



Central Region

2022-2023 SMP/CoC Development

ACHIEVEMENTS

- Expanded in-school prevention programs to 4 new schools: with a total of 11 schools, 158 lessons, and 2,342 youth.
- Utilized the MindUp curriculum to support 211 students grades K-5 in skill development to regulate stress and emotions, form positive relationships, and act with kindness.
- Hosted the 6th Annual Shout Out to Parents event in Plymouth with 47 parents attending; and convened the 1st Annual Bristol Shout Out to Parents with 33 caregivers in attendance.
- The Parent Advisory Council (PAC) launched the Books, Bites, and Beyond series with 53 parents attending.
- Attended the NAMI NH Connect Suicide Prevention Training with 34 local youth attending.
- Held the 21st Annual Prevention Summit with Dr. Robert Sege from Tufts Medical Center providing the keynote address. 154 community partners, including youth leaders, attended.
- Collaborated with NH Liquor Enforcement to increase perception of harm through the “Prime for Life” program. Since 2019, 298 young adults have completed the 8-hour curriculum.
- For the past two years, CADY has collaborated with Plymouth State University in freshman orientation with excerpts of the Prime for Life curriculum.
- Educated state legislators about the risks of high-potency THC and marijuana. Youth leaders from the region also participated in this advocacy effort.
- Partnered with Plymouth State University to host two overdose prevention and naloxone administration trainings for students in the Public Health program. Overdose Prevention Kits containing naloxone and fentanyl test strips were distributed; along with Detera drug disposal bags.
- Through our network of partners, distributed 440 Naloxone kits and 425 Detera drug disposal bags.

CHALLENGES

- Workforce shortage across the region.

LOOKING AHEAD

- To ensure effective use of limited resources, CADY will take a regionalized approach to the delivery of school-based and community prevention programming.
- Lin-Wood will be invited to join Pemi-Baker and Newfound at the 2nd Central Region Getting to Y event.
- Continued recruitment of parents and caregivers to serve on the regional Parent Advisory Council (PAC). This regional model will allow for the coordination of outreach and education efforts across districts.
- CADY will launch the fifth toolkit in the Prevention Accelerator series; Adverse Childhood Experiences: Changing the Outcome. While the Prevention Accelerator Media Campaigns are used within the Central NH Region, an opportunity exists to streamline messaging and marketing resources across the state through funding to support the purchase of toolkits for each of the interested RPHNs. We will be working with a bi-lingual prevention professional to translate the toolkits into Spanish.

