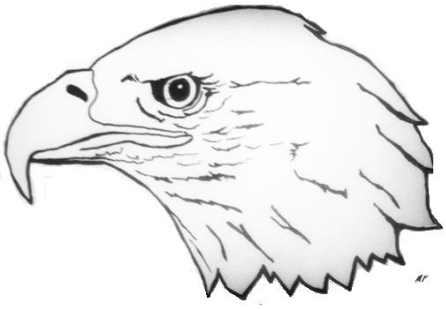
2019 Veteran's Resource Guide

Serving Northern New Hampshire, Vermont and Western Maine

Veteran and Providers Local Guide to Community Resources.



If in crisis or facing homelessness call:

1-877-424-3838

Presented by the

New Hampshire North Country Veterans Committee

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Primary Contacts

-NEW HAMPSHIRE-

VA Homeless Outreach Worker: **Rob Norris** Coverage NH North Country & VT NEK, Cell: 802-359-2072, Robert.Norris3@va.gov	**VA Homeless Peer Support Specialist**: **Tonya Enzor** Coverage NH North Country & VT NEK, Cell: (802) 698-3903 Latonia.Enzor@va.gov
Call 2-1-1 New Hampshire for personal assistance 24 hours a day. If outside New Hampshire call 866-444-4211, www.211nh.org	**Tri-County Community Action Program**: Homeless Outreach, NH 603-444-0184 Littleton, Northern Grafton County www.tccap.org
Tri-County Community Action Program: Homeless Outreach, NH 603-323-7400 Carroll County	**Tri-County Community Action Program**: Homeless Outreach, NH 603-788-2683 Coos County

Supported Services for Veteran Families (SSVF): Assists homeless and at-risk Veterans with aim to improve housing stability (See page 8 for more information). There are two different SSVF providers and Veterans are encouraged to select and work with one. NH SSVF providers include:

Harbor Homes: 603-882-3616	**Veterans Inc:** 603-247-5283/603-401-2537

Transition Assistance Advisor (TAA) program: Serves all Military throughout career and retirement. TAA provides education, information, guidance and advocacy pertaining to Federal and State benefits, entitlements and local resources. Individual Transition Plans can be developed to encompass Health and Life Ins., Veterans Benefits, Education/Training, Financial Assistance, Disabled Veteran Benefits, Employment Assistance, Career Change and Relocation. 603-225-1309

New Hampshire Coos County Service Link Resources Center: one stop disability and aging resource center for Seniors, Veterans and Adults with Disabilities providing a full scope of supported referrals. 1-866-634-9412 or 603-752-6407. www.nh.gov/servicelink

Granite State Independent living: (NH) 603/228-9680 (V/TTY) (GSIL) is a statewide, non-profit organization whose mission is to promote life with independence for people with disabilities and those experiencing the natural process of aging through advocacy, information, education and support www.**gsil**.org

-VERMONT-

VA Homeless Outreach Worker: **Rob Norris** Coverage for Northeastern Vermont Cell: 802-359-2072 Robert.Norris3@va.gov	**Call 2-1-1 Vermont** for personal assistance 24 hours a day. If outside Vermont call 802-652-4636 **vermont211**.org
Northeast Kingdom Community Action— Newport, Vermont 802-334-7316 Orleans County http://www.nekca.org	**Northeast Kingdom Community Action**— St. Johnsbury, Vermont 802-748-6040 Essex and Caledonia Counties

Support Services for Veteran Families (SSVF), (see page 8 for more information) There are different SSVF providers and Veterans are encouraged to select and work with one. Vermont SSVF providers include:

Veterans Inc. 802-451-9189 802-222-7429 or 802-449-7509	**SSVF at the University of Vermont** : 802-656-3232 844-820-3232 Toll Free

Vermont Veteran Outreach Program (VVO): Conducts ongoing outreach to primarily all combat Veterans and their families. Assists with identifying potential needs and facilitates access to all available resources. VVO

partners with the Family Assistance Centers and other local, state and federal agencies, ensuring the concerns of Veterans and their families are responded to in a prompt and confidential manner. Orleans/Essex County: 802-399-6250. Caledonia County: 802-734-2282.

Transition Assistance Advisor (TAA) program: Serves all Military throughout career and retirement. TAA provides education, information, guidance and advocacy pertaining to Federal and State benefits, entitlements and local resources. Individual Transition Plans can be developed to encompass Health and Life Ins., Veterans Benefits, Education/Training, Financial Assistance, Disabled Veteran Benefits, Employment Assistance, Career Change and Relocation. 802-338-3354

Area Agency on Aging: Vermont Senior Helpline at 1-800-642-5119. The Area Agency on Aging for Northeastern Vermont is a private, community-based, non-profit organization working to support older adults (age 60+) and their family caregivers to live healthy, active, independent and productive lives. They serve residents in the counties of Caledonia, Orleans and Essex. www.nevaaa.org

Vermont Center for Independent Living: 1-800-639-1522 (Voice/TTY) Information, Referral & Assistance services provided to people with disabilities, the deaf, their family members, organizations, and agencies. VCIL's Information, Referral & Assistance Specialists help you find the assistance you need to achieve your independence. www.vcil.org

-MAINE-

VA Homeless Services: Togus VA Medical Center Augusta, ME 1-207-623-8411 x5658.	**Call 2-1-1 Maine:** For personal assistance 24 hours a day. If outside Maine call 1-866-811-5695, www.211Maine.org

Transition Assistance Advisor (TAA) program: Serves all Military throughout career and retirement. **TAA** offers Individual Transition Plans which includes education, training, information, guidance, advocacy, Health, Life Ins., Veterans Benefits, Career Change, Relocation, Financial and Employment Assistance, for Federal or State benefits. Includes entitlements and local resources, **207-430-5778**.

-Legal Assistance Resources-

Legal Boots on the Ground Clinic PO BOX 243, Rochester, NH o3866 (603)716-8488 www.vfnh.org	**New Hampshire Legal Assistance** Offices in- Claremont 800-562-3994, Berlin 800-698-8969 Portsmouth 800-334-3135 Monday-Friday 8:30am-5pm www.nhla.org
Vermont Legal Aid 1-800-889-2047 *located in Springfield, Montpelier, Burlington, St. Johnsbury, and Rutland.*www.vtlegalaid.org	**Legal Services Law Line of Vermont** 274 North Winooski Avenue Burlington, VT 05402 802-863-7153 www.lawlinevt.org
South Royalton Legal Clinic (Vermont) 802-831-1500	**VT Disabilities Law** 1-800-834-7890
VT Prisoner's Rights 1-802-828-3194	**NH Bar Association(Low-Income Tax Payer Project)** **Barbara Heggie 603-715-3215**
NH Legal Advice & Referral Services (LARC) 800-639-5290 LARC is a phone-based legal aid organization. The advocates there give advice on a wide range of civil legal matters and make referrals to the Pro Bono Referral Program, New Hampshire Legal Assistance, and the Disabilities Rights Center. https://www.nhlegalaid.org/about/legal-advice-and-referral-center.	**NH Pro Bono Referral Program** 603-224-5387 Applicants must be low-income and meet certain income and asset guidelines in order to be considered for Pro Bono services. Pro Bono can help only with non-criminal legal matters. (https://www.nhlegalaid.org/about/pro-bono)

Veteran Justice Outreach (VJO) Program

The purpose of the Veterans Justice Outreach (VJO) Program is to avoid the unnecessary criminalization of mental illness and extended incarceration among Veterans by ensuring that eligible justice-involved Veterans have timely access to VHA services as clinically indicated. Veterans Justice Outreach Specialists are responsible for direct outreach, assessment, and case management for justice-involved Veterans in local courts and jails, and liaison with local justice system partners. Mike Owens and Jim Bastien provide VJO services for the White River Junction VA. Mike Owens can be reached at 802-295-9363 x5681 and Jim Bastien can be reached at 802-295-9363 x6543. Please note that VA cannot provide legal services. If you need legal assistance, please contact your local VJO Specialist who may know of community resources for legal assistance. www.statesidelegal.org/findinghelp.com

