

F O R T



NEW HAMPSHIRE

**Veteran-friendly communities where you can live, serve,
work & play!**

Military & Veteran Family Resource Guide

Thank you for your service!



NEW HAMPSHIRE DEPARTMENT OF MILITARY AFFAIRS AND
VETERANS SERVICES

NEW HAMPSHIRE NATIONAL GUARD

GOVERNOR'S COMMISSION ON ALCOHOL & OTHER DRUGS:
JOINT MILITARY TASK FORCE

NH SUICIDE PREVENTION COUNCIL—MILITARY & VETERANS

Military & Veteran Family Resource Guide

New Hampshire is proud that you and your family have chosen to call our state home! There are many resources and opportunities available in New Hampshire for your child and family regardless of whether you are new to the state or have lived here for many years. This guide will help familiarize you with some of the opportunities and supports available to military & veteran families. Active duty, branch specific resources have not been included—it is assumed that you are aware of the services available to you when actively serving. The resources compiled in this guide may be ones you were not aware might be available to you.

This Resource Guide is a product of composition and assembly efforts of the Division of Community Based Military Programs at the NH Department of Military Affairs and Veterans Services. Updates will be made annually. Please share your feedback or information for future versions by contacting the Division at: Amy.Cook@dhhs.nh.gov

Disclaimers

The information in or through this guide is for education and informational purposes only and solely as a self-help tool for your own use. You are encouraged to also conduct your own research and reach out to programs for more information about your potential eligibility. There is no guarantee as to the specific outcome or results you can expect from using the information you receive in this guide.

No Endorsement

References or links in this guide to information, opinions, advice, programs, products or services of any individual, business or entity does not constitute an endorsement. The guide is merely sharing information for your own self-help only.

Thank you for your service!



STATE OF NEW HAMPSHIRE
DEPARTMENT OF MILITARY AFFAIRS AND VETERANS SERVICES
STATE MILITARY RESERVATION, 1 MINUTEMAN WAY
CONCORD, NEW HAMPSHIRE 03301-5607

David J. Mikolaities, Major General
The Adjutant General

Phone: 603-225-1200
Fax: 603-225-1257
TDD Access: 1-800-735-2964

Welcome to Fort New Hampshire!

Whether you are new to the state of New Hampshire or have lived here for many years, I want to welcome you and introduce you to the concept of Fort New Hampshire. It is a statewide framework of veteran-friendly resources striving to meet the needs of you and your loved ones across your lifetime while you live, serve, work and play in New Hampshire. It is New Hampshire's way of turning the phrase "thank you for your service" into action and a commitment.

Instead of visiting an active military base or installation to access services, resources, community engagement or social support, military and veteran families in New Hampshire rely on resources in their local communities to meet their needs. The Department of Military Affairs and Veterans Services coordinates the work of the NH National Guard, Division of Veterans Services, Division of Community Based Military Programs and the NH Veterans Cemetery to ensure local communities and veteran organizations in Fort New Hampshire are ready to meet the needs of NH service members, veterans and their families.

This guide will provide you with more information about the Fort New Hampshire concept, programs and services available to military & veteran families in New Hampshire.

If you need additional information or assistance navigating services available to you and your family in New Hampshire, please contact ServiceLink at 1-866-634-9412 – be sure to mention your military status so they can lead you to services that might only be available to NH residents who are actively serving or have previously served.

We appreciate the commitment you and your family have made to our nation and to our great state of New Hampshire and we are honored that you call New Hampshire "home". We encourage you to take advantage of the services and support available to you and your family and to also be actively engaged in New Hampshire's strong veteran community.

Thank you for your service.


DAVID J. MIKOLAITIES
Major General
The Adjutant General

Section 1: Military & Veteran Family Resources

The resources in this section are specifically designed and tailored to assist active duty military families or the families of veterans who have previously served. They all have unique eligibility criteria that will determine whether their services are available to your family.

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aging services				X	X									X								
domestic violence	X	X			X		X	X	X	X	X		X									
employment					X	X	X	X	X					X	X	X		X				
family resources		X			X		X	X	X	X	X		X					X		X	X	
financial trouble					X		X	X						X				X	X	X		
healthcare concerns	X				X		X	X	X	X	X	X										
housing assistance					X		X	X	X								X	X				
legal issues					X		X	X											X			
mental health	X	X			X		X	X	X	X	X	X										
Post Traumatic Stress Disorder	X	X			X		X	X	X	X	X	X										
recreation					X		X															
respite services					X		X	X														
social support					X		X	X		X	X	X										
special medical needs					X		X															
substance use	X	X			X		X	X	X	X	X	X										
suicide risk	X	X			X		X	X	X	X	X	X										
transportation					X		X															
Traumatic Brain Injury		X			X		X															
veterans benefits						X																X
services for: National Guard	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
active duty status	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
those who served	X	X	X	X	X	X	X				X	X	X	X	X	X	X	X	X	X	X	X
any branch of military	X	X	X	X	X	X	X		X	X	X	X	X	X	X	X	X	X	X	X	X	X
family members		X		X	X	X				X	X	X	X	X	X						X	X



If you are looking for information or help with:



U.S. Department of Veterans Affairs



Veterans Crisis Line **Fact Sheet**

Confidential crisis help for Veterans and their families

The Veterans Crisis Line is a toll-free, confidential resource that connects Veterans in crisis and their families and friends with qualified, caring U.S. Department of Veterans Affairs (VA) responders.

Veterans and their loved ones can call **1-800-273-8255** and **Press 1**, chat online at **VeteransCrisisLine.net**, or send a text message to **838255** to receive free, confidential support 24 hours a day, 7 days a week, 365 days a year, even if they are not registered with VA or enrolled in VA health care.

The responders at the Veterans Crisis Line are specially trained and experienced in helping Veterans of all ages and circumstances — from Veterans coping with mental health issues that were never addressed to recent Veterans struggling with relationships or the transition back to civilian life. Veterans Crisis Line responders provide support when these and other issues — such as chronic pain, anxiety, depression, sleeplessness, anger, and even homelessness — reach a crisis point. Some of the responders are Veterans themselves and understand what Veterans and their families and friends have been through.

Since its launch in 2007, the Veterans Crisis Line has answered more than 3.9 million calls and initiated the dispatch of emergency services to callers in crisis more than 119,000 times. The Veterans Crisis Line anonymous online chat service, added in 2009, has engaged in nearly 467,000 chats. In November 2011, the Veterans Crisis Line introduced a text messaging service to provide another way for Veterans to connect with confidential, round-the-clock support and since then has responded to nearly 123,000 texts.

In 2011, the National Veterans Suicide Prevention Hotline was renamed the Veterans Crisis Line to encourage Veterans and their families and friends, who may be the first to realize a Veteran is in emotional distress, to reach out for support when issues reach a crisis point, even if it is not a suicidal crisis.

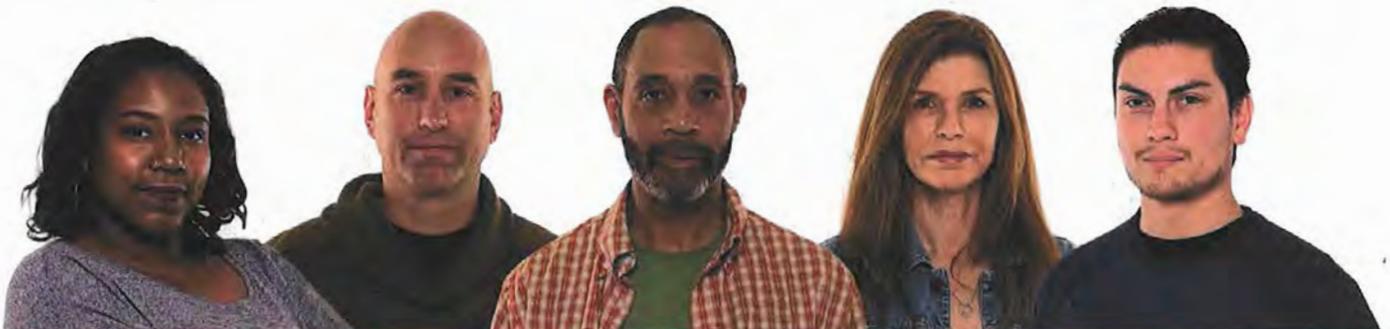
VA is working to make sure that all Veterans and their loved ones are aware of the Veterans Crisis Line. To reach as many Veterans as possible, VA is coordinating with communities and partner groups nationwide, including community-based organizations, Veterans Service Organizations, and local health care providers, to let Veterans and their loved ones know that support is available whenever, if ever, they need it.

Whether you're a Veteran or a friend or family member concerned about one, confidential assistance is only a call, click, or text away.

For more information about the Veterans Crisis Line, visit VeteransCrisisLine.net
For more information about VA's mental health resources, visit www.mentalhealth.va.gov

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..... Confidential crisis chat at **VeteransCrisisLine.net** or text to **838255**





TALKING WITH A VETERAN IN CRISIS

You don't have to be an expert to ask if someone is going through a difficult time or having thoughts of suicide. If you notice changes in a Veteran's behavior or moods and you think they might be in crisis, it's time to respond. The simple act of having a conversation can help save a life.

Here are some ways to approach a conversation with a Veteran who may be suicidal.

First, assess the situation to determine if the Veteran may be in **imminent danger**. Check to see if there are any harmful objects in the area, such as firearms, sharp objects, or lethal drugs. Those at the highest risk for suicide often have a specific suicide plan, the means to carry out the plan, a time set for doing it, and an intention of following through with it.

Asking whether a Veteran is having thoughts of self-harm or suicide may seem extreme, but it is important. Although many people may not show clear signs of intent to harm themselves before doing so, they will likely answer direct questions about their intentions when asked. **Remember, asking if someone is having suicidal thoughts will not give them the idea or increase their risk.**

However, some of those who are at risk may not admit that they plan to attempt suicide. In case the Veteran won't talk about it, be sure to look for warning signs in the box to the right.

Safety Issues:

If you believe a Veteran is at high risk and has already harmed himself or herself, you need to call local emergency services at 911.

- **Never** negotiate with someone who has a gun. Get to safety and **call 911**.
- If the Veteran has taken pills or harmed himself or herself in some way, **call 911**.

Veterans who are in emotional distress and are showing warning signs for suicide can be connected to the 24-hour **Veterans Crisis Line**: Call **1-800-273-8255** and **Press 1**, use the **online chat**, or **text** to **838255**. Caring, specially trained responders are available to provide free, **confidential support 24 hours a day, 7 days a week, 365 days a year**. Responders are available to speak to Veterans and their caregivers, family members, or friends.

Warning Signs of Imminent Suicide Risk

Acting recklessly or engaging in risky activities that could lead to death, such as driving fast or running red lights — seemingly without thinking

Showing violent behavior such as punching holes in walls, getting into fights, or engaging in self-destructive violence; feeling rage or uncontrolled anger; or seeking revenge

Giving away prized possessions, putting affairs in order, tying up loose ends, and/or making out a will

Seeking access to firearms, pills, or other means of harming oneself

If you and/or the Veteran are not in imminent danger, start a conversation to help the Veteran open up and to find out how you might be able to help. You can ask questions such as:

- "When did you first start feeling like this?"
- "Did something happen that made you begin to feel this way?"

When responding to answers from a Veteran, remember that simple, encouraging feedback goes a long way in showing support and encouraging help-seeking:

- "You're not alone, even if you feel like you are. I'm here for you, and I want to help you in any way I can."
- "It may not seem possible right now, but the way you're feeling will change."
- "I might not be able to understand exactly what you're going through or how you feel, but I care about you and want to help."

Even for Veterans who do not appear to be suicidal, it is important to direct them to resources to help them face mental health challenges and more.

For more information about the Veterans Crisis Line, visit **VeteransCrisisLine.net**

For more information about VA's mental health resources, visit **www.mentalhealth.va.gov**

For access to more than 400 stories of strength and recovery from Veterans and their family members, visit **MakeTheConnection.net**



Coaching Into Care VA Family Call Center

888-823-7458 | Monday – Friday, 8am – 8:00pm EST

Coaching Into Care is a national telephone-based VA support service for family members and others who want to help reluctant Veterans access their VA health care, particularly for mental health issues.

About Coaching Into Care

- **Purpose:** To help family members and other loved ones encourage distressed Veterans to access VA Care successfully anywhere in the United States
- **Type of help provided:** Coaching Into Care is another “door” to VA care. We provide support and problem solving assistance for family members and others concerned about a Veteran, coaching with family members about how to talk to Veterans about seeking VA care, referrals for care for Veterans and family members, and information about available programs or enrolling in VA Care
- Veterans and their family members already well-connected to VA care should work with their local providers rather than calling Coaching Into Care
- Support for Coaching Into Care is provided by the Department of Veterans Affairs
- Coaching Into Care staff coordinate with the Iraq and Afghanistan Veterans Program Managers and Points of

Contact in VA Medical Centers, Vet Centers, the National Veterans Crisis Line, the VA Caregiver Support Line, and the VA National Center for PTSD

- **Locations of call center personnel:** Philadelphia, PA, Durham, NC, and Los Angeles, CA
- **Leadership:** National and Pennsylvania Site Director, Steven L. Sayers, Ph.D.; Training Director, Tanya Hess, Ph.D.; North Carolina Site Director, Cindy Swinkels, Ph.D.; California Site Director, Marleen Urbaitis, Ph.D.

Reach Out to Us

- **Phone:** (888) 823-7458, Monday – Friday, 8:00am – 8:00pm Eastern Time
- **Email:** CoachingIntoCare@va.gov
- **Web:** www.va.gov/coachingintocare
- **For immediate crises:** Family members or Veterans should still contact the Veterans Crisis Line, (800) 273-8255, press 1 for Veterans



www.va.gov/coachingintocare



New Hampshire's Commitment to Serving Veterans

In 2019, Senate Bill 208 was signed by the Governor of New Hampshire. The intent of Senate Bill 208 is to coordinate veterans' services in the state and, consequently, enhance the quality and accessibility of services available to NH veterans. Senate Bill 208 also formally established the NH Military Leadership Team to serve as an advisory body providing guidance to the Department of Military Affairs and Veterans Services regarding the delivery of services to veterans, military service members and their families. The NH Military Leadership Team includes representatives from the following agencies and others that work to promote partnerships to benefit the veteran community.

Department of Military Affairs and Veteran Services

1 Minuteman Way, Concord, NH 03301

The Adjutant General shall advocate for and promote the welfare of military service members, veterans, and their families. The Adjutant General shall enhance, coordinate, and oversee the benefits and services offered by organizations within the state of New Hampshire and direct veterans to appropriate benefits and services offered by such organizations. The Department of Military Affairs and Veterans Services shall serve as a clearinghouse for research, data, and analysis, to initiate and support public education and awareness campaigns. The Adjutant General shall serve as a liaison between the federal government and the Governor on issues relevant to the department's mission, and represent the department at various state and national conventions, conferences, and public functions and provide supervision to the department public relations program.

The Department consists of:

Division of Veterans Services (DVS)

Formerly NH Office of Veterans Services

275 Chestnut St, Norris Cotton Federal Building, Room 517, Manchester, NH 03101

603-624-9230 or 1-800-622-9230

www.nh.gov/nhveterans

DVS assists veterans who are residents of New Hampshire or their dependents in securing all benefits or preferences to which they may be entitled under any state or federal laws or regulations.

NH State Veterans Cemetery

110 Daniel Webster Highway Route 3, Boscawen, NH 03303

(603) 796-2026

www.nhsvc.com

The NH State Veterans Cemetery provides and maintains a dignified final-resting place to honor all veterans and eligible dependents and serves as an expression of the State's gratitude for their service to the country. The New Hampshire State Veterans Cemetery conveys peace through natural beauty and is a source of pride to veterans' families and residents of New Hampshire.

The NH State Veterans Cemetery has no residency requirement. All veterans are encouraged to pre-apply for interment at the NHSVC—the cemetery staff will determine your eligibility and assist in finding appropriate documentation. The simple pre-application process will save surviving family members the hardship of finding military documents when planning interment.



Division of Community Based Military Programs

105 Pleasant St, Concord, NH 03301

603-271-9394

www.dhhs.nh.gov/veterans/

This Division serves to collaborate, coordinate, and communicate with military and civilian provider groups throughout the state to enhance the delivery of services to New Hampshire veterans, service members, and their families. In partnership with the Department of Health and Human Services, the Division ensures the interests of veterans are considered as programs are developed for all NH citizens.

NH National Guard—Family Assistance Centers

Resource & Referral Line: 1-877-598-0666

Established to support SMVF regardless of branch or component, Family Assistance Centers and the FAC Specialist will help individuals and families access a variety of services & supports by connecting them to appropriate resources & referrals.

U.S. Department of Veterans Affairs—Veterans Benefits Administration

275 Chestnut St, Norris Cotton Federal Building 6th Floor, Manchester, NH 03101

1-800-827-1000

<https://benefits.va.gov/benefits/>

The Veterans Benefits Administration (VBA) is one of three administrations comprising the U.S. Department of Veterans Affairs. VBA is responsible for administering and delivering an array of federally authorized benefits and services to eligible Veterans and their dependents and survivors. With an annual expenditure of \$99 billion, VBA programs have a sweeping impact not only on the Veteran community, but also on the whole of American society. These are programs that touch millions of lives in fundamental ways. Benefits and services administered by VBA fall under six major program areas: Compensation, Pension and Fiduciary, Education, Insurance, Home Loan Guaranty, and Vocational Rehabilitation and Employment. To administer these programs, VBA spent approximately \$3.0 billion during fiscal year 2018. The Middle New England VA Regional Benefits Offices regularly collaborate with federal, state, and other community partners in order to best serve and engage the veteran community.

VA Medical Centers Serving NH

Manchester VA Medical Center

718 Smyth Rd, Manchester, NH 03104

603-624-4366

www.manchester.va.gov

White River Junction VA Medical Center

215 North Main Street, White River Junction, VT 05009

802-295-9363 or 866-687-8387

www.whiteriver.va.gov

The Veterans Affairs (VA) provides a Medical Benefits Package—a standard Enhanced health benefits plan to all enrolled veterans. The plan emphasizes preventive measures paired with primary care and offers a full range of services within the VA health care system. Eligible Veterans can use VA health care services nationwide, including through mobile health clinics that serve rural areas and via telehealth (care through a phone or computer). Veterans enrolled in VA health care can also use community care benefits when eligible.



VA Medical Centers Serving NH, continued

Veterans can access a wide array of healthcare services at, or through, the VA Medical Centers including but not limited to: primary care, outpatient dental treatment, specialty services, extended care, nursing home care, therapeutic and supported employment service program, assistance for homeless veterans, mental health services, compensation & pension exam scheduling, Agent Orange/Gulf War/GWOT registry, and more.

NH Veterans Home

139 Winter Street, Tilton, NH 03276

(603) 527-4400

www.nh.gov/veterans

Serving New Hampshire veterans since it was founded in 1890, the NH Veterans Home is long-term care community dedicated to person-centered care. The residence is situated on 27 acres with its own trout pond, adjacent to "Buffalo Park"—a 55-acre conservation parcel with nature trails and is home to 200 residents and 400 staff. A full array of services are provided daily by highly qualified professionals—Medical Director, full-time Nurse Practitioner, Registered Nurses, LPNs, LMNAs, LNAs, Pharmacists, Dieticians, Social Work and Therapeutic Recreation staff and contracted Mental Health services staff. Convenient community services are available to residents on site as well such as a bank, store, library, chapel, recreational areas, housekeeping, security, food service, laundry and more.

All veterans who have been honorably discharged, including Reserve and NH Air and Army National Guard members, and are NH residents are eligible to apply regardless of time of duty or service-connected disability. Plan ahead for continuity of care—make an appointment for a tour and learn more from an Admissions Coordinator.

New Hampshire Employment Security

NHES Administrative Office: 1-800-852-3400

www.nhes.nh.gov

NH Employment Security has NH Works One-Stop offices conveniently located across the State of New Hampshire. For services, contact your nearest NHES office and identify yourself as a veteran.

New Hampshire Employment Security (NHES) helps people succeed throughout their lives by supporting workers during unemployment, matching job seekers with employers, providing businesses & individuals with information necessary to adapt to changing economies, and facilitating training needed for success.

All that NHES does, it does first and foremost for veterans. Veterans and eligible spouses receive access, on a priority of service basis, to the full range of public employment and training services, including job search assistance, workshops, resume assistance, labor market information, career guidance, job referral and referral to other supporting and training resources. Veterans are given preference in each of our local offices in the referral to job orders. NHES coordinates multiple programs to benefit veterans and employers of veterans:

- Jobs for Veterans State Grants Program
- Disabled Veterans' Outreach Program
- Local Veterans Employer Representatives



New Hampshire Department of Education

Veterans Education Services--NHSAA

603-271-8508

<https://www.education.nh.gov/highered/veterans/index.htm>

The Division of Educator Support and Higher Education within the Department of Education operates the State Approving Agency (SAA) charged with the responsibility for overseeing state education/training programs for veterans to utilize their Montgomery GI Bill education benefits.

The State Approving Agency approves and supervises apprenticeship and on-the-job training programs for eligible veterans, dependents, National Guard members, and Reservists wishing to use G. I. Bill benefits. As of March 2019, 10,100 veterans were pursuing higher education in New Hampshire.

The New Hampshire SAA currently has approved a number of training establishments and on-the-job training or apprenticeship programs. **Your business may be added to this growing list!** Veterans who have worked in technically oriented military occupations are often better prepared for civilian technical training. Determine the occupations within your company that may be trained by apprenticeship or on-the-job training programs and contact the New Hampshire State Approving Agency (SAA) to determine if those programs can be approved.

