



# Carroll County

## ACHIEVEMENTS

- Led the public awareness roll out of 988 and NH Rapid Response Access Point for mental health crisis response and hared social media content related to alcohol, substance use prevention, mental health and suicide prevention.
- Held a community panel discussion on addiction as part of the One Book One Valley community wide book club event featuring a novel by a Maine Native American author.
- Promoted community engagement opportunities related to Medicaid Expansion, the Alcohol Fund, children's behavioral health, and other priorities.
- Signed a collective advocacy letter from public health networks to legislators regarding cannabis legislation.
- Participated in a community response to the death of two young adults by engaging crisis response resources.
- Joined in the planning of the 2023 Magnify Voices Expressive Arts Contest for youth grades 5-12 in NH, bringing the event to central NH.
- Distributed over 250 Overdose Prevention kits across the region.
- Attended school tabling events and public community events such as White Mountains Pride Festival.
- Delivered a Youth Mental Health First Aid Training to Moultonborough School District faculty.
- Held successful Drug Take Back Days.
- Connected providers to information on cannabis use in pregnancy.
- Engaged in regional initiatives related to food security, housing, homelessness, and public transportation.
- Engaged new partners in the VA and veteran suicide prevention.
- Began partnering with Big Brothers Big Sisters.
- Increased visibility/outreach of/by C3PH.

## CHALLENGES

- Staff turnover and vacant positions.
- Treatment for a pediatric case of nicotine dependency and/or cessation programs.
- Schools want referrals to treatment to quit nicotine and evidence-based curriculum/protocols to help students.
- Xylazine, emerged in NH and providers expressed need for education, training, and guidance.
- Struggles with starting prevention programs in schools.
- NH Rapid Response Access Point reports high call volume from adolescent females in crisis.
- Prenatal care providers report concerns related to marijuana use among pregnant persons.
- The expiration of federal public health emergency and subsequent benefits cliff, disconnection of assistance program eligibility.

## LOOKING AHEAD

- Connecting with persons with lived experience.
- Adding in more Naloxboxes to the region.
- Building and strengthening relationships.
- Building Community Health Worker Program.
- Trainings for community partners.

