Legislative Commission on Primary Care Workforce Issues

November 30, 2017 2:00-4:00pm at the NH Medical Society Conference Room, Concord

Call in information:

866-939-8416

Participant Code: 1075916

Agenda

2:00 - 2:10  Introductions & Minutes

2:10 - 3:00  Portsmouth Residency – Dean Carucci, CEO, and Thomas Wold, CMO, Hospital Corporation of America

3:00 – 3:30  Lamprey NP Fellowship Program – Paula Smith – Southern NH AHEC, Rosemary Smith and Niki Watson – Lamprey Health Center

3:30 – 3:50  2018 Legislation

3:50 – 4:00  Updates and next meeting

Next meeting: Thursday December 21 2:00-4:00pm
State of New Hampshire
COMMISSION ON PRIMARY CARE WORKFORCE ISSUES

DATE: November 30, 2017
TIME: 2:00 – 4:00pm
LOCATION: New Hampshire Medical Society

Meeting Minutes

TO: Members of the Commission and Guests
FROM: Danielle Weiss
MEETING DATE: November 30, 2017

Members of the Commission:
Laurie Harding – Chair
Alisa Druzba, Administrator, Rural Health and Primary Care Section – Vice-Chair
Stephanie Pagliuca, Director, Bi-State Primary Care Association
Mary Bidgood-Wilson, ARNP, NH Nurse Practitioner Association
Cathleen Morrow, MD, Geisel Medical School
Kristina Fjeld-Sparks, Director, NH AHEC
Trinidad Tellez, M.D., Office of Health Equity
Bill Gunn, NH Mental Health Coalition
Tyler Brannen, Dept. of Insurance

Guests:
Danielle Weiss, Program Manager, Rural Health and Primary Care Section
Paula Smith, SNH AHEC
Paula Minnehan, NH Hospital Association
Catrina Watson, NH Medical Society
John Bunker, representing UNH & CHHS
Peter Mason, Geisel School of Medicine, IDN Region 1
Barbara Mahar, New London Hospital
Aimee Valeras, Concord Family Medicine Residency
Roxie Severance, Health Sector Partnership
Geoff Vercauteren, Director of Workforce Development, Catholic Medical Center
Marcy Doyle, Dir. Institute for Health Policy and Practice
Jim Potter, Vice President, NHMS
Tom Wold, CMO, HCA
Dean Carucci, CEO, HCA
Rosemary Smith, Lamprey Health Center
Niki Watson, Lamprey Health Center

Meeting Discussion:

2:00 - 2:10 Introductions & Minutes

2:10 - 3:00 Portsmouth Residency – Dean Carucci, CEO, and Thomas Wold, CMO, Hospital Corporation of America
Note: The PowerPoint presented contained confidential material and, as a result, will not be shared.
Biggest driver of residency development is the physician shortage
  - AAMC projected a shortage of 26-35k of physicians by 2025
- Portsmouth community needs assessment in 2016
  - 376k in population
  - Aging population
    - Higher than national and NH average
    - 22% increase in patients 65+
  - Age of physicians
    - 937 physicians
      - 26% are 60+ years old
      - 25 IM and 12 FM short with 2020 projections
  - The residency would build a pipeline of physicians in the area and teachers/mentors for the coming class
- HCA is the largest sponsor of Graduate Medical Education in the US as of 2017
  - 3000 residents in US
    - 990 graduates this year
  - Graduate Medical Education growth plan
    - HCA looks at Portsmouth as an institution
      - Open hearts program, vascular program, etc.
      - 209 beds, attractive place for training
- HCA Priorities
  - Strengthen foundation
    - At the end of October, Portsmouth was granted accreditation as a Graduate Medical Education facility
      - Streamlined by resources at other teaching hospitals
  - Measure growth
    - After going live to the 5-year cap
  - Branding and Culture
    - Stipend during training to recruit
    - Want residents to stay in Portsmouth and if not, NH
      - But have connections and access, through HCA divisions (17), throughout the country
- Residency development process
  - Recruiting faculty and program directors, developing curriculum and accreditation during 2018 and ’19
  - Resident numbers
    - 8-10 patients per team
    - 16 for each attendant
    - Overall cap of 91 residents
  - Need to select an academic partner by the end of 2018
- Questions/Concerns
  - How will Portsmouth address the diversity needs in pockets in NH and team-based care in NH?
    - Team-based - Opportunity to train physicians to thrive in that setting
    - Homogenous in Portsmouth – the FQHC provides an avenue but the academic affiliation will have to help with that
      - Putting them in rural and an FQHC is to give them a broader experience and exposure there
  - Discomfort with for-profit corporation - worried they’ll get in too fast with high volumes but if it doesn’t pan out, will leave without repercussion
    - HCA is investing to counteract the provider shortage and create a pipeline
    - Already have hospitals in Portsmouth and Derry
      - Added beds, services, and mental health care in these communities
• They don’t have a loan forgiveness program because they’re for-profit so they have to make the investment to get the return
  • What about the lack of OB units for rotations?
  • It will be a challenge but HCA hopes to leverage Parkland and another practice to meet the requirement

