RESOURCE GUIDE FOR VETERANS, SERVICE MEMBERS, AND THEIR FAMILIES
Introduction

In New Hampshire, there are many paths for care available to help people of all ages live better in their communities. NHCarePath connects you to a range of information, assistance, and care throughout New Hampshire, including: resources for Veterans, Service Members, and their Families; caregiver resources; and services related to aging, disabilities, and independent living.

This resource guide is designed to strengthen resources for Veterans, Service Members, and their Families in the state of New Hampshire. It consists of local, state, and federal resources that span across a variety of services.

If you are looking to access services and supports in New Hampshire, you are invited to explore this resource guide, the NHCarePath website, and/or call 1-866-634-9412 to find assistance for your individual needs.

This guide is not a complete list of every resource in the state. If a resource is not listed, it does not mean that the resource does not exist or is not important. For more information and assistance finding resources that might not be listed in this guide, contact NHCarePath at 866-634-9412, or visit www.nhcarepath.org to search the public database for the most up-to-date services. To send requests for updates or to add a resource, please visit: http://www.referweb.net/nhsl/content.aspx?servprov.
# Table of Contents

- Aging and Senior Services ................................................................. 1
- Advocacy .......................................................................................... 1
- Caregivers ......................................................................................... 2
- Elder Abuse ....................................................................................... 5
- Care Coordination Services .............................................................. 6
- ServiceLink ....................................................................................... 6
- Children's Services and School Systems ............................................ 7
- Autism Organization Information ..................................................... 7
- Childcare Agencies ......................................................................... 8
- Children’s Services .......................................................................... 10
- Public and Private School Information .......................................... 12
- Tutoring Programs ......................................................................... 12
- Youth Programs ............................................................................... 13
- Crisis Intervention ........................................................................... 15
- Abuse or Neglect of Vulnerable Adults .......................................... 15
- American Red Cross ....................................................................... 15
- Child Abuse Resources ................................................................... 16
- Crisis Centers .................................................................................. 17
- Crisis Services .................................................................................. 20
- Domestic Violence Shelters ............................................................. 20
- Emergency Hotlines ........................................................................ 23
- Military Sexual Trauma ................................................................. 24
- Sexual Assault ................................................................................ 28
- Warm Line ....................................................................................... 29
- Disability Agencies .......................................................................... 29
- Disability Rights Centers ............................................................... 29
- Employment and Vocational Services ........................................... 31
- Employer Support for the Guard and Reserve (ESGR) ..................... 31
- Employment Resources ................................................................. 32
- Uniformed Services Employment and Reemployment Rights Act (USERRA) of 1994 ................................................................. 33
- Vocational Rehabilitation ............................................................... 34
- Faith-Based Support ........................................................................ 39
<table>
<thead>
<tr>
<th>Topic</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Family Readiness Groups</td>
<td>39</td>
</tr>
<tr>
<td>Exceptional Family Member Programs (EFMP)</td>
<td>39</td>
</tr>
<tr>
<td>National Guard Family Programs</td>
<td>40</td>
</tr>
<tr>
<td>Financial Assistance</td>
<td>41</td>
</tr>
<tr>
<td>Credit</td>
<td>41</td>
</tr>
<tr>
<td>Emergency Financial Assistance</td>
<td>41</td>
</tr>
<tr>
<td>Home Loan Information</td>
<td>41</td>
</tr>
<tr>
<td>Home Repair Assistance</td>
<td>41</td>
</tr>
<tr>
<td>Military Pay Websites</td>
<td>42</td>
</tr>
<tr>
<td>Special Pay</td>
<td>43</td>
</tr>
<tr>
<td>WIC and Other Subsidy Programs</td>
<td>43</td>
</tr>
<tr>
<td>Financial Counseling</td>
<td>43</td>
</tr>
<tr>
<td>Budgeting Classes</td>
<td>43</td>
</tr>
<tr>
<td>Discounts for Military Families</td>
<td>44</td>
</tr>
<tr>
<td>Financial Counseling and Assistance</td>
<td>45</td>
</tr>
<tr>
<td>Savings Programs</td>
<td>48</td>
</tr>
<tr>
<td>Food and Meal Services</td>
<td>50</td>
</tr>
<tr>
<td>Food Banks and Pantries</td>
<td>50</td>
</tr>
<tr>
<td>Health Care and Medical Services</td>
<td>55</td>
</tr>
<tr>
<td>Community Based Outpatient Clinics (CBOC)</td>
<td>55</td>
</tr>
<tr>
<td>DEERS</td>
<td>56</td>
</tr>
<tr>
<td>Dental</td>
<td>58</td>
</tr>
<tr>
<td>Medical</td>
<td>58</td>
</tr>
<tr>
<td>Vision</td>
<td>61</td>
</tr>
<tr>
<td>Health Insurance</td>
<td>62</td>
</tr>
<tr>
<td>Higher Education and Adult Learning</td>
<td>63</td>
</tr>
<tr>
<td>Scholarships, Grants, and Benefits</td>
<td>63</td>
</tr>
<tr>
<td>Educational Opportunities</td>
<td>65</td>
</tr>
<tr>
<td>Housing and Homelessness Services</td>
<td>67</td>
</tr>
<tr>
<td>Area Housing Authorities/Property Management</td>
<td>67</td>
</tr>
<tr>
<td>Emergency and Homeless Shelters</td>
<td>69</td>
</tr>
<tr>
<td>Mortgage/Rent Assistance</td>
<td>70</td>
</tr>
<tr>
<td>Rooming Houses and Transitional Housing</td>
<td>73</td>
</tr>
</tbody>
</table>
Narcotics Anonymous (NA) ........................................................................................................... 103
Treatment Centers .......................................................................................................................... 104
Youth Substance Use Services ....................................................................................................... 106
Suicide Prevention and Postvention ............................................................................................. 107
Emergency Hotlines ....................................................................................................................... 107
Suicide Prevention & Postvention ................................................................................................. 107
Support Groups .............................................................................................................................. 108
Community Mental Health Centers ............................................................................................... 108
Military Spouses ............................................................................................................................ 109
Support for Military Families ......................................................................................................... 109
Survivor Groups .............................................................................................................................. 111
Active Duty Death Survivors .......................................................................................................... 111
Survivors Outreach Services ........................................................................................................ 112
Tragedy Assistance Program for Survivors (TAPS) ...................................................................... 112
Transportation Assistance .............................................................................................................. 113
Senior Transportation .................................................................................................................. 115
Traumatic Brain Injury (TBI) ......................................................................................................... 118
Veteran Service Organizations (VSO) .......................................................................................... 120
American Legion ............................................................................................................................ 120
Other Veteran Service Organizations .......................................................................................... 124
Veterans of Foreign Wars (VFW) .................................................................................................. 124
Veterans Health Administration .................................................................................................... 126
TRICARE .................................................................................................................................... 127
VA Health Care Eligibility and Enrollment for Veterans .............................................................. 127
Veteran Benefit Assistance ........................................................................................................... 128
Vet Centers ................................................................................................................................... 129
Women’s Services .......................................................................................................................... 130
# Aging and Senior Services

## ADVOCACY

### New Hampshire State Resources

<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>Phone</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>AARP NH</td>
<td>900 Elm Street Suite 702</td>
<td>866-542-8168</td>
<td><a href="http://www.aarp.org/nh">www.aarp.org/nh</a></td>
</tr>
<tr>
<td>GREATER NASHUA COMMITTEE ON AGING</td>
<td>70 Temple Street</td>
<td>603-816-2640</td>
<td></td>
</tr>
<tr>
<td>NH FALLS RISK REDUCTION TASKFORCE</td>
<td></td>
<td>603-653-8360</td>
<td><a href="http://www.nhfalls.org/wordpress/">www.nhfalls.org/wordpress/</a></td>
</tr>
<tr>
<td>ALZHEIMER’S ASSOCIATION MA-NH CHAPTER</td>
<td>1 Bedford Farms Drive Suite 105</td>
<td>603-606-6590/800-272-3900</td>
<td><a href="http://www.alz.org/nh">www.alz.org/nh</a></td>
</tr>
<tr>
<td>GOVERNOR’S COMMISSION ON DISABILITY</td>
<td>57 Regional Drive Suite 1</td>
<td>800-852-3405</td>
<td></td>
</tr>
<tr>
<td>SENIORS COUNT</td>
<td>555 Auburn Street</td>
<td>603-644-2240</td>
<td></td>
</tr>
<tr>
<td>DISABILITY RIGHTS CENTER - NH</td>
<td>64 North Main Street Suite 2</td>
<td>603-228-0432/800-852-3405</td>
<td><a href="http://www.drcnh.org">www.drcnh.org</a></td>
</tr>
<tr>
<td>NH ASSOCIATION FOR THE BLIND</td>
<td>McGreal Sight Center</td>
<td>603-224-4039/800-464-3075</td>
<td></td>
</tr>
</tbody>
</table>

For more resources call NHCarePath at 866-634-9412, or visit [www.nhcarepath](http://www.nhcarepath).
CAREGIVERS

National Resources

ADMINISTRATION FOR COMMUNITY LIVING
ELDERCARE LOCATOR
p. 800-677-1116
elercare.gov

ASSIST GUIDE INFORMATION SERVICES
www.agis.com

EASTER SEALS SENIOR SERVICES
555 Auburn Street
Manchester, NH 03103
p. 603-623-8863
http://www.easterseals.com/nh/our-programs/senior-services/

LONG TERM SUPPORT SERVICES FOR SENIORS LIVING AT HOME
p. 1-800-870-8728
www.eastersealsnh.org

NATIONAL ASSOCIATION OF PROFESSIONAL GERIATRIC CARE MANAGERS
p. 520-881-8008
www.caremanager.org

VA CAREGIVER SUPPORT
p. 1-800-260-3274

New Hampshire State Resources

ALL GENERATIONS ADULT DAY PROGRAM
460 Amherst Street
Nashua, NH 03063
p. 603-589-9570

BEDFORD FALLS
5 Corporate Drive
Bedford, NH 03110
p. 603-471-2555

THE BIRCHES
300 Pleasant Street
Concord, NH 03301
p. 603-369-4417

BUREAU OF ELDERLY AND ADULT SERVICES (BEAS)
129 Pleasant Street
Concord, NH 03301
www.dhhs.nh.gov/dcbs/beas/index.htm

CARING COMPANIONS EASTER SEALS
555 Auburn Street
Manchester, NH 03103
p. 603-621-3497/1-800-870-8728
www.easterseals.com/nh/our-programs/senior-services/caringcompanions.html

