

# Governor's Commission on Alcohol and other Drugs

July 2022 - December 2023 Progress Report

Presented 2.23.2024



The Commission serves in an advisory capacity to the governor and the general court regarding the delivery of effective and coordinated alcohol and drug misuse prevention, treatment, and recovery services throughout New Hampshire.





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## The Governor's Commission on Alcohol & Other Drugs

*Quick resources about the purpose of the Commission, its members, meeting information and related documents.*



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# NH Governor's Commission on Alcohol and Other Drugs







Governor's Commission on Alcohol and Other Drugs

## Strengthening Our Response Together: Action Plan Update

July 1, 2022 - June 30, 2025  
(SFY23 - SFY25)



## STRATEGIES

- Prevention
- Harm Reduction
- Care Coordination and Behavioral
- Treatment Health Integration
- Recovery
- Family Supports and Services
- Data Monitoring and Dissemination
- Workforce Capacity
- Professional Development

### 1. PREVENTION

- 1.1 Support a comprehensive and coordinated statewide **prevention** plan that is culturally responsive, inclusive of all ages and builds capacity of the state and local level to coordinate, strengthen and enhance prevention efforts.
- 1.2 Identify, coordinate and ensure capacity to implement new and innovative programs, policies and practices across multiple state and private entities that are data-driven and inclusive of shared **risk factors** for co-occurring mental health and substance use disorders.
- 1.3 Support comprehensive public awareness and education campaigns including one to prevent and reduce the misuse and illicit use of prescription drugs across the lifespan.
- 1.4 Increase access to prevention programming, **health promotion** activities, and counseling throughout the NH K-12 school systems.
- 1.5 Support and strengthen the **Regional Public Health Networks (RPHNs)** to engage community-based organizations to expand prevention programming for all ages, especially those at highest risk of **substance misuse** and living in under-resourced regions of NH.
- 1.6 Support the on-going data-driven development of a behavioral health **crisis response and service access system** for NH, including but not limited to:
  - 1.6.1. Promoting public awareness of services such as **The Doorways, 211, and 988**.
  - 1.6.2. Planning for long-term system sustainability; and
  - 1.6.3. Coordinating with federal initiatives, including supplementing federal funding sources as needed.
- 1.7 Ensure coordination between law enforcement agencies, attorneys, courts, first responders, and professionals across the continuum of care to promote shared knowledge and understanding in order to foster evidence-informed/ evidence-based practices that support justice-involved individuals with **substance use disorders (SUD)**.
- 1.8 Strengthen referral and intervention systems for alternatives to incarceration.
- 1.9 Strengthen integration of identification, referral and treatment into general health care settings where appropriate.
- 1.10 Increase access to communication services including interpreters in NH who have knowledge of behavioral health and of crisis response and deescalation.



## BUDGET

Created and completed process to recommend investments for fiscal years 2025-26.  
Commission approved 12/15/23.

## COORDINATION

Collected public input via online survey and in-person forum for Action Plan strategy prioritization.

## DATA

Reviewed and compiled publicly available NH data sources related to substance use.



NH Action Plan to Address Alcohol and Other Drugs: Strategies	SFY24 Funded Activities	Division of Behavioral Health Services									
		Governor's Commission on Alcohol and other Drugs	Opioid Abatement Commission	SAMHSA Alcohol and Drug Block Grant	SAMHSA Mental Health Block Grant	Budgeted General Funds	NH Medicaid Reimbursable Services	COVID Investments	ARPA Investments	State Opioid Response III Grant	
<b>1. PREVENTION</b>											
1.1 coordinated statewide prevention plan	Regional Public Health Networks are each creating and will be aggregated at the state-level.	✓		✓				✓			
1.2 implement new and innovative programs, policies and practices	NH Service to Science Program (designates programs NH evidence-based)	✓									
1.3 public awareness and education campaigns	Prevention messaging (drugfreenh.org)	✓									
1.4 school-based prevention	Evidence-Based Prevention Curricula	✓									
	MTSS-B	✓									
	Student Assistance Programs (30+)	✓		✓							
	Student Wellness and Support Program (1 region)		✓								
	Tobacco Prevention strategies - youth driven										
	empowerYOUTH! and Getting to Y (1 region)		✓								