VA Homeless Outreach Workers for Vermont and New Hampshire

National VA Homeless Veteran Call Center 1-877-424-3838	If you are a Veteran who is homeless or at risk of becoming homeless.	**Homeless Intake Line** **Togus VA Medical Center** Augusta, ME 207-623-8411 x5658	Maine
Homeless Services Manchester NH VA Homeless Coordinator 603-624-4366 x3622	Manchester NH VA Jurisdiction (including Carroll, Belknap, Merrimack, Strafford, Rockingham and Hillsborough Counties)	**Leigh Smith** **Bennington Clinic** Bennington, VT 802-595-9023	Coverage to Southwestern Vermont providing Case Management services and Homeless outreach.
Rachel Cooper **Brattleboro CBOC** Brattleboro, VT 802-251-2228 X 2228 Cell: 802-356-2604	Covers in southeastern Vermont and western NH.	**Jason Brill** **Burlington Lakeside** Burlington, VT 802-657-7082	Coverage to Northwestern and Central Vermont **(**Clinic) Providing Case Management services and Homeless outreach.
Tracy Sweeny **Burlington Lakeside** Burlington, VT 802-657-7081	Covers Northwestern and Central VT. Grant and Per Diem Liaison, providing Case Management to Transitional Housing Programs (Clinic).	**Tonya Enzor** **Littleton Clinic** Littleton, NH 802-698-3903	Northeast Kingdom of Vermont and North Country of New Hampshire. Providing Peer Support Services.
Robert Norris **Newport Clinic** Newport, VT 802-359-2072	Covers the Northeast Kingdom of Vermont Orleans, Caledonia, Essex and Upper Grafton Counties.	**Daniel Thompson** **Rutland CBOC** Rutland, VT 802-772-2300	Covers Central Vermont providing case management.
Dale Pushee **VA Medical Center** White River Junction, VT 802-281-2038	Provides peer support to Cheshire county area and RRC.	**Lauren Holmboe** **VA Medical Center** White River Jct., VT 802-369-5370 802-295-9363 x6878	Covers Upper Valley area and throughout Central Vermont.
Linda Neily **VA Medical Center** White River Junction, VT 802-295-9363 x5769	Provides case management and referrals for homeless veterans engaged in substance abuse treatment.	**Keith Shelton** **VA Medical Center** White River Junction, VT 802-295-9363 x6095	Provides peer support to the Upper Valley area.
Chloe Lemza VA Medical Center White River Junction, 802-369-5327 802-295-9363 x5763	Covers Upper Valley area in VT. & Sullivan, Lower Grafton in NH. Grant and Per Diem Liaison for Veterans Inc. Transitional Housing.	**Steve Kelliher** VA Medical Center White River Junction, 802-295-9363 x6932	Supervisor of Homeless services

Rachael Hayes **VA Medical Center,** White River Junction 802-295-9363 x6418	Covers Central Vermont providing Case management and homeless outreach services.	**Terry Richardson** **Rutland CBOC,** **Rutland VT** **802-772-2317**	Covers Central Vermont Providing Peer Support Services

Domestic Violence Programs

-NEW HAMPSHIRE-

Response To Sexual And Domestic Violence Berlin, NH 03570 603-752-5679 866-662-4220 (hotline)	**Tri-County Community Action Program Support Center at Burch House** Littleton, NH 03561 (800)774-0544 Client Hotline 603-747-2441 Woodsville 603-444-0624 Littleton	**Voices Against Violence** PO Box 53 Plymouth, NH 03264 (603) 536-1659 (603)536-5999 877-221-6176 (hotline)

-VERMONT-

Umbrella—Newport, Vermont Newport, Vt. 05855(802)334-1398 (802)748-8645 (HL)	**Umbrella—St. Johnsbury, Vermont** St. Johnsbury, Vt. 05819 802-748-8645 (HL) 802-748-1992

-MAINE-

Maine State-Wide Domestic Violence Helpline: 1-866-834-(HELP) 4357

Supportive Services for Veteran Families (SSVF)

Supportive Services for Veteran Families (SSVF) assists homeless and at-risk Veteran families. Through the SSVF Program, VA aims to improve very low-income Veteran families' housing stability. Grantees (private non-profit organizations and consumer cooperatives) will provide eligible Veteran families with outreach, case management, and assistance in obtaining VA and other benefits, which may include:

Health care services	Legal services	Daily living services	Child care services
Fiduciary and payee services	Transportation services	Personal financial planning services	Housing counseling services

In addition, grantees may also provide time-limited payments to third parties (e.g., landlords, utility companies, moving companies, and licensed child care providers) if these payments help Veterans' families stay in or acquire permanent housing on a sustainable basis.

-New Hampshire-

Support Services for Veteran Families (SSVF), Assists homeless and at-risk Veterans with housing stability.

Veterans Inc. 603-247-5283/603-401-2537	**Harbor Homes**: 603-882-3616

-Vermont-

Support Services for Veteran Families (SSVF), Assists homeless and at-risk Veterans with aim to improve housing stability. There are different SSVF providers and Veterans are encouraged to select and work with one.

Veterans Inc. 802-451-9189/802-222-7429	**SSVF at UVM**: 802-656-3232/844-820-3232

Veterans Service Organizations

To apply for health care benefits through the VA or to request assistance from many Veteran Service Organizations, your DD-214 will be required. It is also possible that you may find your DD-214 at the State Office of Veterans' Affairs in which you were living upon Discharge from service.

Friends of Veterans (FOV) is a 100% volunteer-run, non-profit organization that assists Veterans with improving their self-sufficiency through classes, case management, and financial assistance for those who qualify. Veterans who are looking for assistance with back rent, a security deposit, or overdue utility bills will need to present their DD-214 and documentation regarding their financial circumstances such as eviction notice, outstanding balance on an invoice, and a completed expense and income form. Veterans should contact FOV for an intake meeting.

Friends of Veterans: 222 Holiday Dr, Suite 4 White River Junction, VT 05001 802-296-8368 http://www.friendsofveteransvtnh.org	**Veterans Count (Easter Seals):** (603) 315-4354(NH) / (802) 223-4744 (VT) **cfisher@eastersealsnh.org**
Combat Vets Association NH **Vets Helping Vets** Jeffrey Doc Brooks Chapter 55, 603-348-1976 (Covering Springfield to Bath) Nathan Smith Chapter 53, 603-348-1012 Covering Northern NH	**Combat Vets Association VT** **Vets Helping Vets** Don Edwards Chapter 261, 802-598-3157

Veteran Service Organizations- Your local American Legion, Disabled American Veterans, Veterans of Foreign Wars, or other non-VA Veteran organizations may have financial and non-financial assistance available.