3:00 – 3:30 **Lamprey NP Fellowship Program** – Paula Smith – Southern NH AHEC, Rosemary Smith and Niki Watson – Lamprey Health Center

Refer to the PowerPoint “Lamprey NP Fellowship Program.”

3:40 – 4:00 **2018 Legislation**

- Commission legislation notes
  • Looking for substance use disorder representation and others from rural
  • 2020 expiration date
  • Interim report due in 2018

- Bi-State is supporting legislation to get $1.1m/year for State Loan Repayment Program

**Next meeting: Thursday December 21 2:00-4:00pm**
LAMPREY HEALTH CARE

NURSE PRACTITIONER FELLOWSHIP PROGRAM
Legislative Commission on Primary Care Workforce
November 30, 2017

www.lampreyhealth.org
Lamprey Health Care
*Nurse Practitioner FP Fellowship*

**MISSION STATEMENT**
- The Nurse Practitioner Program at Lamprey Health Care will build confident and competent family nurse practitioners who will contribute to the workforce needs in primary care settings.

**VISION STATEMENT**
- Lamprey Health Care will be a center for educational excellence in primary care workforce development.

[www.lampreyhealth.org](http://www.lampreyhealth.org)
Background Information

- Dartmouth Co-op Meeting
- Alignment with Lamprey’s Strategic Plan
- CHC Site Visit
- Workforce Development
- Partnerships:
  - UNH
  - CORE
  - Exeter Hospital
  - CMC
Lamprey Health Care Drivers

- To increase recruitment in Primary Care provider workforce
- To improve competence of new graduate Nurse Practitioners
- To improve job satisfaction of new graduate NPs through increased confidence achieved through formal mentoring/precepting program
- To provide opportunity for existing providers to fulfill their desire to teach
Proposed Curriculum Elements

Key Components of Fellowship:

- Continuity Clinics - 4 sessions/week
- Specialty Rotations - 2 sessions/week, 1 session/month
- Mentored Clinics – 2 sessions/week
- Education Sessions – 1 session/week
Proposed Curriculum Elements

Sampling of Learning Sessions:

- Pain Management
- Pediatric Growth and Development
- Dermatology
- Contraception
- IUD Insertion
- HIV/AIDS
- Inter-professional Care and Collaborative Practice
- Self-Management Goal Setting
- Spirometry
Completed / In-Progress

Application Phase
Jan-March 2017

Selection Phase
April- May 2017

Onboarding & Orientation
September 2017

Cohort 1
Sept 2017-Aug 2018

www.lampreyhealth.org
Future Timeline Summary

Accreditation Planning Phase

Cohort 2 Recruitment Phase

January - May 2018

Program Evaluation Phase

Ongoing

Orientation Phase

July/September 2018

End of Second August 2019
Future Recruitment of NP Fellows

- Recruiting onsite at the following colleges:
  - University of New Hampshire
  - University of Maine
  - Rivier University
  - Boston College
  - University of Massachusetts in Worcester
Lessons Learned

• Internal Communication
• Preceptor Expectations
• Chart Signing
• Desktop Management
• Reflections
• Lots of Moving Pieces
Questions

Thank you!!
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Niki Watson, BSN, MSN
Paula Smith, MBA
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Silvia Hutcheson, Program Coordinator
shutcheson@lampreyhealth.org
Commitment from Board of Directors