Legislative Commission on Primary Care Workforce Issues

April 26, 2018 2:00-4:00pm at the NH Medical Society Conference Room, Concord

Call in information:
866-939-8416
Participant Code: 1075916

Agenda

2:00 - 2:10  Introductions & Minutes

2:10 - 3:10  Dartmouth Coop: Primary Care Research at its best –
Deborah J. Johnson, MHA
Dartmouth CO-OP Project Research Network

3:10 – 3:25  Update on ECHO: Dr. S. Arora’s visit to Northern New
England- What were the reactions/what are the
possibilities – Marcy Doyle, Quality and Clinical
Improvement Project Director, UNH Institute for Health
Policy and Practice

3:25 – 3:50  Legislative Update:
HB 1506 - Graduate Physician bill now r/t the NH
Commission on the Primary Care Workforce
SB 426- r/t the Commission on the Primary Care Workforce
SB 590- r/t SLRP and involuntary commitment
SB 313-r/t Medicaid Expansion

3:50 – 4:00  Updates and Next Steps

Next meeting: Thursday May 24, 2:00-4:00pm
The Dartmouth Primary Care Practice-based Research Network

Deborah J. Johnson, MHA
Executive Director
Research Scientist
A voluntary and cooperative network of primary care clinicians, medical students, residents, nursing staff and other health professions in NH, VT, ME and Upstate NY

Housed in the Department of Community & Family Medicine, Dartmouth Geisel School of Medicine/Dartmouth-Hitchcock Medical Center

Started in 1972, the oldest primary care research network in the country!
Dartmouth CO-OP Sites in VT and NH
Generate funded research and publish results to support primary care practice of evidence-based medicine

Provide opportunities for clinicians and other health professionals to develop new research skills

Perform research studies in PARTNERSHIP with primary care clinicians, their patients, and the communities they serve to improve health care delivery and patient outcomes

Extend expertise to support
Collaborate and draw on experience and insights from health care clinicians, nursing staff and other health professionals to:

- Identify research questions
- Frame research questions
GOVERNING BOARD

Representative of family physicians, general internists, pediatricians, nurse practitioners/physician assistants and nursing

Solo, Group, private, hospital-owned, FQHC, CHC
“Testing the Effectiveness of Integrating Private Well Water Testing into Routine Pediatric Preventive Care: A Randomized Intervention Study”
CONCLUSION:
Financial incentives added to existing smoking cessation counseling by staff in low-income clinical prenatal programs led to cessation that continued during the postpartum period. Further study in larger populations is indicated.
The Brushy Beaver-Toothy Tiger study demonstrated both kindergarten and fourth grade students gained more from oral health and self-care knowledge with peer education than adult-led instruction.
Adolescent depression care in primary care settings; the continuum from screening to successful outcomes

Intervention: 12 Primary Care Practices, Training for 59 clinicians and 56 nursing staff, web-based practice registry, pediatric non-urgent consult, extensive educational resources

Findings: 6044 Teens completed depression screening in VT/NH
  10.6% of all PHQ9-A screens were positive

Results: Clinicians predominantly are managing depression in females
  76% females and 24% males in the registry, AND

The Teen Mental Health Project served as the catalyst for practice change and has made adolescent depression screening the standard of care in these practices.
**DID YOU KNOW?**
That As Many As 20% of Teens Struggle
With Issues of Depression and
Do Not Receive Help?

**PRACTICE SUPPORT**

**Patient Management**
- Making Referrals
  - Primary Care Referral and Communication Form
  - Referral Letter for Parents
- Mental Health Provider Directories
  - Agencies/Providers near Concord, NH
  - Agencies/Providers near Randolph and Bemidji, MN
- Prescription Savings Program & Mental Health Medications
- Monitoring Schedule (follow-up protocol)

**Clinician and Nurse Guidance**
- Clinician Guide: Depression Screening and Management
- Medication Management
- Expanded Inquiries
  - Suicide Risk Assessment
  - Depression Assessment
- Clinician and Nurse Webinars
- Monitoring Protocol
- Research Articles

**PSYCHO-EDUCATION MATERIAL**

**General**
- Teen Mental Health Project Information Sheet
- The Importance of Screening
- There is treatment for Depression - (Customized Brochure)

**Self-Help Workbooks**
- Recovering From Depression: A Workbook for Teens
- Beyond the Blues: A Workbook to Help Teens Overcome Depression
- Adolescent Depression: A Guide for Parents

**For Teen:**
- Caring for Myself: Self-Care Plan
- Teen Safety Plan
- Understanding Teen Depression
- Understanding Suicide

**Wellness Topics:**
- Healthy Sleeping
- Exercise Health
Assessed the basic dental health knowledge and oral health practices of migrant workers in the Upper Valley.

- 86% of participants knew how many times to brush per day
- Only 43.5% knew how long to brush their teeth
- Only 50% knew how many times it was recommended to floss daily

When asked about their daily brushing and flossing habits:

- 29% used floss daily.
- 31% brushed for the recommended 2 minutes.
- Over a quarter of the workers surveyed had never been to see a dentist in their lives.
Active Projects

Community Engagement Research:
  • Teen Speak Out
  • VA Dual Care

Pilot Projects:
  • Adverse Childhood Experiences (ACE)
  • HPV
  • Opioids
  • Warm-Hand off

HRSA-funded
  • Annual Wellness Visit
Pharmacotherapy for Chronic Insomnia: A Brief Survey of PCP Attitudes and Preferences

ORIGINAL RESEARCH

Screening for Adverse Childhood Experiences in a Family Medicine Setting: A Feasibility Study

Patricia T. Gliwa, MD, Ardis L. Olson, MD, and Deborah J. Johnson, MHA

Improving Health Care for Spanish-Speaking Rural Dairy Farm Workers

Caledonia Buckheit, BA, Dwan Pineros, BA, Ardis Olson, MD, Deborah Johnson, MHA, and Stephen Genereaux, MD

A Comparison of Cesarean Delivery Outcomes for Rural Family Physicians and Obstetricians

Fay F. Homan, MD, Ardis L. Olson, MD, and Deborah J. Johnson MHA
Thank you!

Questions?