CENTER FOR LIFE MANAGEMENT
101 Tsienneto Road
Derry NH 03038
p. 603-434-1577
www.centerforlifemanagment.org

COMMUNITY ACTION AGENCY SOUTHERN NH SERVICES
134 Allds Street
Nashua NH 03060
p. 603-889-3440

COMMUNITY CAREGIVERS OF GREATER DERRY
1 B Commons Drive #10
Londonderry NH 03053
p. 603-432-0877
www.comccaregivers.org

EASTER SEALS SENIOR SERVICES
555 Auburn Street
Manchester, NH 03103
p. 603-623-8863
http://www.easterseals.com/nh/our-programs/senior-services/

NATIONAL FAMILY CAREGIVER ASSOCIATION
p. 800-986-3650
www.thefamilycaregiver.org

VA CAREGIVER SUPPORT
p. 1-800-260-3274

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
For more resources call NHCarePath at 866-634-9412 or visit [www.nhcarepath.org](http://www.nhcarepath.org) to search the public database.
Caregivers continued

Silverthorne Adult Day Center
23 Geremonty Drive
Salem, NH 03079
p. 603-893-4799
www.salemhaven.com/silverthorne.html

Tamworth Caregivers
p. 603-323-7697

Victory Farm (Veteran’s Homestead)
85 Pierce Road
Fitzwilliam, NH 03477
p. 603-585-9427
www.veteranhomestead.org/facilities/victoryfarm.html

West Central Behavioral Health
9 Hanover Street Suite 2
Lebanon, NH 03766
p. 603-448-0126

White Mountain Mental Health
29 Maple Street
Littleton, NH 03561
p. 603-444-5358

Vermont State Resources

Area Agency on Aging
p. 1-800-642-5119
www.nevaaa.org

Vermont Center for Independent Living
p. 1-800-639-1522
www.vcil.org

Elder Abuse

National Resources

National Center on Elder Abuse
p. 1-800-677-1116
www.nceaa.aoa.gov

Stop Abuse for Everyone (SAFE)
www.stopabuseforeveryone.org

New Hampshire State Resources

NH Department of Health & Human Services Bureau of Elderly & Adult Services
p. 1-800-949-0470/603-271-7014

NH Coalition Against Domestic and Sexual Violence
PO Box 353
Concord, NH 03302
p. 603-224-8893
p. 866-644-3574

NH Victim Assistance Commission
33 Capitol Street
Concord, NH 03301
p. 800-300-4500
www.doj.nh.gov/index

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
Care Coordination Services

New Hampshire State Resources

**EASTER SEALS CARE COORDINATION PROGRAM**
555 Auburn Street
Manchester, NH 03103
p. 603-315-4354
www.easterseals.com/nh/our-programs/military-veterans-services

**NHCarePath**
http://www.nhcarepath.org/

**PROForce CARE COORDINATION PROGRAM**
p. 888-989-9924
www.ccpnh.com

**NHNG FAMILY ASSISTANCE CENTER**
350 Meadow Street
Littleton, NH 03561
p. 603-715-3454
p. 603-724-7216

**VETERANS AND THEIR FAMILY ASSISTANCE CENTERS (FAC) AND MILITARY FAMILY COMMUNITY NETWORK (MFCN)**
p. 1-877-598-0666

**YELLOW RIBBON REINTEGRATION PROGRAM**
www.yellowribbon.mil

Vermont State Resources

**VETERANS COUNT VT**
p. 802-223-4744

**SERVICELINK**

New Hampshire State Resources:
ServiceLink Statewide Number: 866-634-9412

**ATKINSON**
8 Commerce Drive, Unit 802
Atkinson, NH 03811
p.603-893-9769

**CONCORD**
2 Industrial Park Drive
Concord, NH 03302
p.603-228-6625

**BERLIN**
610 Sullivan Street, Suite 6
Berlin, NH 03570
p.603-752-6407

**KEENE**
105 Castle Street
Keene, NH 03431
p.603-352-8822

**CLAREMONT**
224 Elm Street
Claremont, NH 03743
p.603-542-5177

**LACONIA**
67 Water Street
Laconia, NH 03246
p. 603-528-6945

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>LEBANON</td>
<td>10 Campbell Street, Lebanon, NH 03766</td>
<td>603-448-6920</td>
</tr>
<tr>
<td>LITTLETON</td>
<td>262 Cottage Street, Suite G 25, Littleton, NH 03561</td>
<td>603-444-4498</td>
</tr>
<tr>
<td>MANCHESTER</td>
<td>555 Auburn Street, Manchester, NH 03103</td>
<td>603-644-2240</td>
</tr>
<tr>
<td>NASHUA</td>
<td>70 Temple Street, Nashua, NH 03060</td>
<td>603-598-4709</td>
</tr>
<tr>
<td>PORTSMOUTH</td>
<td>30 International Drive, Suite 202, Portsmouth, NH 03801</td>
<td>603-334-6596</td>
</tr>
<tr>
<td>ROCHESTER</td>
<td>25 Old Dover Road, Rochester, NH 03867</td>
<td>603-332-7398</td>
</tr>
<tr>
<td>TAMWORTH</td>
<td>448 White Mountain Highway, Tamworth, NH 03886</td>
<td>603-323-7508</td>
</tr>
</tbody>
</table>

**ServiceLink continued**

<table>
<thead>
<tr>
<th>Location</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>LEBANON</td>
<td>10 Campbell Street, Lebanon, NH 03766</td>
<td>603-448-6920</td>
</tr>
<tr>
<td>LITTLETON</td>
<td>262 Cottage Street, Suite G 25, Littleton, NH 03561</td>
<td>603-444-4498</td>
</tr>
<tr>
<td>MANCHESTER</td>
<td>555 Auburn Street, Manchester, NH 03103</td>
<td>603-644-2240</td>
</tr>
<tr>
<td>NASHUA</td>
<td>70 Temple Street, Nashua, NH 03060</td>
<td>603-598-4709</td>
</tr>
<tr>
<td>PORTSMOUTH</td>
<td>30 International Drive, Suite 202, Portsmouth, NH 03801</td>
<td>603-334-6596</td>
</tr>
<tr>
<td>ROCHESTER</td>
<td>25 Old Dover Road, Rochester, NH 03867</td>
<td>603-332-7398</td>
</tr>
<tr>
<td>TAMWORTH</td>
<td>448 White Mountain Highway, Tamworth, NH 03886</td>
<td>603-323-7508</td>
</tr>
</tbody>
</table>

**Children’s Services and School Systems**

**AUTISM ORGANIZATION INFORMATION**

**National Resources**

**Act Today Military Families**

- www.acttodayformilitaryfamilies.org

**National Institute of Neurological Disorders and Stroke**

- p. 800-352-9424/301-496-5751

**New Hampshire State Resources**

**Easter Seals of NH**

- 555 Auburn Street, Manchester, NH 03103
- 603-623-8863/800-870-8728

**The Gateways Autism Center**

- 144 Canal Street

**Lakes Region Community Services**

- 719 North Main Street

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
http://nheasterseals.com/site/PageServer?pagename=NHDR_Autism_Services

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
**Childcare Agencies continued**

<table>
<thead>
<tr>
<th>MONADNOCK FAMILY SERVICES</th>
<th>NASHUA AREA CHILD CARE RESOURCE AND REFERRAL SERVICE</th>
<th>NASHUA CHILDREN’S HOME RESIDENTIAL CARE PROGRAM</th>
</tr>
</thead>
<tbody>
<tr>
<td>64 Main Street, Suite 301 Keene, NH 03431</td>
<td>19 Chestnut Street Nashua, NH 03061</td>
<td>125 Amherst Street Nashua, NH 03064</td>
</tr>
<tr>
<td>p. 603-357-4400</td>
<td>p. 603-883-7726 x 718/ 1-800-852-8632</td>
<td>p. 603-883-3851 nashuachildrenshome.org</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>NH CHILD CARE SCHOLARSHIP CHILD CARE ASSISTANCE</th>
<th>NORTHERN HUMAN SERVICES</th>
<th>RIVERBEND COMMUNITY MENTAL HEALTH CENTER</th>
</tr>
</thead>
<tbody>
<tr>
<td>129 Pleasant Street Concord, NH 03301</td>
<td>87 Washington Street Conway, NH 03818</td>
<td>3 North State Street PO Box 2302 Concord, NH 03301</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>ROCKINGHAM COMMUNITY ACTION CHILD CARE SERVICES</th>
<th>SEACOAST MENTAL HEALTH CENTER, INC.</th>
<th>SOUTHERN NH SERVICES</th>
</tr>
</thead>
<tbody>
<tr>
<td>8 Centerville Drive Salem, NH 03079</td>
<td>1145 Sagamore Avenue Portsmouth, NH 03801</td>
<td>134 Allds Street Nashua, NH 03060</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>SOUTHWESTERN COMMUNITY SERVICES</th>
<th>STRAFFORD COUNTY CAP</th>
<th>TRI-COUNTY CAP</th>
</tr>
</thead>
<tbody>
<tr>
<td>6 Island Street Keene, NH 03431</td>
<td>61 Locust Street, Suite 240 Dover, NH 03820</td>
<td>30 Exchange Street Berlin, NH 03570</td>
</tr>
</tbody>
</table>

For more resources call NHCarePath at 866-634-9412 or visit [www.nhcarepath.org](http://www.nhcarepath.org) to search the public database.
## CHILDREN’S SERVICES

### National Resources

<table>
<thead>
<tr>
<th><strong>AMERICA’S PROMISE ALLIANCE</strong></th>
<th><strong>FAMILY VOICES</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><a href="http://www.americaspromise.org/">www.americaspromise.org/</a></td>
<td>p. 888-835-5669</td>
</tr>
<tr>
<td></td>
<td><a href="http://www.familyvoices.org/">www.familyvoices.org/</a></td>
</tr>
</tbody>
</table>