Bureau of Credentialing

(603) 271-2408

<https://www.education.nh.gov/certification/index.htm>

The NH Department of Education, Credentialing administers established rules to evaluate the applications of candidates for an educator credential. The NH Department of Education Bureau of Credentialing values the service of military/veteran families! For service members/spouses relocating to New Hampshire or veterans/spouses recently separated from military service, an Educational Consultant is available to provide you with 1:1, expedited service to walk you through the credentialing process and help determine if/how you can transfer credentials and translate unique service, training & life experiences into an educational career to benefit New Hampshire students.

NH Military Leadership Team

Additional NH Military Leadership Team Members: New Hampshire Hospital Association, Next Step Bionics and Prosthetics, NH Veterans Council, State Veterans Advisory Committee, Civilian Aide to the Secretary of the Army, A Military/Veteran Family Member/Spouse



Military ID Cards (DEERS/RAPIDS)

The Department of Defense is committed to protecting the security of our nation and its people by issuing identification (ID) cards to individuals requiring access to government systems and facilities and to eligible individuals authorized to receive Uniformed Service benefits and privileges by law. The Defense Enrollment Eligibility Reporting System (DEERS) enrollment and ID card issuance process consists of several steps to ensure the correct ID card is issued and the appropriate benefits and privileges are assigned.

For more information refer to https://www.cac.mil/Portals/53/Documents/required_docs.pdf

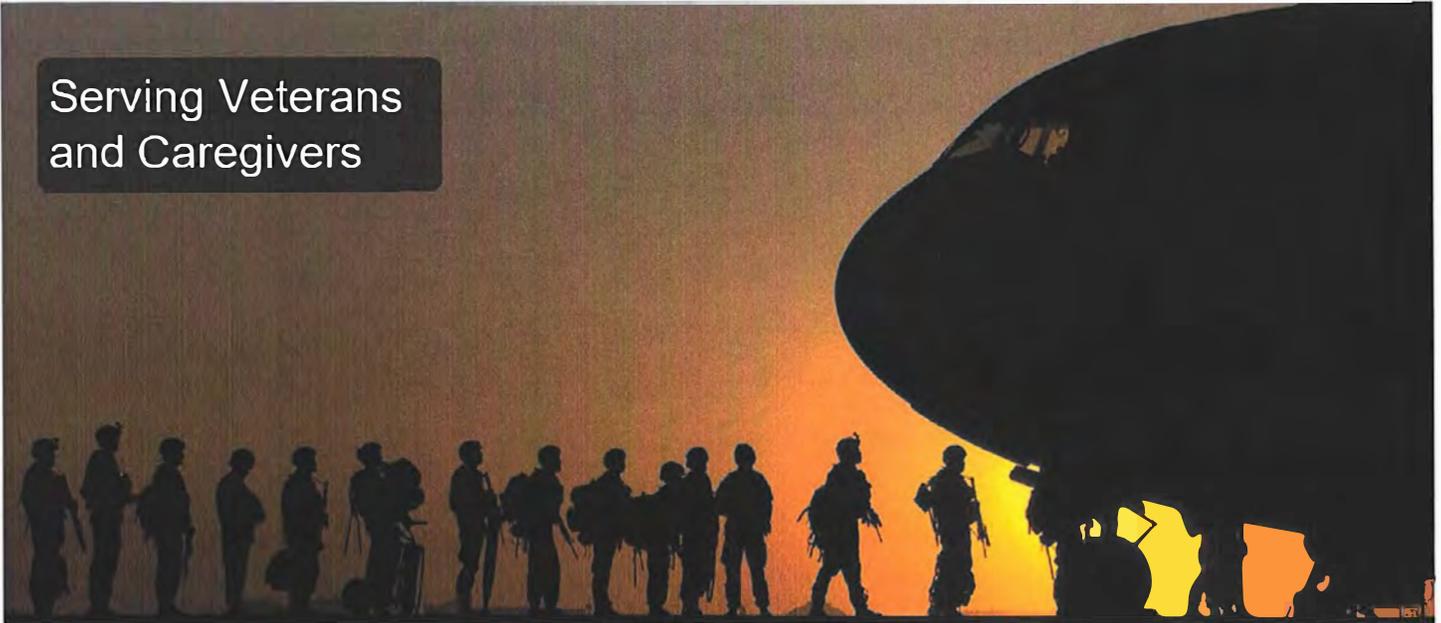
Locations in/near New Hampshire that can issue ID Cards are:

1. **NHARNG - JFHQ** / 1 Minuteman Way, Concord, NH 03301 / (603) 225-1326 /M-F 0830-1530 / walk-ins only
2. **USAR - 99th RSC** / 64 Harvey Road, Londonderry, NH 03053 / (910) 598-9683/call for hours
3. **NHANG - 157th** / 302 Newmarket St. (Bldg. 100), Newington, NH 03803 / (603) 430-3514 / M-F 0730-1530
4. **NHARNG** - 350 Meadow St., Littleton, NH 03561 / (603) 715-3452 / appointments only on Wednesdays, call for appointment
5. **PORTSMOUTH NAVAL SHIPYARD** / 1 Walker Street, KITTERY, ME 03904 / (207) 438-2640

New Hampshire State Military & Veteran Benefits

Refer to the Appendix at the end of the Military & Veteran Family Resource Guide for an outline of all NH State Military & Veteran Benefits included in NH state law.

Serving Veterans
and Caregivers



The No Wrong Door System makes it easier for people of all ages, disabilities and income levels to learn about and access the services and supports they need. This includes Veterans, their family members and their caregivers.



In New Hampshire, ServiceLink serves as the statewide, Administration for Community Living-approved, No Wrong Door, Aging and Disability Resource Center as well as the Resource & Referral Center for Military & Veterans. ServiceLink is your link to information and support services within your community.

Contact ServiceLink today to find the services you need!

ServiceLink Resource Center
Toll Free Number 1-866-634-9412

NH QUICK GUIDE FOR COMMUNITY SERVICES: SERVICE MEMBERS, VETERANS, & FAMILIES

HAVE YOU OR A FAMILY MEMBER EVER SERVED IN THE MILITARY? ELIGIBILITY FOR VA BENEFITS & SERVICES

If you ever served in the active military, naval, or air service and are separated under any condition other than dishonorable; or are a current or former member of the Reserves or National Guard and were called to active duty and completed the full period for which you were called, you may be eligible for VA health care benefits.

Most veterans who enlisted after September 7, 1980, or entered active duty after October 16, 1981, must have served 24 continuous months or the full period for which they were called to active duty in order to be eligible. VA encourages all veterans to apply in order to determine their enrollment eligibility.

To understand or see if you qualify for enhanced eligibility criteria (e.g., if you are a former Prisoner of War, recipient of the Purple Heart Medal, etc.) please call your local VA Medical Center or visit: www.va.gov/healthbenefits/apply/veterans.asp

BENEFITS MAY INCLUDE (among others):

- Mental Health and Substance Use Disorders Treatment
- Caregiver Support
- Palliative Care and Hospice Services
- Vocational Rehab and Employment
- Survivor Benefits
- GI Bill/Education Benefits
- Women Veterans program

For a full list of Services and Benefits please contact the Veterans Benefits Administration.

YOUR PATH TO
**GUIDANCE
SUPPORT
CHOICE**

NH
**Care
PATH**
Connections to better living



ServiceLink Resources Centers can help you!

Call: 1-866-634-9412

Or visit their website:
www.servicelink.nh.gov

KEY CONTACTS:

VA MEDICAL CENTERS

Manchester, NH
718 Smyth Road,
Manchester, NH 03104
Phone: (603) 624-4366 or
(800) 892-8384
www.manchester.va.gov

White River Jct., VT
163 Veterans Drive (GPS)
White River Jct., VT 05009
Phone: (802) 295-9363 or
(866) 687-8387
www.whiteriver.va.gov

VA BENEFITS

Veterans Benefits Administration (VBA)

Regional Benefit Office
Norris Cotton Federal Bldg
275 Chestnut St.
Manchester, NH 03101
Phone: (800) 827-1000
www.benefits.va.gov/manchester

WHERE CAN I FIND A VET CENTER

Vet Centers

Vet Centers provide a range of counseling, outreach, and referral services to combat veterans and their families, and to veterans who have experienced Military Sexual Trauma. All services are free and strictly confidential.

Berlin Vet Center
(603) 752-2571

Hooksett Vet Center
(603) 668-7060

Keene Vet Center
(603) 358-4950

**White River Junction
(VT) Vet Center**
(802) 295-2908

VETERAN'S CRISIS LINE

Connects veterans in crisis and their families and friends with confidential support.

Phone: 800-273-8255

Chat online at:
[www.veteranscrisisline.net/
ChatTermsOfService.aspx](http://www.veteranscrisisline.net/ChatTermsOfService.aspx)

Send a text message to:
838255

HEALTH CARE COVERAGE

TRICARE HEALTH CARE PROGRAM

For more information visit: www.tricare.mil/Welcome.aspx
Phone: (877) 874-2273

MARTIN'S POINT HEALTHCARE AND US FAMILY HEALTH PLAN

The US Family Health Plan is a TRICARE Prime option managed by Martin's Point HealthCare for active-duty family members & military retirees and their families. For more information visit: Tricare.martinspoint.org, Phone: 1-888-241-4556

VETERAN'S CHOICE CARD

Many VA –eligible veterans now have the option to receive non-VA healthcare. For more information contact Healthnet. Phone: (866) 606-8198

OTHER MILITARY/VETERAN RESOURCES

NH STATE OFFICE OF VETERANS SERVICES

Assists NH veterans and/or their dependents in securing benefits. For more information visit: www.nh.gov/nhveterans, Phone: (603) 624-9230
1-800-622-9230

NH NATIONAL GUARD: Transition Assistance Advisor

For more information visit: www.jointservicesupport.org/ws/transitionsupport.aspx
Phone: (603) 225-1309

CARE COORDINATION PROGRAMS

Services and referrals for service members, veterans, and their families

- **For those currently serving:**
Care Coordination Program – NH (Broadleaf-Inc)
For more information call: (888) 989-9924 or visit: www.ccpnh.com
- **For veterans of all ages/eras:**
Easterseals Military and Veterans Services
For more information call: (603) 315-4354 or
visit: www.easterseals.com/nh/our-programs/military-veterans-services

MILITARY AND VETERAN SERVICES RESOURCE GUIDE

www.servicelink.nh.gov/links/military.htm

HOMELESS HOTLINE

If you are experiencing a housing crisis, call NH 2-1-1, (866) 444-4211, or contact your local city or town welfare office.

NEW HAMPSHIRE STATE VETERANS CEMETERY

110 Daniel Webster Highway, Boscawen, NH 03303-2413
E-mail Address: info@nhsvc.com,
For more information visit: <http://www.nh.gov/veterans/index.htm>
Phone: (603) 796-2026

NEW HAMPSHIRE VETERANS HOME

139 Winter Street, Tilton, NH 03276
For more information visit: www.nh.gov/veterans/index.htm
Phone: (603) 527-4400

Meet Our Staff

William Gaudreau, Director 624-9230 ext. 302
william.gaudreau@va.gov

Jamie Cummings, Agency Supervisor, VSO 486-8148
jamie.cummings@va.gov

Cynthia Fisher, Administrative Secretary 624-9230 ext. 301
cynthia.fisher2@va.gov

Janet Dineen, VSO 486-7805
janet.dineen@va.gov
Veterans Service Officer Covering Central NH
Concord Readiness Center (Armory) 624-9230 ext 301

Michael Galgano, VSO 851-2077
michael.galgano@va.gov
Veterans Service Officer Covering Southeast NH
Portsmouth Readiness Center (Armory) 624-9230 ext 301

Curt Lenz, VSO 851-1323
curtis.lenz@va.gov
Veterans Service Officer Covering Southern NH
Nashua Readiness Center (Armory) 624-9230 ext. 301

Krystal Letourneau, VSO 486-8290
krystal.letourneau@va.gov
Veterans Service Officer Covering Northern NH
Berlin—NHES 752-5500
Colebrook NHES—3rd Thursday WALK IN
Conway—NHES 447-5924
Littleton—NHES 444-2971
No. Haverhill—Horse Meadow Senior Ctr - 1st Thurs WALK IN

Kent Nolan, VSO 486-8203
kent.nolan@va.gov
Veterans Service Officer Covering Southern NH
Manchester Readiness Center (Armory) 624-9230 ext 301

Kris E. Roberts, VSO 486-8231
kris.roberts@va.gov
Veterans Service Officer Covering Southwest NH
Keene-NHES 352-1904
Claremont—NHES 543-3111
Manchester-VAMC Walk Ins—Wednesday
First Come, First Serve

Vanessa Rogan, VSO 486-7624
vanessa.rogan@va.gov
Veterans Service Officer Covering Southern NH
Hooksett Vet Center 624-9230 ext 301
Manchester-VAMC 624-9230 ext 301

Additional Information

Discharge Paperwork

Copies of veteran's discharge paperwork can be located by contacting the following:

NH: Office of the NH Adjutant General
603-225-1380

MA: Military Records Branch
508-422-1993

National Archives—complete an SF 180 and mail it to the appropriate address listed on the form or request a copy of the discharge paperwork online at <http://www.archives.gov>

Phone Numbers and Websites of Interest

NH State Office of Veterans Services
603-624-9230 or 800-622-9230 (NH only)
www.nh.gov/nhveterans

US Department of Veterans Affairs
800-827-1000
www.va.gov

NH Veterans Home
603-527-4400
www.nh.gov/veterans

NH Veterans Cemetery
603-796-2026
www.nhsvc.com

VA Medical Center Manchester, NH
603-624-4366 or 800-892-8384
www.va.gov



New Hampshire Office of Veterans Services

**NORRIS COTTON FEDERAL BUILDING
275 CHESTNUT ST., RM 517
MANCHESTER, NH 03101**

1-603-624-9230

OR

1-800-622-9230

AID AND ATTENDANCE

[HTTP://WWW.NH.GOV/NHVETERANS](http://www.nh.gov/nhveterans)



VA
HEALTH
CARE

Defining
EXCELLENCE
in the 21st Century

In New Hampshire, eligible veterans have two VA Medical Centers to seek care as well as 6 community based outpatient clinics.

The VA Medical Centers and their community based outpatient clinics offer a broad array of quality healthcare services.



White River Junction VA Medical Center
163 Veterans Drive (GPS)
White River Junction, VT 05009
802-295-9363 | 866-687-8387



Manchester VA Medical Center
718 Smyth Road
Manchester, NH 03104
603-624-4366 | 800-892-8384

Community Based Outpatient Clinics:

Conway 800-892-8384 Ext. 3199

Keene 603-358-4900

Littleton 603-575-6700

Portsmouth 603-624-4366 Ext. 3199

Somersworth 603-624-4366 Ext. 3199

Tilton 603-624-4366 Ext. 3199



Learn what VA can do for you

VA can support you and your loved ones in different ways throughout your life. Your VA Welcome Guide provides a broad overview of services VA can offer you. To access more information about VA benefits and services, **visit us online at [VA.gov](https://www.va.gov)**

GET HELP FOR
YOURSELF OR A
FRIEND IMMEDIATELY

Call the **Veterans Crisis Line**
at (800) 273-8255 and **press 1**,
or refer to **p15** to find
additional resources and
access immediate care.



Health Care

- Basic and Specialty Care
- Mental Health Care
- Long-Term Care
- Crisis Support



Finances

- Monthly Disability Payments
- Life Insurance
- Burial Allowances



Housing

- Short-Term Housing
- Home Loans
- Refinancing Options



Employment

- Skills Training & Counseling
- Online Career Tools



Education

- GI Bill
- Training Programs



Memorialization

- Burial and Committal Services
- Headstones and Markers
- Burial Flags



More Support

Organizations outside of VA can help you find the support you need:

- Veterans Service Organizations
- Local Community Resources

Get help right now

Contact the resources below to get immediate help for yourself or a friend. These resources are designed to support Veterans during difficult times.

WHAT SERVICES CAN VA PROVIDE?	VISIT US ONLINE	GIVE US A CALL
Veteran's Crisis Line	www.veteranscrisisline.net <i>(click "chat")</i>	(800) 273-8255 (press 1) text 838255 <i>24 hours a day / 7 days a week</i>
National Suicide Prevention Lifeline	suicidepreventionlifeline.org <i>(click "chat")</i>	(800) 273-8255 <i>24 hours a day / 7 days a week</i>
Military Sexual Trauma Support <i>(VA offers free counseling services for Military Sexual Trauma (MST) survivors. You don't have to be enrolled in VA Health Care to access MST services.)</i>	Find a Medical Center va.gov/facilities Find a Vet Center www.va.gov/directory/guide/vetcenter.asp	<i>Call your local Medical Center or Vet Center.</i> <i>At Medical Centers, ask to speak to the MST coordinator.</i>
National Call Center for Homeless Vets	www.veteranscrisisline.net <i>(click "chat")</i>	(877) 424-3838 <i>24 hours a day / 7 days a week</i>
Women Veterans Call Center	www.womenshealth.va.gov <i>(click "chat")</i>	(855) VA WOMEN (855) 829-6636 <i>M-F, 8 AM-10 PM EST Sat, 8 AM-6:30 PM EST</i>
VA Caregiver Support Line	www.caregiver.va.gov	(855) 260-3274 <i>M-F, 8 AM-8 PM EST</i>

WHERE CAN I FIND IN PERSON HELP?

To locate your nearest VA Medical Facility, Regional Benefits Office, Regional Loan Center, Vet Center, National Cemetery, and other VA facilities, visit va.gov/facilities

HEAR FROM OTHER VETERANS

To hear stories from Veterans who sought help, visit www.maketheconnection.net

Get started today

Use the checklist below to get started accessing the VA benefits and services you deserve.

1

RESEARCH

- Identify VA services that can meet your goals
- Prioritize time-sensitive benefits**
- Work with VA to **identify which benefits and services you and your loved ones might be eligible for:**
 - Visit explore.va.gov/benefits-navigator
 - Call (800) 827-1000 to speak with a VA representative
 - Talk with a member of a Veterans Service Organization (VSO)

2

PREPARE

- Prioritize which benefits you want to pursue **now**
- Consider applying for a disability rating
 - Visit va.gov/disability-benefits to learn more
- Get a copy of your **discharge papers**
- Collect other information as necessary, which may include:
 - Military personnel records**
 - Orders** (if activated from the Guard or Reserves)
 - Military and private medical records**
 - Your most recent **tax return**

3

APPLY

- Complete the form for the service you want to apply for:
 - **Online** at eBenefits.va.gov (all VA benefits) or at va.gov (VA Health Care, Education, Pension, and Burial Allowance only)
 - **In person** or by **mail** to your Regional Benefits Office (va.gov/facilities)

4

REVISIT

- Check back over time as your needs change. For example, you could:
 - Apply for a higher disability rating** if your disability gets worse
 - Pass GI Bill benefits on to your dependents** if you do not use them
 - Apply for a VA Pension** when you are 65 or receiving home care
 - Decide where and how to be memorialized** using burial benefits

WHICH BENEFITS ARE TIME SENSITIVE?

- Dental Care (180 days post-separation)
- Life Insurance (240 days post-separation)
- VA Health Care for recent Combat Veterans (5 years post-separation)
- Montgomery Bill (10 years post-separation)
- Post 9/11 GI Bill (15 years post-separation)
- Vocational Rehabilitation & Employment (12 years since receiving your disability rating post-separation, though there are exceptions. If you are interested in VR&E, make sure to work with VA to determine your eligibility as soon as possible.)

WHAT DOES A VSO DO?

Representatives from Veterans Service Organizations may offer free help to Veterans applying for VA benefits. Go to www.va.gov/ogc/apps/accreditation for more information.

WHAT ARE DISCHARGE PAPERS?

*Your discharge papers—also known as your **DD214 member-4**—are the most important documents to keep. They are necessary to get access to VA benefits. Request yours at eBenefits.va.gov*



NH National Guard Family Programs

Resource and Referral Line: 877-598-0666

Family Assistance Center Program

Family Assistance Centers were established in order to help support geographically dispersed, currently serving Service Members, Retirees, and their families, from any branch or component. The Family Assistance Specialists (FAS) simplify the process of accessing a variety of services and support. The primary mission of the FAS is to connect the people they serve, with the resources and referrals they need, in order to enhance their quality of life.

Type of Resources Provided:

Legal

POAs/Wills

Service Members Civil Relief Act

Employer Support to the Guard and Reserve (ESGR)

ID Cards/DEERS

Information on DEERS/RAPIDS

Help finding ID card centers

Financial

Provide referrals for budgeting

Financial Assistance

Community Information and Outreach

Soldier and Family Readiness Support (available to NH Army National Guard Soldiers and Families)

A Soldier and Family Readiness Group (SFRG) is a key component of mission readiness. As a command-sponsored organization, the SFRG is an important entity to network, communicate and support our Service members and Families. Family Readiness Support Assistants (FRSAs) provide guidance, assistance and day-to-day support and continuity for the Commander's Soldier and Family Readiness Program, operations, initiatives.

Child & Youth Program

The Child and Youth Program provides dependent youth of Army National Guard Members with free summer camp, vacation camps, teen leadership opportunities, winter break kits, military youth appreciation certificates, awareness raising briefings to community, and Yellow Ribbon event support.