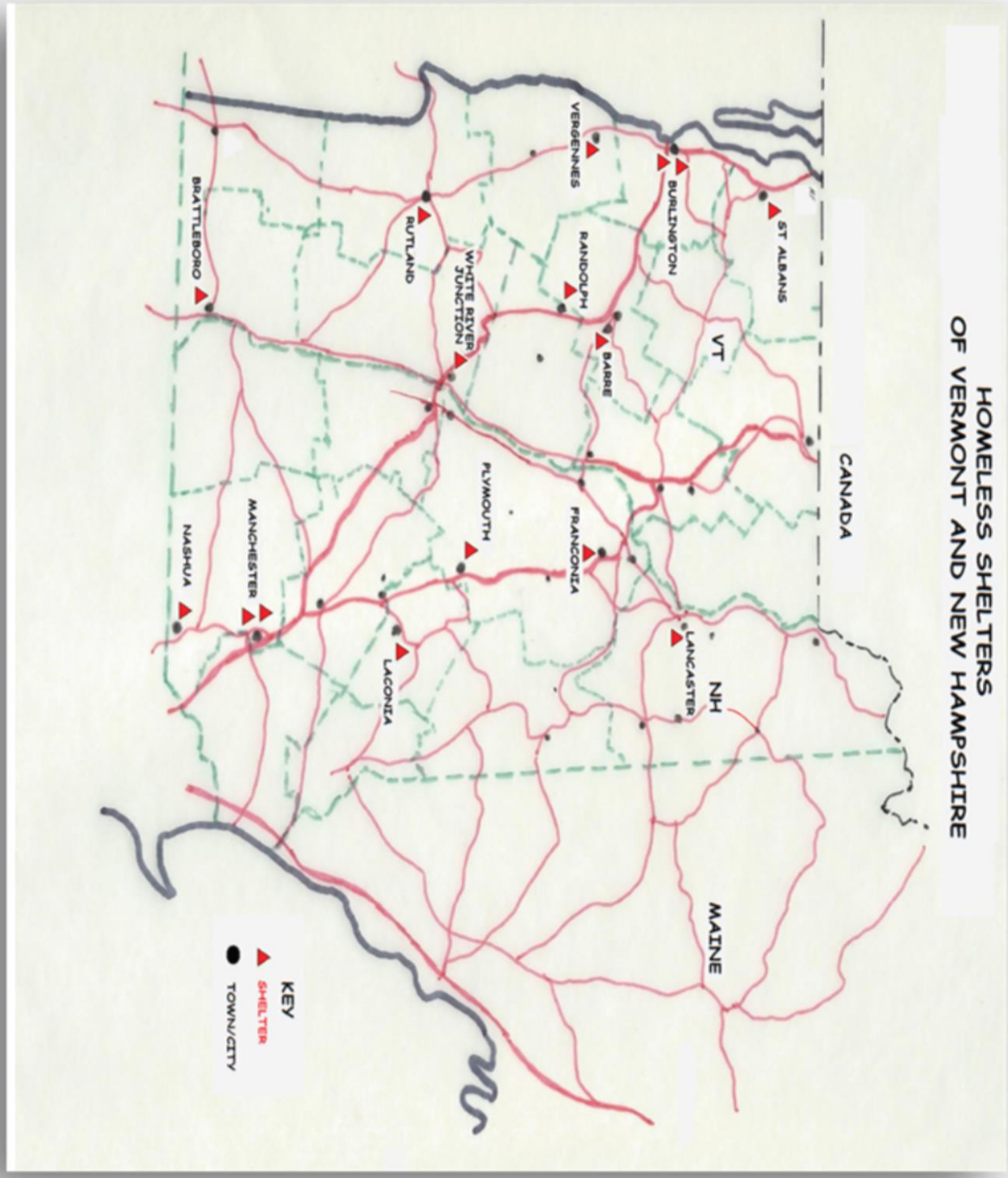
American Legion: 802-296-5166 (VT) 603-222-5786 (NH)	**Disabled American Veterans**: 802-296-5167 (VT) 603-222-5788 (NH)
Veterans of Foreign Wars: 802-467-8509 (VT) 603-335-5923 (NH)	**Vietnam Veterans of America**: 802-775-1745 (VT) 603-566-7749 (NH)
Vermont State office of VA Montpelier Vermont 802-828-3379	**Veteran Advocate and Resource Specialist (NH)** Cathy Bentwood RN. Available at the Plymouth NH American Legion Wed 2- 4. Veterans or families at risk welcomed Cell: 603-455-1057/603-254-9848 bridgehouseinc@gmail.com
New Hampshire Office of Veteran Services **Krystal M. Letourneau, Veteran Service Officer, 603-486-8290** Serving North Country Veterans & Their Families Call to schedule at the following locations: NH employment Security (Littleton) 603-444-2971 or (Berlin) 603-752-5500 or (Conway) 603-447-5924	

Emergency Sheltering Programs
-Northern New Hampshire-

The Friends Program 202 North State Street Concord, NH 03301 603-228-1193	**Bancroft House** 104 Harvard St. Franconia, NH 03580 603-823-8842	**Carey House** 177 Union Avenue Laconia, NH 03246 603-528-8086	**Tyler Blain House** 56 Prospect St. Lancaster, NH 03584 (603)788-2344 www.tccap.org
New Horizons for NH 434 Union Street Manchester NH 03103 (603)668-8698	**The Way Home** 214 Spruce Street Manchester, NH 03103 603-627-3491	**Maple Arms Shelter** 14-1 Maple St Nashua, NH 03246 (603)882-5451 www.harborhomes.org	**The Bridge House, Inc.** 260 Highland St. Plymouth NH 03264 (603)536-7631 http://tbhshelter.org

-Vermont-

Samaritan House 20 Kingman St. St. Albans, VT 05478 (802) 527-0847 Samaritanhouseinc.com	**Good Samaritan Haven** 105 N. Seminary St. Barre, VT 05641 (802) 479-2294 goodsamaritanhaven.org	**Groundworks Shelter** 81 Royal RD Brattleboro, VT 05301 (802) 257-0066 groundworksvt.org
COTS 189 Church St. Burlington, VT 05401 **(**802) 862-5418/7402 www.cotsonline.org	**Upper Valley Haven** 713 Hartford Ave. White River Junction, VT 05301 (802) 295-6500 uppervalleyhaven.org	**John Graham Shelter** 69 Main St. Vergennes , VT 05491 (802) 877-2677 www.johngrahamshelter.org
Safe Haven 4 Highland Ave Randolph, VT 05060 (802) 728-5233	**Open Door Mission** 31 Park St. Rutland, VT 05701 (802) 775-5661	**ANEW Place** 89 North St. Burlington, VT 05401 (802) 862-9879 www.beshelter.org
St. Johnsbury Warming Shelter (802) 748-6040 Open only during winter, please call for more information.		


HOMELESS SHELTERS
OF VERMONT AND NEW HAMPSHIRE
CANADA
VT
NH
MAINE
ST ALBANS
BURLINGTON
VERGENNES
RANDOLPH
BARRE
WHITE RIVER JUNCTION
RUTLAND
BRATTLEBORO
PLYMOUTH
FRANCONIA
LANCASTER
LAGONIA
MANCHESTER
NASHUA
KEY
SHELTER
TOWN/CITY

Transitional Housing Programs

-Grant and Per Diem (GPD)-

Depending upon what your individual needs and on bed availability at particular locations, you may be eligible for one of the Grant and Per Diem (GPD) Programs. The GPD programs are transitional, supportive housing in which homeless Veterans may potentially stay for up to two years with the goal of working toward permanent housing during this period. GPD Programs involve a range of structured activities, such as group and house meeting attendance and participation, opportunities to meet with non-VA human service providers, and offerings for volunteer, social, and civic opportunities. Veterans are allowed 3 admissions to a GPD program in their lifetime. There are circumstances where this limit may be waived. The determination is made between the GPD program site staff, the VA liaison assigned to the GPD program site, and the national GPD program headquarters.

Veterans with an honorable or other than honorable discharge may be eligible for the GPD program. The Veteran's period of service must include a period of active military duty not for the purpose of training. Therefore, you may be eligible for VA homeless out-reach services while you are in the GPD program even when you may not be eligible for VA health care. Veterans are provided lodging at the GPD sites and case management. The VA pays for services and case management. Veterans may pay a residential fee.

As a general rule, in order to be admitted to any one of the GPD Programs, Veterans need to have a 30-day sobriety from illicit substances and alcohol; GPD Programs have a zero tolerance policy for illicit substance and alcohol consumption and/or possession. Veterans are required to have had a physical and mental health evaluation 30-day prior to entering a GPD Program. You will be asked to complete Releases of Information and/or fill out applications for GPD Programs of interest. VA Homeless Outreach team members can assist with the completion of applications for GPD Programs.

