



# RECOVERY HOUSING

## HOW TO FIND RECOVERY HOUSING:

When looking for a recovery house it is important to consider proximity to treatment facilities, recovery support groups, and medical and mental health services. Some tips on how to find and choose a recovery home include:

- **Look for a house that is centrally located to meetings, counseling, or other services.**
- **Talk to the Owner/Director and ask questions about the house, their rules, and their policies.** (Examples of questions to ask can be found on the next page)
- **Be sure that all rules are understood and attainable.**
- **Listen to, or seek out, referrals from people who have lived, or are living, in the recovery house to decide if it's the right fit for you.**

Recovery houses may or may not be accredited or licensed through a state, local, or national agency. The NH Coalition of Recovery Residences ([NHCRR](https://www.nhcrr.com/)) certifies recovery houses in NH that meet national quality standards for safety, recovery support, and ethical operation. Individuals seeking recovery housing can use these standards to find a recovery house with a high standard of care.

More information can be found at <https://www.nhcrr.com/>.



## **QUESTIONS TO ASK ABOUT POTENTIAL RECOVERY HOUSING**

- How many people live in the house?
- What services are available?
- What recovery pathways are promoted or offered?
- How is the program structured?
- How is the house managed and/or staffed?
- What is the policy on prescription medications?
- How long does someone need to be in recovery before moving in?
- What is the policy on relapse?
- What is the cost and what is included in the cost?
- Do I need to attend outpatient treatment?
- Do I need to attend a recovery program?
- Do I need to have or get a job?
- Is there a curfew?

**More information and more detailed questions to ask  
can be found at <https://www.nhcorr.com/>.**