Program Goals:

- Deliver recreational, social, and educational programs for New Hampshire's military youth that build a sense of belonging and provide opportunities for them to network with other military families in their community.
- Provide New Hampshire's military youth with opportunities to build teamwork, develop life skills, leadership skills and ensure they are better able to manage their lives throughout the deployment cycle by fostering resiliency.
- Educate military families, schools, and community personnel in New Hampshire on the impact of deployment cycles on military families and the resources, support services, and programs available to them.

Serving you and your loved ones.

GET STARTED

SERVING ALL BRANCHES OF THE MILITARY



FREE AND CONFIDENTIAL

Assistance for currently-serving military of any branch and component, as well as their loved ones, who live, work or serve in New Hampshire.

The Care Coordination Program-New Hampshire (CCP-NH) is proud to assist military from all branches of service who live, work or serve in the state of New Hampshire. Our team of professional care coordinators and personal financial counselors are available to provide advice and support to service members and their families before, during and after deployment.

CCP-NH helps address the unique needs of the state's military community with national, state and local resources.

COMPREHENSIVE SUPPORT SERVICES:

- Financial Counseling and Education
- Housing Assistance
- Deployment Support
- Family Conflict
- Substance Abuse Counseling & Resources
- Employment Assistance
- Child & Youth Resources
- Education Assistance
- Legal Resources
- Individual and Family Counseling Resources
- Crisis Intervention and Emergency Assistance
- Referral Services

GET STARTED TODAY!

CONTACT US

Email:
ccpnh@broadleaf-inc.com

Phone:
888-989-9924

Web:
<http://www.ccpnh.com/>

NOTES



The VCCC is a resource for combat veterans, survivors of Military Sexual Trauma (MST) and family members. We are a 24-hours service providing quality support and referrals for veterans to over 300 Vet Centers, as well as other various VA programs nationwide. We are staffed by veterans who offer a genuine appreciation for your military service.



Additional Resources



READJUSTMENT
COUNSELING SERVICE
VET CENTER PROGRAM
&
VET CENTER CALL
CENTER (VCCC)

"Keeping the Promise"



1-877-WAR-VETS
(927-8387)

Our Staff

Is ready to assist veterans and their families with locating appropriate resources to meet their individual needs and make referrals to ensure “no one is left behind.” VCCC staff understand Veterans' traumatic experiences and are ready to assist with successful readjustment to post-service life!



To fulfill President Lincoln's promise "To care for him who shall have borne the battle, and for his widow, and his orphan" by serving and honoring the men and women who are America's veterans.

Our Services

The VCCC offers a wide range of services to assist veterans in making a successful post-service transition. Services include:

- ◆ Referral to local Vet Center for individual readjustment counseling, couples counseling & group counseling.
- ◆ Referral for bereavement counseling for families of service member killed in action.
- ◆ Assistance in locating VA Health Care facilities near the veteran.
- ◆ Assistance in accessing VA Benefits through either a Regional Benefits Office or local Veteran Service Officers
- ◆ Assistance by providing telephone transfers to local Vet Centers, the Veterans Crisis Line and emails to VA Clinical Staff ensuring clear communication to staff on behalf of the veteran.
- ◆ Assists families and friends by making direct referrals to Coaching Into Care (CIC).
- ◆ Assistance with referral for veteran's seeking readjustment counseling services following an Other Than Honorable Discharge (OTH).
- ◆ Or...just to speak with another Veteran on a peer-centric level



Vet Center Call Center

The VCCC is a resource staffed by veterans to provide 24 hours confidential support and referral for Veterans and family members seeking services from the VA.

The VCCC has the capacity to provide immediate telephone transfer for veterans requiring specialized services outside the scope of the Vet Center program. Transfers include: the Military & Veteran's Crisis Line, and the Homeless Veterans Hotline, to ensure each veteran is connected directly with a specialized agent.

NH Community Mental Health Centers "1st in the Nation" Military Liaison Initiative Serving New Hampshire's Military Families

NH Community Mental Health Centers provide a wide variety of behavioral and mental health services.

The mission of the Community Mental Health Center (CMHC) Military Liaison Initiative is to improve access to and quality of care for veterans, service members and military families by:

- Strengthening systems for identifying military members being served;
- Enhancing military cultural competence; and
- Partnering with civilian-military partners and the community.

Launched August 1, 2015, the CMHC Military Liaison Initiative created an internal Military Liaison in each of the 10 centers.

Nationally recognized as a *Promising Practice* by the Department of Defense, U.S. Department of Veterans Affairs, and U.S. Department of Health and Human Services.

TriCare

A health care insurance system provided by the US Department of Defense for military dependents and members of the military services that covers care not available through the usual U.S. military medical service or public health service facilities.

Several CMHCs are enrolled as TriCare providers, which includes over 250 credentialed clinicians as of July, 2018. Contact your local CMHC to ask if they accept TriCare.

Contact Information

Concord

Riverbend Community Mental Health
(603) 228-1600

Conway, Littleton, Berlin and Colebrook

Northern Human Services
(603) 569-1884

Dover and Rochester

Community Partners
(603) 516-9300

Keene

Monadnock Family Services
(603) 357-4400

Laconia and Plymouth

Lakes Region Mental Health Center
(603) 524-1100

Lebanon, Claremont, Newport

West Central Behavioral Health
(603) 542-5128

Manchester

Mental Health Center of Greater Manchester
(603) 668-4111

Nashua

Greater Nashua Mental Health Center
(603) 889-6147

Portsmouth and Exeter

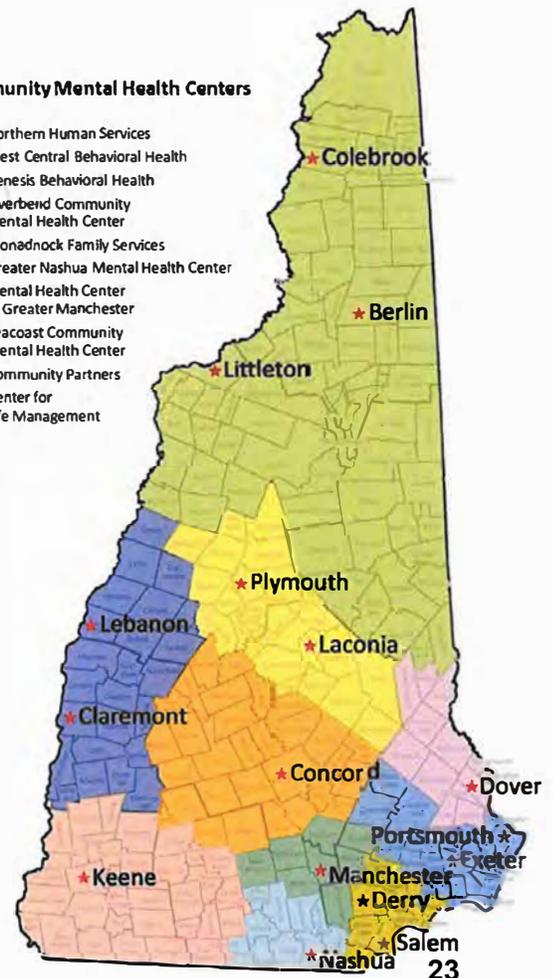
Seacoast Mental Health Center
(603) 431-6703 Portsmouth Office
(603) 772-2710 Exeter Office

Salem and Derry

Center for Life Management
(603) 434-1577

Community Mental Health Centers

- Northern Human Services
- West Central Behavioral Health
- Genesis Behavioral Health
- Riverbend Community Mental Health Center
- Monadnock Family Services
- Greater Nashua Mental Health Center
- Mental Health Center of Greater Manchester
- Seacoast Community Mental Health Center
- Community Partners
- Center for Life Management





VETERAN &
FIRST RESPONDER
HEALTHCARE

PROUDLY SERVED BY *Stive*



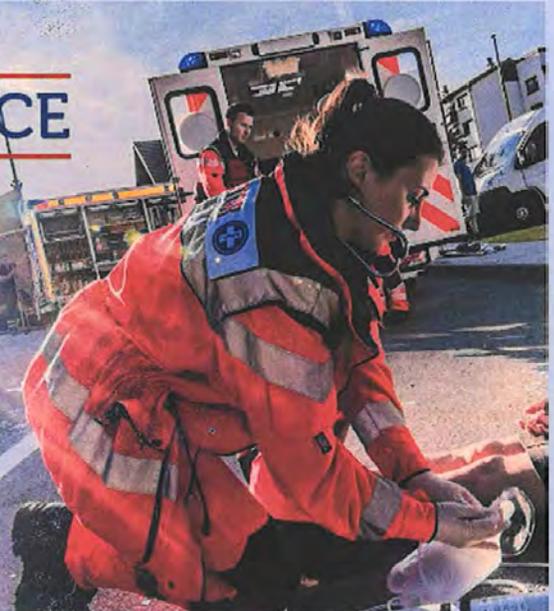
Veteran-owned and -operated
and designed to provide dual treatment
for service-members, Veterans, first
responders and their families, suffering
from substance use and behavioral
health disorders.

CONTACT US

VFR HEALTHCARE DIFFERENCE

We know that service to country and community has an effect not only on the person serving but every aspect of their life.

We know this because **we are you**. Many of our staff and clinicians are veterans and first responders ourselves.



CALL US AT 888.635.1806 TO GET HELP

Veteran Training

- ▼ Veteran Training
- Home
- Anger & Irritability Management Skills
- Moving Forward
- Path to Better Sleep
- Sleep Check-up
- Veteran Parenting**
- About the Site
- FAQs
- VA Mental Health Home Page



Parenting for Service Members & Veterans



The VA website offers free and valuable online training resources! Find this Parenting course at:

<https://www.veterantraining.va.gov/parenting/>

PARENTING For Service Members and Veterans

ASSISTIVE TECHNOLOGY

1 Back into the Family

TABLE OF CONTENTS

The biggest gap between you and your child may not be the physical distance. You can be right next to your child and still feel that you are a thousand miles away. It's the distance between two hearts that counts.

- Module 1: Back into the Family
- Module 2: Promoting Positive Parent-Child Communications
- Module 3: Helping Your Child with Difficult Emotions and Behavior
- Module 4: Positive Approach to Discipline
- Module 5: Managing Stress and Emotions as a Parent
- Module 6: Parenting with Emotional and Physical Challenges

HELP HOMEPAGE RESOURCES Page 1 of 21

Parenting2Go Mobile App



A *Parenting2Go* mobile app is available to users of iOS devices (iPhone, iPad, iPod Touch). The app provides on-the-go parenting resources including tips for managing challenging parenting situations, tools to help you increase positive communication with your children, guided exercises to manage stress, and tools to help you shift gears from work to home. *Parenting2Go* can be used alone or with the more comprehensive online course. The app is free and can be downloaded from the [App store](#).



NEW HAMPSHIRE EMPLOYMENT SECURITY (NHES)

www.nhes.nh.gov

New Hampshire Employment Security (NHES) helps people succeed throughout their lives. In addition to providing outstanding customer service, supporting workers through times of unemployment, matching job seekers with employers, and providing businesses and individuals with the information they need to adapt to a changing economy, NHES facilitates the training needed for success.

NHES VETERANS' SERVICES

All that NHES does, it does first and foremost for veterans. Veterans and eligible spouses receive access, on a priority of service basis, to the full range of public employment and training services, including job search assistance, workshops, resume assistance, labor market information, career guidance, job referral, and referral to other supportive and training resources. Veterans are given preference in each of our local offices in the referral to job orders. Staff assesses the needs of each veteran and makes it a priority to educate the veterans of New Hampshire, especially for those veterans returning from active duty, on services available through NHES. Our Disabled Veterans' Outreach Program Specialists (DVOPs) serve those veterans who need intensive services in order to obtain or retain employment that supports their self-sufficiency by providing those services and referrals as appropriate. In addition, these specialists will network with other veterans' social and supportive service agencies to get assistance for their veteran customers. Local Veterans' Employment Representative (LVER) staff conducts outreach to employers, employer associations and business groups to promote the advantages of hiring veterans and to assist veterans in gaining employment. There are veterans who need referrals to other supportive services and NHES tries to facilitate and expedite these processes as much as possible. Every NHES office has space for representatives from the NH Division of Veterans Services to meet with veterans, providing veterans access to their services locally and on a regular basis.

NHES OFFICE LOCATIONS

Berlin:

151 Pleasant Street
 Tel: 752-5500

Claremont:

404 Washington Street
 Tel: 543-3111

Concord:

45 South Fruit Street
 Tel: 228-4100

Conway:

518 White Mountain Highway
 Tel: 447-5924

Keene:

149 Emerald Street, Suite Y
 Tel: 352-1904

Laconia:

426 Union Avenue
 Tel: 524-3960

Littleton:

646 Union Street, Suite 100
 Tel: 444-2971

Manchester:

300 Hanover Street
 Tel: 627-7841

Nashua:

6 Townsend West
 Tel: 882-5177

Portsmouth:

2000 Lafayette Road, Route 1
 Tel: 436-3702

Salem:

29 South Broadway
 Tel: 893-9185

Somersworth:

6 Marsh Brook Drive
 Tel: 742-3600

NHES SATELLITE LOCATIONS

Colebrook Satellite Office:

118 Main Street; Colebrook, NH
 Telephone: (603) 237-5859
 Office hours: Mon, Tues, Wed 8a.m. - 12p.m.
 and 1p.m. - 4:30p.m.
 Office is closed on Thursday & Friday, but
 available by appointment.

Seabrook Satellite Office:

Seabrook Town Hall
 99 Lafayette Rd; Seabrook, NH 03874
 Call (603) 436-3702 for assistance or to make
 an appointment.

Plymouth Satellite Office:

Whole Village Family Resource Center
 248 Highland Street; Plymouth, NH 03264
 Telephone: (603) 536-3720
 NHES staff is available the 2nd & 4th
 Wednesday of each month from 9a.m. - 3p.m.
 Call (603) 528-9318 for assistance or to make
 an appointment.
 Any questions, comments, or concerns, please
 call: 603-524-3960

MILITARY, VETERAN OR SPOUSE? LOOKING TO TEACH IN NH?

Contact the DOE today and identify yourself as military/veteran or spouse!



The NH Department of Education Bureau of Credentialing values the service of military families!

An Educational Consultant is available to provide you with 1:1, expedited service to walk you through the credentialing process and help determine if/how you can transfer credentials and translate unique service, training & life experiences into an educational career to benefit New Hampshire students.

Contact:

Stephen Appleby
Bureau of Credentialing
Administrator
(603) 271-2408
Stephen.Appleby@doe.nh.gov



VETRN

Taking your business to the next level!



Josh Smith

"Through the VETRN program alone, I was able to grow an additional 45% in revenue within a short time. I highly recommend this course to veterans and family members of any business."

JOSH SMITH
SHAMROCK OVERHEAD DOOR
NORWOOD, MA

Since 2015, **VETRN** has provided The **StreetWise 'MBA'** program to **Veteran-owned business owners and family members** using Interise's award winning executive training program to provide education that supports business owners on their path to growth and success. The StreetWise 'MBA' is designed to give business owners access to business knowledge, management know-how, and relationships needed for their businesses to flourish in today's competitive marketplace.

OVER 5,000 BUSINESS OWNERS IN MORE THAN 80 CITIES NATIONWIDE USE THE STREETWISE 'MBA' TO GROW THEIR BUSINESS.

The program is designed to run for seven months. During that time, you will cover:

- business development strategies
- strategic planning
- finance and financial management
- marketing/sales
- human resources
- accessing capital
- government contracts

IS IT RIGHT FOR YOU?

Are you a small business owner looking to gain the critical knowledge, insight, and skills needed to grow and guide a business successfully.

Basic Eligibility Requirements:

- Veteran-Owned Businesses in MA, RI, NH, Maine, and CT
- \$75,000 - \$10 Million in annual revenues
- Been in business for at least one year

2017 VETRN GRADUATE RESULTS

\$155K

Total value of government contracts secured

80%

Added or retained jobs

75%

Increased or maintained annual revenue

105%

Average growth of annual revenue

Program held at Service Credit Union Corporate Office,
3003 Lafayette Road, Portsmouth NH.

For more information, please call Jaime Yates at 603.430.6983.

servicecu.org | 800.936.7730 | 00800.4728.2000



 Insured by NCUA

COORDINATED ENTRY NETWORK AND 2-1-1 NEW HAMPSHIRE



The Coordinated Entry Network of New Hampshire is a **STATEWIDE TEAM OF AGENCIES** working together to assist those experiencing or at risk of homelessness by connecting them with local resources and assistance.

THESE SERVICES ARE FREE and available regardless of one's race, color, national origin, religion, sex, age, familial status, disability, sexual orientation, or gender identity.

2-1-1 New Hampshire, an initiative of Granite United Way, is a **FREE HEALTH & HUMAN SERVICE INFORMATION AND REFERRAL** helpline that serves as the primary entry point for people experiencing a housing crisis.

WHAT SHOULD I DO IF I HAVE A HOUSING CRISIS?

Call 2-1-1.

2-1-1 is the Coordinated Entry Network for homeless veterans in NH. Access all NH providers who serve homeless veterans with one phone call!

WHAT HAPPENS WHEN I CALL 2-1-1?

With your permission, 2-1-1 will take your name and information and send it to the correct Regional Access Hub, who will contact you to talk to you about your individual housing circumstance. You may also receive referrals of places you can call for assistance.

WHY CAN'T I JUST CALL A SHELTER?

There is no wrong way to ask for help. By calling 2-1-1 NH, you are ensuring that you are going to be connected to the resources that fit your individual housing needs. You will also have the ability to be connected to food pantries, utility payment assistance, or other services that may be of assistance to you.

WHAT IF I CAN'T CALL 2-1-1?

You should go to your local soup kitchen, library, police department, or community center where someone can help you make the call.

WHAT SHOULD I EXPECT IF I CALL 2-1-1?

You can expect the information and referral specialist to ask you questions that can help to assess your housing situation and will help make a referral to a Regional Access Hub for assistance that fits your situation.

ARE YOU HOMELESS?

OR ARE YOU AT RISK OF LOSING YOUR SAFE AND PERMANENT HOUSING?



**CALL 211 FROM ANY PHONE
IN NEW HAMPSHIRE**



**BE CONNECTED TO A TRAINED
SPECIALIST THAT CAN HELP
YOU FIND RESOURCES**



**TELL US
YOUR NEEDS**



**BE CONNECTED
STAY CONNECTED**

Program Mission

To provide job training and employment opportunities to homeless veterans.

We are committed to helping individuals set goals, develop positive attitudes, learn good work habits, and the behaviors necessary to maintain successful employment re-entry into the workforce.

Statistics show that through the HVRP program, Veterans stay employed longer and work toward upgrading their current skills.

For more information please visit our website at: <http://harborhomes.org/veterans-first/>

About Harbor Homes, Inc.

An action oriented agency; identifying, executing and delivering solutions to end homelessness. The success of our solutions has fueled our growth. Our 29 year history of services creates stability and improved outcomes for our consumers while reducing public costs for our community. Visit www.harborhomes.org for more information on our programs and services.

Harbor Homes is a member of The Partnership for Successful Living *A collaboration of four affiliated not-for-profit organizations providing southern New Hampshire's most vulnerable community members with access to housing, health care, employment, and supportive services.*



77 Northeastern Blvd.
Nashua, NH 03062

Pictures in this brochure are models and are for illustrative purposes only.



Homeless Veterans' Reintegration Program

A Harbor Homes, Inc. Employment Training and Placement Program

FOR MORE INFORMATION CALL
603-882-3616 x1243

OR EMAIL
HVRP@NHPARTNERSHIP.ORG

Determine Your Goals and Develop a Plan

How We Can Help



Let us help you gain the skills and experience you need to return to the workforce.

Services Offered:

- Resume Writing
- On the Job Support
- Connections to Community Resources
- Job Search/Job Counseling
- Job Skills Development Workshops
- Money Management Training

The Homeless Veterans Reintegration Program (HVRP) was established by the Department of Labor to help homeless veterans get back on their feet by assisting them in their efforts to return to work.

Whether you served in the Vietnam War, the Gulf War, or the current conflict in Iraq, this employment training and placement program is for all homeless veterans who want to be gainfully employed in their communities.

Frequently Asked Questions

How can I arrange a meeting with the Employment Specialist?

For an appointment, call Andrea Reed, the Supportive Employment Program Manager for Harbor Homes at (603) 882-3616 x1111 or email a.reed@nhpartnership.org

What will it cost?

There is no cost to you. The Department of Labor has awarded Harbor Homes a HVRP grant to provide this service free of charge to veterans. Let us help you reintegrate into civilian life.

Is there any extra paperwork required?

Our Supportive Employment Specialist will provide you with a form, help you set goals, and assist in completing forms.

How often do I need to meet with a VA Supportive Employment Specialist?

You can meet as often or as few times you feel necessary to assist you in returning to work.