Some individual GPD Programs encourage or require face-to-face interviews and/or tours of the facility prior to admission. VA Homeless Outreach team members are only able to accommodate one visit per Veteran to a GPD Program, if you are interested in visiting more than one prior to committing. You should consider coordinating transportation arrangements independently for additional visits.

Each site develops their own specific criteria for admission due to the different offerings provided at each program. Some sites have limited space available for families and/or couples on a case-by-case basis.

Phoenix Houses of New England, Inc. RISE Program 11 Underhill Avenue Bellows Falls, Vermont 05101 Office: 802-463-9851 Fax: 802-463-9814 www.phoenixhouse.org/locations/Vermont	**Veterans, Inc.** 378 North Main Street Bradford, VT 05033 Office: 802-222-1543 Fax: 802-222-5100 www.Veteransinc.org
The Veterans Place, Inc. 220 Vine Street Northfield, VT 05663 Office: 802-485-8874 Fax: 802-485-9080 www.vermontVeteransplace.org	**COTS Canal Street Housing for Veterans** 120 W. Canal St., Suite 115 Winooski, VT 05404 Office: 802-655-1617 Fax: 802-654-9920 www.cotsonline.org

-Manchester VA GPD Transitional Housing Programs-

BAE Systems Independence Hall **Harbor Homes, Inc.** 335 Somerville Street Manchester, NH 03103 603-882-3616 ext. 1244	**Buckingham Place** **Harbor Homes, Inc.** 45 Spring St. Nashua, NH 03060 603-882-3616 ext. 1244 www.harborhomes.org/veterans-first	**Dalianis House** **Harbor Homes, Inc.** 59 Factory St. Nashua, NH 03060 603-882-3616 ext. 1244 www.harborhomes.org/veterans

Other Transitional Housing: Homeless Veterans who want to be considered for admission to the Dodge House must be interested in gaining employment and be employable. Homeless Veterans who wish to be considered for admission to the Harbor Homes' single-room occupancy residence must be over the age of 62 or disabled.

The Dodge House: 95 Crescent Street Rutland, VT 05701 802-775-677 www.gmvevac.com/dodge-house.html	**Harbor Homes, Inc.:** 10 Trinity Street Claremont, NH 03743 (603) 882-3616

VA Supported Housing Program (VASH)

Homeless Veterans may qualify for the VASH program. VASH provides Veterans with long-term, ongoing case management in the community and a Section 8 Housing Choice voucher. Veterans must demonstrate a willingness to engage in goal-oriented activities, meet routinely with a case manager, comply with lease and occupancy agreements, and live within an hour of either the VA Medical Center or a Community-Based Outreach Clinic (CBOC). Notify a VA Homeless Outreach Worker if you are interested in learning more about the eligibility criteria, policies, and procedures associated with being a VASH enrollee and wish to be considered for VASH by the White River Junction VA homeless team.

Area Housing Authorities/Property Management Companies

-NEW HAMPSHIRE-

NEW HAMPSHIRE HOUSING FINANCE AUTHORITY 32 Constitution Drive Bedford, NH 03110 (800) 640 7239 Toll Free (800) 439-7247 Rental Program (603) 472-8623 Service/Intake (603) 472-2089 TDD http://www.nhhfa.org rentinfo@nhhfa.org	**Berlin Housing Authority** 10 Serenity Circle, Berlin, NH 03570 (603) 752-4240
LANCASTER HOUSING AUTHORITY (Applications at Town Hall) c/o Berlin Housing Authority 10 Serenity Circle Berlin NH 03570 1-603-752-4240	**Northumberland Housing Authority** (Applications at Town Hall) c/o Berlin Housing Authority 10 Serenity Circle Berlin NH 03570 1-603-752-4240
REALTY RESOURCES MANAGEMENT: THE WOODS APARTMENTS 1228 Route 175 Campton, NH 03223 (603) 726-4677 (800) 338-8538 (877) 550-4777	**SK MANAGEMENT** 16 Charlevoix Place Laconia, NH 03246 (603) 878-2400 (603) 878-4740 Fax
Affordable Housing Education Development (AHEAD) 161 Main Street Littleton, NH 03561 (603)444-1377 www.homesahead.org	**NORTHERN COMMUNITY MANAGEMENT BEATTIE HOUSE** 262 Cottage Street Littleton, NH 03561 (800) 639-3403 Toll Free
Pelletier Property Management 120 Cottage St. Suite #2 Littleton, NH Phone 444-6999 pellproperties@hotmail.com	**Stewart Property Management** 41 Cottage Street Littleton, NH 03561 (603) 444-5244 www.stewartproperty.net
HODGES COMPANIES: PRINCE HAVENAPARTMENT 20 Prince Haven Rd Plymouth, NH 03264 (603) 224-9221 Service http://www.hodgescompanies.com	**PLYMOUTH WOODS:** (Plymouth area) Hanaway Management 603-536-4402
Southern NH Services: (Plymouth area) Fairgrounds Road 603-744-3627	**MCINTYRE SCHOOL APARTMENTS** 16 Highland Street Whitefield, NH 03598 (800) 495-7731 Toll Free http://www.crotchedmountain.org mcintyre@crotchedmountain.org
THE CALEB FOUNDATION, INC. HIGHLAND HOUSE APARTMENT 30 Highland Street Whitefield, NH 03598 603-837-2626	

-Maine-

Maine State Housing Authority 353 Water Street Augusta, ME 04330 (207) 624-5777 or (866)357-4853

-Vermont-

Alliance Property Management	RuralEdge	Vermont State Housing Authority
3 Old Pump Road Jericho, VT 05465 802-899-3400/877-321-3400	P.O. Box 86 Lyndonville, VT 05851 802-535-3555 or 802-334-1541	One Prospect Street Montpelier, Vermont 05602 802- 828-3295

Memphremagog Rentals	MT Holyoke Management
273 Main Street, STE. 2 Newport, VT 05855 802-334-2262/866-334-2261 Fax 802-334-2454 www.memphremagogrentals.com	VT Depot Square apartments (St. Johnsbury, VT) 344 Main Street Holyoke, MA 01040 413-534-0955 802-748-4330

-Meals and Food Services-

Free daily meals are available throughout the region. In addition to meals, there are several community food shelves. Listings of meals are available upon request. 2-1-1 VT or 2-1-1 NH are great resources to find local up-to-date information regarding meals and food services. Other sources to find out about food shelves and pantries by location include:

New Hampshire Food Bank	Vermont Food Bank
603-669-9725 www.nhfoodbank.org	800-585-2265 www.vtfoodbank.org

Food Pantries by County

-NEW HAMPSHIRE: Coos County-

Harvest Christian Church 219 Willow Street Berlin, NH 03570 603-752-5374	**Salvation Army** 15 Cole Street Berlin, NH 03570 603-752-1644	**St. Vincent De Paul** 153 Grafton Street Berlin, NH 03570 603-752-4844	**Helping Hands North** 96 Main Street Colebrook, NH 03576 603-237-5891
Tri County CAP 4 Pleasant Street Colebrook, NH 03576 603-237-8168	**St. Francis Xavier** 10 State Street Groveton, NH 03582 603-636-2486	**Christ United Methodist Church** Main Street Lancaster, NH 03584 (603)788-2734 (MWF 1-3)	**St. Matthew Roman Catholic Church** 9 Jefferson Road Whitefield, NH 03598 603-837-2558