### New Hampshire State Resources

<table>
<thead>
<tr>
<th><strong>CHILD AND FAMILY SERVICES – DOVER</strong></th>
<th><strong>CHILD AND FAMILY SERVICES – NASHUA</strong></th>
<th><strong>CHILD CARE RESOURCE AND REFERRAL</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>728 Central Ave</td>
<td>22 East Pearl Street</td>
<td>88 Temple Street</td>
</tr>
<tr>
<td>Dover, NH 03820</td>
<td>Nashua, NH 03060</td>
<td>Nashua, NH 03060</td>
</tr>
<tr>
<td>p. 603-518-4000/800-640-6486</td>
<td>p. 603-889-7189</td>
<td>p. 603-578-1386 x 31</td>
</tr>
<tr>
<td><a href="http://www.cfsnh.org/index.php">http://www.cfsnh.org/index.php</a></td>
<td></td>
<td>nh.childcareaware.org</td>
</tr>
<tr>
<td>/programs-services</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>CHILDREN WITH CHRONIC ILLNESS: ZEBRA CROSSINGS</strong></th>
<th><strong>COMMUNITY BRIDGES</strong></th>
<th><strong>EASTER SEALS CHILD CARE REFERRAL</strong></th>
<th><strong>FAMILIES FIRST SEACOAST</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>McConnell Center, Room 328</td>
<td>70 Pembroke Road</td>
<td>555 Auburn Street</td>
<td>p. 603-422-8208</td>
</tr>
<tr>
<td>61 Locust Street</td>
<td>Concord, NH 03301</td>
<td>Manchester, NH 03103</td>
<td><a href="http://www.familiesfirstseacoast.org/family_support.html">www.familiesfirstseacoast.org/family_support.html</a></td>
</tr>
<tr>
<td>Dover, NH 03820</td>
<td>p. 603-225-4153/800-499-4153</td>
<td>p. 603-621-3501 x 555</td>
<td></td>
</tr>
<tr>
<td>p. 603-312-2052</td>
<td><a href="http://www.communitybridgesnh.org/programs/early-childhood-services/">www.communitybridgesnh.org/programs/early-childhood-services/</a></td>
<td></td>
<td></td>
</tr>
<tr>
<td><a href="http://www.zebra-crossings.org">www.zebra-crossings.org</a></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>COMMUNITY PARTNERS</strong></th>
<th><strong>GATEWAYS COMMUNITY SERVICES</strong></th>
<th><strong>GOOD BEGINNINGS OF SULLIVAN COUNTY</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>113 Crosby Road, Suite 1</td>
<td>144 Canal Street</td>
<td>109 Pleasant Street</td>
</tr>
<tr>
<td>Dover, NH 03820</td>
<td>Nashua, NH 03064</td>
<td>Claremont, NH 03743</td>
</tr>
<tr>
<td>p. 603-749-4015</td>
<td>p. 603-882-6333</td>
<td>p. 603-542-1848</td>
</tr>
</tbody>
</table>

For more resources call NHCarePath at 866-634-9412 or visit [www.nhcarepath.org](http://www.nhcarepath.org) to search the public database.
Children’s Services continued

LAKES REGION COMMUNITY SERVICES
719 North Main Street
Laconia, NH 03246
p. 603-524-8811/800-649-8817
http://www.lrcs.org/developmental-services/services-for-children/

MONADNOCK DEVELOPMENTAL SERVICES, INC.
121 Railroad Street
Keene, NH 03431
p. 603-352-1304/800-469-6082
http://www.mds-nh.org/index.php/services/children/

MOORE CENTER SERVICES, INC.
195 McGregor Street, Unit 400
Manchester, NH 03102
p. 603-668-5423
http://www.moorecenter.org/services/

NH 2-1-1
p. 2-1-1 or 1-866-444-4211
www.211nh.org

NH DIVERSION PROGRAMS
1056 North River Road
Manchester, NH 03104
p. (603) 625-5471
http://www.dhhs.nh.gov/djjs/probation/diversion.htm

NORTHERN HUMAN SERVICES
87 Washington Street
Conway, NH 03818
p. 603-447-3347
http://www.northernhs.org/

ONE SKY COMMUNITY SERVICES
755 Barfield Road, Suite 3
Portsmouth, NH 03801
p. 603-436-6111
www.oneskyservices.org/howwehelp/

PATHWAYS OF THE RIVER VALLEY
654 Main Street
Claremont, NH 03743
p. 603-542-8706
http://www.pathwaysnh.org/

ROCHESTER JUVENILE COURT DIVERSION PROGRAM
23 Wakefield Street
Rochester, NH 03867
p. 603-330-7149

SEACOAST YOUTH SERVICES
867 Lafayette Road
Seabrook, NH 03874
p. 603-474-3332
www.seacoastyouthservices.org/home/

SESAME STREET FOR MILITARY FAMILIES
http://www.sesamestreetformilitaryfamilies.org/

YOUTH COUNCIL OF NASHUA
112 West Pearl Street
Nashua, NH 03060
p. 603-889-1090
www.theyouthcouncil.org

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
PUBLIC AND PRIVATE SCHOOL INFORMATION

National Resources

NATIONAL CENTER FOR EDUCATION STATISTICS
nces.ed.gov/ccd/districtsearch/

New Hampshire State Resources

NH 2-1-1
p. 2-1-1 or 1-866-444-4211
www.211nh.org/

NH DEPARTMENT OF EDUCATION SCHOOL AND DISTRICT PROFILES
my.doe.nh.gov/profiles/education.nh.gov/schools/

PARENTING NH
www.parentingnh.com/private-schools/

TUTORING PROGRAMS

National Resources

TUTOR.COM
http://www.tutor.com/

New Hampshire State Resources

EDUCATIONAL SUCCESS TUTORING
24 Broad Street
Nashua, NH 03064
p. 603-886-0825

HUNTINGTON LEARNING CENTER
2 Cellu Drive, #101
Nashua, NH 03063
p. 603-595-1770

LEARNING SKILLS ACADEMY
1247 Washington Road
Rye, NH 03870
p. 603-964-4903
www.learningskillsacademy.org/home.asp?Page=60&Parent=1

NEW ENGLAND TUTORS
80 Ham Road
Barrington, NH 03825
p. 844-NETUTOR

NH HOMESCHOOLING COALITION TUTORS
Nhomeschooling.org/tutors

NORTH COUNTRY CHARTER ACADEMY
p. 603-444-1535
www.northcountrycharteracademy.com/

SYLVAN LEARNING CENTERS IN NH
p. 888-338-2283
www.sylvanlearning.com/locations/centers-by-state?state=NewHampshire&stateabbr=NH

TUTORING CENTER OF NH
115 Indian Rock Road
Windham, NH 03087
p. 603-952-4860
http://tutoringcenterofnh.com/

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
YOUTH PROGRAMS

National Resources

AMACHI MENTORING
www.amachimentoring.org

AMERICAN LEGION NATIONAL COMMISSION ON CHILDREN AND YOUTH
p. 317-630-1323
www.legion.org/programs

MENTOR NATIONAL MENTORING PARTNERSHIP
http://www.mentoring.org/

MILITARY CHILD EDUCATION COALITION
http://www.militarychild.org

SENIOR CORPS/AMERICORPS MENTORING
http://www.nationalservice.gov/node/12822

YMCA
www.asymca.org/

New Hampshire State Resources

ARTS IN REACH (AIR)
PO Box 236
Portsmouth, NH 03802
p. 603-433-4278
www.artsinreach.org

BIG BROTHERS BIG SISTERS OF NEW HAMPSHIRE
25 Lowell Street
Manchester, NH 03101
p. 603-669-5365
www.bbbsnh.org

GIRLS, INC.
27 Burke Street
Nashua, NH 03060
p. 603-882-6256

MILITARY ONE SOURCE NH
p. 603-491-6612
www.militaryonesource.mil

UNH COOPERATIVE EXTENSION
http://extension.unh.edu/4-HYouth-Family/NH-Military-Youth-and-Family-Program

YMCA NH DIRECTORY
http://www.ymca.net/find-your-y/?address=new+Hampshire&x=0&y=0

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
Crisis Intervention

**ABUSE OR NEGLECT OF VULNERABLE ADULTS**

### National Resources

**NATIONAL CENTER ON ELDER ABUSE**

- p. 1-800-677-1116
- www.ncea.aoa.gov

**STOP ABUSE FOR EVERYONE (SAFE)**

- www.stopabuseforeveryone.org/about-safe/about-safe.html

### New Hampshire State Resources

**NH 2-1-1**

- p. 2-1-1 or 1-866-444-4211
- www.211nh.org/

**NH COALITION AGAINST DOMESTIC AND SEXUAL VIOLENCE**

- PO Box 353
- Concord, NH 03302
- p. 603-224-8893/866-644-3574

**NH DEPARTMENT OF HEALTH & HUMAN SERVICES BUREAU OF ELDERLY & ADULT SERVICES**

- p. 1-800-949-0470/603-271-7014

### NH Victim Assistance Commission

- 33 Capitol Street
- Concord, NH 03301
- p. 800-300-4500
- www.doj.nh.gov/index

### AMERICAN RED CROSS

### National Resources

**AMERICAN RED CROSS EMERGENCY MESSAGE INFORMATION**

- p. 877-272-7337

**AMERICAN RED CROSS FINANCIAL ASSISTANCE**


**AMERICAN RED CROSS SERVICE TO THE ARMED FORCES NATIONAL HOTLINE FOR EMERGENCY SERVICES**

- p. 1-877-272-7238/603-318-8200

---

For more resources call NHCarePath at 866-634-9412 or visit [www.nhcarepath.org](http://www.nhcarepath.org) to search the public database.
For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
Child Abuse Resources continued

NASHUA CHILDREN’S HOME RESIDENTIAL CARE PROGRAM
125 Amherst Street
Nashua, NH 03064
p. 603-883-3851

ROCKINGHAM VNA
137 Epping Road
Exeter, NH 03833
p. 603-772-2981

LAKES REGION VNA
186 Waukewan Street
Meredith, NH 03253
p. 603.279.6611
http://www.lrvna.org/

VNA OF MANCHESTER AND SOUTHERN NH
1070 Holt Ave, Suite 1400,
Manchester, NH 03109
p. 603-622-3781/1-800-624-6084
http://elliothospital.org/VNA/index.php

ROCKINGHAM COMMUNITY ACTION
p. 1-800-556-9300/603-431-2911

YOUTH COUNCIL OF NASHUA
112 West Pearl Street
Nashua, NH 03060
p. 603-889-1090

CRISIS CENTERS

National Resources

NATIONAL COALITION OF ANTI-VIOLENCE PROGRAMS NATIONAL ADVOCACY FOR LGBT COMMUNITIES
p. 212-714-1141
www.avp.org/about-avp/coalitions-a-collaborations/82-national-coalition-of-anti-violence-programs

POISON CONTROL CENTERS
p. 1-800-222-1222
www.aapcc.org

VETS 4 WARRIORS
p. 855-838-8255
www.vets4warriors.com

New Hampshire State Resources

A SAFE PLACE/SASS
15 Ermer Road, Unit 211
Salem, NH 03079
p. 603-890-6392/800-747-7070
http://havennh.org/