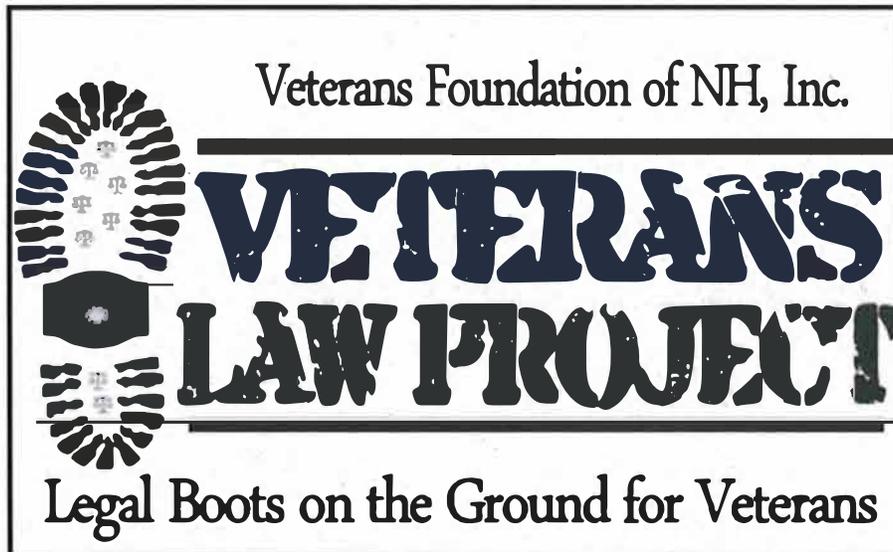
Eligibility Requirements

- You must be a homeless individual as defined by the U.S. Dept. of Labor.*
*This definition includes individuals who lack a fixed or adequate nighttime residence. It includes persons whose primary nighttime residence is either a supervised public or private shelter designed as temporary living accommodations, or an institution that provides temporary residence for individuals intended to be institutionalized, or a private place not used as a regular sleeping accommodation for human beings.
- You must be a veteran who served in the active U.S. military and was honorably discharged or released under conditions other than dishonorable.
- You must be motivated and willing to search for work and to connect to the necessary benefits.
- You must be willing to complete an employment preparation assessment card and provide your VA status, housing, age, gender, and other personal information.**
** Harbor Homes is required to demonstrate that the services rendered are consistent with the grant funding level.



Veterans Law Project:

Legal Boots on the Ground



Veterans endure hardship within the judicial system unfamiliar with the true nature of conditions unique to them. For these service members, their war is without end.

The **Veterans Law Project Legal Boots on the Ground** mission assists needy veterans in securing advice and representation regarding civil and criminal legal needs. Additionally, Boots on the Ground supports new and existing veterans tracks in the New Hampshire court system.

Veterans Law Project Help Line: 603-716-8488

Request assistance online at: <https://vfnh.org/request-assistance/>

Contact us for assistance with your legal issue:

Veterans Foundation of New Hampshire Inc.
77 Central Street, Manchester, NH 03101
Executive Director Tara Sue Myers
Email: hq@vfnh.org

Veterans Law Project
Help Line: 603-716-8488
Legal Director Larry Vogelmann
Staff Attorney Stephen Rasche
Email: vlp@vfnh.org

For VA Related Issues Contact John Barrett, VFW VSO at 603-222-5780



NOTES

FORT 
NEW HAMPSHIRE



Testimonial

I can't tell you how thankful I am for the support of the Homeland Heroes Foundation. Your organization does so much more than just provide furniture or appliances to our Sailors and Coastguardsmen.

Yes, you meet a physical need, but what you are really providing helps to alleviate financial stress and worry over basic needs, which ultimately helps families thrive.

Your organization allows our families at the Portsmouth Naval Shipyard to focus on relationships and reintegration after long deployments, which strengthens marriages, boosts morale, and increases unit cohesion and productiveness. So thank you.

Thank you for helping to strengthen our families. These servicemen and women endure much during their military careers, but your service to them reminds them that they are valued, appreciated, and not forgotten. God bless you for what you do.

Very Respectfully,

Command Chaplain
Ian Underhile, LT, USN
Portsmouth Naval Shipyard

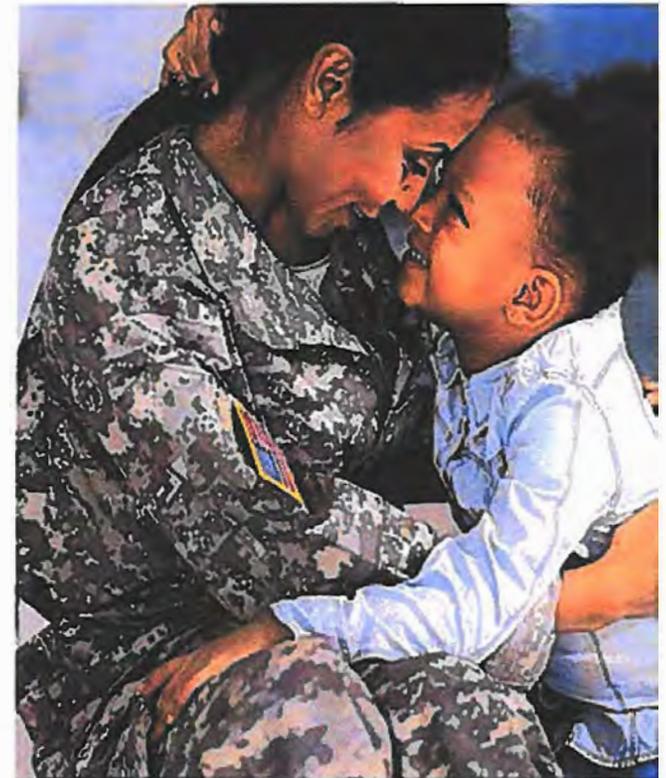


Locations

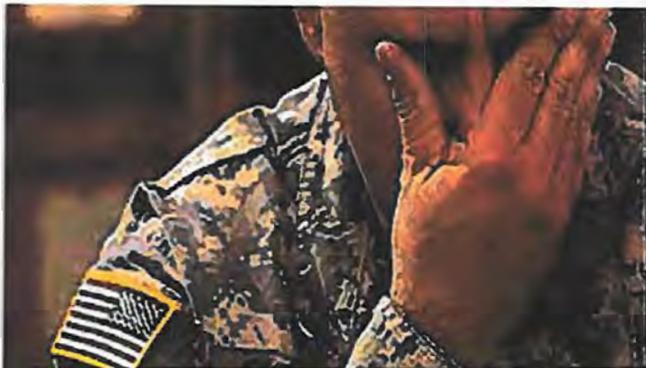
Administrative Office
224 N. Broadway
Unit E-1
Salem NH 03079

Donation Center
Hudson NH
By appointment only

HomelandHeroesFoundation.org
617-910-6948



*Helping service members,
veterans and their families
every day!*



Get the Facts

Serving overseas can be a harrowing experience, but what awaits our service men and women at home may be even worse.

- 1 in 3 returning troops are being diagnosed with serious post traumatic stress symptoms, less than 40% will seek help.
- 2 of 3 marriages are failing for those that suffer from combat trauma.
- About 1.4 million vets are considered at risk to homelessness due to poverty, lack of support networks and dismal living conditions in overcrowded or substandard housing.
- According to the VA the number of Veteran deaths by suicide average 22 per day.

What we Do

- Furniture and Household items
- Emergency housing
- Food & Gas Cards
- New Mattresses & box springs
- Christmas Toy Drive
- School clothes & supplies
- Home purchases and VA loans

Your support

Volunteers are always needed. Please email or call us today to find out how you can get involved.

For more information visit us at:

HomelandHeroesFoundation.org
617-910-6948

Who we Are

The Homeland Heroes Foundation is a team of caring people who work tirelessly to assist active duty military, veterans and their families in their time of need.

We rely heavily on the support of our community and we truly believe that together we can make a difference in the lives of the veterans that we serve.

Please help us make a difference in the lives of the veterans that we serve!

DONATE TODAY
HomelandHeroesFoundation.org

Making A Difference on the Front Lines: Military and First Responders Family Story Project by The Voice Library

By Jason Myers Aug 19, 2019

Smell may be the sense tied closest to memory, but the sound of a loved one's voice can't be too far behind it. For those that work in high pressure and/or dangerous jobs, hearing the right thing at the right time can make all the difference in the world. The Voice Library provides a way for military, first responders, and their families to tap into positive memories through the power of the human voice.

Combating the Combat Deployment Blues

The spouse of a military serviceman came into Al Brandano's (founder and CEO of The Voice Library) office with an idea. She was already a fan of The Voice Library platform and with her husband preparing to deploy for active duty she believed it would be a great way for soldiers and their families to stay connected during a deployment.

In order to make it easy on military families, Brandano helped her to figure out a sponsorship model whereby businesses and individuals could sponsor a subscription for the Voice Library platform for military families. Initially, she raised funds to procure 200 subscriptions for active duty soldiers. From those humble beginnings the program has grown rapidly.

Since the program's inception, The Voice Library has been able to provide over 1,800 subscriptions through corporate sponsorship. In 2018, the program expanded to include first responders and their families, too.

How It Works

The platform provides subscribers with two types of access, recorder and listener. Account members can create and access voice recording using their phone. Once a recording exists in the account it gets a unique PIN and passcode.

The creator of the recording can then share this access information with anyone they want. Individuals can call the TVL platform at any time to listen to the recordings in their account. So, the mother deployed in Afghanistan can make recordings that her kids at home can hear, and vice versa.

TVL built the voice applications that allow users to record and access their recording libraries over the phone using the Plum DEV platform.

Fighting Isolation

Not only does the Family Story Project help keep families and friends connected, but those serving on the front lines often derive additional benefits from the service. Brandano notes that it's become useful for fighting the isolation that many servicemen and women feel at home and abroad.

"When someone's isolated—all alone—they do things that maybe aren't good for them like harm themselves. This service has helped some folks suffering from PTSD. We've helped families cope with isolation and loneliness because a child can hear their father's story in his voice, or a mom on the front lines can hear her daughter read Goodnight Moon. It's pretty powerful stuff."

The Pentagon Gets Involved

Word about the program eventually made it to the Pentagon and soon Colonel Philbrook, who worked on the Suicide Prevention Task Force, contacted Brandano about using the Voice Library program in conjunction with their own efforts.

This led TVL to get involved with a project called Story Bunker where families can capture stories and recordings before their loved one deploys so that they can establish a library of recordings. Not only does this help to familiarize everyone involved with the platform, but it also creates a ready-made library of recordings so that they're available from day one.

Making A Difference on the Front Lines: Military and First Responders Family Story Project by The Voice Library

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Page 2

Expanding the Impact of Voice

The crucible of the frontlines forges very special and unique bonds between people. That's the underlying factor behind another program called Battle Buddies. This builds on the camaraderie that naturally occurs during military service by encouraging soldiers in the same unit or serving on the same ship, for example, to preserve their stories and experiences together.

Post-deployment, these recordings can be cathartic or combat negative impulses for some soldiers. For others, they can simply provide a reminder of good times and good friends, as told by those people.

Being able to actually talk through a traumatic experience is a critical first step of the healing process and TVL helps facilitate that. "The ability to not be judged and to tell your story is part of the healing process," says Brandano. The various TVL programs give individuals the ability to vocalize their experiences privately, to themselves, often for the first time.

Too often, in our hyper-connected world people don't *really* connect. The human voice helps to bridge the gap between being connected and connecting. The Military and First Responders Family Story Project continues to make a positive impact on those who put duty and country ahead of everything else.

To learn more about the Military and First Responders Family Story Project, visit <https://www.thevoicelibrary.net/MilitaryFirst/>.



Jason Myers

Jason Myers stitches together letters and words into cogent thoughts as the Copywriter at Plum Voice.

Note:

Military service members, veterans and their family members can contact Al Brandano at alb@thevoicelibrary.net or 603-583-4880 for more information and a free subscription.

Section 2: Academic & Recreational Resources for Children of Military Families

The resources in this section are to help you and/or your child’s educator find military-specific academic, training or recreational resources to help your children. They all have unique eligibility criteria that will determine whether their services are available to your family.

Table of Contents

Consider these resources:

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	Military Interstate Children’s Compact Commission	Tutor.com	Navy CYP- Direct Step eCourses	Recreational Opportunities for Military Children	National Guard Joint Child & Youth Services	Granite YMCA	Our Military Kids	Military Kids Connect	National Parks & Federal Recreation Lands Passes	Military One Source	SAT/ACT Prep	March 2 Success College Prep	College Scholarships for Military Children



If you are looking for information or help with:

academic support	X	X					X			X	X	X	
college prep	X	X								X	X	X	X
extracurricular activities				X	X	X	X		X				
laws regarding education	X		X										
military culture training for your school			X							X			
recreation				X	X	X			X				
social support				X	X			X					
summer camp				X	X	X							
transferring credits to new school	X												
services for National Guard	X	X	X	X	X	X	X	X	X	X		X	X
services for active duty status	X	X	X	X		X		X	X	X	X	X	X
services for Reserves	X	X	X	X		X	X	X	X	X	X	X	X
services for those who served												X	X
services for those on deployment	X	X	X	X		X	X	X	X	X	X	X	X
services for any branch of military	X	X	X	X		X		X	X	X	X	X	X
services for family members	X	X	X	X	X	X		X	X	X	X	X	X
services for educators of military children	X		X		X			X		X		X	



MILITARY INTERSTATE
CHILDREN'S COMPACT
COMMISSION

WHAT IS THE COMPACT?

Developed in 2006, the Military Interstate Children's Compact was adopted by all 50 states, the District of Columbia and the Department of Defense Education Activity. The Compact eases the educational challenges that military children encounter, and supports uniform treatment as they transfer between school districts in member states. Note: The Compact only applies to public schools.

STUDENTS COVERED

Children of the following:

- Active duty members of the uniformed services, including members of the National Guard and Reserve on active duty orders (Title 10)
- Members or veterans who are medically discharged or retired for one year
- Members who die on active duty, for a period of one year after death
- Uniformed members of the Commissioned Corps of the National Oceanic and Atmospheric Administration (NOAA), and United States Public Health Services (USPHS)

STUDENTS NOT COVERED

Children of the following:

- Inactive members of the National Guard and Reserves (Not Title 10)
- Members now retired not covered above
- Veterans not covered above
- Other Department of Defense personnel, federal agency civilians and contract employees not defined as active duty
- Members other than the uniformed personnel of NOAA and USPHS

SOME OF THE ISSUES COVERED

Enrollment

- Educational Records
- Immunizations
- Kindergarten & First Grade

Entrance Age

Placement & Attendance

- Course & Educational Program Placement
- Special Education Services
- Placement Flexibility
- Absence Related to Deployment Activities

Graduation

- Waiving courses required for graduation if similar course work has been completed
- Flexibility in accepting state exit or end-of-course exams, national achievement tests, or alternative testing in lieu of testing requirements for graduation in the receiving state
- Allowing a student to receive a diploma from the sending school instead of the receiving school

MISSION

Through the Interstate Compact, MIC3 addresses key educational transition issues encountered by children of military families.

CONTACT US AT

1776 Avenue of the States | Lexington, KY 40511
859 244 8133 | www.mic3.net | mic3info@csq.org

FREQUENTLY ASKED QUESTIONS

Parents

How do I know if I'm eligible for the provisions of the Compact? When does the Compact apply to me, and for how long?

Active Duty of the Uniformed Services, including members of the National Guard/Reserve on Active Duty orders; Members/Veterans who are medically discharged or retired for one year; Members who die while on Active Duty for a period of one year after death; Uniformed Members of the Commissioned Corps of the National Oceanic Atmospheric Association (NOAA) and the United States Public Health Service (USPHS).

Does my new school have to accept my child's Individualized Education Plan (IEP) exactly as written?

No, under the Compact, schools need to provide comparable services. The receiving state may subsequently perform evaluations to ensure appropriate placement.

How do credits and grades transfer when going from proficiency-based to traditional grading?

When a student transfers to a new district, the transfer grade is determined by the student's current letter grade or transcript. Some schools have a grade scale conversion chart to help determine the appropriate grade in their grading system, while some schools do not. In some cases, the receiving school is also sent some basic information about standards-based grading to help with the transition. Contact your school liaison officer or school to request for more information.

Who do I contact if I feel that my concerns are not being addressed at my child's school?

The first Point of Contact would be the School Liaison Officer (SLO). The SLO Directory can be found at: <https://bit.ly/2oCL11w>

Does the Compact cover students attending overseas local or international schools, private school, charter, homeschool, Non-DoD School Program (NDSP), DoDEA or online programs?

The compact covers transfers between United States public schools, as well as the Department of Defense Education Activity Schools (DoDEA), located outside and within the continental United States (CONUS).

What documentation on the Compact can I take to my child's school and where can I find it?

You should take a copy of the Compact Rules guide or book. To download a copy please visit the MIC3 website: <https://bit.ly/2PDKCHU>

If someone else is caring for my child, what documentation is accepted regarding the Compact for enrollment and educational decision?

A custody order, special power of attorney, or other applicable document relative to the guardianship of a child of a military family and executed under the applicable law of each member state shall be sufficient for the purposes of enrollment and all other actions requiring parental participation and consent. A special power of attorney form, which is acceptable in some jurisdictions, can be obtained through the JAG offices pursuant to Military Family Care Plan regulations.

What does the Compact cover regarding retirement and separation?

An active duty member who dies, retires or medically retires is covered for one year (to their final home of record).

Does the Compact supersede State Law?

No. The Compact is part of legislative policy in each state.

Are absences for a Permanent Change of Station (PCS) excused? If so, how many?

No, the Compact provides excused absences for Combat deployments only.

Contact the NH MIC3 Council:

Kathleen Murphy, NH MIC3
Commissioner

kmurphy@sau90.org



MILITARY INTERSTATE
CHILDREN'S COMPACT
COMMISSION

Tutor.com for U.S. Military Families

Fact Sheet

Tutor.com for U.S. Military Families Program Overview

The Department of Defense and Coast Guard Mutual Assistance provide online tutoring and homework help from Tutor.com at no cost to eligible grades K-12 students in National Guard, Reserve and active duty Army, Navy, Air Force, Marine Corps and Coast Guard families. Some adults—including adults in active duty Coast Guard and traditional part-time Guard and Reserve families—are also eligible for college and career transition help. Tutor.com for Military Families allows students to connect to a live tutor online at any time for one-to-one help with homework, studying, test prep, proofreading and more. Eligible students can create an account and log in at www.tutor.com/military.

Free Around-the-Clock Help

Access to Tutor.com for Military Families is free 24 hours a day, seven days a week—no appointment needed. Regardless of where they attend school, students worldwide can access the online service using any internet-enabled device, including smart phones.

40+ Subjects, All Skill Levels

Math:	Elementary, Mid-Level, Algebra I and II, Geometry, Trigonometry, Calculus, Statistics, AP level
English:	Essay Writing, Grammar, Literature, AP level
Science:	Elementary, Earth Science, Biology, Chemistry, Physics, Anatomy, AP level
Social Studies:	U.S. History, World History, AP level
World Languages:	Spanish, French, German



Students go to www.tutor.com/military and click on their service to get a tutor.

Expert Tutors

Every Tutor.com tutor is a carefully screened expert. Our team of more than 3,000 tutors includes certified teachers, college professors, graduate students, select undergraduates from accredited universities and other professionals. We employ military spouses, and approximately 9% of our Tutors are affiliated with the military. Tutor.com tutors are primarily based in the U.S. and Canada, with some bilingual specialists located internationally.

Safe, Secure, Anonymous

Our commitment to safety starts with our rigorous tutor application process, an extensive background check, and a probationary period before an applicant becomes a certified Tutor.com tutor. Students and tutors always work anonymously and no personal information is shared during sessions. Ongoing session review and mentoring ensures that our tutors maintain the highest standards of quality and safety at all times.

Eligibility

Go to www.tutor.com/military/eligibility to see who is eligible to access Tutor.com for Military Families.

More information

If you have questions about the Tutor.com for U.S. Military Families program, email militarysupport@tutor.com. Connect with us on social media: [facebook.com/TutordotcomforMilitary](https://www.facebook.com/TutordotcomforMilitary), twitter.com/tutordotcom and blog.tutor.com.

Tutor.com for U.S. Military Families is funded by the DoD MWR Library Program, the Navy General Library Program, the Yellow Ribbon Reintegration Program and Coast Guard Mutual Assistance (CGMA).



Available For: Navy Staff, Parents, DoDEA and School District Staff

NAVY CYP

Child and Youth Programs

DirectSTEP[®]

Direct Specialized Training for Education Professionals

The Navy Child and Youth Program
brings you LRP Publications'
DirectSTEP[®] eCourses **FREE** of charge.

Parents and educators both play a critical role in educating students with disabilities. Navigating the complexities of special education laws and procedures can be challenging for all involved. It is important that both parents and educators know how to comply with the legal requirements in every decision, every classroom, every program – every day.

DirectSTEP[®] eCourses explain legal requirements and best practices for behavior management, autism, IDEA eligibility, IEPs and more. They also teach parents and educators how to handle critical education issues to obtain positive outcomes while applying education laws to the day-to-day world of teaching and learning. These eCourses are available for use by all Sailors, parents, Military/DoD personnel assigned to Navy installations and K-12 educators serving military children.