-NEW HAMPSHIRE: Upper Grafton County-

Bethlehem Town Office 2251 Main Street Bethlehem, NH 03574 603-869-3351	**Helping Hands Food Pantry** 475 Whitefield Road Bethlehem, NH 03574 603-444-1230	**Campton Area Resource** 12 Six Flags Road Handyman Bldg. Campton, NH 03223 603-236-6232	**Campton Town Office** 1307 NH, RTE. 175 Campton, NH 03223 603-726-3223
Church of Christ 44 Church Street Franconia, NH 03580	**All Saints Episcopal Church** 35 School Street Littleton, NH 03561 603-444-3414	**White Mountain Christian Church Food Pantry** 70 Redington Street Littleton, NH 03561 603-444-6517	**Lincoln Community Center** Lincoln NH 603-745-8752
Assembly of God 319 Highland Street Plymouth, NH 03264 603-536-1966	**Plymouth Area Closet** 5 South Main Street Plymouth, NH 03264 603-536-1101	**Plymouth Town Office** 260 Highland Street Plymouth, NH 03264 603-536-2242	**The Good Shepard Ecumenical Food Pantry Robert Clifford Building** 65 South Court Street Woodsville, NH 03785 603-747-3442

-New Hampshire: Carroll County-

Memorial Hospital Community Health 298 White Mountain Highway Conway, NH 03818 (603) 447-8900	**First Christian Church of Freedom** 12 Elm Street Freedom, NH 03836 603-539-5453 603-539-2637	**Moultonborough United Methodist Church** 1018 Whittier Highway Moultonborough, NH 03254	**Vaughan Community Service** 2503 White Mt. Highway North Conway, NH 03860 603-356-2324
Agape Ministries 1895 Route 16 West Ossipee, NH 03890 603-539-4456	**Wakefield Food Pantry** 132 Meadow Street Sandbornville, NH03872 603-522-3094	**Community Food Center** Andrew's-In-The-Valley 678 Whittier Road St. Tamworth, NH 03886	**Life Ministries** 264 S. Main Street Wolfeboro, NH 03894 603-569-0202

-VERMONT: Caledonia County-

Emergency Food Shelf **1476 Scott Highway** Groton Town Office Groton, Vt. 05046 802-584-3276	**Area Food Pantry** 39 West Church St. St. John Baptist Church Hardwick, Vt. 05843 802-472-5940	**Emergency Food Shelf** 51 Elm Street St. Peter's Mission Lyndonville, Vt. 05851 802-626-5705	**Helping other People** Every day—HOPE 101 Depot St Lyndonville, Vt.05851 802-626-3228

Kingdom Community Services 36 Steeple Place St. Johnsbury, VT. 05819 (802) 751-8581	**NEKCA** 115 Lincoln Street St. Johnsbury, VT. 05819 (802) 748-6040	**Food Pantry** Route 122 Sheffield Town Hall Sheffield, VT. 05866 (802) 745-7491

Veggie Van Go provides free fresh produce and other foods the last Thursday of each month at NVRH hospital cafeteria at 1315 Hospital Drive, St. Johnsbury VT. Call Community Connections with questions: 802-748-7526

-VERMONT: Essex County-

NEKCA Outreach Office 217 Gail Street Canaan, Vt. 05903 802-2667134	**First Congregational Church** 21 Middle Street Island Pond, Vt. 05846 802-723-5037	**NEKCA Outreach Office** 49 Mill Street Extension Town Hall Basement Island Pond, Vt. 05846 802-723-6245	**Food Shelf** 9 West Main Street Town Clerk's Office Lunenburg, Vt. 05906 802-892-5959

-VERMONT: Orleans County-

Food Shelf 1036 Vt. RTE. 242 Municipal Building Jay, Vt. 05859 802-988-2996	**NEKCA** 70 Main Street Newport, Vt. 05855 802-334-7316	**Saint Mark's Episcopal Church** 44 Second Street Newport, Vt. 05855 802-334-7365	**Orleans Federated Church** 58 School Street Orleans, Vt. 05860 802-754-6486

Food Stamps, Fuel Assistance and Other State Support Programs

-Vermont-

Economic Service Division - Agency of Human Services, State of **Vermont** (800) 479-6151 The Economic Services Division (ESD) helps Vermonters meets their basic needs through programs such as 3SquaresVT, Essential Person, Fuel Assistance, and Reach Up. These programs provide a safety net for individuals and families who may be experiencing unemployment, single parenthood, aging, disability, or other life-changing events.

www.screendoor.vermont.gov www.mybenefits.vt.gov

-New Hampshire-

Division of Client Services- Department of Health and Human Services, State of **New Hampshire**: DHHS

650 Main Street, Suite 200 73 Berlin, NH 03570 (603) 752-7800 (800) 972-6111	Hobbs Street Conway, NH 03818 (603) 447-3841 (800) 552-4628	80 North Littleton RD Littleton, NH 03561 (603) 444-6786	65 Beacon St West Laconia, NH 03246 (603) 524-4485

Receive assistance paying for food, health care and phone service. Apply for Nutrition Programs and Medicaid Programs. Eligible applicants will be required to provide written documentation of their living situation, financial, employment, and disability status, and contact information.

Community Action Agencies (CAP): Help with electric service payment assistance, gas service payment assistance, heating fuel assistance.

Ashland	**Berlin**	**Colebrook**	**Groveton**
41 School Street Ashland, NH 03217 (603) 968-3560	53 Main Street Berlin, NH 03570 (603) 752-7001	3 Parsons Street Colebrook, NH 03576 603-237-8168	13 Main Street, Apt. 2 Groveton, NH 03582 (603) 636-5004
Lebanon	**Littleton**	**Meredith**	**Woodsville**
57 Mechanic St Suite G-01 Lebanon, NH 03766 (603) 443-6100	262 Cottage Street, suite 3 Littleton, NH 03561 (603) 444-6653	147 Main St, Meredith, NH 03253 (603) 279-4096	6 School Street Woodsville, NH (603) 747-3013

Town Welfare Offices: New Hampshire law (RSA 165) requires each town and city to have a local welfare program to help eligible residents meet their basic living needs.

-Coos Town Offices-

Berlin 603-752-2120	Carroll 603-846-5754	Clarksville 603-246-7751	Colebrook 603-237-4070	Columbia 603-237-5255
Dalton 603-837-2092	Dummer 603-449-2006	Errol 603-482-3351	Gorham 603-466-3322	Jefferson 603-586-4553
Lancaster 603-788-3391	Milan 603-449-2484	Northumberland 603-636-1450	Pittsburg 603-538-6697	Randolph 603-466-5771
Stark 603-636-2118	Shelburne 603-466-2262	Stewartstown 603-246-3329	W. Stewartstown 603-246-3321	Whitefield 603-837-2551

-Grafton Town Offices-

Alexandria 603-744-3220	Ashland 603-968-4432	Bath 603-747-2454	Benton 603-787-6541	Bethlehem 603-869-3351
Bridgewater 603-744-5055	Bristol 603-7443354	Campton 603-726-3223	Canaan 603-523-9881	Dorchester 603-786-9476
Easton 603-823-8017	Ellsworth 603-726-7620	Enfield 603-632-5026 x117	Franconia 603-823-7752	Grafton 603-523-7140
Groton 603-744-9190	Hanover 603-640-3200	Haverhill 603-787-6800	Hebron 603-744-2631	Holderness 603-968-3537
Landaff 603-838-6220	Lebanon 603-448-2944	Lincoln 603-745-2757	Lisbon 603-838-6376	Littleton 603-444-3996
Lyman 603-838-5900	Lyme 603-795-4639	Monroe 603-638-2644	Orange 603-523-7054	Orford 603-353-4889
Piermont 603-272-4840	Plymouth 603-536-2242	Rumney 603-786-9511	Sugar Hill 603-823-8468	Thornton 603-726-4232
Warren 603-764-5780	Waterville Valley 603-236-4730	Wentworth 603-764-9955	Woodstock 603-745-8752	

-Maine-

Maine Department of Health and Human Services: 207-287-3707 221 State Street, Augusta, ME. 04333

Transportation Resources

-Disabled American Veterans Volunteer Drivers Program (DAV)-

DAV provides FREE transportation for Veterans to and from the White River Junction VA Medical Center. Veterans should provide a Minimum of 48 hours' notice for pick-up, Walk-In and scheduled medical appointments between 9am and 2pm at the latest. The DAV Program office is located in Building 1, Ground Floor Blue Tile Area and can be contacted by calling 802-295-9363 x5394 or Toll Free 866-687-8387 x5394. The DAV program offers service to some areas in the NEK and the North Country but not all. There are DAV volunteer drivers who provide transportation to and from locations within the NEK and North Country. To see if the DAV Van Program can assist you with transportation it is best to contact one of the local van coordinators directly or call the main office in White River.

