

FREQUENTLY ASKED QUESTIONS

Q: How long is the program?

A: Depends. Most participants work with their LifeSet specialist from six to nine months, but the length of the program depends on the support you need.

Q: Where do I meet my specialist?

A: Wherever you like. LifeSet is based in the community, so we meet you at times and places convenient for you.

Q: Is there any cost to me?

A: No. LifeSet is free to participants and is a voluntary program.

Q: Do you have to be in college?

A: No. LifeSet helps young people reach their individual goals, whether that is employment, job training, completing a GED or pursuing other opportunities, such as vocational training or college.

Q: I'm a parent. Can LifeSet help with that, too?

A: Yes. Your LifeSet specialist will help you with parenting skills based on your needs and the development level of your child. LifeSet helps you create a safe, loving home environment where your child's needs are met.

IS LIFESET RIGHT FOR ME?

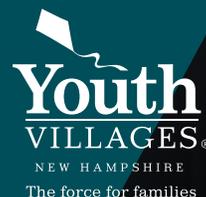
You determine what direction services will take and chart your future. LifeSet gives you the opportunities and support you need.

**If you are between 17 and 22,
LifeSet can help you with:**

- Building healthy relationships
- Maintaining stable, safe housing
- Addressing mental or physical health issues
- Finding and maintaining employment
- Navigating adult responsibilities
- Continuing your education

Contact Us

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IN THE DRIVER'S SEAT

The Youth Villages
LifeSet™ program
is your bridge
to successful
adulthood.



GIVING YOU THE ROADMAP

Youth Villages' LifeSet program was developed to support young people as they navigate adult challenges. It puts you in the driver's seat with a specialist by your side. You set your own goals and have the assistance and resources you need to achieve them.

What do you need? Typically, young people set goals to achieve or obtain:

- Diplomas/HiSet
- Higher education
- Jobs or job training
- Stable housing
- Financial literacy skills
- Access to healthcare
- Parenting skills
- Support system

Your specialist meets you face-to-face once each week in the community and is constantly available to help you overcome challenges.

HOW DOES LIFESET WORK?

LifeSet works both with and for you. Participation in the program is voluntary and free for young people. What you get from the program depends on the goals you set and the help you need.

- Youth Villages matches you with a LifeSet specialist.
- LifeSet specialists are available 24/7 by phone or in-person, in addition to weekly scheduled meetings.
- Your LifeSet specialist gives you the support and resources you need to succeed.
- You and your specialist meet once a week wherever it's convenient for you – or even more often if you need extra support.
- LifeSet specialists help you identify goals and are by your side to help as you achieve them step by step.



LIFESET: THE BRIDGE TO SUCCESSFUL ADULTHOOD