With each eCourse you will:

- Receive the highest quality training developed by respected special education experts
- Learn at your own pace for the greatest possible comprehension and retention
- Take courses based on individual training needs and interests
- Engage in learning through quizzes and activities
- Learn how to make decisions that are educationally and legally sound
- Receive a certificate of completion

GET STARTED TODAY

Go to <http://navycyp-ds.lrp.com> and self-register for your eCourses. For each eCourse you take you will need a key code which can be found by visiting: **NAVY CYP Document Library**

**NEED ASSISTANCE WITH YOUR
DirectSTEP eCourses?**

Please contact your Installation's School Liaison Officer or contact LRP training staff toll-free at **1-800-515-4577, ext. 6515** or via email at: directstep@lrp.com





Child and Youth Programs



DirectSTEP® eCourse Title	KEY CODE
300301 - The IEP Meeting: Facilitating and Communicating Effectively	%StarTrek9
300302 - Least Restrictive Environment: Making Learning Possible for All Children	&iphone6Jobs
300303 - Section 504: Determining Appropriate Eligibility	DAPE\$heavy8
300304 - Section 504 Eligible: What Now?	Section_504@
300305 - Life Beyond Grade 12: Transition Planning for Students with Disabilities	\$beyond12Elig
300306 - Collaborating and Communicating with Your Paraeducator as an Instructional Team	Paraeducator#1812
300307 - Improving Your IEPs: Start with Goals and Objectives	SusanBAnthony1940\$
300308 - Creating an RTI Model That Works for You	#)0308Learn
300309 - Using Universal Design Principles to Create Curricula and Instruction for All Students	CivilWar#1861
300310 - Understanding and Responding to Parents' Expectations for Children with Disabilities	IURPDCE2014!
300312 - Curricular and Instructional Implications of Emergent Literacy for Diverse Learners	Course-D1
300314 - I in RTI: Selecting and Implementing Evidence-Based Interventions	RTIrock\$101
300315 - Applying RTI Principles of Data Collection, Analysis and Interpretation	Apply-1c
300316 - Autism and IDEA Essentials: A Legal Guide for Educators course	Onechance!21
300317 - Autism and the IDEA: Eligibility and Evaluations course	H0wDeePi\$theocean
300318 - Autism and Positive Behavioral Intervention Strategies course	21n-Love
300319 - Autism and One-to-One Aides: A Practical Guide for Educators course	St0mpln-
300320 - Autism and the IEP: Planning, Execution and Delivery	blue-B0ssa
300321 - Autism and the IEP: Understanding the IDEA's Content Requirements	Course-1
300322 - The ADA Amendments Act: What It Means for Section 504 in Your School	! %%WhatIsIt1
300323 - Effective Co-Teaching: Components, Planning, Strategies and Evaluation	OilSlick@2008
300327 - Postsecondary Transition Services and Planning: IDEA Requirements for Compliance	Transition@20
300328 - Disability-Based Bullying and Harassment: Investigation, Response and Prevention	@basketBall2
300329 - Education Records and Confidentiality: Meeting FERPA and IDEA Requirements	FEB-3129
300330 - Student Record Privacy and School Safety: A Balanced Approach to Legally Compliant Disclosures	S353-Cars
300331 - Home Instruction & Homebound Svcs: Understanding Legal Requirements for Students with Disabilities	Home-land4
300332 - Manifestation Determinations: Steps for Legal Compliance	G0ing-home
300333 - Responding to Dangerous Conduct by Students W/ Disabilities: School District Guide to Legal Requirements	@Spacetime1914
300334 - Addressing Behavior Proactively: A Legal Guide to FBAs and BIPs	In-m0ody
300300.1 - IDEA Rules on IEP Process	IdeaCYP#1941
300300.2 - IDEA Rules on Discipline	Discipline14%f
300300.3 - IDEA Rules on Accountability	3Navy45^hulk
300300.4 - IDEA Rules on Early Intervention	1313MockingbirdLane#
300300.5 - IDEA Rules on Parental Notice and Due Process	Capt\$America1
300300.6 - IDEA Rules on Eligibility and Evaluation	Direct#Step4
300300.7 - IDEA Rules on Highly Qualified	Storm!4ever



Child and Youth Programs



Direct Specialized Training for Education Professionals

ENROLLMENT KEY CODES

CONTINUED

DirectSTEP® eCourse Title	KEY CODE
300313T.001 - 13 Disabilities Under IDEA: An Overview for Teachers	#Teachers7
300313T.003 - Discipline Policies and BIPs: Policy and Practice Overview for Teachers	E717-c50
300313A.004 - Discipline Policies and BIPs: Policy and Practice Overview for Administrators	Over#view9
300313T.005 - When Students with Disabilities Misbehave: Research and Best Practices for Teachers	The-cOurse
300313A.006 - When Students with Disabilities Misbehave: Responding Appropriately to Disciplinary Referrals	Students3#
300313T.007 - Teachers Take Charge: Behavior Modification Strategies for the Classroom	WOrld-wide
300313T.009 - Monitoring Student Behavior: The Teacher's Role	Behavi0r
300313A.010 - Monitoring Student Behavior: The Administrator's Role	Writing#6
300313T.011 - Instructional Strategies for Teachers: What Works in the Classroom	classROOM
300400.U1M1 - Defining the Roles and Responsibilities of the Paraeducator	Tanger1ne\$
300400.U1M2 - Paraeducators' Responsibilities for Confidentiality, Professionalism and Ethics	Pette-#1
300400.U2M1 - The History of Special Education	6#History
300400.U2M2 - Laws Impacting Special Education: IDEA, NCLB, Section 504	#Section5
300400.U2M3 - The IEP Process	Reading#4
300400.U3M1 - Disability Overview: Categories, Terminology and Appropriate Interactions	Over-View
300400.U3M2 - Child Development and the Paraeducator	Heret0\$tay
300400.U3M3 - The Impact of Multicultural Understanding on Instruction and Communication	8School#
300400.U4M1 - Collecting and Graphing Student Data	\$tudent1
300400.U4M2 - Monitoring Student Academic Performance	44#Math#
300400.U5M1 - Enhancing Paraeducators' Communication Skills	#9Process
300400.U5M2 - Collaboration Strategies for Paraeducators and Partner Teachers	Testing#6
300400.U6M1 - Discipline Policies and Plans for Students with Disabilities	LetMe-g0
300400.U6M2 - Understanding Misbehavior and How to Change It	Bey0nd\$e
300400.U6M3 - Behavior Strategies for Teachers and Paraeducators	\$t0rage5
300400.U6M4 - Monitoring Student Behavior	5Student#
300400.U7M1 - Instructional Terminology and Levels of Paraeducator Support	#Support8
300400.U7M2 - Instructional Strategies for Teachers and Paraeducators	22#Class
300400.U7M3 - Planning and Implementing Instruction for Math, Reading, Writing and Parallel Curriculum	#Guide99
300400.U7M4 - Using Technology to Advance Instruction	Using300



Recreational Opportunities for Military Children



NH National Guard Child & Youth Services Free Summer Camp

This free summer camp is offered to children of active duty Air or Army Guard. The camp is typically planned for late July.

For more information contact: Jennifer Hollidge, Lead Child and Youth Program Coordinator; Task Source, Inc.; 603-715-3481

****This is only open to children of NH Air or Army National Guard****

jennifer.l.hollidge.ctr@mail.mil

The Currier Museum

The Currier Museum Art Center is honoring the dedication and service of New Hampshire military families by offering a limited number of full tuition scholarships (aftercare not included) to families of active military personnel during their Summer 2019 program.

These scholarships can be used for camps, or for intensives and can be used for any member of the family, not just kids!

Week-long summer art camps

- Fun and educational art experience for children ages 5 to 12
- Ages 6 to 12: Full-days from 9:00 am to 4:00 pm
- Ages 5 to 6: Half-days from 9:00 am to noon

Week-long summer intensives

- Ages 11 to adult can choose from a variety of week-long, full- or half-day intensives.
- Concentrated topics include painting, pottery, drawing, photography, textile design, portfolio prep and more.

How to apply

- To view summer program choices, visit <http://currier.org/art-center/programs/>
- Complete the military scholarship application located at: <http://currier.org/wp-content/uploads/2018/04/military-flyer-2018.pdf>
- Email application to ArtCenter@Currier.org or mail to the Currier Museum of Art – C/O Art Center 150 Ash Street, Manchester NH 03104

Please contact the Currier Museum Art Center with any questions. 603-518-4922

Recreational Opportunities for Military Children



Doug's Camp Fund is a small program that, in the past, has provide military children with financial assistance to attend a variety of summer camps. They serve more than just military children; however, the fund was established in memory Captain Douglas DiCenzo, a West Point graduate and Plymouth, NH native who was killed in action while serving his country during the war with Iraq. Applications are accepted on a rolling basis and can be for any extra-curricular or summer recreation activity. www.dougscampfund.org

The 4-H Military Youth and Family Program

This program is based out of Durham, NH and offers engaging educational opportunities for geographically dispersed military youth and families. In addition to learning something new, these programs provide opportunities for military families to get together in an informal environment to explore 4-H, have fun, and build a web of social support. Most program themes relate to the 4-H Youth Development and Military Youth Program mission areas of Healthy Living and STEAM (science, technology, engineering, art and math). 4-H programs are also open to non-military families as well.

4-H Healthy Living programs are designed to promote healthy eating, physical fitness and social and emotional well-being. Choosing to be healthy as a family can be fun, whether learning how to plan and make nutritious meals, or engaging in physical activities like hiking, swimming, canoeing, or yoga.

4-H STEAM learning experiences provide opportunities to experience science, technology, engineering, the arts, and math through fun, hand-on activities and projects. What could be better than exploring and understanding the world of science and art by creating trebuchets to launch water balloons, building a SeaPerch to explore underwater robotics, designing your very own water bottle rockets, and creating some bubble art?

Through these experiences, military youth and families connect with one another and learn about even more 4-H opportunities offered in their local communities, across the country, and on military bases all over the world!

For more information and a schedule of current events, go to

<https://extension.unh.edu/programs/4-h-military-youth-family-program>.



Child and Youth Program

(available to NH Army National Guard dependents)

The Child and Youth Program provides free summer camp, vacation camps, teen leadership opportunities, winter break kits, military youth appreciation certificates, awareness-raising briefings to the community, and Yellow Ribbon event support.

Program Goals:

- Deliver recreational, social, and educational programs for New Hampshire's military youth that build a sense of belonging and provide opportunities for them to network with other military families in their community.
- Provide New Hampshire's military youth with opportunities to build teamwork, develop life skills, leadership skills and ensure they are better able to manage their lives throughout the deployment cycle by fostering resiliency.

Lead Child and Youth Program Coordinator

Jennifer Hollidge

Office: 603-715-3481

jennifer.l.hollidge.ctr@mail.mil



New Hampshire National Guard Child and Youth Program

Working with Military-Connected Youth Educators Tool Kit

Mental Health

Courage to Care

Check out curriculum and supplemental videos and resources consisting of nine lessons that teach empathy, caring for others, and counters school meanness by increasing students' social and emotional skills.

www.courage2care.net

Resilience and Vulnerability Articles

The Deployment Experiences of Youth in Military Families:

www.ca4h.org/files/78039.pdf

Home Base Program

Information on talking with children during challenging times including preparing for a deployment, preparing for a parent's return home and talking about the news when a parent is deployed. homebase.org

Kids Health

General Q&A, articles, and resources relating to healthy choices with discussion tabs for parents, kids, teens and educators. www.kidshealth.org

Parents

National Military Family Association

Created to help manage stress and affirm the positive aspects of military life as a kid.

www.militaryfamily.org

Military Child Education Coalition (MCEC)

Ensures educational opportunities for military youth.

www.militarychild.org

Military Kids Connect

An online community of military children:

www.militarykidsconnect.org

Family Assistance Centers

Offer resources, referrals and support 603-227-5175

Military Families Learning Network (MFLN)

To serve military families through engaged online communities which identify and make use of the highest quality practices. <http://militaryfamilies.extension.org>

Our Military Kids

Offers a one-time, monetary grant up to \$500 for National Guard and Reserve kids ages 3-18 to support extracurricular activities during a loved one's deployment. www.ourmilitarykids.org

NH Care Coordination Program

Provides direct services as well as links to other organizations at no cost to program participants who are currently serving in the Armed Forces

<http://www.ccpnh.com/home.html>

Military OneSource

24/7 support for the military community.

www.militaryonesource.mil

Easter Seals NH Military & Veterans Services

Connecting New Hampshire's Service Members, Veterans and their families to solutions

<http://www.easterseals.com/nh/our-programs/military-veterans-services/>

ADAPT 4-U

Build positive parent/child relationships by adding some "tools" to your parenting toolbox. To be eligible for the program, you or your spouse must be a current or former member of the U.S. Armed Forces, been deployed overseas since 2001, and have a child between ages 5-12.

<http://www.cehd.umn.edu/fsos/projects/adapt/default.asp>

Training

Military Child Education Coalition (MCEC)

Ensures educational opportunities for military youth. www.militarychild.org

Military Families Learning Network (MFLN)

To serve military families through engaged online communities which identify and make use of the highest quality practices and programming activities and efforts.

<http://militaryfamilies.extension.org>

Tough Topics

Provides practical, hands-on information to help with the tough topics students experience in the school setting.

<http://www.k12.wa.us/MilitaryKids/pubdocs/ToughTopicsMilitaryKids.pdf>

AASA Toolkit

Guidance for school leaders on meeting the unique educational needs of military youth.

www.aasa.org/militarychild



Mission

To promote and sustain the quality of life, readiness, and resiliency of geographically dispersed New Hampshire military youth and families by providing high quality support services, enrichment programs, and community partnerships that support military youth and families.

Find us on facebook at NH National Guard Family Program



New Hampshire National Guard Child and Youth Program

Working with Military-Connected Youth Educators Tool Kit



Student Support

Tutor.com

Free professional online tutoring for military families. Students work with a tutor in an online classroom.

www.tutor.com/military

Military Kids Connect Resource Guide

Offers a myriad of resources, student and family support links, book resources and videos.

<http://militarykidsconnect.dcoe.mil/educators/resources>

Military Scholar

Scholarships for military youth.

www.militaryscholar.org

Military Kids Club

Create a school-based club that increases networking and peer-to-peer support between military-connected students.

Books & Resources

You and Your Military Hero: Building Positive Thinking Skills-

Guided workbook of activities and games for 5-12 year olds

AASA Toolkit: Supporting the Military Child

Guidance for school leaders on meeting the unique educational needs of children whose parents are deployed or in transition. www.aasa.org/militarychild.aspx

My Story

Blog book for teens that addresses the unique challenges that accompany deployments. www.seedsofhopebooks.com

Child & Youth Program Events

April & February Vacation Camps

Free, 3 or 4-day residential camps for National Guard Youth ages 9-13.

National Guard Summer Camp

Free week-long camp for Army and Air National Guard Youth and Teens, ages 9-12 or 13-17.

Winter Break Kits

In December, themed kits promoting resilience, fitness, gratitude, mindfulness, and connection are mailed to military-connected youth, at an adult's request

April: Month of the Military Child

Certificates of Appreciation are mailed to military-connected youth, at an adult's request.

Family Program Events

Free events, with an educational component, geared for the entire military-connected family and hosted by the NH National Guard Family Program.

State Youth Council

Advisory council to the Child and Youth Program Coordinator, enhancing the goals of the Child and Youth Program and promoting communication among NHNG youth. Members also build their own leadership skills and connect with other Guard Youth in the State, Region and Nation.



contact

Jennifer Hollidge | Lead Child and Youth Program Coordinator
603.715.3481 | jennifer.hollidge_ctr@mail.mil

THE GRANITE YMCA



MILITARY INITIATIVE

We understand that military families are under enormous strain. The Y proudly offers free memberships to eligible military families and personnel to provide extra support during a time when loved ones are away from home. It's our way of giving back to those who dedicate themselves to serving our country.

5 locations

1 membership

The Granite YMCA is the largest YMCA in Northern New England, comprised of five facility branches located in Manchester, Goffstown, Londonderry, Rochester, and Portsmouth and two overnight camps in Alton and Strafford. For decades we have offered programs that help children reach their potential, help families and individuals achieve better health outcomes, and encourage everyone to get involved and help make their community a better place.

LOCATIONS

YMCA Allard Center of Goffstown
(603) 497-4663
116 Goffstown Back Road, Goffstown, NH 03045

YMCA of Greater Londonderry
(603) 437-9622
206 Rockingham Road, Londonderry, NH 03053

YMCA of Downtown Manchester
(603) 623-3558
30 Mechanic Street, Manchester, NH 03101

YMCA of the Seacoast
(603) 431-2334
550 Peverly Hill Road, Portsmouth, NH 03801

YMCA of Strafford County
(603) 332-7334
35 Industrial Way, Rochester, NH 03867

OUR MILITARY KIDS

ourmilitarykids.org



Do you have families in your school experiencing an overseas deployment?

Do you have students who play sports?

Or do they take dance, music, or art classes?

Would they like to try something like karate or camp?

Could your students benefit from a tutor to stay at grade level?

If the answer is YES to any of these questions, Our Military Kids may be able to help. Our Military Kids pays for children ages 5 through the 12th grade of deployed National Guard and Reserve personnel to participate in youth sports, fine arts, and tutoring programs. This is a way of recognizing the sacrifices the entire family is making while the service member is deployed overseas.

It is simple to apply to the program...

Just fill out an Our Military Kids application that can be downloaded from our website, www.ourmilitarykids.org. Send it in with the required documentation listed on the application, including deployment orders, proof of the child's dependent status, and cost information for the activity of your choice. The grant will cover up to six months of instruction for the activity you select, with a maximum grant award of \$500 per child. If everything is in order and funding is available, a check will be sent to the organization within two weeks. The child will be notified via mail with an award packet.



MILITARY KIDS CONNECT

MilitaryKidsConnect.dcoe.mil



Military Kids Connect is an online community where kids, tweens and teens can de-stress and connect with other military kids their age. Compliant with the Children’s Online Privacy Protection Act (COPPA), the website helps military youth to develop coping skills and build psychological health and resilience.

Military Kids Connect features three age-based sections: Kids (ages 6 to 8), Tweens (ages 9-12) and Teens (ages 13-17).

- **Making Connections:** Post questions and comments, and see how others respond
- **Learning How to Cope:** Learn the clues to stress and how to manage it.
- **Dealing with Deployment:** Features an extensive deployment library of materials.
- **Taking Time to Chill:** Relax and play a few Military Kids Connect games.

Resources for Parents, Caregivers & Teachers

Military Kids Connect is helpful for parents and caregivers supporting children through military-associated transitions, and educators looking to better understand and support military youth at school.

- **Ideas for Helping Children Cope:** Tips and suggestions for helping children cope with various transitions associated with deployment.
- **Lesson Plans:** Downloadable military-related lesson plans, which use materials from the website, for elementary, middle and high school level teachers.
- **Military Culture:** Information and videos to help educators work with military-connected children.
- **Resource Guide:** Extensive list of military support services, websites, videos and more...

America the Beautiful - National Parks & Federal Recreational Lands Passes

America the Beautiful - National Parks and Federal Recreational Lands Passes are a suite of annual and lifetime passes that provides U.S. citizens and visitors an affordable and convenient way to access Federal recreational lands. Up to 100% of the Pass program's proceeds are used to improve and enhance visitor recreation services.

Please reference the America the Beautiful - National Parks and Federal Recreational Lands Passes FAQ page for additional information regarding the program. <https://store.usgs.gov/faq>



Overview of the Annual Pass for Current US Military and Their Dependents

- Free
- Available to Current US military members and the dependents of deployed military in the Army, Navy, Air Force, Marines, and Coast Guard, as well as most members of the Current US Reserves and National Guard. Proper military ID is required (CAC Card or DoD Form 1173).
- Obtained in person at Federal recreation sites that charge entrance or standard amenity fees.
- Covers entrance to Fish and Wildlife Service and National Park Service sites that charge Entrance Fees, and Standard Amenity Fees at Forest Service, Bureau of Land Management and Bureau of Reclamation sites.
- Admits the pass owners and any accompanying passengers in a private non-commercial vehicle at per vehicle fee areas, or the pass owner and up to additional 3 adults at sites that charge per person.
- Non-transferable

MILITARY ONE SOURCE

militaryonesource.mil

Military OneSource is a Department of Defense program that provides FREE services to all members of the military regardless of branch (Army, Navy, Marines, Air Force) or component (Active, National Guard, Reserves) and their family members. School professionals may create an account on the Military OneSource website to access to the Morale Welfare Recreation (MWR) libraries. Some of the libraries that are available to students and school professionals are:



Teacher Reference Center is an EBSCO library with indexing and abstracts for more than 270 of the most popular teacher and administrator journals and magazines.



Academic Search Libraries-including periodicals, reference books, newspapers and a variety of other sources.



Peterson's Education Resource Center-test prep for the PSAT, SAT, ASVAB and more, as well as quick quizzes, study tips, test information and deadlines and a scholarship finder.



Peterson's Online Academic Skills course, designed to help you improve your math and verbal skills and advance your education with interactive exercises, practice sets and individualized help.

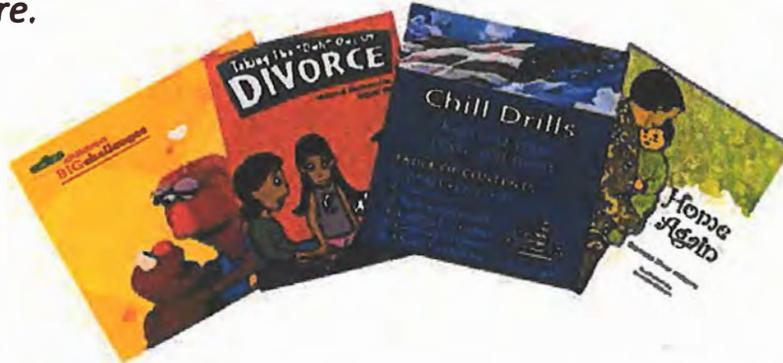


Tumble Books-animated picture books and spelling games to graphic novels and e-books with high-interest subjects for teens.

All of these and more may be found by visiting
www.militaryonesource.mil or www.militaryonesourceeap.org

MILITARY ONE SOURCE

School professionals may set up an account with Military OneSource and order materials and have them shipped at no cost. Items include books, videos, and more on a variety of topics to include on separation, family changes, mindfulness exercises and more.