A SAFE PLACE/SASS
150 Wakefield Street, Suite 16
Rochester, NH 03867
p. 603-330-0214/800-747-7070
http://havennh.org/

A SAFE PLACE/SASS
20 International Drive, Suite 300
Portsmouth, NH 03801
p. 603-436-7924/800-747-7070
http://havennh.org/

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
### Crisis Centers continued

**Response to Sexual and Domestic Violence**
- 54 Willow Street
  - Berlin, NH 03570
  - p. 603-752-5679/1-866-644-3574
  - Colebrook Office
  - p. 603-237-5746

**Seacoast Mental Health Center, Inc.**
- 1145 Sagamore Avenue
  - Portsmouth, NH 03801
  - p. 603-431-6703

**Sexual Harassment and Rape Prevention Program (SHARRP)**
- University of NH – Durham
  - 8 Ballard Street Wolff House
  - Durham, NH 03824
  - p. 603-862-3439/603-862-SAFE (7233)/1-888-271-SAFE (7233)
  - http://www.unh.edu/sharpp/

**Starting Point Services for Victims of Domestic and Sexual Violence**
- PO Box 1972
  - Conway, NH 03818
  - p. 603-447-2494/1-800-336-3795
  - Southern Carroll County Office
  - p. 603-542-8014
  - www.startingpointnh.org

**The Support Center at Burch House**
- PO Box 965
  - Littleton, NH 03561
  - p. 603-444-0624/1-800-774-0544
  - Woodsville Office
  - p. 603-747-2241

**Turning Points Network (Formerly Women’s Supportive Services)**
- 11 School Street
  - Claremont, NH 03743
  - p. 603-543-0155/1-800-639-3130
  - Newport Office
  - p. 603-863-4053
  - www.turningpointsnetwork.org

**Voices Against Violence**
- PO Box 53
  - Plymouth, NH 03264
  - p. 603-536-1659/603-536-5999
  - www.voicesagainstviolence.net

**West Central Behavioral Health**
- 9 Hanover Street, Suite 2
  - Lebanon, NH 03766
  - p. 603-448-0126

**YWCA Crisis Service**
- 72 Concord Street
  - Manchester, NH 03101
  - p. 603-625-5785/603-668-2299
  - Derry Office
  - p. 603-432-2687

For more resources call NHCarePath at 866-634-9412 or visit [www.nhcarepath.org](http://www.nhcarepath.org) to search the public database.
CRISIS SERVICES

National Resources

BEHAVIORAL HEALTH TREATMENT SERVICES LOCATOR
p. 1-800-662-4357
findtreatment.samhsa.gov/

HOPeline
p. 1-800-784-2433
http://hopeline.com/

New Hampshire State Resources

ANG CHAPLAIN SERVICES
302 Newmarket Street
Pease ANGB
Newington, NH 03803
p. 603-430-3456

ARNG CHAPLAIN SERVICES
1 Minuteman Way
Concord, NH 03301
p. 603-227-1560/1561

DISASTER BEHAVIORAL HEALTH RESPONSE TEAM
p. 603-271-9454/800-852-3345 x9454
http://www.dhhs.nh.gov/esu/dbhrp.htm

MENTAL HEALTH CRISIS
p. 603-431-6703

NH VA INTIMATE PARTNER VIOLENCE RESOURCES
p. 603-624-4366 x 6932
http://www.manchester.va.gov/services/Intimate_Partner_Violence.asp

STATEWIDE SUICIDE HOTLINE
p. 1-800-273-8255

BUREAU OF BEHAVIORAL HEALTH EMERGENCY SERVICES
http://www.dhhs.nh.gov/dcbcs/bbh/emergency.htm

NAVY CHAPLAIN SERVICES
p. 207-438-1970
http://www.portsmouthhousing.com/template.php?name=chaplain&PHPSESSID=7c897a58debb28603099ae0eed59ae38

MENTAL HEALTH CRISIS
p. 603-431-6703

DOMESTIC VIOLENCE SHELTERS

National Resources

SOJOURNER CENTER
p. 888-886-8793
http://www.sojournercenter.org

STOP ABUSE FOR EVERYONE (SAFE)
http://www.stopabuseforeveryone.org/about-safe/about-safe.html

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
Domestic Violence Shelters continued

Maine State Resources

**STATEWIDE DOMESTIC VIOLENCE HELPLINE**
p. 1-866-834-HELP (4375)

New Hampshire State Resources

**A SAFE PLACE/SASS**
15 Ermer Road, Unit 211
Salem, NH 03079
p. 603-890-6392/1-800-747-7070
http://havennh.org/

**BRIDGES DOMESTIC & SEXUAL VIOLENCE SUPPORT SERVICES**
PO Box 217
Nashua, NH 03061
p. 603-889-0858/603-889-3044
Milford Office
p. 603-672-9833
www.bridgesnh.org

**CRISIS CENTER OF CENTRAL NH (FORMERLY RAPE AND DOMESTIC VIOLENCE CRISIS CENTER)**
PO Box 1344
Concord, NH 03302
p. 603-225-7376/1-866-841-6229
http://www.cccnh.org/

**HAVEN NH CONFIDENTIAL HOTLINE**
p. 603-944-SAFE (7233)

**MONADNOCK CENTER FOR VIOLENCE PREVENTION**
12 Court Street
Keene, NH 03431
p. 603-352-3782/603-352-3782
Jaffrey Office
p. 603-532-6288
Peterborough Office
p. 603-209-4015
www.mcvprevention.org

**NEW BEGINNINGS WITHOUT VIOLENCE AND ABUSE**
PO Box 622
Laconia NH 03247
p. 603-528-6511
Domestic Violence Hotline
p. 1-866-644-3574
Sexual Assault Hotline
p. 1-800-277-5570
www.newbeginningsnh.org

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
**Domestic Violence Shelters continued**

**NH 2-1-1**  
p. 2-1-1 or 1-866-444-4211  
www.211nh.org/

**NH Coalition Against Domestic and Sexual Violence**  
Domestic Violence Hotline  
p. 1-866-644-3574  
Sexual Assault Hotline  
p. 1-800-277-5570/1-800-735-2964

**Response to Sexual and Domestic Violence**  
54 Willow Street  
Berlin, NH 03570  
p. 603-752-5679/1-866-662-4220  
Groveton Office  
p. 603-636-1747  
Colebrook Office  
p. 603-237-5746  
www.coosfamilyhealth.org/response.html

**Sexual Harassment and Rape Prevention Program (SHARRP)**  
University of NH – Durham  
8 Ballard Street Wolff House  
Durham, NH 03824  
p. 603-862-3439/603-862-SAFE (7233)/1-888-271-SAFE (7233)  
http://www.unh.edu/sharpp/

**Starting Point Services for Victims of Domestic and Sexual Violence**  
PO Box 1972  
Conway, NH 03818  
p. 603-447-2494/1-800-336-3795  
Southern Carroll County Office  
p. 603-542-8014  
www.startingpointnh.org

**The Support Center at Burch House**  
PO Box 965  
Littleton, NH 03561  
p. 1-800-774-0544/603-444-0624  
http://www.tccap.org/services/health/domestic-violence/

**Turning Points Network (Formerly Women’s Supportive Services)**  
11 School Street  
Claremont, NH 03743  
p. 603-543-0155/1-800-639-3130  
Newport Office  
p. 603-863-4053  
http://www.turningpointsnetwork.org/

**Voices Against Violence**  
PO Box 53  
Plymouth, NH 03264  
p. 603-536-1659/603-536-5999  
http://www.voicesagainstviolence.net/

**WISE**  
38 Bank Street  
Lebanon, NH 03766  
p. 1-866-348-WISE  
http://www.wiseuv.org/

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
Domestic Violence Shelters continued

Youth Council of Nashua
112 West Pearl Street
Nashua, NH 03060
p. 603-889-1090

YWCA Crisis Service
72 Concord Street
Manchester, NH 03101
p. 603-625-5785/603-668-2299
Derry Office
p. 603-432-2687
http://www.nhcarepath.org

Vermont State Resources

Umbrella Main Office
1222 Main Street, Suite 301
St. Johnsbury, VT 05819
p. 802-748-1992/802-748-8645
http://umbrellanek.org/

Umbrella Newport Office
93 East Main Street
Newport, VT 05855
p. 802-334-1398/802-748-8645
http://umbrellanek.org/

Emergency Hotlines

National Resources

Mental Health Crisis Warm Line
Conway: 866.447.1765
Claremont: 888.582.0920
Derry: 877.452.5433
Keene: 866.352.5093
Laconia: 800.306.4334
Manchester: 800.306.4334
Nashua: 800.306.4334
Portsmouth: 877.452.5433

Army Sexual Harassment Hotline
p. 1-800-267-9964

Veterans Crisis Line
p. 1-800-273-8255 (Press 1)
https://www.veteranscrisisline.net

Eating Disorders Helpline
p. 1-800-931-2237

Military Family Community Network (MFCN) Emergency Assistance
p. 1-877-598-0666

National Runaway Safeline
p. 1-800-786-2929

National Sexual Assault Hotline
p. 1-800-656-4673
http://apps.rainn.org

National Suicide Prevention Lifeline
p. 1-800-273-TALK (8255)

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
**Emergency Hotlines continued**

<table>
<thead>
<tr>
<th><strong>National Veteran Crisis Prevention Hotline</strong></th>
<th><strong>SAFE Helpline Sexual Assault Crisis</strong></th>
<th><strong>Suicide Prevention Lifeline for Teens</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td><a href="http://www.safehelpline.org">www.safehelpline.org</a></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Wounded Warrior Call Center</strong></th>
<th><strong>VA Homefront Homeless Crisis</strong></th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th><strong>New Hampshire State Resources</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Haven NH Confidential Hotline</strong></td>
</tr>
<tr>
<td>p. 603-944-SAFE (7233)</td>
</tr>
<tr>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Military Sexual Trauma</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>National Resources</strong></td>
</tr>
<tr>
<td><strong>After Deployment</strong></td>
</tr>
<tr>
<td><strong>Army Sexual Harassment Hotline</strong></td>
</tr>
</tbody>
</table>

For more resources call NHCarePath at 866-634-9412 or visit [www.nhcarepath.org](http://www.nhcarepath.org) to search the public database.
Military Sexual Trauma continued

Military Sexual Harassment or Assault Information
www.preventsexualassault.army.mil

Mobile Vet Center
NH/VT/ME
p. 802-295-2908
p. 802-342-2398

Navy Sexual Assault Prevention & Response (SAPR)

