual Recovery Rally SOS 11am-3pm Henry Law Park Dover 16 Navigating Hiking Club Navigating Recovery of the Lakes Region 8:30am (monthly; 1st &3rd Saturdays) sign up on their website Laconia 5th Annual Recovery Community Cookout Revive
17	18 Golf Tournament	19 Writing Crafted Group	20 Social Paint Night	21	E.A.R.T.H Arts & Crafts Keene Serenity Center 3-4pm (Friday; weekly) Keene 22 Acupuncture for Recovery ARCNH	11am-2pm Nashua
	ARCNH Breakfast 7:30am Event begins at 8:30am Amherst	TLC 6pm in person or zoom (3rd Tuesday; monthly) Claremont	MWV Supports Recovery 6-7pm (3rd Wednesday; monthly) Call the center to reserve your seat \$10 donation appreciated Center Conway		11am-12:30pm (Friday; weekly) Milford E.A.R.T.H Arts & Crafts Keene Serenity Center 3-4pm (Friday; weekly) Keene Recovery Rhapsody Rally Safe Harbor Recovery Center 3:30pm Portsmouth	
24	25	26	27	28	Acupuncture for Recovery ARCNH 11am-12:30pm (Friday; weekly) Milford E.A.R.T.H Arts & Crafts Keene Serenity Center 3-4pm (Friday; weekly) Keene	Recovery Festival Hope for NH Recovery 11am-2pm Arms Park Manchester **DAY OF SERVICE