Free services from Military OneSource include but are not limited to:



Non-Medical Counseling that is strictly confidential for eligible individuals occurs face to face, by telephone, or via secure online chat or video conference. Issues may include deployment and reintegration concerns, parenting, grief and loss, changes in family status, etc.



Health & Wellness Coaching is available at no-cost on a variety of issues such as time management, weight loss, fitness, nutrition, etc.



Education Consultations which include research and referrals for services or programs specific to service members' educational needs. Specialists may provide members with referrals to in-home tutors and tutoring centers in the area, as well as public and private school information, college profiles based on desired degree and specific requests, financial assistance, and scholarship and grant program referrals.



Special Needs Consultations can assist families in addressing questions and concerns regarding the care and education of a family member with special needs — both children and adults. Whether they are concerned about the special education cycle or finding information about specialized doctors, Military OneSource consultants can assist them with any non-medical concern.

MILITARY ONE SOURCE

All these services are available by calling 1-800-342-9647

SAT/ACT Prep



The eKnowledge SAT/ACT Prep Project with Portsmouth Naval Shipyard enters its 13th year assisting Students and Families. The Project sponsors your students and waives the complete \$350 course price. The Program works on all devices and computers: iOS, Android, Google, Apple and PC.

**The \$350 is paid by the Project partnership and sponsors. There is a student fee of \$14.99 for the cost of streaming, student support, customer support, shipping, and materials. All student fees are reinvested to improve the program and reach more families. The Project does not create a profit.*

You've been sponsored for

***FREE \$350 SAT & ACT Prep Course**
eKnowledge.com/PortsmouthNavalShipyard

The SAT/ACT Prep Project has assisted over 250,000 students in every state and in over 40 countries. The Project has 300+ partners including professional athletes from the NFL and MLB: Boy Scouts, National Federation of High Schools, US Youth Soccer, and Home School Legal Defense Association (the largest home school organization in the US). Read more about our partners [here](#)

35,000+ testimonial comments from families just like yours. Read what they have to say [here](#)

"Thank you so much, my daughter has been stressing about how we would afford tutoring for the ACT. You made it possible for her to have a way to prepare herself." Virginia Sparling, US Armed Forces, October 3, 2016

"This program is very much appreciated and has opened huge doors for my career. I could never thank you enough." Emmanuel Coble, Military.com, October 19, 2016

"Thanks so much for caring for the education of our children! This is our 4th time using the program!" Brad Shedd, US Armed Forces, November 02, 2016

About the PowerPrep: The SAT and ACT PowerPrep™ Programs are available for online cloud, all iOS/Android OS Devices or DVD. Semester-length programs • all instructors are professional educators, authors, JD, PhD or Masters • 11+ hours of video instruction • 100+ hours of student participation time • 3000+ files of supplemental multi-media prep material • thousands of interactive diagnostic lessons & questions • hundreds of sample questions & practice tests.

The Freedom to Learn...Your Way!

For further information, contact Cheryl Litras, 951-256-4076 Cheryl@eKnowledge.com

MARCH 2 SUCCESS

march2success.com

COLLEGE SUCCESS STARTS HERE



March 2 Success is an interactive online test preparation system that is unsurpassed. The system provides a full array of subject specific assessments and remedial courses tailored to the student's educational needs, as well as practice drills and tests. The March 2 Success system can enhance and refresh students knowledge and assist them in achieving their educational or career goals.

March 2 Success is an online, self-paced course designed to improve student performance on standardized tests while enhancing student math, science, English and STEM (Science, Technology, Engineering, and Math) Skills.

To have a strong future, the U.S. Army provides all its employees with a large selection of educational programs and benefits.

Now the Army is extending that commitment to young adults still in school.

March 2 Success is available 24 hours a day 7 days a week so students can log on at times that are convenient for them. March 2 Success is free. There is no obligation.

CONTENT

March 2 Success provides cutting-edge assessment software and world-class education content in an easy-to-use, self-paced format designed to accelerate the student learning curve for state assessment testing, SAT and ACT practice and preparation. This content was developed by Peterson's, a Nelnet company.

Peterson's has been a leading provider of solutions for the education community for more than 40 years. Its online and print resources help students increase test scores, find a college that fits their educational goals, maximize higher education affordability, and explore careers.

THE COURSE

Individuals will have the capability of selecting part or all sections of the courses offered within March 2 Success. Comprehensive course materials include study skills, language arts, math, science, and STEM preparation.

High school preparation (study skills, language arts, math, science) - High school flashcard decks (15 vocabulary and grammar, 10 math)

College Readiness Online Course (advanced level courses) - College readiness flashcard decks (15 vocabulary and grammar, 10 math)

STEM - areas include: - Social Science: 1,002 practice questions covering Macroeconomics, Microeconomics, Financial Accounting and Personal Finance - Nursing: Entrance exam practice tests include: PAX-RN, PSB Registered Nursing School Aptitude Examination (RN), Test of Essential Academic Skills (TEAS), and PSB Health Occupations Aptitude Examination - Technology: 1,200 practice questions covering Information Systems and Computer Applications, Introduction to Computing, Management Information Systems and Technical Writing - Pre-Engineering: 725 practice questions covering Pre-Calculus, Calculus, and Physics

FREQUENTLY ASKED QUESTIONS for March2Success

1. What is March 2 Success?

It's an online, interactive way to hone your test-taking skills and your knowledge about English and Math. The program contains hours of interactive lessons, practice tests and drills. The web site also includes links that students can use to find out more about college admissions or the Army. The program uses the same coursework available to commercial customers of Peterson's.

2. How do I enroll?

To create a free account, click the registration button and complete the requested information.

3. Who can enroll?

Anyone, as long as they are at least 13. (Read our Privacy and Security Policy)

4. How much does the course cost?

The US Army provides the course free of charge as a public service.

5. How is my information protected?

Your information is protected in several ways. First, you must create a username and password that you must use every time you login to the site. If you login and don't use the site for 20 minutes, your session on the site automatically ends and you have to log back in. March 2 Success uses software programs that monitor network traffic to identify unauthorized attempts to upload or change information, or otherwise cause damage. Unauthorized attempts to upload information or change information (sometimes called hacking or hijacking) on this site are strictly prohibited. They may be punishable under the Computer Fraud and Abuse Act of 1986 and the National Information Infrastructure Protection Act. In addition, your information is encrypted.

6. Who developed the curriculum?

Peterson's, a leading provider of test preparation and admissions services that include the admissions tests for colleges, graduate programs as well as law, business, and medical schools.

7. If I use this site, what are my obligations to the Army?

There is no obligation.

8. What does March 2 Success do with the information I am asked to provide?

Your registration information is used in several ways. First, your name and email address are required to establish your enrollment record, which will be used to record your progress. You can review your progress every time you log in.

9. Will I be contacted by a recruiter?

No. March 2 Success does not provide any personal information to recruiters, unless you indicate you are already enrolled in the Army's Future Soldier Program.

10. I'm thinking about joining the Army. How can I find out more?

Click on the Army logo in the upper right corner of any page, or the goarmy.com link under Army Careers at the bottom of any page.

11. How do I utilize the SAT and ACT practice tests?

March 2 Success provides 7 practice tests for the SAT and ACT. Students can take these practice tests in full or in sections by subject; additionally instructions are provided for either testing option.

****See all FAQs at <https://www.march2success.com/main/faq>**



Military Dependent Children College Scholarships



*****SOME DEADLINES ARE BASED ON PREVIOUS YEAR AND MAY BE SUBJECT TO CHANGE!*****

James H. Parke Memorial Scholarship, **due by Nov. 1**

(for outstanding Veterans Affairs volunteer, \$10,000)

<http://www.volunteer.va.gov/ParkeScholarship.asp>

Military Child of the Year, nominations **due by Dec. 5**

(Teacher/parent/coach/counselor nominates any military child, \$10,000 + laptop)

<http://www.militarychildoftheyear.org/>

Virginia Advisory Council on Military Education, **due by Jan. 1**

\$1000 (several categories-active, spouse, child of active or injured/killed)

www.vaacme.org/

Naval Helicopter Association Regional Scholarship, **due Jan. 31**

(dependent of active/former Navy/Marine/CG that worked on/flew rotary-wing helicopters)

<http://www.nhascholarshipfund.org/>

Navy SEAL Foundation, approx. **due February 1**

www.navysealfoundation.org/what-we-do/educational-opportunities/navy-seal-foundation-scholarships/

UDT SEAL Memorial Scholarship, approx. **due February 1**

www.navysealfoundation.org/what-we-do/educational-opportunities/udt-seal-scholarships-and-the-had-richards-udt-seal-memorial-scholarship/

Navy Special Warfare Development Group Scholarship, approx. **due Feb. 1**

<https://www.navysealfoundation.org/what-we-do/educational-opportunities/naval-special-warfare-development-group-scholarship/>

Scholarships for Military Children, **due Feb. 1** (Fisher House & local Commissary)

www.militaryscholar.org/sfmc/index.html (opens Dec. 13, 2016)

Wings Over America, **due Feb. 1** (members of Navy flying forces)

<http://wingsoveramerica.us/application/> (opens Oct. 1)

Marine Corps Scholarship Foundation (includes Navy Corpsmen), **due March 1**

<https://www.mcsf.org/scholarship/> (opens Jan. 1, 2017)

Lucian Butler American Legion Scholarship, **due March 1** (relative an American Legion member)

http://valegion.org/?page_id=840

Anchor Scholarship (for 4 year college only), approx. **due March 1**

<http://www.anchor scholarship.com/> (new online application opens Oct. 1)

Navy League Scholarships (parent or grandparent is active or retired from Navy/Marine/Coast Guard/Merchant Marine), **due March 1**

<http://navyleague.org/scholarship/> (opens Nov. 1)

American Legion Spirit of Youth, **due March 1** (must be American Legion Junior member)

<https://www.alaforveterans.org/Scholarships/Spirit-of-Youth-Scholarship-Fund/>

American Legion Auxiliary National President's Scholarship, **due March 1**

<https://www.alaforveterans.org/Scholarships/Children-of-Warriors-National-Presidents--Scholarship/>

Surface Navy Association Scholarship, **due March 1**

<https://www.navysna.org/sna/Awards/Scholarship/ApplicationIndex.htm>

Military Officers Association of America, **due March 1** (open to officer and enlisted dependents!)

<http://www.moaa.org/scholarshipfund/>

Tailhook Educational Foundation Scholarship, **due March 15** (children of carrier air wing personnel)

http://www.tailhook.net/A_Foundation_Index.html (open Dec. 15)

Dolphin Scholarship Foundation, **due March 15** (children of submariners)

<http://www.dolphinscholarship.org/> (opens Oct. 1)

Daughters of The Cincinnati (for daughters of military commissioned officers), **due March 15**

<http://daughters1894.org/scholarship/>

Hampton Roads American Logistics Association Scholarship (\$1500 for children of active or retired military), **due March 30**

www.ala-hamptonroads.org/scholarship

Chief Petty Officer Scholarship Fund, **due March 31 at 5pm**

http://www.cposf.org/How_to_Apply.html

AmVets, **due April 1** (must be children/ grandchildren of veterans/active military and member)

<http://www.amvets.org/programs/scholarships/> (opens Jan., 2017)

Created by Amanda Yoder, Military-Connected School Counselor, Virginia Beach City Public Schools

Chief Petty Officer Scholarship Fund, **due April 1** (children of active, retired, or reserve CPO)
<http://www.cposf.org/How to Apply.html>

Kathern F. Gruber & Thomas H. Miller Scholarships, **due April 1** (children of blinded veterans)
<http://www.bva.org/services.html>

Colonel Hazel Elizabeth Benn Scholarship, **due April 15** (parent must be a FRA member)
<http://www.fra.org>

Seabee Memorial Scholarship Association, **due April 15**
<http://www.seabee.org/apply-for-a-scholarship.html>

Fleet Reserve Association (parent active/retired Navy, Marine, CG), **due April 15**
<http://www.fra.org>

Walter Beall Scholarship, **due April 15** (if pursuing aeronautical engineering or aviation AND parent or grandparent must be a Fleet Reserve Association member)
<http://www.walterbeallscholarship.org/>

Society American Military Engineers of Hampton Roads, **due April 29** (students pursuing STEM)
http://samehr.com/Scholarship_Programs

Navy-Marine Corps Relief Society **due May 1 (recommend earlier!)**
<http://www.nmcrcs.org/pages/education-loans-and-scholarships> (opens Nov. 1)

Army Emergency Relief MG James Ursano Scholarship Program, **due May 1**
<https://www.aerhq.org/Apply-for-Scholarship/Dependent-Children>

Thanks USA Scholarship, **due May 15**
<http://www.thanksusa.org/scholarships.html> (opens Apr. 1)

Longshoreman VTC scholarship, **due May 15**
See or email Darryl Greenwell in Navy College on base

Navy Wives Club of America Scholarships, **due May 30** (open to officer and enlisted dependents!)
<http://www.navywivesclubsofamerica.org/scholarships/>

Samsung-American Legion Scholarship, **due at State Program session June 18, 2017**
(open to **JUNIORS** who attend the current session of either The American Legion Boys State or Auxiliary Girls State & child/grandchild of a wartime veteran)
<http://www.legion.org/scholarships/samsung>

Marine Corps League, **due July 1**
<http://mclnational.org/Programs/MCLPrograms/Scholarship/tabid/717/Default.aspx>



NH War Orphan's Scholarship

CONCORD, NH – Officials at the New Hampshire Department of Education would like the public to know that there are scholarships available for orphans of veterans – and have been for many years. Children of veterans that lost their lives in wars, and are also residents of the state, can obtain free tuition to the University System of New Hampshire colleges and universities and the Community College System of New Hampshire. There is also a stipend of up to \$2,500 that can be contributed to the payment of room rent, board, books, and supplies. This includes children of veterans who later passed from service-related injuries or conditions.

The original law – RSA 193 – was approved in 1943, and allowed for children of soldiers who lost their lives in World War II, between the ages of 16 and 25, to apply for a \$2,500 benefit each year, for four years, to lower the cost of attending college. In subsequent years, the program was expanded to include the children of Korean, Vietnam, and Gulf War veterans who lost their lives as well as military actions in any period for which the armed forces expeditionary medal or theater of operations service medal was awarded. In 1981, RSA 187 was updated to allow orphaned children of veterans to enroll in a state school free of charge.

For more information about the application process and records needed to qualify, contact:

Patricia Edes
Division of Higher Education
101 Pleasant St., Concord, NH 03301
patricia.edes@doe.nh.gov



CHILDREN OF FALLEN PATRIOTS FOUNDATION

Fact Sheet

Our Mission: To provide college scholarships and educational counseling to military children who have lost a parent in the line of duty.

- We are dedicated to serving the families of both combat casualties and military training accidents.
- We cover all branches of the armed forces.
- We cover suicides if the Veterans Administration (VA) rules the death was in the line of duty (most often in connection with PTSD).
- Our goal is to bridge the gap in funding between available sources of grants and scholarships (i.e., VA Chapter 33 or 35, federal, state, local and private grants) and the total cost of college.

Who do we serve?

Children – whether natural, by marriage or adoption – who have lost a parent in the line of military duty, during combat or peacetime. All branches (Army, Navy, Air Force, Marines, or Coast Guard) and all components (active, reserve and guard) are covered.

The vision of Children of Fallen Patriots Foundation is to ensure that EVERY such child receives ALL necessary college funding.

- A college education is the single most important gift we can give these children.
- This is an important investment in the future of America.

Children of Fallen Patriots Foundation was founded to honor the memory of Sergeant Delaney Gibbs.

- Sergeant Delaney Gibbs, who was killed in 1989 during Operation Just Cause in Panama, five days before Christmas and had a baby daughter due in March.
- Many years later, the Foundation tracked down his daughter and assisted her with college.

What makes Children of Fallen Patriots Foundation unique versus other charities?

- What better way can we honor those who made the ultimate sacrifice for our country than by investing the future of those they loved most in the world?
- There many ways to support wounded troops and our active military, but very few to support families of those who were killed.
- This urgent need has never been fully served – no one has found all the survivors, but Children of Fallen Patriots Foundation aims to complete that mission.
- Programs are administered by surviving children and our customer service is unique.



FAQS FOR FAMILIES

What expenses are covered?

Costs related to undergraduate education: tuition, room and board, books, fees, living expenses, a one-time \$1,000 computer stipend. Students can be enrolled in either public or private institutions; colleges, universities and vocational schools are covered. We do not cover airfare to and from school, and funding cannot be applied to graduate-level education.

How much does the organization provide to each student?

As this time, there is an annual cap of \$6,250 per student, subject to the requirements described above. If the scholar has a GPA above 3.5, additional funding is available at the discretion of the Children of Fallen Patriots senior leadership. (Students may be eligible for additional funding as long as they meet the 2.0 term GPA requirement. Additional funding is available at the discretion of the Children of Fallen Patriots senior leadership.)

What documentation do I need to provide?

We realize the strain that surviving families endure, so we strive to make our process as simple, user-friendly and flexible as possible. Our staff can handle many of your needs over the phone.

Typical documents needed include:

- The family enrollment which enters you into our system. **Enroll here.**
- A copy of the Casualty Report (DD1300) or DD214 along with death and birth certificates
- Class schedule
- Bursar Statement
- Information on your VA benefits DIC for children under 18, CH35 or CH33
- Transcript with GPA
- Documentation of expenses (If applicable)
-

What is the scholarship award process?

Our scholarship committee seeks to maintain a streamlined grant approval process for you and your family. Grants are processed on a monthly basis, with all documents due to the programs team by the 15th of each month. (There are no hard deadlines, EXCEPT for living expenses. We do not retroactively assist with living expenses. We need all documents by the end of the semester in order to assist with living expenses.) Grants which are received in a timely fashion with all necessary supporting documentation will be processed within 4 weeks of receipt.

How are funds provided?

Once the grant has been approved, a check will be cut and paid directly to the educational institution. Exceptions can be made in situations with reimbursements for expenses paid out-of-pocket, such as living expenses, or other special circumstances. For payments made to the institution, we will include your name and student account number on the check.

More information can be found at:

<https://www.fallenpatriots.org/>

SCHOOLQUEST'S SCHOLARSHIP FINDER

SchoolQuest@MilitaryChild.org

5 Reasons Why You Should Use SchoolQuest's™ Scholarship Finder!

College is Expensive!

If you Google "Student Debt Statistics" as suggested above, you'll see just how much money can be involved.

It's FREE

It's FREE to Military-Connected High-School Students and members of MCEC's® Student 2 Student® program seeking undergraduate funding.

It has comprehensive Lists!

Searches result in a comprehensive list of reputable undergraduate scholarships.

It's personalized!

Results are personalized to each student.

It's Powered by Reference Service Press (RSP)!

The RSP service offers thousands of funding opportunities which represent billions of dollars!

Getting accepted into college isn't the only hurdle that prospective higher-education students face. Paying for college is a growing concern. Google "Student Debt Statistics" and you'll find some pretty alarming numbers! What if a student could attend a college or university without taking on a large amount of debt in the first place? This is where SchoolQuest™ comes in!

The Military Child Education Coalition's® (MCEC's®) SchoolQuest™ website initiative is here to help military-connected students clear this hurdle! Designed for college-bound high school students (and their parents) to search for undergraduate funding, SchoolQuest's™ Scholarship Finder is ready and waiting.

As the saying goes, "There's no time like the present", so come on over to SchoolQuest™ to get started!

If you have questions, comments or corrections for the SchoolQuest™ web site we want to hear from you!

Please send an email to: SchoolQuest@MilitaryChild.org



Military Child Education Coalition
...for the sake of the child.

2-1-1 New Hampshire

Informal and Referral Line



2-1-1 New Hampshire Overview

2-1-1 New Hampshire launched service in June of 2008, thanks to a unique partnership of the United Ways of New Hampshire, Eversource Energy (formerly Public Service of New Hampshire), and the State of New Hampshire.

2-1-1 New Hampshire is an award winning, statewide comprehensive information and referral service with considerable experience providing New Hampshire's statewide Homeless Hotline, statewide Public Inquiry Line in times of disaster, central intake and referral management for the statewide HomeHelp NH program, system support, database administration, and training for ServiceLink, and comprehensive Information & Referral for more than 45,000 New Hampshire callers per year, with a quality management system in place to actively maintain caller satisfaction and ensure their connection to the services that may be able to assist in meeting their needs.

- 2-1-1 New Hampshire is a free, confidential, and multi-lingual service with language translation available for over 150 languages.
- All caller data, including referral data and un-met needs data, is collected and maintained in one, centralized resource database that makes reporting streamlined and efficient.
- 2-1-1 New Hampshire's call data provides a statewide, real-time needs assessment.

Since June of 2008, 2-1-1 has serviced 277,497 calls and of those calls, 373,304 referrals have been made to New Hampshire callers. The program's website, www.211nh.org, receives an average of 88,000 visits per year.



NH Residents
unsure of where
to turn for
non-emergency
help

2-1-1 NH CALL CENTER



48,000 CALLS from those seeking basic needs
were answered at 2-1-1 NH

For more information on
2-1-1 New Hampshire
visit www.211nh.org
or call 2-1-1

WE CAN HELP YOU:

- Make connections to resources.
- Learn about family caregiver information and support.
- Understand and access Medicare and Medicaid.
- Explore your future care, and evaluate the pros and cons of specific choices.



