Looking for Lead Paint Hazards in Your Home

OLDER HOMES
Homes built before 1978 may contain lead paint
Lead paint was banned from residential use in 1978. While not all lead-based paint is a lead exposure hazard, the condition or location of lead paint is what puts a child at risk for lead poisoning.

LOOK OUT FOR LEAD
Looking for lead paint in your home
Lead paint was durable and used mostly on woodwork and trim, walls in bathrooms and kitchens, doors, windows, baseboards, floors and stairs, exteriors, and porches.

MAINTENANCE
Keeping your home in good condition
Follow these guidelines to prevent lead hazards in your home:

LEAD SAFE CLEANING
Proper clean up can reduce lead dust in your home

People can bring lead dust in from outside on their shoes.

Normal use causes paint to wear off floors and stairs and can produce lead dust.

Baseboards are constantly bumped into and easily reached by children.

Opening and closing doors can produce lead dust and paint chips.

Opening and closing windows can create lead dust and paint chips.

Lead painted windows are especially dangerous and accessible to children.

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LeadsafeCleaning.gov

NH Department of Health & Human Services, Division of Public Health Services

1-800-897-LEAD or LeadRN@dhhs.nh.gov
### Lead Poisoning

#### Other Possible Sources of Lead

Though the dangers of lead have been known for years, many common items still contain lead. Here are some sources of lead that may exist in your home:

**Home Environment**
- Soil near lead industries, roads, lead-painted houses
- Plumbing and solder
- Vinyl mini-blinds
- Ceramic floor or wall tiles for kitchens & bathrooms
- Building materials like gutters, flashing & window glazing
- Old fashioned claw-foot bathtubs
- Leaded glass, crystal & pewter
- Brass & bronze
- Lead arsenate pesticide
- Plastic insulation on electrical wiring
- Keys

**Products**
- Imported candy & candy wrappers
- Supplements
- Imported cosmetics and hair dye
- Imported crayons
- Some rechargeable batteries
- Metal-cored candle wicks
- Fishing weights and some lures
- Toys (watch for recalls)

**Mexican/ Central American Home Remedies**
- Azarcon is a bright orange powder used for treating stomach aches. Other names for Azarcon are Rueda, Corol, Alarcon, Maria Luisa, and Ligo.
- Greta is a yellow powder used for stomach aches.

**Asian Indian/Middle Eastern Home Remedies**
- Ghasard is a brown powder used for stomach aches.
- Bala Goli is a round black bean dissolved in “gripe water” and used for stomach aches.
- Kandu is a red powder used for stomach aches.
- Kohl (kalja, surma) is a powder used for eye make-up and teething.
- Ayurveda is an Indian holistic alternative medicine and some products may contain lead

**Asian Home Remedies**
- Pay-Loo-Ah is a Vietnamese red powder used for rashes.
- Ba-Baw-San is a Chinese herbal medicine used to treat colic.

**Children Exposed to Lead Often Look and Act Healthy.**
The Only Way to Be Sure Is To Have Your Child Tested.

- NH children are required to have a lead test at age 1 and again at age 2 years.
- Ask your doctor about having your child tested.

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