Haverhill NH **David Pruitt**- 603-989-5946 (Tues through Fri)	Newport Vermont **Marlene Goodrich** 802-754-8729 (Tue & Fri)

**Berlin has only one driver who makes runs once a week, if drivers become available Berlin will make more runs.*

North Country Transportation Berlin, NH 03570 Phone: (603) 752-6714 Toll Free: 888-997-2020	**Rural Community Transportation, Inc. (RCTI)** St. Johnsbury VT 05819 Phone: (802) 748-8170 (Service to Caledonia, Orleans and Essex)

Offers a fixed route service in the Berlin-Gorham, Colebrook-Groveton, Littleton-Lancaster, Northern Carroll County areas and door-to-door, senior and disabled citizen's transportation throughout The Great North Woods of Coos Country. Tri County Cap Transportation has Long Distance Medical program, call for more information.

Veterans Transportation Services (VTS) Transportation for Veterans requiring special assistance due to mobility restrictions and operates wheelchair accessible vans. VTS operates three vans taking veterans to and from appointments including Boston area VA Medical Centers with Vans leaving at 8am, Noon and 2pm. (800-941-8387 x4381

Maine DAV Augusta, ME Phone: (207) 551-4475

Veteran Counseling and Support Groups

Crisis Prevention Hotline: We want you to have the support you need when you need it. The National Veteran Crisis Prevention Hotline is available 24 hours a day. The number is 1-800-273-TALK or 1-800-273-8255.

Primary Mental Health Clinic (PMHC): To get started receiving mental health services at the VA Medical Center in White River Junction, come to the Primary Mental Health Clinic (PMHC) located in Building 39 nearby the Primary Care Green Mountain Firm. The PMHC is open on a walk-in basis between the hours of 8:00 am and 4:00 pm Monday through Friday. Therapists and psychiatric prescribers both staff the PMHC. You can expect to meet with both clinicians during an initial assessment. You may be offered options for care, education about services available, or referrals to VA mental health clinicians, at this time.

Vet Centers are community-based counseling centers that provide a wide range of social and psychological services, including professional readjustment counseling to eligible Veterans, active duty service members, including National Guard and Reserve components, and their families. Readjustment counseling is offered to make a successful transition from military to civilian life or after a traumatic event experienced in the military. Individual, group, marriage and family counseling is offered in addition to referral and connection to other VA or community benefits and services. Vet Center counselors and staff, many of whom are Veterans themselves, are experienced and prepared to discuss the tragedies of war, loss, grief and transition after trauma. Please note that

most Vet Centers also have Community Access Points (CAPS), outstations, and non-traditional hours. There are also Mobile Vet Centers (MVCs). These tools aid in the accessibility of our services. You can contact your nearest Vet Center for more information regarding eligibility and services. Other ways of connecting with the Vet Center include the Vet Center Call Center 1-877-WAR-VETS and www.vetcenter.va.gov.

Berlin Vet Center: This center serves northern New Hampshire, the Northeast Kingdom of Vermont, and parts of western Maine. Please call 603-752-2571. Or, come visit this center at 515 Main Street, Suite 2, Gorham, NH 03581.

Peer Support- VET-TO-VET: Gorham, New Hampshire- A volunteer group of Veterans helping other Veterans. Military Veterans from all eras and active duty personnel. 1st and 3rd Tuesday each month, 6:30 p.m. 7:30 p.m. Gorham Family Resource Center, 123 Main Street for Further Information please contacts any of the following:

Dave Canter: (603) 723 7273 lambschapel@msn.com	**Lon Weston**: (603) 869-2128 shermaninn@yahoo.com	**Robin Lavertu**: (603) 752-5500 ext. 92316

Veteran's Health Administration Enrollment

All Veterans are encouraged to enroll in the VA Health Care System. To begin the process, please complete an: Application for Health Care Benefits. You can submit the form online, or you may print the form and mail it to Eligibility: VA Medical Center Business Office – Eligibility VA Medical Center 215 North Main Street White River Junction, VT 05009. You can also bring the form to the Medical Center or any of the White River Junction VA outreach clinics. The Eligibility Office in White River Junction is located on the ground floor of the Ambulatory Care building. Whether mailing or bringing your application, please include the following items —a copy of both sides of your current Insurance card (including Medicare or Medicaid); a copy of your DD-214, 'Armed Forces Report of Transfer or Discharge' (Purple Heart recipients only); and a copy of your award Letter, if 'Purple Heart' is *not* noted on your DD-214. To speak to someone in our eligibility office, please call 802-295-9363 ext. 5118/6281

VA Medical Center, Eligibility Office-Bldg. 39 215 N. Main St White River Junction, VT 05009 (802)295-9363

VA Health Care Eligibility and Enrollment for Veterans

Eligibility for VA health care is dependent upon a number of variables, which may influence the final determination of the services for which you qualify. These factors include the nature of a veteran's discharge from military service (e.g., honorable, other than honorable, dishonorable), length of service, VA adjudicated disabilities (commonly referred to as service-connected disabilities), income level, and available VA resources among others. Reservists and National Guardsmen must have served active duty by a federal activation, and for reasons other than for training purposes. **The character of discharge you received from the military can be a factor. It is not an issue if you received:**

An honorable discharge	A general discharge, or	A discharge under honorable conditions

If you have a different character of discharge, you may still be eligible for care. Contact your Enrollment Coordinator at your local VA health care facility to see if you qualify. The length of your service may also matter. It depends on when you served. There's no length of service requirement for:

Former enlisted persons who started active duty before September 8, 1980, or	Former officers who first entered active duty before October 17, 1981

All other veterans must have 24 months of continuous active duty military service for reasons other than for training, or meet one of the exceptions described below.

You do not have to meet the 24 continuous months of active duty service requirement if you:

Were a reservist who was called to Active Duty by federal executive order, and who completed the term	Were a National Guard member who was called to Active Duty by federal executive order, completed

for which you were called, and who was granted an other than dishonorable discharge, or	the term for which you were called, and who was granted an other than dishonorable discharge, or
only requesting a benefit in connection to: a service-connected condition or disability; treatment and/or counseling of sexual trauma that occurred while on active duty; or treatment of conditions related to ionizing radiation; head or neck cancer related to nose or throat radium treatment while in the military.	Were discharged for a reason other than disability, but you had a medical condition at the time that was disabling, and in the opinion of a doctor, would have justified a discharge for disability (in this last case, the disability must be documented in service records).
Were discharged or released from active duty for a hardship* , or discharged with an "early out"*	Have been determined by VA to have compensable service-connected conditions; or Were discharged or released from active duty for a disability that began in the service or got worse because of the service*
*** must be documented on DD214**	

Community Based Outreach Clinics (CBOC)

Once in the VA healthcare system Veterans are able to choose where they would like to be seen for primary care. They are able to receive their care at the hospital or any of the centers listed below.