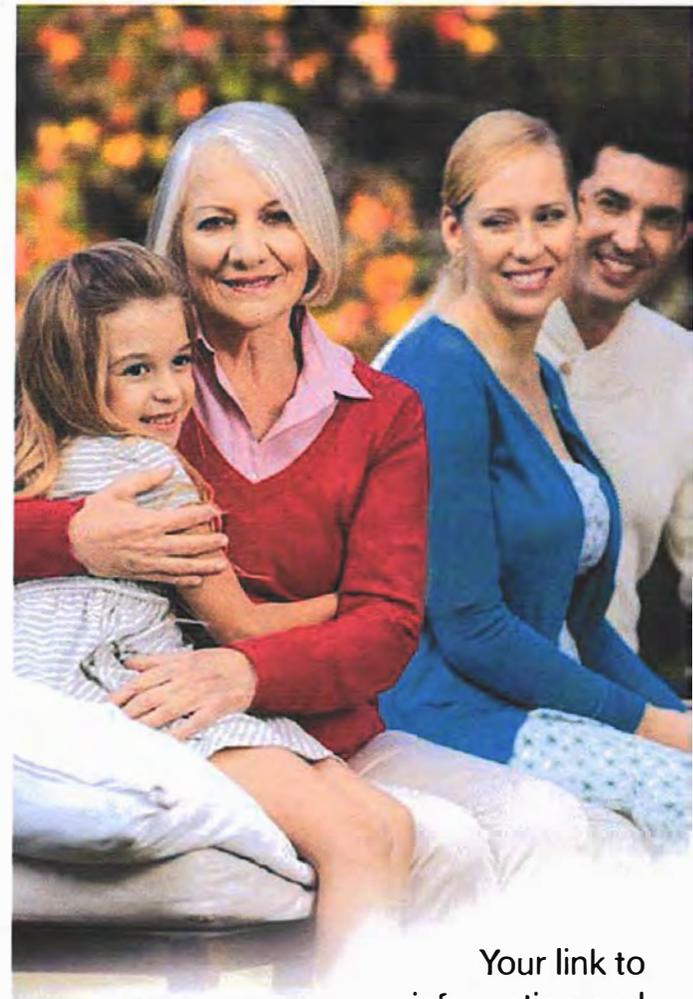
NOTES _____



Call your local ServiceLink
1-866-634-9412 (Toll Free) or
servicelink.nh.gov

This information is provided by an Agreement between NH ServiceLink ADRC and the NH Department of Health and Human Services and partially funded by the Administration for Community Living under grant #90MP0241-01.

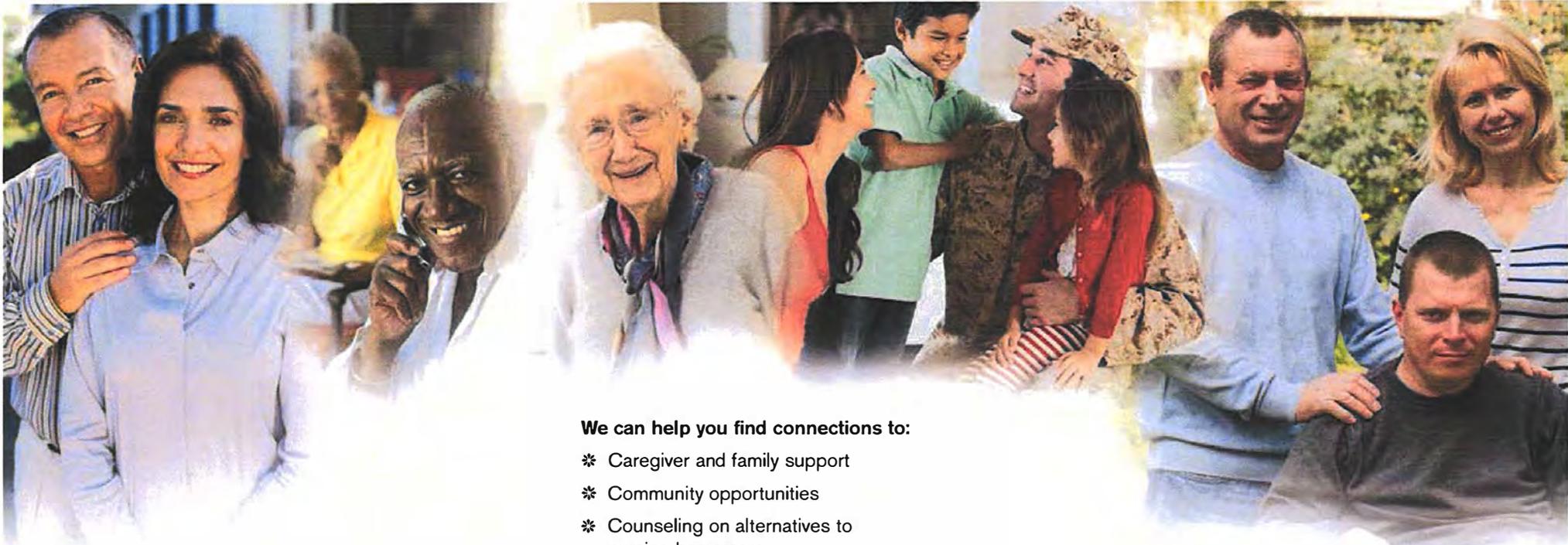
ServiceLink



Your link to
information and
support services
within your
community



1-866-634-9412 **servicelink.nh.gov**



Your questions will be answered by one of our professional staff. You will receive up-to-date and unbiased information about resources available where you live.

Are you looking for answers about alternatives to nursing home care?

Have you made phone calls looking for local services, but still haven't received answers?

Do you need help taking care of a family member?

Do you understand Medicare and supplement health insurance benefits?

Do you know how to apply for Medicaid?

Are you looking to explore your options at your local VA?

We can help you find connections to:

- * Caregiver and family support
- * Community opportunities
- * Counseling on alternatives to nursing home care
- * Disability services and supports
- * Exploring places to live
- * Find services as supports for financial assistance
- * Helping someone else
- * Home delivered meals
- * Medicare and Medicaid benefits
- * Mental health services
- * Options counseling that can help you with choices and next steps
- * Prescription assistance
- * Choosing health plans based on your needs
- * Support for veterans & military families
- * Transportation services and supports

ServiceLink serves people of all ages and income levels and needs. Trained staff are available during normal business hours Monday through Friday.

After hours appointments are available.

ServiceLink services are FREE and strictly confidential.

1-866-634-9412 (Toll Free)

Visit us online at servicelink.nh.gov

OPTIONS COUNSELING HELPS YOU:

- Explore your future care
- Evaluate your long-term care options, including the pros and cons of specific choices for now and for the future
- Develop an action plan based on what is important to you
- Connect with local resources



NOTES



Call your local ServiceLink
1-866-634-9412 (Toll Free) or
servicelink.nh.gov

This information is provided by an Agreement between NH ServiceLink ADRC and the NH Department of Health and Human Services and partially funded by the Administration for Community Living under grant #90MPO241-01.

Options Counseling



Counseling to help guide
and support you and
your loved ones



1-866-634-9412 **servicelink.nh.gov**

5-2017

Options Counseling



WHO PROVIDES OPTIONS COUNSELING?

Each local ServiceLink Aging and Disability Resource Center has an Options Counselor as part of its specialized team.

An Options Counselor is a knowledgeable and experienced guide to support you while you explore your choices about the assistance or care that meets your needs.

Options Counseling can be provided in person through home visits, office visits and appointments, or by phone or email.

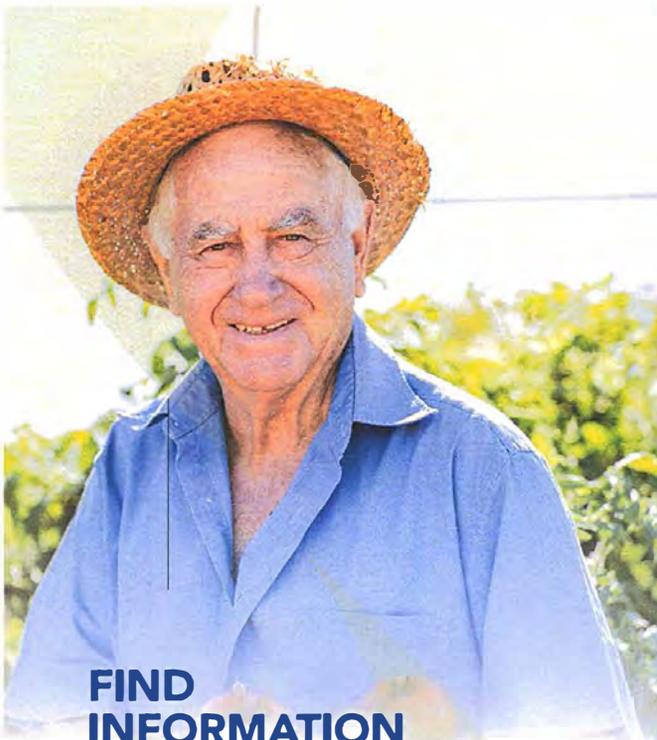
SOMETIMES YOU NEED HELP AND DON'T KNOW WHAT OPTIONS YOU HAVE.



**1-866-634-9412 (Toll Free) or
servicelink.nh.gov**

OPTIONS COUNSELING CAN PROVIDE GUIDANCE & SUPPORT FOR ASSISTANCE WITH:

- Helping someone else (children or adults).
- Finding finance and payment options to help pay for needs such as: child care, health care, food, and long term supports and services.
- Connecting you to available housing and community living options.
- Planning for and preparing for your long term care needs and/or palliative care.
- Understanding and connecting to supports for veterans and military families.
- Learning about Medicaid.



FIND INFORMATION ABOUT

Caregiver Supports
Developmental Disabilities
Elderly and Adult Supports
Financial Help
Housing/Community Living
Medicaid
Mental Health Supports
Personal/Legal Rights
Substance Use Disorder
Transportation Programs
Veterans/Military Supports

For additional information regarding the services and supports available to New Hampshire residents, please refer to the following:

dhhs

1-844-ASK-DHHS
1-844-275-3447



nheasy.nh.gov



servicelink.nh.gov

NH Care PATH

Connections to better living

YOUR PATH TO GUIDANCE SUPPORT CHOICE

NHCarePath connects you to the information, assistance, or care that meets your needs, so you or your loved ones can live at home or in the community.

Welcome to NHCarePath, your connection to better living.

Through NHCarePath, you can find the guidance and support you need to make the right choices for care. NHCarePath connects you to information, assistance, or care regardless of your age, income, or gender.

NHCarePath helps connect you to:

- Information on NH-based supports and services
- Assistance with daily living needs
- Care options at home or in your community

Whether you are paying for services yourself, have insurance, or are eligible for a program that can help you pay, NHCarePath is right for you.



There are many ways to receive assistance or care at home and in your community. Now it's easier than ever to find out what services are available and if you are eligible.

Some of these services include:

ELDERLY & ADULT

- Home care
- Transportation assistance
- Home-delivered meals

DEVELOPMENTAL DISABILITY & ACQUIRED BRAIN DISORDER

- Employment supports
- Service coordination
- Family supports

MENTAL HEALTH & SUBSTANCE USE DISORDER

- Counseling
- Recovery-oriented services
- Support groups

For a complete list of services, visit nhcarepath.org or call 1-866-634-9412.



FREQUENTLY ASKED QUESTIONS

I don't see the type of assistance or care I'm looking for in this brochure; does that mean I can't access it through NHCarePath?

NHCarePath will help connect you to the right care, even if you don't see it listed here. For a complete list of services, visit nhcarepath.org or call 1-866-634-9412 to speak with us.

I need assistance/care for a family member, can I call on their behalf?

Yes, just call 1-866-634-9412 and tell the representative who the services are for, and they'll point you in the right direction.

Will NHCarePath share my personal information?

NHCarePath will not share your personal information without your permission.



Special Medical Services

Partners in Health



SMS is New Hampshire's Title V program for Children with Special Health care needs. It administers health programs and services for children birth to 21, who have, or are at risk for a chronic medical condition, disability or special health care need. SMS provides leadership in building and promoting community based systems of care and services that is family centered, comprehensive, coordinated and culturally competent.

Call 1-800-852-3345 x 4488

or 271-4488

Visit

<https://www.dhhs.nh.gov/dcbcs/bds/sms/>



State of New Hampshire
Department of Health and Human Services
129 Pleasant Street, Thayer Building
Concord, NH 03301



What is Partners in Health (PIH)?

Partners in Health is a free, statewide, community-based program that provides support to young adults and families of children with chronic health conditions, regardless of income. Each regional site has its own Family Council that plans programs and community activities while providing a forum for mutual support.

How does PIH help you, your child, and your family?

- Supports young adults and families in obtaining appropriate community social supports and services
- Offers services related to the impact of chronic physical health conditions on daily living.
- Family Support Coordinators work with families toward more independent, community, and family life.
- Assists young adults and families with identifying and assessing strengths and needs related to chronic health conditions.
- Accesses and identifies available resources and opportunities related to the needs of the young adult and family.

What is the eligibility criterion?

Young adults (ages 18-21) and families of children (birth to 21), regardless of income, with a chronic physical health condition that is expected to last for 12 months or longer *AND* that either

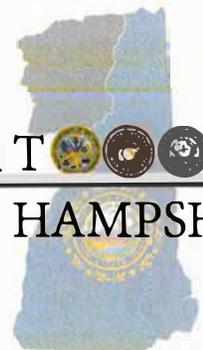
- Significantly affects the young adult's or child's ability to function daily, *OR*
- Requires more frequent and intensive medical care than is typically required, *AND*
- Is not developmental disability, mental illness, obesity or dental condition alone

Revised 9-5-17

NOTES

F O R T 

NEW HAMPSHIRE



Access to Justice in NH means connecting people to the tools they need to participate effectively in the court system.

► **Senior Citizens Law Project**

(603) 624-6000

(888) 353-9944

www.nhla.org/nhseniors

The Legal Advice Line, a service of New Hampshire Legal Assistance, provides free legal advice in civil matters for senior citizens 60 and older.

► **Disabilities Rights Center**

(800) 834-1721

(603) 228-0432

www.drcnh.org

DRC provides information, referrals, legal advice and legal representation in the area of civil and other legal rights of people with disabilities.

► **Franklin Pierce Law Center**

Civil Practice Clinic

(603) 225-3350

www.piercelaw.edu

The Civil Practice Clinic assists low-income clients with a variety of issues from consumer protection, collection and foreclosure defense, (including Chapter 13 bankruptcy), predatory lending, auto fraud, unemployment, worker's compensation and landlord/tenant matters (for tenants in eviction process only). Cases are accepted from Merrimack, Belknap, Sullivan and Hillsborough counties.

The Judicial Branch Self Help Center

www.courts.state.nh.us/selfhelp

The Self Help Center provides basic, practical information about the New Hampshire court system, how it works, and what the procedures are for bringing a case to court.



**The New Hampshire
Access to Justice Commission**

www.courts.state.nh.us/access/index

Access to Justice help's New Hampshire citizens get the legal assistance they need to resolve disputes involving issues such as housing, health care and social security benefits, and domestic violence.



Your Guide to
**NEW HAMPSHIRE
LEGAL SERVICES
PROGRAMS**

In this brochure you can find telephone numbers and websites for ways to resolve legal issues.



NH Bar Association
Legal Services Programs

www.nhbar.org *

Looking for a Lawyer?

▶ **Lawyer Referral Service**
(603) 229-0002

LRSreferral@nhbar.org

LRS provides attorney referrals to members of the public who have legal problems from personal injury and consumer matters to family law and can afford to pay for legal services.

▶ **Reduced-Fee Referral Program**
(603) 715-3290

Reducedfee@nhbar.org

This program connects lower-income individuals who are able to pay some amount for legal services with lawyers who will take their case at a reduced rate.

▶ **The Pro Bono Referral Program**
(800) 639-5290
(603) 224-3333

Pro Bono connects low-income individuals with volunteer attorneys who provide free legal services in family law, bankruptcy, consumer, housing and senior citizen matters.

▶ **Lawline**
(800) 868-1212

Volunteer lawyers provide free legal information over the phone on the second Wednesday of each month from 6:00 pm to 8:00 pm.

* At the NHBAR homepage on the left hand side click the "For the Public" button

Domestic Violence a Concern?

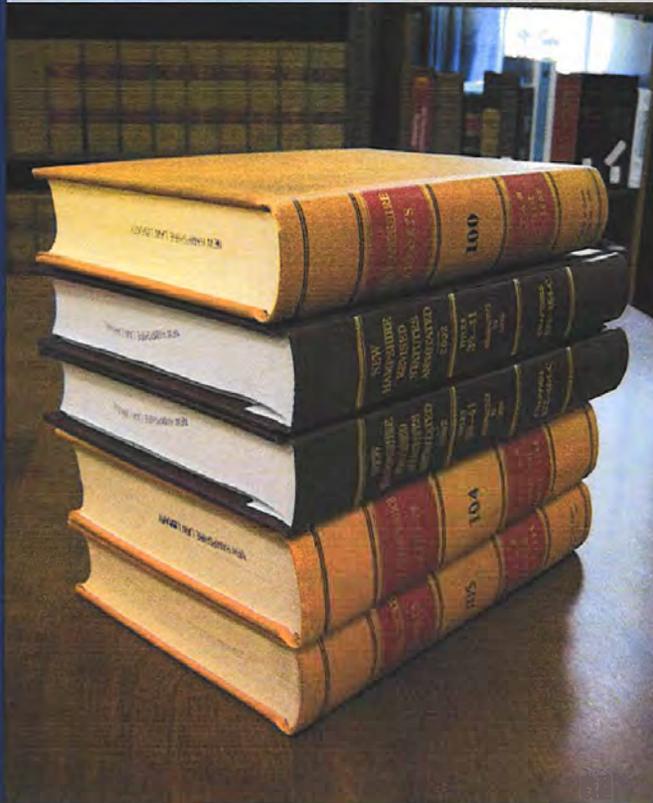
▶ **The DOVE Project**

Call your local crisis center or
(866) 644-3574 – Domestic Violence Hotline
(800) 277-5570 – Sexual Assault Hotline
The Domestic Violence Emergency or DOVE Project provides free legal representation to qualifying clients at final hearings for protective orders.

Need Taxpayer Help?

▶ **The Low-Income Taxpayer Project**
(603) 228-6028

The Taxpayer Project assists qualified individuals with federal income tax disputes through referrals to volunteer attorneys and other tax professionals for free advice and/or representation.



More Resources for You...

▶ **Legal Advice & Referral Center**

(800) 639-5290
(603) 224-3333

www.larcnh.org

LARC provides free legal information, advice and referrals to low-income people with family law, local welfare and housing issues, including Pro Se assistance. LARC refers cases to Pro Bono, NHLA and other legal service agencies.

▶ **New Hampshire Legal Assistance**

www.nhla.org

NHLA provides free legal advice and representation to low-income people in civil matters especially those involving basic needs, such as food, shelter, income and medical care, as well as domestic violence.

▶ **New Hampshire Legal Assistance Numbers**

Claremont: (800) 562-3994
(603) 542-8795

Concord: (800) 921-1115
(603) 223-9750

Littleton: (800) 548-1886
(603) 444-8000

Berlin Satellite: (800) 698-8969
(603) 752-1102

Manchester: (800) 562-3174
(603) 668-2900

Nashua: (800) 517-0577
(603) 598-3800

Portsmouth: (800) 334-3135
(603) 431-7411

OUR FUNDING SOURCES

The Project is made possible by a Low-Income Taxpayer Clinic federal grant provided by the Taxpayer Advocate Service, as well as funding from the New Hampshire Bar Foundation, local United Way organizations, and the New Hampshire Law Library Pro Hac Vice Fund (RSA 490:25).

€

Support is also provided by the many dedicated attorneys and other tax professionals who donate their time to Low-Income Taxpayer Project clients.

€

Please note that the Project is independent of the Internal Revenue Service. Representation by the Project will not affect your rights before the IRS.



United Way



Strengthening Justice Since 1977

IMPORTANT PHONE NUMBERS

Low-Income Taxpayer Project,
for IRS controversies.
(603) 228-6028 or **www.nhbar.org**

Legal Advice & Referral Center,
for non-legal criminal issues
other than IRS controversies.
(800) 639-5290 or **(603) 224-3333**
or **www.nhlegalaid.org**

Senior Law Project,
for people age sixty and older seeking
assistance with consumer debt collection,
financial exploitation, housing, property
taxes, nursing homes, assisted living
transfer and discharge, Social Security
denials, and Medicaid denials.
(888) 353-9944

Taxpayer Advocate Service,
for help with IRS issues you're already
working to resolve on your own.
(603) 433-0571 or **(877) 777-4778**

Internal Revenue Service,
for general information and transcript
requests for your accounts.
(800) 829-1040

New Hampshire Bar Association
Pro Bono Referral Program's

LOW-INCOME TAXPAYER PROJECT



2 Pillsbury Street, Suite 300
Concord, NH 03301
www.nhbar.org

(603) 228-6028

NEW HAMPSHIRE
BAR ASSOCIATION
LOW-INCOME TAXPAYER PROJECT
Equal Justice Under Law



THE LOW-INCOME TAXPAYER PROJECT AND YOU

THE PROGRAM

Do you have an IRS problem?

The Low-Income Taxpayer Project of the New Hampshire Bar Association Pro Bono Referral Program may be able to help you.

The Low-Income Taxpayer Project is a free clinic designed to help low-income taxpayers with federal income tax controversies – that is, IRS disputes.