## State Plan and Opioid Abatement Commission Synergies Crosswalk

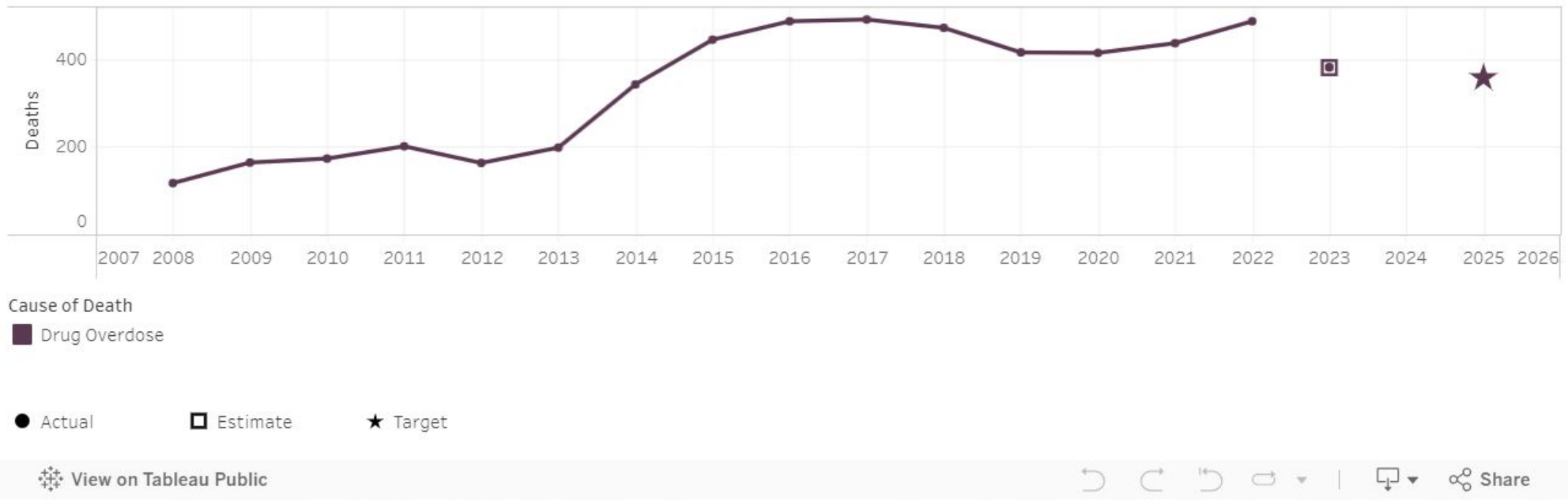
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Synergy

NH Action Plan to Address Alcohol and Other Drugs: Strategies	Opioid Abatement Commission Duties	Governor's Commission on Alcohol and other Drugs Investments
1. PREVENTION		
1.1 coordinated statewide prevention plan		
1.2 implement new and innovative programs, policies and practices		Partial funding of <ul style="list-style-type: none"> <li>NH Service to Science Program (vets evidence and designates programs NH evidence-based)</li> </ul>
1.3 public awareness and education campaigns	(12) Support efforts to prevent over-prescribing and ensure appropriate prescribing and dispensing of opioids through evidence-based, evidence-informed programs or strategies.	Partial funding of <ul style="list-style-type: none"> <li>drugfreenh.org</li> </ul>
1.4 school-based prevention	(16) Support for public and non-public school programs and services for students with OUD and any co-occurring SUD/MH issues or who have been affected by OUD and any co-occurring SUD/MH issues within their family.	Partial funding of <ul style="list-style-type: none"> <li>Evidence-Based Prevention Curricula,</li> <li>MTSS-B/NHDOE,</li> <li>Student Assistance Programs (30+)</li> </ul>
1.5 expand prevention programming for all ages	(15) Support evidence-based prevention programs and services, including efforts to promote healthy, drug-free lifestyles, reduce isolation, build skills and confidence, and facilitate community-based prevention efforts.	Partial funding of <ul style="list-style-type: none"> <li>Prevention Certification Board,</li> <li>Substance Misuse Prevention Direct Service programs (5),</li> <li>Mitigation and Prevention of Adverse Childhood Experiences - Home Visiting and within Domestic Violence Crisis Centers,</li> <li>Activities to reduce youth access to tobacco and alcohol,</li> <li>coalition support services</li> </ul>
1.6 Support the behavioral health crisis response and service access system	(3) Support mobile intervention, treatment, and recovery services, offered by qualified professionals, for persons with OUD and any co-occurring SUD/MH issues or persons who have experienced an opioid overdose; (9) Create or support centralized call centers that provide information and connections to appropriate services and supports for persons with OUD and an co-occurring SUD/MH issues.	Partial funding of <ul style="list-style-type: none"> <li>Support centralized call centers that provide information and connections to appropriate services and supports for persons with OUD and co-occurring SUD/MH issues</li> </ul>



### Drug Overdose Mortality in New Hampshire Historical Counts and Objectives for Reduced Mortality



Data source: **NH Office of Chief Medical Examiner**, as reported on the **Drug Monitoring Initiative Report**.  
Data for 2023 are estimates due to pending toxicology reports. Centers for Disease Control and Prevention, National Center for Health Statistics.





# NH Governor's Commission on Alcohol and Other Drugs

Public Input Data Brief October 2023



## BACKGROUND

In October 2023, the NH Governor's Commission on Alcohol and other Drugs engaged the public through an online survey and an in person forum to collect public input. The responses were utilized to inform prioritization of investments of the "Alcohol Fund" that are aligned with strategies in the State Action Plan.

