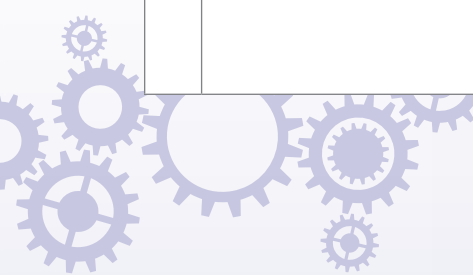




	Organization	Website / Phone	Description
General Support and Information			
Local	211	Website: www.211.org Phone: 211	211 is New Hampshire's statewide, comprehensive, information and referral service, providing the most up-to-date health and human service information.
	NH's Aging and Disability Resource Centers (ADRC) (formerly known as ServiceLink)	Website: servicelink.nh.gov Phone: 1-866-634-9412	Aging and Disability Resource Centers (ADRCs) serve as single points of entry into the long-term supports and services system for older adults and people with disabilities. The ADRC network in New Hampshire specializes in assisting people who are aging or disabled with getting the supports and resources they need to maintain their highest level of independence.
National	Benefits CheckUp	Website: benefitscheckup.org	Provides a comprehensive list of state and federal programs for which they may be eligible, including financial assistance, educational opportunities, employment programs, home care, energy assistance, housing assistance, volunteer opportunities.
Caregiver Support			
Local	Trualta	Website: beas.trualta.com	The Department of Health and Human Services (DHHS) has partnered with Trualta, a free, online learning portal that provides resources such as articles, videos, and tip sheets to help family caregivers reduce stress, find local resources, and provide better care.
	AARP	Website: aarp.org New Hampshire Chapter: states.aarp.org/new-hampshire/ Phone: 1-877-333-5885 Spanish Line: 1-888-971-2013	AARP has a dedicated, toll-free family caregiving line for people taking care of a loved one. Agents are available to take calls Monday-Friday, 8 a.m. to 8 p.m. ET.
National	Caregiver Action Network	Website: caregiveraction.org	Educates, supports, empowers and speaks up for the more than 50 million Americans who care for loved ones with a chronic illness or disability.

	Organization	Website / Phone	Description
Dementia and Alzheimer's Support			
Local	Alzheimer's Association	Website: alz.org New Hampshire Chapter: alz.org/manh Phone: 1-800-272-3900 Helpline Available 24/7	The Alzheimer's Association provides extensive articles and training, care consultation, support groups, education programs, 24/7 Helpline
	ATinNH	Website: at4all.com Phone: (603) 397-7251 Email: nh.at4all@unh.edu	ATinNH, New Hampshire's assistive technology center, supports individuals with dementia and their caregivers. NH residents can borrow devices for 45 days and access demonstrations and training to enhance independence and quality of life.
National	The Alzheimer's Store	Website: alzstore.com	The Alzheimer's Store is dedicated to providing unique products and information for those caring for someone with Alzheimer's disease.
Mental Health and Crisis Services			
Local	REAP	REAP Referral Line: 603-957-5913	The Referral Education Assistance & Prevention (REAP) program is a community-based, short-term support program for older adults in New Hampshire. It aims to address concerns related to mental health, substance use and cognitive functioning. The program provides education and prevention services to help older adults better understand and cope with life changes.
	NH Rapid Response Access Point	Website: nh988.com Phone Number: 1-833-710-6477	If you or someone you care about is experiencing a mental health and or substance use crisis, you can call and speak to trained clinical staff. You will be served by compassionate providers from mental health centers in your community who can help you access vital mental health support when you need it.



	Organization	Website / Phone	Description
Financial and Legal Aid			
Local	New Hampshire and Finance Authority	Website: nhhfa.org	A self-supporting public corporation that promotes, finances, and supports housing solutions for the people of New Hampshire. Services include rental and homeownership programs designed to assist low-and moderate-income persons with obtaining affordable housing.
	New Hampshire Legal Assistance	Website: nhla.org	Provides free civil legal aid to people in New Hampshire primarily in the areas of housing, domestic violence and family law, and public benefits.
National	Paying For Senior Care	Website: payingforseniorcare.com	Help for families/caregivers to find the financial means they require to pay for long-term care for their loved ones.
Veterans Services			
National	Veterans Services	Website: va.gov	The official U.S. Department of Veterans Affairs website. The VA provides various services based on eligibility criteria, including caregiver support, education resources, and in-home services. For assistance, contact the VA or the Veteran Services Officer at 603-624-9230.
Other Services			
Local	Dental	Medicaid Dental Services: NH Smiles Program : dhhs.nh.gov/programs-services/medicaid/medicaid-dental-services-new-hampshire-smiles-program-adults	The NH Smiles program, a partnership between DHHS, Northeast Delta Dental and DentaQuest, provides dental services and care management to adults who have health coverage through Medicaid.
	National	Medicare Information	Website: medicare.gov