Although this clinic does not assist in tax return preparation for the current tax year, we can help with a variety of tax controversies, including:

- ❖ innocent & injured spouse relief
- ❖ IRS audits
- ❖ Earned Income Tax Credit denials
- ❖ deficiency notices
- ❖ levies & liens
- ❖ installment agreements
- ❖ offers in compromise
- ❖ worker classification



CRITERIA

The clinic will consider your application for assistance if you meet three main criteria:

1. Your case must be a federal income tax controversy.
2. The amount of taxes in controversy must be less than \$50,000 for each year.
3. Your yearly gross income must fall below 250% of the federal poverty level.

2019 Financial Guidelines*

Family Size	Yearly Income
1	\$31,225
2	\$42,275
3	\$53,325
4	\$64,375
5	\$75,425
6	\$86,475
7	\$97,525
8	\$108,575

For each additional person, add \$10,150.
*Guidelines are subject to change annually.

THE PROCESS

If you think you qualify for assistance, contact the clinic for an application at (603) 228-6028 or bheggie@nhbar.org.

Application forms can also be found at the clinic's web page: www.nhbar.org.

Complete the application forms and return them via mail, email, or fax.

LOW-INCOME TAXPAYER PROJECT

2 Pillsbury Street, Suite 300
Concord, NH 03301

bheggie@nhbar.org

(603) 218-6999 (fax)

*Please include copies of any
IRS correspondence.*

Questions?

Call the Low-Income Taxpayer Project at
(603) 228-6028.

Appendix

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What are my New Hampshire State Benefits?

New Hampshire State Tax Benefits

New Hampshire Retirement Income Taxes

New Hampshire Retired Military Pay Taxes

New Hampshire State Taxes on U.S. Department of Veterans Affairs Military Disability Retired Pay

New Hampshire State Taxes on U.S. Department of Veterans Affairs Disability Dependency and Indemnity Compensation

Military Survivor Benefit Plan (SBP)/ Reserve Component Survivor Benefit Plan (RCSBP)/ Retired Serviceman's Family Protection Plan (RSFPP) New Hampshire State Tax Benefits

New Hampshire does not levy a general state income tax on individuals, so you are not required to file an individual state tax return for New Hampshire in any of the instances above.

New Hampshire Property Tax Credits and Exemptions for Veterans, Spouses, and Surviving Spouses:

Property owned and operated by certain Veterans' organizations or departments, local chapters or posts shall be exempt from taxation (RSA 72:23-a , RSA 72:23-c)

Certain wartime Veterans, their Spouses or Surviving Spouses may be eligible for a property tax credit shall be an amount from \$51 up to \$750. (RSA 72:28)

The Surviving Spouse of a Veteran who was killed while on active duty in the military may be eligible for a tax credit of between \$700 and \$2000 on real estate or personal property. (RSA 72:29-a)

There is a \$700 tax credit on real estate occupied as principal place of abode by a permanently and totally disabled service-connected Veteran, double amputee or paraplegic or un-remarried Surviving Spouse. Cities and towns may vote to adopt a higher tax credit of up to \$2000. (RSA 72:35)

A permanently and totally disabled Veteran who is blind, paraplegic or a double amputee as a result of service connection and who owns a specially adapted homestead acquired with the assistance of the U.S. Department of Veterans Affairs, or with proceeds from the sale of any previous homestead acquired with the assistance of the U.S. Department of Veterans Affairs, shall be exempt from all taxation on the homestead. The Veteran's Surviving Spouse shall also be exempt from all taxation on the homestead. (RSA 72:36-a)

New Hampshire Military and Veterans Education Benefits

New Hampshire National Guard Tuition Assistance: Members of the New Hampshire National Guard may take courses tuition-free on a space available basis in state-supported postsecondary institutions. In order to be eligible to receive educational assistance under this subdivision, a member of the New Hampshire National Guard shall:

- Be an active member of the New Hampshire national guard residing either in-state or out-of-state who has completed advanced individual training or commissioning.
- Be enrolled in a degree-enhancing curriculum in any vocational or Technical school that is under the authority of the commissioner of Regional community-technical colleges or enrolled in any degree-enhancing curriculum in any public college or university within the state.
- Have first utilized any federal educational entitlements, not including Montgomery GI benefits, and National Guard scholarship grants.

If you have any questions about this change, please contact the NHARNG Education Office at 603-227-1550 or 603-225-1305



What are my New Hampshire State Benefits?

New Hampshire Military and Veterans Education Benefits, continued

Free Tuition for Children of New Hampshire Resident Service Members Declared Missing-in-Action or Prisoners of War: The Child of a missing person who was domiciled in this State serving in or with the U.S. Armed Forces after February 28, 1961, is entitled to free tuition at an educational institution of the community college system of New Hampshire so long as said missing person is so reported/listed as missing, captured, etc. (RSA 188-F:15)

Free Tuition for Children of New Hampshire Resident Service Members Killed-in-Action or that Died from a Service- Connected Disability: The Children of military members who die in service during wartime, and Children of certain wartime Veterans who die from a service-connected disability, may qualify for free tuition at New Hampshire public institutions of higher learning. A scholarship for board, room, rent, books and supplies up to \$2500 per year for a period of no more than 4 years at such educational institutions may be furnished to these Children if they are in need of financial assistance. (RSA 193:19 , RSA 193:20 , RSA 193:21)

New Hampshire Interstate Compact on Educational Opportunity for Military Children: It is the purpose of this compact to remove barriers to educational success imposed on Children of military Families because of frequent moves and deployment of their parents by:

- Facilitating the timely enrollment of Children of military Families and ensuring that they are not placed at a disadvantage due to difficulty in the transfer of educational records from the previous school district or variations in entrance or age requirements.
- Facilitating the student placement process through which Children of military Families are not disadvantaged by variations in attendance requirements, scheduling, sequencing, grading, course content or assessment.
- Facilitating the qualification and eligibility for enrollment, educational programs, and participation in extracurricular academic, athletic and social activities.
- Facilitating the on-time graduation of Children of military Families.
- Providing for the promulgation and enforcement of administrative rules implementing the provisions of this compact.
- Providing for the uniform collection and sharing of information between and among member states, schools and military Families under this compact.
- Promoting coordination between this compact and other compacts affecting military Children.
- Promoting flexibility and cooperation between the educational system, parents and the student in order to achieve educational success for the student.

Primary Point of Contact:

Kathleen Murphy, New Hampshire MIC3 Commissioner
Superintendent, Hampton School District
Address: 6 Marston Way, Hampton, NH 03842
Email: kmurphy@sau90.org
Phone: 603-926-4560



What are my New Hampshire State Benefits?

New Hampshire Military and Veterans Employment Benefits

New Hampshire State Employee Leave for Military Service: Any regular employee of the state of New Hampshire who is a member of any reserve component of the Armed Forces of the United States or of this state shall, upon request, be entitled to not more than 15 days leave of absence with pay in any one training year for the purpose of engaging in military drill, training, or other temporary duty under military or naval authority. The provisions of this section shall not apply to any such employee who has been inducted or has enlisted in active service in the Armed Forces of the United States.

Any regular employee of the state of New Hampshire who uses 15 days leave of absence shall, in addition, be entitled to up to 30 days of partial pay, for any additional military drill or training under military or naval authority.

Who is eligible for New Hampshire State Employee Leave for Military Service? A Service member of any reserve component of the Armed Forces is eligible for state employee military.

New Hampshire State Employment Veterans Hiring Preference: Preference shall be given in appointing employees of the State Liquor Commission (RSA 176:10), in selecting members of the Office of Veterans Services (RSA 115:1), in appointing the Director of the Office of Veterans Services (RSA 115:4), in appointing the Commandant and employees of the New Hampshire Veterans Home (RSA 119:6), and Veterans or their un-remarried Surviving Spouses and Spouses of disabled Veterans in public departments and/or public works of state and local units (RSA 283:4 , RSA 283:9)

The employment preferences provided for Veterans under the provisions of RSA 283:4 are extended to include any un-remarried Surviving Spouse whose Spouse at the time of their death was a citizen of this state and who served in the Armed Forces of the United States during any war in which the United States has been engaged, and also to any Spouse of a totally disabled Veteran who is a citizen of the state and who served in the Armed Forces of the United States during any war in which the United States has been engaged. (RSA 283.5)

New Hampshire Veteran Reemployment to Previously Held Position in State Employment: Reemployment of Veterans by towns and other political subdivisions upon application shall be made within 90 days after the Veteran is discharged from active military service. (RSA 97:1 , RSA 97:2 , RSA 97:3)

Veterans Priority for New Hampshire and Federal Training Opportunities: Qualified Veterans will be granted priority in obtaining training that is funded in whole or part by the federal government or the State of New Hampshire (SA 115-B)

New Hampshire Veterans Peddler's License Fee Exemption: Service-connected disabled Veterans and their un-remarried Spouse may be exempt from fees for a Peddler's License (RSA 320:11)



What are my New Hampshire State Benefits?

New Hampshire Military and Veterans Unemployment Compensation Benefits

New Hampshire Unemployment Compensation: New Hampshire's Department of Employment Security administers the Unemployment Insurance System, providing temporary assistance to unemployed New Hampshire workers.

Your claim for benefits becomes effective the calendar week in which you complete the application. The only exception is if you work less than full-time and file your application within 3 days of your last day of work.

In New Hampshire, the maximum Weekly Benefit Amount (WBA) is \$427 per week for total unemployment. The minimum WBA is \$32. The Maximum Benefit Amount (MBA) an individual may collect is 26 times their WBA. If filing for total benefits, this would be equal to 26 weeks. These weeks do not need to be consecutive but do need to be in a single Benefit Year. Benefit Year means the one-year period beginning with the first day of the week in which an individual file a claim for benefits. New Hampshire Unemployment Insurance Amount and Duration of Benefits page
Claims may be filed online through the New Hampshire Unemployment Insurance System (NHUIS)

Priority of Service for Veterans and Eligible Spouses for New Hampshire Employment Services Programs:

Veterans and eligible Spouses are given priority of service at New Hampshire Employment Services locations for the receipt of employment, training and placement services in all state workforce programs funded by the Department of Labor. This means that those Veterans or eligible Spouses, who meet all the eligibility requirements for a program or service, receive access to that program or service either earlier than others who are not eligible for priority of service, or if resources are limited, the Veteran or eligible Spouse receives access to the service or resource instead of or before others.

Veterans and eligible Spouses are encouraged to identify themselves as such when inquiring about any New Hampshire Employment Security programs or services, or upon visiting any NHWorks Office locations.

Who is eligible for Priority of Service for Veterans and Eligible Spouses for New Hampshire Employment Services Programs?

Veterans: Veterans who served in the active military, naval, or air service, and who were released or discharged under conditions other than dishonorable. Active service includes full-time duty in the National Guard or a Reserve component, other than full-time duty for training purposes (i.e., that which is referred to as "weekend" or "annual" training), nor does it include full-time active duty performed by National Guard personnel who are mobilized by State rather than Federal authorities.

Spouses: Eligible Spouses include: The Spouse of any person who died of a service-connected disability; OR The Spouse of any member of the Armed Forces serving on active duty who, at the time of application for USDOL employment and training services, has, for a period longer than 90 days either been declared missing in action, or has been captured by a hostile force while in the line of duty, or has been forcibly detained or interned while on active duty by a foreign government or power; OR The Spouse of any person who has a permanent, total disability resulting from a service-connected disability; OR The Spouse of a Veteran who died while a disability so evaluated was in existence.





What are my New Hampshire State Benefits?

New Hampshire Military and Veteran Division of Motor Vehicles Benefits

"Veteran" Indicator on New Hampshire Driver Licenses or ID Cards: RSA 263:40 allows a Veteran with an honorable discharge to request a Veteran indicator on their New Hampshire Driver License, Commercial Driver License or Non-Driver ID card for the purposes of identification for receiving benefits and services under New Hampshire law.

Who is eligible for "Veteran" Indicator on New Hampshire Driver Licenses or ID Card? Any Veteran with an honorable discharge is eligible for the Veteran designation on their driver's license or identification card.

To obtain a Veteran indicator, please fill out the appropriate application (New Hampshire Division of Motor Vehicles Driver License or Non-Driver ID Card Application or New Hampshire Division of Motor Vehicles Commercial Driver License Application), and bring it to any one of the New Hampshire Division of Motor Vehicles locations around the State, along with proof of Honorable Discharge, as defined in RSA 21:50 .

If you wish to add this indicator during your renewal, there will be no additional cost; however, if you wish to add the indicator outside of your renewal period, please be advised that there is a \$3.00 fee for the replacement license or ID card.

New Hampshire Disabled Veteran Driver License Fee Exemption: No fee shall be charged for a motor vehicle operator's license for a Veteran who is an amputee or paraplegic and who received a motor vehicle from the U.S. Department of Veterans Affairs nor for a Veteran who has been classified by the U.S. Department of Veterans Affairs as being permanently and totally disabled due to service connected disability. (RSA 263-42)

New Hampshire Registration Fee Exemption for Blind Veterans: No fee shall be charged for a permit to register a motor vehicle owned by a Veteran who has been classified by the U.S. Department of Veterans Affairs as being totally blind as a result of a service connected disability. (RSA 261:159)

New Hampshire Registration Fee Exemption for Vehicle provided by the U.S. Department of Veterans

Affairs: No registration fee is payable for a vehicle provided by the U.S. Department of Veterans Affairs to an amputee, paraplegic or blind Veteran classified as being permanently and totally disabled from service connection. (RSA 261:141, VIII)

New Hampshire Registration Fee Exemption for Amputee or Paraplegic Veterans: No fee shall be charged for a permit to register a motor vehicle owned by a war Veteran who is an amputee, paraplegic or who suffered the loss of use of a limb from a service connected cause as certified by the U.S. Department of Veterans Affairs when the vehicle is received or a cash settlement in lieu thereof is received from the U.S. Department of Veterans Affairs. (RSA 261:157)

New Hampshire Parking Benefits for Disabled Veteran License Plates: Any motor vehicle bearing special disabled Veteran license plates with the international accessibility symbol shall be allowed free parking time in any city or town, if the vehicle is under the direct control of the owner. (RSA 265:73)

New Hampshire Military and Veteran License Plates: The State of New Hampshire offers 17 distinctive Military and Veteran themed license plates to honor the service and sacrifice of eligible Service members, Veterans, retirees and eligible Family members.

The process to obtain Vanity Plates must begin at the town or city level like most other registration transactions. To apply for a new Vanity Plate, you must fill out the New Hampshire Division of Motor Vehicles, Application for Vanity Plates .



What are my New Hampshire State Benefits?

New Hampshire Military and Veteran Division of Motor Vehicles Benefits, continued

Veterans License Plate: Veterans honorably discharged from the U.S. Armed Forces may be issued special license plates. (RSA 261:87-b)

Disabled Veteran License Plate: Honorably discharged Veterans deemed to be totally and permanently disabled due to their service connected disability are allowed one (1) disabled Veteran plate at no charge. (RSA 261:86)

Purple Heart License Plate: Veteran must have their paperwork indicating that they were honorably discharged and were awarded the Purple Heart. May be issued one set of special license plates upon payment of registration fees. Veteran can only have one Purple Heart passenger plate and one Purple Heart motorcycle plate. (RSA 261:86-d)

Veterans with Walking Disabilities License Plates: Special license plates may be issued for motor vehicles owned by individuals with walking disabilities. (RSA 261:88)

New Hampshire Military and Veterans Parks and Recreation Benefits

Free New Hampshire Perpetual Hunting and Fishing Privileges for 100% Disabled Veterans: Free perpetual Fish and Game License.

Who is eligible for Free New Hampshire Perpetual Hunting and Fishing Privileges? Honorably discharged Veterans who are residents of New Hampshire and who are permanently and totally disabled from service-connected disability may be issued a free perpetual Fish and Game License. A \$10 administrative fee shall be charged once, upon application to the executive director for such permit. (RSA 214:13)

New Hampshire Paraplegics may Hunt from Motor Vehicles or Boats: New Hampshire Disabled Veterans may hunt from motor vehicles or boats without motors under certain conditions with a proper permit. A \$10 administrative fee shall be charged once, upon application to the executive director for such permit. (RSA 207:7-a)

Free New Hampshire Fishing Permits for Patients at U.S. Department of Veterans Affairs Hospital or Residents at the State Veterans Home: New Hampshire resident patients at the V.A. Medical Center in Manchester, NH, and residents of the NH Veterans' Home may be issued free fishing permits under certain conditions. (RSA 214:14-h)

Free Admission to New Hampshire State Parks for New Hampshire National Guard Service Members and Disabled Veterans: New Hampshire Veterans with any U.S. Department of Veterans Affairs (VA) service-connected disability rating shall not be charged a fee for day-use admission to New Hampshire state parks. Disabled Veteran license plates issued by the state of New Hampshire, or a letter issued by the VA certifying the Veteran suffers from a service-connected disability shall be considered proof of entitlement. Any fees for the use of enterprise activities (including ski lifts, food service, campgrounds, etc.) shall be charged. (RSA 216-A:3-g, IV).

Any active member of a federally-recognized unit of the New Hampshire National Guard who is a legal resident of this state and is serving (or who retired) in pay grades E-1 through E-6 shall not be charged a fee for admission to the state park system. (RSA 216-A:3-g, V)



What are my New Hampshire State Benefits?

New Hampshire Military and Veterans Miscellaneous Benefits

New Hampshire Vietnam War Bonus: Bonus of \$100 for those with active service of 90 days or more between August 5, 1964, and August 15, 1973, or those who served in Vietnam between July 1, 1958, and August 5, 1964, and earned the Vietnam Service Medal or the Armed Forces Expeditionary Medal. To be eligible the Veteran must have been a bona fide resident of New Hampshire at the time of enlistment and have received an honorable discharge. Claims made after August 22, 1977, must be approved by the Adjutant General, the Governor and Executive Council. (RSA 115-A: 3)

New Hampshire Persian Gulf War Service Bonus: Each person who actively served as a member of the Armed Forces of the United States between August 2, 1990, and November 30, 1995, and who earned the Southwest Asia Service Medal, and who was discharged, released or has a certificate of service, under honorable conditions, and who at the time of entry on such service, and at the time of such service was a bona fide resident of this state shall be entitled to a \$100 bonus. However, no individual who has received a Persian Gulf War Bonus payment from another state shall be qualified to receive the NH bonus. Program expired on August 31, 2002, but there are provisions that allow for acceptance of applications after that date. (RSA 115-A: 9)

New Hampshire Global War on Terrorism Operations Service Bonus: Each person who actively served in any capacity as a member of the uniformed services of the United States on or after September 11, 2001 and on or before a date to be determined by the Secretary of Defense, and who earned the Global War on Terrorism Expeditionary Medal; and who was discharged, released or has a certificate of service, with an honorable discharge, or who is missing in action or who was killed in action; and who at the time of entry on such active service, and at the time of such service was a bona fide resident of this state shall be entitled to a \$100 bonus provided under this subdivision. Program expired on June 11, 2009, but there are provisions that allow for acceptance of applications after that date. (RSA 115-A: 16)

New Hampshire Veteran's and Dependent Families Relief: War Veterans and their dependent Families who are unable to support themselves shall be supported at public expense in the town or city in which they live. (RSA 165:5)

New Hampshire State Veterans' Home: Located at Tilton, the Veterans' Home is a 250-bed facility, with 100 beds assigned to residents with dementia. The Veterans' Home is an intermediate, long-term care facility populated by nearly 400 staff. NHVH has formalized agreements with both the U.S. Department of Veterans Affairs and local hospitals for inpatient hospitalization and specialized outpatient care. Contact the Veterans' Home at (603) 527-4400 to determine eligibility. (RSA 119:9)

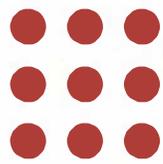
New Hampshire State Veterans Cemetery: Veterans, discharged under honorable conditions, and their dependents who meet the criteria of eligibility are eligible for burial in the State Veterans Cemetery in Boscawen, NH. The cemetery opened in September 1997. NH residency is not a requirement. Contact the State Veterans Cemetery at (603) 796-2026 for information or to determine eligibility. (RSA 110-B-74)

Burial for Indigent New Hampshire Veterans: Indigent Veterans may be buried at the expense of the municipality in which the Veteran died. (RSA 165:16 , RSA 165:17)

Free Copies of Public Records for New Hampshire Veterans and Dependents: Copies of public records are provided free when needed by the U.S. Department of Veterans Affairs to determine eligibility for benefits. The State Veterans Council and its Veterans Service Officers shall assist Veterans and dependents in obtaining benefits to which entitled under state or federal laws or regulations. (RSA 115:6 , RSA 115:7)



**Veterans
Crisis Line**



**Military
Crisis Line**

1-800-273-8255 PRESS 1

Thank you for your service!

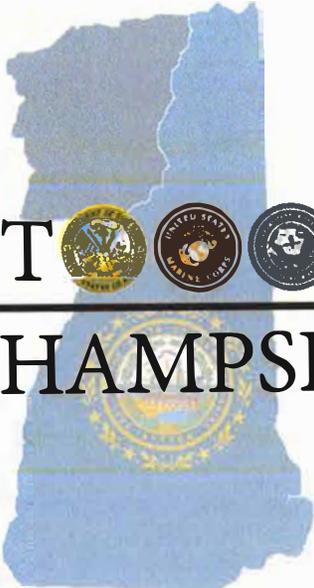


NEW HAMPSHIRE DEPARTMENT OF MILITARY AFFAIRS AND
VETERANS SERVICES

NEW HAMPSHIRE NATIONAL GUARD

GOVERNOR'S COMMISSION ON ALCOHOL & OTHER DRUGS:
JOINT MILITARY TASK FORCE

NH SUICIDE PREVENTION COUNCIL—MILITARY & VETERANS



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N E W H A M P S H I R E