Bennington CBOC (White River Junction, VT) 186 North Street Bennington, VT 05201 Phone: (802) 440-3300 Fax: (802) 442-3337 Hours: 8am - 4:30p Mon-Fri	**Brattleboro CBOC (White River Junction, VT)** 71 GSP Drive Brattleboro, VT 05301 Phone: (802) 251-2200 Fax: (802) 251-2277 Hours: 8am – 4:30pm, Mon, Wed , Thurs, Fri 10:30am – 7:00pm, Tues
Burlington Lakeside Clinic (White River Junction, VT) 128 Lakeside Ave. Suite 260 Burlington, VT 05401 Office: 802-657-7000 Fax: 802-657-7077 Hours: Mon, Tues, Thurs, Fri 8am to 4:30pm; Wed 8am to 7pm	**Keene CBOC (White River Junction, VT)** 640 Marlboro St, Rte 101 Keene, NH 03431 Fax: (603) 358-4977 Phone: (603) 358-4900 Hours: 8am - 4:30pm, Mon-Fri
Littleton CBOC (White River Junction, VT) 264 Cottage Street Littleton, NH 03561 Phone: (603) 575-6700 Fax: 603-575-6778 Hours: 8am - 4:30pm	**VA Medical Center (White River Junction VT)** 215 North Main Street White River Junction, VT 05009 Phone: (802) 295-9363 Hours: 7 Days a week 24 hours
Rutland CBOC (White River Junction, VT) 232 West Street Rutland, VT 05701 Phone: (802) 772-2300 Fax: (802)-772-2377 Hours: Mon, Wed, Thurs 8 am - 4:30 pm Tues, 8am to 5:30pm,Fri 7:30am -4:30pm	**Newport CBOC (White River Junction, VT)** 1738 Crawford Farm Rd Newport VT 05855 Phone: (802) 624-2400 Fax: (802) 624-2477 Hours: Mon, Tues & Thurs 8 am to 4:30 pm, Wed & Fri 7 am to 3:30pm
Conway CBOC (Manchester VAMC) 71 Hobbs St Conway NH 03818 Phone: 800 892-8384 fax: 603 314 1656 Hours 0730-1630	**Tilton CBOC (Manchester VAMC**) 630 West Main Street, Suite 400 Tilton, NH 03276 **Phone:** 603-624-4366 X 3199 **Fax:** 603-314-1653

-Martins Point US Family Health Care (Tricare Resource)-

Serves all Tricare military health care beneficiaries, managing the US Family Health (Tricare Prime) Plan for Maine, NH, VT, & NY. Also available for group and/or one on one counseling providing education, information & guidance on Tricare options available to ensure a better understanding of the military health care benefit.,

John Reed (Health Benefits Specialist for ME & NH) 603-430-5057	**Denise Luck** (Health Benefits Specialist for VT) 866-740-2623

Employment and Training

The Homeless Veterans' Reintegration Program (HVRP): HVRP is the only federal program wholly dedicated to providing employment assistance to homeless veterans. DOL-VETS acknowledged that employment is the key to successful transition from homelessness to a life of self-reliance, dignity and promise. The program fosters inter-agency and community cooperation among homeless service providers; offers supportive services and vocational training; and as provides critical linkages for a variety of supportive services that include the entire continuum of care in their local communities. Veterans Inc.'s Employment and Training Specialists utilize a case management approach using client intake assessments and progress reports to identify individual needs and to develop practical individual performance plans. The program is "employment focused" and veterans receive the employment and training services they need in order to maximize potential for successful, long-term employment and permanent self-sufficiency. For more information call Ms. Katie Haley at Veterans Inc. 802-451-9189

Job placement	Job development	Resume preparation
Training	Career counseling	Interviewing skills

CWT/TWE (Compensated Work Therapy-Transitional Work Experience) was established to assist veterans with disabilities, or other barriers, to maintain competitive employment by providing work experiences that foster solid work ethics as well as independence. This therapeutic program is an independent Veteran benefit and does not affect any other VA benefit that the veteran may be receiving. Being a therapeutic program a consult referral is required from the Patient's Primary Care Provider.

What is CWT? A work for pay program provided by Department of Veterans Affairs, Veteran Industries. A program that serves the interests of unemployed veterans as well as businesses seeking competitively priced labor. An extension of vocational rehabilitation services mandated by Title 38 USC Sec.1718. An opportunity for veterans to develop marketable skills and work habits. An opportunity for companies to achieve a reduction in costs and pre-select a stable work force. For more information contact is Sue Gattie at 802-295-9363 extension 6725.

VA Homeless Vocational Development Specialist: Karen Townley, T: 802.295.9363 x 4653
White River Junction VAMC. Helping Veterans with job placement and resume preparation.

The Vocational Rehabilitation and Employment (VR&E) Vet Success Program assists Veterans with service-connected disabilities to prepare for, find, and keep suitable jobs that will not aggravate or exacerbate service connected conditions. Services that may be provided include: Comprehensive rehabilitation evaluation to determine abilities, skills, and interests for employment; employment services which include assistance finding and keeping a job. If you are interested in applying for Chapter 31/VR and E services, please apply online. To learn more about this VR and E/Chapter 31 program go to www.vetsuccess.gov.

State of Vermont Department of Labor

The following Department of Labor Career Resource Centers will be able to assist you in connecting with a Veterans representative, who can assist you with your job search. Most are open Monday through Thursday 7:45AM-4:30PM and Fridays 9:45AM-4:30PM.

197 Harrell Street Morrisville, VT 05661 (802) 888-4545	**Emory E. Hebard State Office** 100 Main St., Suite 210 Newport, VT 05855 (802) 334-6545	1197 Main Street, Suite 1 St. Johnsbury, VT 05819 (802) 748-3177

State of NH Department of Employment Security-The State of New Hampshire offers a job match system, job search resources and services through NH Works (www.nhworks.org), and information about job security and state trends at their website http://www.nh.gov/residents/working.html. Also see the offices listed under the Division of Family Assistance for the State of New Hampshire where Employment Programs exist as well.

B**erlin, NH Employment Security**-151 Pleasant St, Berlin. Robin Lavertu, Veterans Employment Services Specialist, is available Mondays and Tuesdays from 8:00 am to 4:30 pm and Thursdays from 8:00 am to 2:00 p.m. to assist Veterans who have barriers to work. To contact Robin Lavertu call (603) 752-5500 ext. 92316

Littleton, NH Employment Security- 646 Union Street**, (**603) 444-2971. Hours: Mon through Fri 8 am to 4:30 pm.

Plymouth, NH Employment Security: The Veteran rep is available on the 3rd Wednesday of every month at the Plymouth Whole Village Family Resource Center. For an appointment call (603) 538-9318 or (603) 536-3720.

Maine Department of Labor:

Call: (207) 623-7900

NH State Departments of Vocational Rehabilitation

If you are disabled and would like to re-enter the job market, you may contact a local office for the State's Department of Vocational Rehabilitation. Meet with a Benefits Counselor and attend an orientation will help you with determining how much money you are allowed to make while collecting Social Security Disability Income and/or Supplemental Security Income benefits as well as the roles, responsibilities of you, the job seeker, and the State Agency. You will most likely meet with a Vocational Rehabilitation Specialist to determine your interests, examine your job history, and review any modifications or accommodations needed on account of your disability.

3 Twelfth St, Unit A Berlin, NH 03570 (603) 752-2271	103 Roxbury St Keene, NH 03431 (603) 357-0266	Rivermill Complex 85 Mechanic Street Suite 260A Lebanon, NH 03766 (603)448-5793

Vermont State Department of Vocational Rehabilitation

VocRehab offices in Vermont are located in the towns of Barre-Montpelier, Middlebury, Newport, St. Albans, Springfield, Bennington, Brattleboro, St. Johnsbury, Rutland, White River Junction, Burlington, and Morrisville. **VT VocRehab (Vermont) 1**-866-VRWORKS.

National Guard & Other Deployment Supports

Veterans and their Family Assistance Centers (FAC) and Military Family Community Network (MFCN)

Service Member and Family Services 24 Hour Emergency Assistance: 1-877-598-0666.

Barbara Hartlen, NHNG Family Program,
Family Assistance Center Specialist 350 Meadow Street, Littleton NH 03561 Office: (603) 715-3454, Cell: (603) 724-7216, Fax: (603) 715-3762 Barbara.a.hartlen.ctr@mail.mil

If you are recently returning from military service, Family Assistance Centers and the Military Family and Community Network are information and referral "one stop shopping" organizations that can assist families in becoming connected to resources and services of assistance.

