

Frequently Asked Questions

What is the purpose of the YRBS?

The NH YRBS collects information about high school students (9th to 12th grade), including behaviors that affect health. Schools and local communities use the data to monitor health risk behaviors that contribute to the leading causes of death, disability, and social problems among youth in our state.

Who completes this survey?

High school students in almost every US state participate in the YRBS survey every other year. In New Hampshire, approximately 50,000 public high school students from about 70 schools participate.

What questions are on the survey?

The survey asks high school students about nutrition, physical activity, injuries, mental health, and tobacco, alcohol, and other drug use. High school students will also be asked about sexual behaviors that cause sexually transmitted diseases and pregnancy.

Will student names be collected or linked in any way to the surveys?

No. The survey is anonymous. No names or personally identifiable information will be obtained during the administration of the survey. The survey is administered in a way that protects student privacy.

How are students selected to be in the survey?

Students are chosen by their current grade level. The survey is administered in all public high schools throughout the State of New Hampshire.

How will the information from the surveys be used?

Data collected from the survey responses will be analyzed and used to set program service priorities and direct funding locally. Results from previous years' YRBS surveys can be viewed on [NH DHHS Data Portal](#).

About the Survey

The New Hampshire YRBS is a successful partnership between local schools, the NH Department of Education and the NH Department of Health and Human Services since 1993.

For more information about the New Hampshire YRBS, visit dhhs.nh.gov or scan the QR Code.



Contact Us:

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NEW HAMPSHIRE

Youth Risk Behavior Survey (YRBS)

In partnership with:



New Hampshire

Department of Education

Resource Connections for Information and Help on Survey Topics

Thank you for sharing your answers on the Youth Risk Behavior Survey (YRBS). We encourage you to talk to your parents or guardians about the survey.

If you or someone you care about needs help and cannot talk about it with your parents or guardians, please let a teacher, school counselor, nurse or another trusted adult know.

NH The Doorway Program

Single points of entry for people seeking help for substance use.

Call 2-1-1 to be directed to help.

Website: thedorway.nh.gov

NH MyLife, My Quit

Teens can get free help quitting tobacco, including e-cigarettes and vapes.

Phone: (855) 891-9989

Website and Online Chat: mylifemyquit.com

Text: "Start My Quit" to 36072

NH Department of Education

Vocational Resources

Offers a range of services to individuals with disabilities and those who support them.

Phone: (603) 271-3471

Website: education.nh.gov/vr/programs-and-services

NH Easy: Gateway to Services

Find and receive assistance programs including Medical, Child Care, Nutrition, and Community Services.

Phone: 1-844-ASK-DHHS

Website: nheasy.nh.gov

NH 2-1-1

Comprehensive information and referral service for health and human services.

Call 2-1-1 for help.

Website: 211nh.org

National Suicide Prevention Lifeline

Provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones

Call 9-8-8 for immediate help.

Website: 988lifeline.org

National Eating Disorders Helpline

Trained counselors provide support.

Call: 1-800-931-2237

Website and Online Chat:

nationaleatingdisorders.org

Text: "NEDA" to 741741

National Human Trafficking Hotline

24/7 confidential, multilingual hotline for victims, survivors, and witnesses of human trafficking.

Phone: 1-888-373-7888

Website and Online Chat:

humantraffickinghotline.org

Text: "HELP" or "INFO" to 233733

National Teen Dating Abuse Helpline

Chat about relationships or dating abuse from 4pm to midnight.

Phone: 1-866-331-9474

Website and Online Chat: loveisrespect.org

Text: "LOVEIS" to 22522

National Runaway Safeline

Trained staff available 24/7 to listen and offer non-judgmental support.

Phone: 1-800-RUNAWAY (1-800-786-2929)

Website and Online Chat: 1800runaway.org

National Center for Missing and Exploited Children

Report child sexual exploitation, child pornography, and child prostitution.

Call: 1-800-THE LOST (1-800-843-5678)

Website: cybertipline.org

Partnership for Drug Free Kids

Dedicated to addiction prevention, treatment and recovery,

Website: drugfree.org

Text: "CONNECT" to 55753

The Trevor Helpline

A crisis and suicide prevention helpline for LGBTQ youth and their families.

Includes TrevorSpace to connect with an international community of LGBTQ young people ages 13-24

Call: 1-866-4U TREVOR (1-866-488-7386)

Website and Online Chat:

thetrevorproject.org

Text: "START" to 678 678