## WHAT'S IN THIS DATA BRIEF

- Cross-Cutting Themes:** Finances & Funding, Accessibility, Support for Professionals, Collaboration
- Prevention:** Programmatic Needs, Collaboration & Community
- Harm Reduction:** Defining Harm Reduction, Access & Barriers
- Care Coordination & Behavioral Health Integration:** Access & Barriers, Collaboration & Integration
- Treatment:** Access & Barriers, Health Insurance & Medicaid, Mental Health & Co-Occurring Disorders, Collaboration & Integration, Programmatic Needs
- Recovery:** Collaboration & Integration, Programmatic Needs, Stigma
- Family Supports & Services:** Access & Barriers, Collaboration & Community
- Data Monitoring & Dissemination:** Data Needs, Transparency & Accessibility of Data Collected
- Workforce Capacity:** Support for Professionals, Personnel Needs
- Professional Development:** Access & Barriers, Support for Professionals



## Cross-Cutting Themes

Themes Strategy Areas	Finances & Funding	Accessibility	Support for Professionals	Collaboration
Prevention	Programmatic Needs			Community
Harm Reduction	Lack of Program Funding	Limited Service Availability, Stigma as a Barrier		
Care Coordination & Behavioral Health Integration	Insurance Coverage	Limited Service Availability, System Navigation, Eligibility Requirements	Personnel Needs	Integration of Services
Treatment	Programmatic Needs, Financial Barriers	Limited Service Availability, Service Options, Medicaid		Integration, Mental Health & Co-occurring Disorders
Recovery	Access to Recovery Housing, Programmatic Needs	Stigma as a Barrier		Integration of Services
Family Supports and Services	Insurance Coverage	Waitlists, Limited Service Availability		Community
Data Monitoring and Dissemination		Transparency & Accessibility of Data Collected		
Workforce Capacity	Personnel Needs		Training and Education Needs	
Professional Development		Cost Barriers for Professional Development	Burnout, Mental Health Support	



## Governor Commission Investments SFY 2024

LAST UPDATED with 10/4/2023 Governor and Executive Council contract approvals

Action Plan Strategy		Name	Description	Scope of Work including but not limited to:
1.1	Coordinated statewide prevention plan and 9.1 increase access to training and technical assistance	Technical Assistance for the Alcohol and Other Drug (AOD) Continuum of Care System	Provide technical assistance that promotes and expands the use of evidence-informed practices and policies, and to improve the overall operations and business practices across the AOD Continuum of Care in NH.	Ensure TA includes guidance on delivering outcome supported and evidence-informed AOD Continuum of Care (CoC) support services; support current and emerging initiatives for improving the AOD CoC system of care; Individual-level activities, including, but not limited to personalized coaching and mentoring to assist TA recipients; Group activities, including; but not limited to team-based activities involving Communities of Practice (CoP) and other peer-to-peer groups to address issues of common interest; a minimum of four (4) Communities of Practice (CoP), which include: Prevention, Treatment, Medication-Assisted Treatment, and Recovery Support Services. develop products and resources including: Toolkits, Briefs, Logic models, Professional case studies, Compilation of practices and strategies on a variety of topics related to AOD, Library of State Information Requests (SIRs), In-depth resource guides.
1.2 + 1.3 + 9.1	1.2 implement new and innovative programs; 1.3 public awareness and education; 9.1 Technical Assistance	System Support Services	Provide the NH Service to Science program and disseminate prevention messaging resources via the Partnership @ drugfreeNH. Provide technical assistance, report development and other support to the Governor's Commission on Alcohol and Other Drugs.	
1.2	implement new and innovative programs	Physical Fitness Facility / Equipment Access	Funding to support access to wellness programs to prevent and reduce behavioral health issues in military members and veterans.	
1.4	school-based prevention	Life of an Athlete	Prevention program for schools educating students on healthy choices & decisions and the impact of alcohol & other drug use on performance & development.	Provide dissemination tools and training on the five (5) core components of the Life of an Athlete Program, which empowers and motivates middle and high school student athletes to make healthy choices by educating them about the immediate impact Alcohol and other Drugs (AOD) have on an athletic and academic performance. CODES OF CONDUCT, PRE-SEASON MEETINGS, TRAINING FOR COACHES, TRAININGS FOR STUDENT ATHLETE LEADERS, STAKEHOLDERS UNITY.
		Multi-Tiered System of Support-Behavioral Health (MTSS-B)	Implement the MTSS-B model to improve school climate, increase student access to mental health services, engage family and community members, and build local prevention and mental health promotion capacity and infrastructure, with public preschools and schools as implementation hubs.	
		Evidence-Based Prevention Curricula	To support NH school districts and community organizations with access to adequate training and evidence-based K-12 curricula that will assist in reducing risk factors and strengthening protective factors for individuals affected by substance use disorders.	



## 2023 Governor's Commission has:

- ▶ **Used the Action Plan** as a guiding document
- ▶ **Worked synergistically** with Task Forces, the Commission, the Department, and the public
- ▶ **Increased transparency** between Task Forces, the Commission, and the public
- ▶ **Gathered and utilized public input**





Thank you to the members of the Task Forces for their diligent and dedicated work and to NH DHHS for their transparent and timely collaboration.





# Center for Excellence on Addiction

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