NH Sexual Assault
p. 1-800-277-5570
www.nhcadsv.org

National Sexual Assault Hotline
p. 1-800-656-4673
http://apps.rainn.org

Safe Helpline Sexual Assault Crisis
p. 877-955-5247
www.safehelpline.org

Sarc Hotline
p. 603-856-6700

Vet Center Combat Call Center
p. 877-WAR-VETS

Vet Center Resources & Locator
www.vetcenter.va.gov
http://www.va.gov/directory/guide/vetcenter.asp

Maine State Resources
Sanford Vet Center
p. 207-490-1513

New Hampshire State Resources
A Safe Place/SASS
20 International Drive, Suite 300
Portsmouth, NH 03801
p. 603-436-7924/1-800-747-7070
http://havennh.org/

Bridges Domestic & Sexual Violence Support Services
PO Box 217
Nashua, NH 03061
p. 603-889-0858/603-883-3044
Milford Office
p. 603-672-9833
www.bridgesnh.org

Atlantic Behavioral Medicine, Inc.
6 Chenell Drive Suite 250
Concord, NH 03301
p. 603-513-1598

Cadca Vet Corps
10 Ferry Street, Suite 307
Concord, NH 03301
p. 603-225-9540

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
Military Sexual Trauma continued

Crisis Center of Central NH (Formerly Rape and Domestic Violence Crisis Center)
PO Box 1344
Concord, NH 03302
p. 603-225-7376/1-866-841-6229
http://www.cccnh.org/

Manchester Vet Center
1461 Hooksett Road B6
Hooksett, NH 03106
p. 603-668-7060/877-927-8387

New Beginnings: A Women’s Crisis Center
PO Box 622
Laconia, NH 03246
p. 603-528-6516/1-800-644-3574
www.newbeginningsnh.org

NH National Guard Sexual Assault Response
1 Minuteman Way
Concord, NH 03301
p. 603-225-1388

Response to Sexual and Domestic Violence
54 Willow Street
Berlin, NH 03570
p. 603-752-5679/866-662-4220
Colebrook 603-237-5746

The Domestic Violence Emergency (DOVE) Project
2 Pillsbury Street, Suite 300
Concord, NH 03301
p. 800-277-5570

Mental Health Clinic
Manchester VA Medical Center
718 Smyth Road
Manchester, NH 03104
p. 603-624-4366 x2151

NH Coalition Against Domestic and Sexual Violence
p. 1-800-277-5570/1-800-735-2964
http://www.nhcadsv.org/index.cfm

NH Commission for Human Rights
2 Chenell Drive, Unit 2
Concord, NH 03301
p. 603-271-2767
www.nh.gov/hrc

NH Vet to Vet
p. 603-752-5773/603-228-6625

NORAD Sexual Assault Prevention and Response Program (SAPR)
Building 100, Pease ANGB
302 Newmarket Street
Newington, NH 03803
p. 603-430-3461

Sexual Harassment and Rape Prevention Program (SHARRP)
University of NH – Durham
8 Ballard Street Wolff House
Durham, NH 03824
p. 603-862-3439/603-862-SAFE (7233)
http://www.unh.edu/sharpp/

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
Military Sexual Trauma continued

Sexual Harassment Counseling
19 River Road
Newington, NH 03803
p. 603-559-9294

Turning Points Network
(Formerly Women’s Supportive Services)
11 School Street
Claremont, NH 03743
p. 603-543-0155/1-800-639-3130
Newport Office
p. 603-863-4053
http://www.turningpointsnetwork.org/

Starting Point
p. 800-336-3795
Conway: 603-356-7993
Ossipee: 603-539-5506

Vet-to-Vet
Gorham Family Resource Center
123 Main Street
Gorham, NH 03581
p. 603-723-7273/603-752-4745/603-869-2128/603-752-5500 x92316

The Support Center at Burch House
p. 800-744-0544
Littleton: 603-444-0624
Woodsville: 603-747-2441

Voices Against Violence
PO Box 53
Plymouth NH 03264
p. 603-536-1659/603-536-5999
http://www.voicesagainstviolence.net/

YWCA Crisis Service
72 Concord Street
Manchester NH 03101
p. 603-625-5785/603-668-2299
Derry Office
p. 603-432-2687
http://www.ywcanh.org/

Vermont State Resources

South Burlington Vet Center
359 Dorset Street
South Burlington, VT 05401
p. 802-862-1806

White River Junction Vet Center
118 Prospect Street, Suite 100
White River Junction, VT 05001
p. 802-295-2908/800-649-6603

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
SEXUAL ASSAULT

National Resources

HELPRO THERAPIST FINDER
http://www.helppro.com/

IRAQ AND AFGHANISTAN VETERANS OF AMERICA (IAVA)
http://iava.org/one-on-one-support/

THE NATIONAL ALLIANCE TO END SEXUAL VIOLENCE
http://endsexualviolence.org/

NATIONAL RESOURCES HELPPRO THERAPIST FINDER
http://www.helppro.com/

THE NATIONAL CENTER FOR VICTIMS OF CRIME

THE NATIONAL ORGANIZATION OF SISTERS OF COLOR ENDING SEXUAL ASSAULT (SCESA)
http://sisterslead.org/

THE SOLDIERS PROJECT
https://www.thesoldiersproject.org/

RAPE, ABUSE, AND INCEST NATIONAL NETWORK (RAINN)
p. 1-800-656-HOPE
https://www.rainn.org/

New Hampshire State Resources

NH COALITION AGAINST DOMESTIC AND SEXUAL VIOLENCE
Domestic Violence Hotline
p. 1-866-644-3574
Sexual Assault Hotline
p. 1-800-277-5570

SEXUAL ASSAULT PREVENTION AND RESPONSE PROGRAM (SAPR)
Building 100, Pease ANGB
Portsmouth, NH 03801
p. 603-430-3461

NH NATIONAL GUARD SEXUAL ASSAULT RESPONSE
1 Minuteman Way
Concord, NH
p. 603-225-1388
SARC hotline
p. 603-856-6700

RESPONSE TO SEXUAL AND DOMESTIC VIOLENCE
54 Willow Street
Berlin, NH 03570
p. 603-752-5679/1-866-662-4220
Colebrook Office
p. 603-237-5746

SEXUAL HARASSMENT COUNSELING
19 River Road
Newington, NH 03805
p. 603-559-9294

VA MILITARY SEXUAL ASSAULT SERVICES – MANCHESTER VA
p. 603-624-4366 x 6541
http://www.manchester.va.gov/services/women/index.asp

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
Sexual Assault continued

Vermont State Resources
VA Military Sexual Assault – White River Junction VA
p. 802-295-9363
http://www.whiteriver.va.gov/services/Mental_Health/Military_sexual_trauma_MST.asp

WARM LINE

New Hampshire State Resources
Emotional Difficulty and Support Warm-Line
Mental Health Crisis
p. 603-431-6703

Hotlines
Conway: 866-447-1765
Claremont: 888-582-0920
Derry: 877-452-5433
Keene: 866-352-5093
Lacoia: 800-306-4334
Manchester: 800-306-4334
Nashua: 800-306-4334
Portsmouth: 877-452-5433

Disability Agencies

Disability Rights Centers

New Hampshire State Resources

ATECH SERVICES
117 Pleasant Street
Doloff Building Second Floor
Concord, NH 03301
p. 603-226-2900/800-529-0976

BUREAU OF DEVELOPMENTAL SERVICES
105 Pleasant Street
Concord, NH 03301
p. 603-271-5034/800-852-3345
www.dhhs.state.nh.us/dhhs/bds

COMMUNITY BRIDGES
2 Whitney Road
Concord, NH 03301
p. 603-225-4153
www.communitybridgesnh.org

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
### Disability Rights Centers continued

<table>
<thead>
<tr>
<th>Center Name</th>
<th>Address</th>
<th>Phone Numbers</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>COMMUNITY CROSSROADS</strong></td>
<td>8 Commerce Drive, Atkinson, NH 03811</td>
<td>603-893-1299</td>
<td><a href="http://www.communitycrossroadsnh.org">www.communitycrossroadsnh.org</a></td>
</tr>
<tr>
<td><strong>COMMUNITY PARTNERS</strong></td>
<td>113 Crosby Road, Suite 1, Dover, NH 03820</td>
<td>603-749-4015</td>
<td><a href="http://www.communitypartnersnh.org">www.communitypartnersnh.org</a></td>
</tr>
<tr>
<td><strong>COMMUNITY SERVICES</strong></td>
<td>COUNCIL OF NH</td>
<td>79 Sheep Davis Road, Pembroke, NH 02175</td>
<td><a href="http://www.cscnh.org">www.cscnh.org</a></td>
</tr>
<tr>
<td><strong>CROTCHED MOUNTAIN</strong></td>
<td>1361 Elm Street, Suite 400, Manchester, NH 03101</td>
<td>603-622-5900 / 603-688-7584</td>
<td><a href="http://www.crotchedmountain.org">www.crotchedmountain.org</a></td>
</tr>
<tr>
<td><strong>DISABILITIES RIGHTS CENTER</strong></td>
<td>18 Low Avenue, Concord, NH 03301</td>
<td>603-228-0432 / 800-834-1721</td>
<td><a href="http://www.drchnh.org">www.drchnh.org</a></td>
</tr>
<tr>
<td><strong>GATEWAYS COMMUNITY SERVICES</strong></td>
<td>144 Canal Street, Nashua, NH 03064</td>
<td>603-882-6333</td>
<td><a href="http://www.gatwayscs.org">www.gatwayscs.org</a></td>
</tr>
<tr>
<td><strong>GRANITE STATE INDEPENDENT LIVING</strong></td>
<td>21 Chenell Drive, Concord, NH 03301</td>
<td>603-228-9680 / 800-826-3700</td>
<td><a href="http://www.gsil.org">www.gsil.org</a></td>
</tr>
<tr>
<td><strong>LAKES REGION COMMUNITY SERVICES</strong></td>
<td>719 North Main Street, Laconia, NH 03246</td>
<td>603-524-8811 / 800-649-8817</td>
<td><a href="http://www.lrcs.org/developmental-services/services-for-children/">http://www.lrcs.org/developmental-services/services-for-children/</a></td>
</tr>
<tr>
<td><strong>MOORE CENTER SERVICES</strong></td>
<td>195 McGregor Street, Unit 400, Manchester, NH 03102</td>
<td>603-206-2700</td>
<td><a href="http://www.moorecenter.org">www.moorecenter.org</a></td>
</tr>
<tr>
<td><strong>NH COMMISSION FOR HUMAN RIGHTS</strong></td>
<td>2 Chenell Drive, Unit 2, Concord, NH 03301</td>
<td>603-271-2767</td>
<td><a href="http://www.nh.gov/hrc">www.nh.gov/hrc</a></td>
</tr>
<tr>
<td><strong>NORTHERN HUMAN SERVICES</strong></td>
<td>87 Washington Street, Conway, NH 03818</td>
<td>603-447-3347</td>
<td><a href="http://www.northernhs.org/">http://www.northernhs.org/</a></td>
</tr>
</tbody>
</table>

