

Meet Your Health Plans



Our promise is that “Care is the heart of our work.” We are on a mission to bring health care to neighborhoods where our members live and work.

Extra benefits at no cost to you include:

- **CARE Card Rewards Program**
Earn up to \$250 a year in CARE Card rewards for healthy activities. Spend your reward dollars at Walmart, Walgreens, Dollar General, Family Dollar, CVS Pharmacy, Rite Aid and more! *
- **Car and Booster seats**
For infants and children (up to \$210). *
- **Three-month WW[®]**
(Formerly Weight Watchers[®]) Online membership (up to \$133). *
- **Wear It Well**
Automatically enrolled for chance to win \$120 ADIDAS gift card after completing annual wellness visit. * (ages 12-17)
- **Bright Start[®]**
Access to pregnancy care including up to \$70 in CARE Card rewards for notifying us of your pregnancy. *
- **Substance Use Disorder Recovery Benefit**
Members may receive up to a \$500 lifetime max for services including transportation, acupuncture and more.

*Restrictions and limitations may apply. Earn up to \$250 in cash and non-cash goods and services each year.



We’re local, so our members are our neighbors, friends and family. Our mission is to transform the health of the communities we serve, one person at a time.

Extra benefits at no cost to you include:

- **My Health Pays[®] Rewards Program**
Adults and children can earn up to \$250 a year just for healthy behaviors. Spend your reward dollars at Walmart[®] or use them to help pay your rent, utilities and more! *
- **Start Smart for Your Baby[®]**
Pregnant and new moms get extra care and support. Earn \$100 just for telling us you’re pregnant in your first trimester! *
- **Kicks for Kids**
Ten drawings each month of \$100 Nike gift cards for youth who complete their annual wellness exam. *
- **Future is Now[®]**
Earn up to \$150 for completing three education modules on life skills, healthcare, finances and more. For youth ages 15-17 transitioning to adulthood. *

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Our goal as a local nonprofit health plan is to help families and communities find paths to better health, no matter their circumstances.

Extra benefits at no cost to you include:

- **Dollar Rewards Program**
Earn up to \$250 in rewards for completing healthy actions like attending prenatal or wellness visits. Buy over-the-counter items with your rewards at Walmart, CVS and more. *
- **Get Fit! Fitness Reimbursement**
Get up to \$100 back on Weight Watchers[®] fees, \$200 back on health club memberships or up to \$100 back on a fitness tracker. *
- **Family First Safety Benefits**
Receive car seats, booster seats and bike helmets for infants and children on the plan (up to \$100 value). *
- **Diapers and Rewards for New Moms**
Get a box of diapers and dollar rewards for your postpartum visit (up to \$60 value). *
- **GED Testing Fee**
Qualifying members can have their GED testing fee paid by WellSense (up to \$125 value). *

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- **Wellness and Opportunity Center**
Our Manchester-based center offers:
 - **Cooking classes**, virtual and in-person
 - **Giving pantry** with food, clothing, and diapers at no cost to you!
 - **Computer access** with color printing
 - **Events** including baby showers, job fairs, seasonal events and more!
- **Home Delivered Meals**
Receive 14 home delivered meals (\$98 value) after a qualifying hospital stay.
- **Last Resort Smartphones**
When no other option is available.
- **Non-Medical Transportation**
Up to 6 round trips to community-based destinations.
- **24/7 Nurse Line**
Speak to a registered nurse for health advice for you and your family.
- **Mission GED**
Adult members receive up to \$125 toward Hi-Set and GED costs. *
- **Enhanced Vision**
Get a \$100 credit for contact lenses, in addition to standard glasses benefit.
- **Behavioral Telehealth Services**
Connect with a licensed therapist for mental health/substance use disorder services.

To learn more or to find a provider, contact **1-833-704-1177** (TTY 1-855-534-6730) or visit

www.amerihealthcaritasnh.com.



- **Ready for My Recovery Program**
Care Management education, backpack and dollar rewards for achieving milestones in your recovery from substance use disorder. *
- **Mental Health (MH) C.H.A.M.P Reward**
Earn up to \$20 for participating in Mental Health education, prevention, recovery, and community advocacy. *
- **Welcome Home Program Kits**
The Welcome Home program provides necessary items that will help recipients and their families get started in their new residence. Specifically for previously homeless families who have been recently placed into housing.
- **MemberConnections®**
At-home outreach by clinicians to help you with your medical and social service needs.
- **Green to Go! Mobile Food Pantry**
Green to Go! brings fresh fruits, vegetables, lean meat, resources and supports throughout the state at no cost.
- **Self-care Kits**
Dental kit, soap, shampoo, shave accessories and more.

To learn more or to find a provider, contact **1-866-769-3085** (TDD/TTY: 1-855-742-0123) or visit www.nhhealthyfamilies.com.



- **Statewide Access to Care**
Visit a network of hospitals, doctors, specialists, pharmacies, behavioral health and substance use disorder providers across New Hampshire.
- **Help Managing Personal Health Needs**
Access to registered nurses who provide personalized health services for living with special health needs and chronic conditions.
- **Customized Texting Program**
Stay connected to your care with text message reminders about screenings, immunizations, and wellness tips.
- **24/7 Nurse Advice**
Call and speak to a registered nurse 24 hours a day, seven days a week, with your immediate health questions.
- **Replacement Eyewear**
Children and adults can receive one pair of replacement eyeglasses a year.

To learn more or to find a provider, contact **1-877-957-1300** (TDD/TTY: 711) or visit www.wellsense.org.