Care Coordination Program – NH: Recognizing the significant mental health, physical, financial and educational needs of returning Service Members from the Global War on Terror, as a partnership with the NH National Guard, ProForce, and community resources to ensure a safety net for the population and encouraged continued service in the military. Whether our Soldiers, Airmen, Marines, Sailors or Coast Guard personnel live, work or drill in the Granite State, they and their families may receive services within the program. Care Coordinators look at each

client individually and come up with the appropriate care plan that meets their specific needs and overall success. 1-888-989-9924 or http://www.ccpnh.com.

Pro Force Care Coordination Program: Helps to enhance the retention, readiness and reintegration of service members and their families. 888-989-9924 http://www.ccpnh.com

-Survivor Outreach Services-

Survivor Outreach Services for Families, contracted by the National Guard to work with military family member survivors. Their Mission is to embrace and reassure Military Survivors that they have a continuum of care from the Military. They work with all branches of service from all conflicts, regardless of the manner of death. They connect individuals and direct family members to additional Survivor resources as needed. Benefits and entitlements may vary with the cause of death, military status at time of death and relationship to the service member, but the eligibility for help doesn't change. There is no time restriction on assistance.

Elizabeth Santos Survivor Outreach Services Support Coordinator 1 Minuteman Way Concord NH 03301 (O) 603-227-5130 (C) 603-219-8159 Elizabeth.g.santos.ctr@mail.mil	**Tammie L Conner** Survivor Outreach Services Support Coordinator789 National Guard Road, Bldg. 1014 Colchester, VT 05446 (O) 802-338-3398 (C) 802-881-6632 tammie.l.conner.ctr@mail.mil
Dottie Pinkham Survivor Outreach Services Support Coordinator 300 Hildreth Street North Bangor, ME 04401 (O) 207-430-5324 (C) 207-512-6285 Dorothy.m.pinkham.ctr@mail.mil	**Michelle L. Ouellette** Survivor Outreach Services Support Coordinator 194 Winthrop Street, Bldg 7 Camp Keyes Augusta, ME 04333 (O) (207) 430-5959 (C) (207) 332-6804 Michelle.L.Ouellette2.ctr@mail.mil

Foreclosure prevention and Financial Counseling Resources

VA Loan Guarantee Service: In order to help veterans in serious financial trouble, VA Regional Loan Centers have technicians available to conduct financial counseling. **This counseling is designed to help avoid foreclosure**. If you want this assistance, call 1-800-729-5772 to reach a Loan Service Representative that can assist you.

General Guidance The US Department of Veterans Affairs urges all Veterans who are encountering problems making their mortgage payments to speak with their loan servicers as soon as possible to explore options to avoid foreclosure. Contrary to popular opinion, servicers really do *not* want to foreclose because foreclosure costs a lot of money. Depending on a Veteran's specific situation, servicers may offer any of the following options to avoid foreclosure:

1. Repayment Plan – The borrower makes regular installment each month plus part of the missed installments.
2. Special Forbearance – The servicer agrees not to initiate foreclosure to allow time for borrowers to repay the missed installments. An example would be when a borrower is waiting for a tax refund.
3. Loan Modification - Provides the borrower a fresh start by adding the delinquency to the loan balance and establishing a new payment schedule.
4. Additional time to arrange a private sale – The servicer agrees to delay foreclosure to allow a sale to close if the loan will be paid off.
5. Short Sale – When the servicer agrees to allow a borrower to sell his/her home for a lesser amount than what is currently required to pay off the loan.
6. Deed-in-Lieu of Foreclosure - The borrower voluntarily agrees to deed the property to the servicer instead of going through a lengthy foreclosure process.

Access: http://benefits.va.gov/homeloans/ for additional information on VA loans and to watch videos of Veterans who have completed the workout options listed above.

GreenPath Financial Wellness is a national nonprofit financial counseling service. This service includes Foreclosure Prevention. If you are behind on you mortgage or having trouble making your payment call 1-800-550-1961 or 1-888-594-2387 to reach a housing expert who will review your situation and explain the options for keeping your home, or getting out of a house you can't afford. GreenPath's certified housing counselors are available to help. Foreclosure prevention services are free. They can talk to your lender to explore options and even help you apply for specific programs.

Vermont Legal Aid: 1-800-889-2047

New Hampshire Legal Assistance: 1-800-698-8969

AHEAD (New Hampshire) 1-603-444-1377 Post-Purchase & Foreclosure Counseling. They can work with you and your lender if you get behind in your mortgage payments or if you are just simply struggling to keep up.

RuralEdge(Northern VT) 802-535-3555 Their Financial Empowerment counseling sessions are packed with information on saving, debt reduction, spending plans, and investments. Their financial counseling provides participants with the tools to make informed financial decisions with confidence.

Veteran Resource Websites

www.aarp.org/family - eldercare locator, senior resources.	www.agis.com - eldercare resource, navigates Medicare and Medicaid basic.
www.archives.gov – The National Archives, veteran's documentation.	www.dedicatedpatriots.com - Liberty House shelter, Manchester NH.
www.iod.unh.edu- assists the disable in NH.	www.defendamerica.mil– news about frontline troops.
www.dmdc.osd.mil/rsl/owa/home-search engine for locating US military bases.	www.dhhs.state.nh.us/DHHS/BEAS- support programs for NH residents.
www.nhredcross.org - offering aid to military families	www.gsil.org – assisting adults with disabilities.
www.goodnewsgarage.org - donated and refurbished vehicles for low income clients.	http://www.hud.gov/local/nh/homeless- assist with security deposit loans, emergency assistance and transitional housing.
www.dav.org–national volunteer transportation network	www.military.com- service member specific, military history and customs.
www.milspouse.org -employment, education, relocation for military spouses.	www.militaryonesource.com –information and referral service. Free select counseling sessions.
www.nheasterseals.com – Veterans Count program. Support for military families.	http://nhes.state.nh.us –provides a broad range of assistance and self–directed employment and career related services.
www.eldercarelink.com- nationwide network of select eldercare providers.	www.nh.gov/veterans– New Hampshire State Veterans Home, Tilton NH.
www.suicidepreventionlifeline.org –services provided by mental health professionals.	www.usacares.org – A national site covering the needs of military families.
www.manchester.va.gov – Veterans Admin Medical Clinic, Manchester, NH.	www.whiteriver.va.gov– Veterans Administration Medical Facility, Vermont.
www.nationalresourcedirectory.gov -resource for everything military.	www.wvachapter41.org -A website dedicated to women veterans.
www.nhlegion.org- NH American Legion website.	www.nh.ngb.army.mil – NH National Guard website.
www.socialsecurity.gov -Social Security Administration.	www.vfw.org - A national site dedicated to Veterans of Foreign Wars.
www.va.gov – Federal Government military website.	www.vnavnh.org -Visiting Nurse Association of NH & VT.
www.nami.org – National Alliance on Mental Illness.	www.vetcenter.va.gov –Vet Center resources.
www.nhcarepath.org–Information for services and supports for veteran who have served or currently serving and their families.	www.servicelink.nh.gov/links/military -Links for Military-Veteran Population and Their Families
Vermontjoblink.com In Vermont whether you're looking for that perfect job, that perfect employee or information on an industry or workforce, Vermont JobLink is for you.	USAjobs.gov Find your job in the Federal government.

NH Post Directory VFW post directory

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References

www.va.gov	www.vermont211.org	www.211nh.org	www.servicelink.nh.gov
www.gsil.org	**www.vcil.org**	www.nevaaa.org	www.humanservices.vermont.gov

Health Care for Homeless Veteran (HCHV) participant handbook

The 2019 Veterans Resource Guide is revised once a year. If you have any revisions or edits (to the Guide), comments or questions, please contact:

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