For more resources call NHCarePath at 866-634-9412 or visit [www.nhcarepath.org](http://www.nhcarepath.org) to search the public database.
Disability Rights Centers continued

**NORtheast Passage**  
Hewitt Hall, 4 Library Way  
Durham, NH 03824  
p. 603-862-0070  
http://nepassage.org/

**PLUS Company**  
19 Chestnut Street  
Nashua, NH 03060  
p. 603-889-0652

**ONE sky Community Services**  
755 Barfield Road, Suite 3  
Portsmouth, NH 03801  
p. 603-436-6111  
www.oneskyservices.org/

**serviceLink NH Locator**  
p. 1-866-634-9412  
http://www.servicelink.nh.govlocator/index.htm

**Pathways of the River Valley**  
654 Main Street  
Claremont, NH 03743  
p. 603-542-8706  
http://www.pathwaysnh.org/

**UNh Institute on Disability**  
10 West Edge Drive, Suite 101  
Durham, NH 03824  
p. 603-862-4320  
www.iod.unh.edu

---

**Employment and Vocational Services**

**EMPLOYEE Support for the Guard and Reserve (esGr)**

**National Resources**

**esGr**  
www.esgr.mil

**New Hampshire State Resources**

**esGr Contact Information**

State Military Reservation  
1 Minuteman Way  
Concord, NH 03301  
p. 603-225-1892  
www.nhesgr.com

**esGr State Chairman**  
p. 603-225-1342

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
# EMPLOYMENT RESOURCES

## National Resources

<table>
<thead>
<tr>
<th>AIR FORCE TRANSITION ASSISTANCE PROGRAM (TAP)</th>
<th>AMERICA’S JOB BANK</th>
<th>ARMY CAREER AND ALUMNI PROGRAM (ACAP)</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>BUSINESS AND PROFESSIONAL WOMEN’S FOUNDATION</th>
<th>CAREER ONE STOP CAREER RESOURCE LIBRARY</th>
<th>CAREER ONE STOP TYPES OF INTERVIEWS</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>COAST GUARD TRANSITION ASSISTANCE PROGRAM (TAP)</th>
<th>FEDERAL EMPLOYMENT AND TRAINING ADMINISTRATION</th>
<th>FORBES INTERVIEW BODY LANGUAGE</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>GUIDE TO RESEARCHING COMPANIES</th>
<th>GUIDESTAR NONPROFIT ORGANIZATIONS</th>
<th>HERO2HIRED</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>JOB INTERVIEW CHECKLIST</th>
<th>JOBS IN LOGISTICS</th>
<th>JOINING FORCES</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>MARINE CORPS TRANSITION ASSISTANCE MANAGEMENT PROGRAM (TAMP)</th>
<th>MY NEXT MOVE FOR VETERANS</th>
<th>NAVY TRANSITION ASSISTANCE MANAGEMENT PROGRAM (TAMP)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td><a href="http://www.public.navy.mil/bupers-npc/career/reservepersonelmgmt/Documents/TAMP%20KTS%20OCT%202012.pptx">http://www.public.navy.mil/bupers-npc/career/reservepersonelmgmt/Documents/TAMP%20KTS%20OCT%202012.pptx</a></td>
</tr>
</tbody>
</table>

For more resources call NHCarePath at 866-634-9412 or visit [www.nhcarepath.org](http://www.nhcarepath.org) to search the public database.
Employment Resources continued

Office of Personnel Management
https://www.opm.gov/

Spouse Education and Career Opportunities
http://www.militaryonesource.com/transition

Transition Assistance Program (TAP)
Participant Guide

USA Jobs
www.usajobs.gov

Uniformed Services Employment and Reemployment Rights Act (USERRA) of 1994

National Resources
USERRA Fact Sheet
http://www.dol.gov/vets/programs/userra/userra_fs.htm

New Hampshire State Resources
NH Veterans’ Employment and Training Service US Department of Labor
James C. Cleveland Federal Building, Room 3602
53 Pleasant Street
Concord, NH 03301

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
VOCATIONAL REHABILITATION

National Resources

**American Veterans (AMVETS)**  
www.amvets.org

**Benefits Check Up**  
www.benefitscheckup.org/

**Homeless Veterans’ Reintegration Program (HVRP)**  
www.dol.gov/vets/programs/hvrp/

**Job Corps**  
www.jobcorps.gov

**National Veterans Foundation**  
p. 888-777-4443  
www.nvf.org

**Operation Vets Connect**  
http://www.nhes.nh.gov/media/job-fairs/index.htm

**Recruit Military**  
www.recruitmilitary.com

**Service Members Civil Relief Act (SCRA)**  

**VA Employment Services**  
Homeless Veteran Supported Employment Program (HVSEP)  
Compensated Work Therapy (CWT) Program  
http://www.va.gov/homeless/employment.asp

**VA Homefront**  
p. 1-877-424-3838  
www.va.gov/homeless

**Veterans Employment Center**  
www.vets.gov/veterans-employment-center

**Veterans Inc.**  
p. 800-482-2565  
www.veteransinc.org/services/employment-training/

**Veterans Training School**  
p. 617-371-1742/617-371-1751  
www.nechv.org

**Vet Success Program**  
www.vetsuccess.gov

**Vocational Rehabilitation and Employment Benefits**  
p. 1-802-295-9363  
http://vabenefits.vba.va.gov/vonapp/about_vonapp.asp

For more resources call NHCarePath at 866-634-9412 or visit [www.nhcarepath.org](http://www.nhcarepath.org) to search the public database.
### Vocational Rehabilitation continued

<table>
<thead>
<tr>
<th>Maine State Resources</th>
<th>Massachusetts State Resources</th>
<th>New Hampshire State Resources</th>
</tr>
</thead>
</table>
| **GOODWILL INDUSTRIES OF NORTHERN NEW ENGLAND**  
34 Hutcherson Drive  
Gorham, ME 04038  
p. 207-329-8950  
www.goodwillnne.org/jobs | **ME DEPARTMENT OF LABOR**  
p. 207-623-7900 | **ME NATIONAL GUARD FAMILY READINESS**  
http://www.me.ngb.army.mil/Family/ |
| **MA NATIONAL GUARD FAMILY PROGRAM**  
http://www.thenationsfirst.org/family-programs.html | **NEW ENGLAND CENTER (EMPLOYMENT SPECIALIST)**  
17 Court Street  
Boston, MA 02108  
www.nechv.org | |
| **ADULT LEARNING CENTER**  
4 Lake Street  
Nashua, NH 03060  
p. 603-882-9080 | **EASTER SEALS CARE COORDINATION PROGRAM**  
555 Auburn Street  
Manchester, NH 03103  
p. 603-315-4354/1-800-870-8728  
http://nh.easterseals.com/site/PageServer?pagename=NHDR_Veterans_Services | **EASTER SEALS HOMELESS VETERANS REINTEGRATION PROGRAM**  
555 Auburn Street  
Manchester, NH 03103  
p. 603-623-8863 |
| **HARBOR HOMES HOMELESS VETERAN’S REINTEGRATION PROGRAM**  
45 High Street  
Nashua, NH 03060  
p. 603-882-3616  
harborhomes.org/veterans-first/ | **HERO2Hired NH EMPLOYMENT COORDINATOR**  
p. 603-227-1485 | **JOBS IN NH**  
http://jobsinnh.com |

For more resources call NHCarePath at 866-634-9412 or visit [www.nhcarepath.org](http://www.nhcarepath.org) to search the public database.
Vocational Rehabilitation continued

Military OneSource NH
p. 603-491-6612
www.militaryonesource.mil

Nashua Center for the Multiply Handicapped
18 Simon Street
Nashua, NH 03060
p. 603-595-0961

NH Air National Guard Family Readiness
Pease Air National Guard Base
302 Newmarket Street
Newington, NH 03803
p. 603-430-3545

NH Air National Guard Judge Advocate General (JAG)
Pease Air National Guard Base
302 Newmarket Street
Newington, NH 03803
p. 603-430-3272

NH Air National Guard Yellow Ribbon Program
302 Newmarket Street
Building 145, Second Floor
Pease ANGB
Newington, NH 03803
p. 603-430-3272

NH Employment Security Offices
http://www.nhes.nh.gov/locations/index.htm

NH National Guard Care Coordination
3 Executive Park Drive, Ste 231
Bedford, NH 03110
p. 888.989.9924
http://www.ccpnh.com/

NH National Guard Family Readiness
State Military Reservation
1 Minuteman Drive
Concord, NH 03301
p. 1-877-598-0666
https://www.nh.ngb.army.mil/families/familyhome

NH National Guard Judge Advocate General (JAG)
State Military Reservation
1 Minuteman Drive
Concord, NH 03301
p. 603-227-1592

NH State Department of Vocational Rehabilitation Berlin
3 Twelfth Street, Unit A
Berlin, NH 03570
p. 603-752-2271

NH Vet Centers
http://www.va.gov/directory/guide/state.asp?State=NH&dnum=ALL

NH Vet to Vet
p. 603-752-5773/603-228-6625

NH Works
www.nhworks.org

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
Faith-Based Support

National Resources

**AIR FORCE CHAPLAIN CORPS**
www.chaplaincorps.af.mil

**ARMY CHAPLAINCY**
www.army.mil/info/organization/chaplaincy

**MILITARY CHAPLAINS ASSOCIATION**
www.mca-usa.org

**MILITARY MINISTRY**
www.militaryministry.org

**NAVY CHAPLAIN CARE**
www.chaplaincare.navy.mil

New Hampshire State Resources

**AIR NATIONAL GUARD CHAPLAIN SERVICES**
302 Newmarket Street
Pease ANGB
Newington, NH 03803
p. 603-430-3456/3446/3492

**NAVY CHAPLAIN OFFICE**
p. 207-438-1970
http://www.portsmouthhousing.com/template.php?name=chaplain&PHPSESSID=7c897a58debb28603099ae0eed59ae38

