

MEETING YOUR NEEDS:

You have the right to learn about options for living in the community and getting the services and the support you need.



Call your local ServiceLink
1-866-634-9412 (Toll Free) or
servicelink.nh.gov



NH Long-Term Care Ombudsman
1-800-442-5640

The Office of the Long Term Care Ombudsman (OLTCO) shall represent the interests & concerns of elders residing in New Hampshire's long term care facilities and advocate on their behalf to ensure full realization of their rights to receive quality care and services and to experience an optimal quality of life.



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Returning to the Community



Learn more about your
right to obtain information about
returning to the community



1-866-634-9412 servicelink.nh.gov

QUESTIONS AND ANSWERS ABOUT YOUR LIVING OPTIONS



It's your right!

The nursing home staff will ask you questions about your care. One question they will ask is, "Do you want to talk to someone about the possibility of returning to your community?"

Saying "YES" tells the staff that you want more information, and that you want to explore your options. It doesn't mean that you have to leave the nursing home.

The staff will regularly ask you this question, since your needs and the services available in your community may change over time.

What happens if I say yes?

1. The nursing home staff will call ServiceLink
2. **ServiceLink**
 - Will call or visit you to learn about what services and support you need
 - Can support you to plan your transition from the nursing home

Together you will explore:

- Your housing options and/or home modification services, accessible housing, and installation of ramps and grab bars
- Services to help with medical and personal care

- Programs that may help pay for these services, (like Medicaid, Medicare, or private insurance)
 - Other support, such as, family and friends who can help you
3. **YOU** decide whether or not to start the plan to leave the nursing home