**ARMY NATIONAL GUARD CHAPLAIN SERVICES**
1 Minuteman Way
Concord, NH 03301
p. 603-227-1560/1561

**NH CATHOLIC CHARITIES**
215 Myrtle Street
Manchester, NH 03104
p. 603-669-3030/1-800-562-5249
www.nh-cc.org

Family Readiness Groups

**EXCEPTIONAL FAMILY MEMBER PROGRAMS (EFMP)**

National Resources

**AIR FORCE EFMP**
www.naccrra.org/military-families/air-force/air-force/us-air-force-exceptional-family-member-program-efmp-respite-ca

**ARMY EFMP**
myarmybenefits.us.army.mil/Home/Benefit_Library/Federal_Benefits_Page/Exceptional_Family_Member_Program_(EFMP)_html

**MARINE CORPS EFMP**
http://www.mccs-sc.com/efmp/index.asp

**NAVY EFMP**
http://www.public.navy.mil/bupers-npc/support/efm/Pages/default.aspx

**COAST GUARD EFMP**
http://www.uscg.mil/worklife/special_needs.asp

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
NATIONAL GUARD FAMILY PROGRAMS

National Resources

NATIONAL MILITARY FAMILY ASSOCIATION (NMFA)
www.militaryfamily.org

Maine State Resources

ME NATIONAL GUARD FAMILY READINESS
www.me.ngb.army.mil/family/oneymatters

Massachusetts State Resources

MA NATIONAL GUARD FAMILY PROGRAM
http://www.thenationsfirst.org/family-programs.html

New Hampshire State Resources

NH AIR NATIONAL GUARD FAMILY READINESS
Pease Air National Guard Base
302 Newmarket Street
Newington, NH 03803
p. 603-430-3545

NH NATIONAL GUARD FAMILY READINESS
1 Minuteman Way
Concord, NH 03301
p.1-877-598-0666
www.nh.ngb.army.mil/families/familyhome

Vermont State Resources

VT NATIONAL GUARD FAMILY READINESS
p. 800-607-8773
www.vtguard.com/resources/organization/family_programs/default.html
https://www.facebook.com/Vermont-Air-National-Guard-Family-Readiness-157579857610343/

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
Financial Assistance

CREDIT

National Resources

EQUIFAX
www.equifax.com/home/en_us

EXPERIAN
www.experian.com/

TRANSUNION
www.transunion.com/

EMERGENCY FINANCIAL ASSISTANCE

New Hampshire State Resources

EASTER SEALS CARE COORDINATION PROGRAM
555 Auburn Street
Manchester, NH 03103
p. 603-315-4354
www.easterseals.com/nh/our-programs/military-veterans-services

FRIENDS OF VETERANS IN NEW HAMPSHIRE AND VERMONT
222 Holiday Drive, Suite 20
White River Junction, VT 05001
p. 802-296-8368
http://www.fovvtnh.org/

VETERANS COUNT – NH
p. (603) 621-3570
http://vetscount.org/nh/

HOME LOAN INFORMATION

National Resources

VA HOMEFRONT
p. 877-424-3838
www.va.gov/homeless

VA HOME LOAN FACT SHEETS
http://benefits.va.gov/BENEFITS/factsheets.asp

HOME REPAIR ASSISTANCE

National Resources

BUILDING DREAMS FOR MARINES
p. 800-858-6613
http://www.buildingdreamsformarines.com

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
New Hampshire State Resources

CASE HANDYMAN SERVICES
500 Harvey Road, Unit 102
Manchester, NH 03103
p. 603-222-2040

FRIENDS OF VETERANS OF VT AND NH
p. 802-296-8368
www.friendsofveteransvtnh.org

CHAPLAINS EMERGENCY RELIEF FUND
PO Box 3448
Concord, NH 03302
p. 603-227-1560/603-430-3456

HAMMERS FOR VETS
119 Airport Rd
Concord, NH 03302
(603) 228-0351

COMMUNITY TOOLBOX
135 Mirona Road
Portsmouth, NH 03801
p. 603-294-0479
www.commtoolbox.org

REBUILDING TOGETHER GREATER MANCHESTER
816 Elm Street #393
Manchester, NH 03101
p. 603-645-4787
www.rebuildingtogethernh.org

MILITARY PAY WEBSITES

National Resources

DEPENDENCY AND INDEMNITY COMPENSATION (DIC)
http://www.benefits.va.gov/COMPENSATION/types-dependency_and_indemnity.asp

PAY ENTITLEMENTS

MYPAY
www.mypay.dfas.mil

PAY BENEFITS
http://www.military.com/benefits/military-pay

RETIRERED PAY ESTIMATOR

PAYMENT BENEFITS

RETIRED PAY ESTIMATOR

RETIRED PAY ESTIMATOR

SURVIVOR BENEFIT PLAN (SBP)
http://militarypay.defense.gov/Benefits/SurvivorBenefitProgram.aspx

UNDERSTANDING PAY AND BENEFITS
http://usmilitary.about.com/od/payandbenefits/a/UnderstandingMilitaryPay_2.htm

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
## SPECIAL PAY

### National Resources

**Combat Zone Tax Exclusion**

**Family Separation Allowance**

**Fact Sheets on Special Pay**
- [http://www.dfas.mil](http://www.dfas.mil)

**Hazard Duty Pay**
- [http://militarypay.defense.gov/Pay/SpecialandIncentivePays/HDI P.aspx](http://militarypay.defense.gov/Pay/SpecialandIncentivePays/HDI P.aspx)

**Hostile Fire Pay**

**Imminent Danger Pay**

### WIC AND OTHER SUBSIDY PROGRAMS

### National Resources

**National Center for Education in Maternal and Child Health**
- [http://ncemch.org/](http://ncemch.org/)

**Women Infants and Children (WIC)**
- P. 1-800-4321

### New Hampshire State Resources

**NH 2-1-1**
- P. 2-1-1 or 1-866-444-4211
- [www.211nh.org](http://www.211nh.org)

**WIC Nutrition Program**
- [www.dhhs.nh.gov/dphs/nhp/wic/](http://www.dhhs.nh.gov/dphs/nhp/wic/)

### Financial Counseling

#### BUDGETING CLASSES

### National Resources

**BudgetSmart**
- [www.budgetsmart.org](http://www.budgetsmart.org)

**Military OneSource**
- [www.militaryonesource.mil](http://www.militaryonesource.mil)

### Maine State Resources

**ME National Guard Family Readiness**
- [www.me.ngb.army.mil/family/m](http://www.me.ngb.army.mil/family/m)

For more resources call NHCarePath at 866-634-9412 or visit [www.nhcarepath.org](http://www.nhcarepath.org) to search the public database.
Budgeting Classes continued

New Hampshire State Resources

**GREENPATH DEBT SOLUTIONS**
250 Commercial St, Suite 1009A
Manchester, NH 03101
p. 603-626-4530/800-550-1941
www.greenpath.com/how-we-can-help

**HARBOR HOMES MONEY MANAGEMENT TRAINING**
45 High Street
Nashua, NH 03060
p. 603-882-3613
harborhomes.org

**NEW GENERATION, INC.**
568 Portsmouth Avenue
Greenland, NH 03840
p. 603-436-4989
www.newgennh.org

**NH AIR NATIONAL GUARD FAMILY READINESS**
302 Newmarket Street
Pease ANGB NH
p. 603-430-3545

**NH NATIONAL GUARD MILITARY FAMILY LIFE FINANCIAL CONSULTANT**
p. 603-303-2657

**MONEY MANAGEMENT INTERNATIONAL**
100 Northwick
Portsmouth, NH 03802
p. 866-889-9347
moneymanagement.org

**REBUILD HOPE**
p. 650-321-4930
www.rebuildhope.org

**VERMONT STATE RESOURCES**

**VT NATIONAL GUARD FAMILY READINESS**
p. 802-338-3494

**MASSACHUSETTS STATE RESOURCES**

**FORT DEVENS MORALE, WELFARE, AND RECREATION (MWR)**
https://www.devens.army.mil/Devens_Staff/FortDevensMWR.html

**HANSCOM AFB, MORALE, WELFARE, AND RECREATION (MWR)**

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
Discounts for Military Families continued

New Hampshire State Resources
PORTSMOUTH NAVAL SHIPYARD MORALE, WELFARE, AND RECREATION (MWR)
http://www.discovermwr.com/pnsy/

FINANCIAL COUNSELING AND ASSISTANCE

National Resources

<table>
<thead>
<tr>
<th>National Resources</th>
<th>Phone/Website</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>AIR FORCE AID SOCIETY (AFAS) EMERGENCY ASSISTANCE</strong></td>
<td>p. 800-769-8951</td>
</tr>
<tr>
<td></td>
<td><a href="http://www.afas.org">www.afas.org</a></td>
</tr>
<tr>
<td><strong>ARMED FORCES FOUNDATION</strong></td>
<td>p. 910-585-8003</td>
</tr>
<tr>
<td></td>
<td>wwwarmedforcesfoundationorg/family-assistance-program.php</td>
</tr>
<tr>
<td><strong>ASSOCIATION OF INDEPENDENT CONSUMER CREDIT COUNSELING AGENCIES (AICCCA)</strong></td>
<td>p. 866-703-8787</td>
</tr>
<tr>
<td></td>
<td><a href="http://www.aiccca.org">www.aiccca.org</a></td>
</tr>
<tr>
<td><strong>HOPE FOR THE WARRIORS</strong></td>
<td>p. 910-938-1817</td>
</tr>
<tr>
<td></td>
<td><a href="http://www.hopeforthewarriors.org/immneeds.html">www.hopeforthewarriors.org/immneeds.html</a></td>
</tr>
<tr>
<td><strong>AMERICAN PATRIOT HEROES FUND</strong></td>
<td>p. 1-516-314-0265</td>
</tr>
<tr>
<td></td>
<td>americanpatriotheroesfund.org</td>
</tr>
<tr>
<td><strong>ARMED FORCES RESERVE FAMILY ASSISTANCE FUND</strong></td>
<td>p. 800-964-4454 x21</td>
</tr>
<tr>
<td></td>
<td><a href="http://www.afrfaf.org">www.afrfaf.org</a></td>
</tr>
<tr>
<td><strong>COAST GUARD MUTUAL ASSISTANCE</strong></td>
<td>p. 800-881-2462</td>
</tr>
<tr>
<td></td>
<td><a href="http://www.cgmahq.org">www.cgmahq.org</a></td>
</tr>
<tr>
<td><strong>MILITARY ONE SOURCE</strong></td>
<td>p. 800-342-9647</td>
</tr>
<tr>
<td></td>
<td><a href="http://www.militaryonesource.mil">www.militaryonesource.mil</a></td>
</tr>
<tr>
<td><strong>AMERICAN RED CROSS FINANCIAL ASSISTANCE</strong></td>
<td><a href="http://www.redcross.org/find-help/military-families/financial-assistance">http://www.redcross.org/find-help/military-families/financial-assistance</a></td>
</tr>
<tr>
<td><strong>ARMY EMERGENCY RELIEF</strong></td>
<td>p. 877-272-7337/866-878-6378</td>
</tr>
<tr>
<td></td>
<td><a href="http://www.aerhq.org">www.aerhq.org</a></td>
</tr>
<tr>
<td><strong>HELP OUR WOUNDED</strong></td>
<td>p. 888-377-7964</td>
</tr>
<tr>
<td></td>
<td><a href="http://www.helpourwounded.org">www.helpourwounded.org</a></td>
</tr>
<tr>
<td><strong>HOPE FOR THE WARRIORS</strong></td>
<td>p. 910-938-1817</td>
</tr>
<tr>
<td></td>
<td><a href="http://www.hopeforthewarriors.org/immneeds.html">www.hopeforthewarriors.org/immneeds.html</a></td>
</tr>
<tr>
<td><strong>MILITARY ONE SOURCE</strong></td>
<td>p. 800-342-9647</td>
</tr>
<tr>
<td></td>
<td><a href="http://www.militaryonesource.mil">www.militaryonesource.mil</a></td>
</tr>
<tr>
<td><strong>NATIONAL FOUNDATION FOR CREDIT COUNSELING</strong></td>
<td>p. 800-388-2227</td>
</tr>
<tr>
<td></td>
<td><a href="http://www.nfcc.org">http://www.nfcc.org</a></td>
</tr>
</tbody>
</table>

For more resources call NHCarePath at 866-634-9412 or visit [www.nhcarepath.org](http://www.nhcarepath.org) to search the public database.
Financial Counseling and Assistance continued

**NAVY-MARINE CORPS RELIEF SOCIETY**
p. 877-272-7337
www.nmcrs.org/interfreeloan.html

**OPERATION FAMILY FUND**
p. 760-793-0053
www.operationfamilyfund.org

**OPERATION FIRST RESPONSE**
p. 888-289-0280
www.operationfirstresponse.org

**OPERATION HOME FRONT**
p. 888-810-0221
http://www.operationhomefront.net/newengland/default.aspx

**OPERATION SILVER STAR**
p. 951-550-7584
www.operationsilverstar.org

**REBUILD HOPE**
p. 650-321-4930
www.rebuildhope.org

**RESERVE AID**
p. 972-383-8080
www.reserveaid.org

**SERVICE MEMBERS CIVIL RELIEF ACT (SCRA)**
http://usmilitary.about.com/od/scra/l/blscramenu.htm

**SUPPORTIVE SERVICES FOR VETERAN FAMILIES (SSVF)**
http://www.va.gov/homeless/ssfviindex.asp

**USA CARES**
p. 800-733-0378
http://usacares.org/index.php/assistance/main

**VETERANS PLUS**
p. 800-722-6098
www.registrynetwork.org
www.operationhomefront.net

**WITHHOLDING TAX CALCULATOR**
www.irs.gov

**Maine State Resources**

**ME NATIONAL GUARD FAMILY READINESS**
www.me.ngb.army.mil/family/moneymatters

**TRANSITION ASSISTANCE ADVISOR (TAA) PROGRAM ME**
p. 207-430-5778

**Massachusetts State Resources**

**AMERICAN CONSUMER CREDIT**

**MA NATIONAL GUARD FAMILY**

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
Financial Counseling and Assistance continued

New Hampshire State Resources

**BERLIN GRANITE UNITED WAY**
**FINANCIAL CAPABILITY DEVELOPMENT**
961 Main Street, PO Box 614
Berlin, NH 03570
p. 603-752-3343
http://www.graniteuw.org/

**CORPUS CHRISTI**
43 Franklin Street
Nashua, NH 03064
p. 603-598-1642/603-882-6372

**COMPUTERS 4 VETS**
17 Epping Woods Road
Epping, NH 03042
p. 603-918-7545

**FRONT DOOR AGENCY**
7 Concord Street
Nashua, NH 03064
p. 603-886-2866

**HOMELAND HEROES FOUNDATION**
PO Box 584
North Salem, NH 03073
p. 617-910-6948
http://www.homelandheroesfoundation.org/about-us.html

**LACONIA GRANITE UNITED WAY FINANCIAL CAPABILITY DEVELOPMENT**
383 South Main Street
Laconia, NH 03246
p. 603-524-6864
http://www.graniteuw.org/

**LEBANON GRANITE UNITED WAY FINANCIAL CAPABILITY DEVELOPMENT**
Technology Drive, Suite 4
West Lebanon, NH 03784
p. 603-298-8499
http://www.graniteuw.org/

**LITTLETON GRANITE UNITED WAY FINANCIAL CAPABILITY DEVELOPMENT**
PO Box 311
Littleton, NH 03561
p. 603-444-1555
http://www.graniteuw.org/

**MANCHESTER GRANITE UNITED WAY FINANCIAL CAPABILITY DEVELOPMENT**
22 Concord Street, Floor 2
Manchester, NH 03101
p. 603-625-6939
http://www.graniteuw.org/

**CONTACT US**
At 888-ASK-VETS
COUNSELING
130 Rumford Avenue, Suite 202
Auburndale, MA 02466
p. 617-559-5782/857-636-1825

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
Military Family Life Consultant (MFLC)  
- p. 603-726-1438/603-303-2657

Money Management International  
- 100 Northwick  
  - Portsmouth, NH 03802  
  - p. 866-889-9347

Financial Counseling and Assistance continued

NH 2-1-1  
- p. 2-1-1 or 1-866-444-4211  
  - www.211nh.org

NH Air National Guard Family Readiness  
- Pease ANGB NH  
  - 302 Newmarket Street  
  - Portsmouth, NH 03801  
  - p. 603-430-3545

NH Banking Department  
- p. 1-800-437-5991

NH Child Care Scholarship Child Care Assistance  
- 129 Pleasant Street  
  - Concord, NH 03301  
  - p. 1-800-852-3345  
  - www.dhhs.nh.gov/DHHS/CDB

NH National Guard Family Readiness  
- 1 Minuteman Way  
  - Concord, NH 03301  
  - p.1-877-598-0666  
  - www.nh.ngb.army.mil/families/familyhome

Plymouth Granite United Way Financial Capability Development  
- 258 Highland Street  
  - Plymouth, NH 03264  
  - p. 603-524-6864  
  - http://www.graniteuw.org/

UNH Cooperative Extension  
- http://extension.unh.edu/4-H-Youth-Family/Building-Financial-Security

VT National Guard Family Readiness  
- p. 800-607-8773

VT National Guard Military Family Life Financial Consultant  
- p. 802-338-3494

SAVINGS PROGRAMS

National Resources

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
For more resources call NHCarePath at 866-634-9412 or visit [www.nhcarepath.org](http://www.nhcarepath.org) to search the public database.

**SAVINGS DEPOSIT PROGRAM**

**THRIFT SAVINGS PLAN**
https://www.tsp.gov/index.shtml
Food and Meal Services

FOOD BANKS AND PANTRIES
For the most up-to-date information on local food pantries, please contact NH 2-1-1.

National Resources

AMERICAN LEGIONS
NATIONAL COMMISSION ON CHILDREN & YOUTH
p. 317-630-1323
www.legion.org/financialassistance

ARMY EMERGENCY RELIEF
p. 877-272-7337/866-878-6378
www.aerhq.org

BENEFITS CHECK UP
https://www.benefitscheckup.org

FEEDING AMERICA
http://www.feedingamerica.org/

FOOD PANTRY FINDER
http://www.foodpantries.org/

FEEDING AMERICA
http://www.feedingamerica.org/

FOOD PANTRY FINDER
http://www.foodpantries.org/

USA CARES
p. 800-733-0378
http://usacares.org/index.php/assistance/main

New Hampshire State Resources

AGAPE MINISTRIES
1895 Route 16
West Ossipee, NH 03890
p. 603-539-4456

ALL SAINTS EPISCOPAL CHURCH
35 School Street
Littleton, NH 03561
p. 603-444-3414

ASSEMBLY OF GOD
319 Highland Street
Plymouth, NH 03264
p. 603-536-1966

BEDFORD FOUR SQUARE CHURCH
469 South River Road
Bedford, NH 03110
p. 603-622-6306

BETHLEHEM TOWN OFFICE
2251 Main Street
Bethlehem, NH 03574
p. 603-869-3351

BLESSED SACRAMENT FOOD PANTRY
14 Elm Street
Manchester, NH 03103
p. 603-622-5445

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
Food Banks and Pantries continued

CAMPTON AREA RESOURCE
12 Six Flags Road
Handyman Bldg.
Campton, NH 03223
p. 603-236-6232

CAMPTON TOWN OFFICE
1307 NH, RTE. 175
Campton, NH 03223
p. 603-726-3223

THE CAREGIVERS
19 Harvey Road
Bedford, NH 03110
p. 603-384-3801/1-877-278-0237
Nashua Office
p. 603-595-4502

CHRIST UNITED METHODIST CHURCH PANTRY
Main Street
Lancaster, NH
p. 603-788-2734

CHURCH OF CHRIST PANTRY
44 Church Street
Franconia, NH 03561
p. 603-823-8421

COMMUNITY ACTION
Dover, Farmington, Milton
p.603-516-8146
http://www.straffordcap.org/programs/food-a-nutrition

COMMUNITY FOOD CENTER
Andrew’s-In-The-Valley Church
678 Whittier Road St.
Tamworth, NH 03886

CORPUS CHRISTI
43 Franklin Street
Nashua, NH 03064
p. 603-882-6372

CORNUCOPIA
Waysmeet Center
15 Mill Road
Durham, NH 03824
p. 603-862-1165

DHHS NH FOOD STAMP PROGRAM
p. 1-800-275-3447
NHeasy.nh.gov

DIVISION OF FAMILY ASSISTANCE
195 McGregor Street
South Tower, Suite 110
Manchester, NH 03102
p. 603-668-2330/800-852-7493

FIRST ASSEMBLY OF GOD
45 Myles Drive
Auburn, NH 03032
p. 603-438-2272

FIRST CHRISTIAN CHURCH OF FREEDOM
12 Elm Street
Freedom, NH 03836
p. 603-539-5453/603-539-2637

FIRST UNITED METHODIST FOOD PANTRY
961 Valley Street
Manchester, NH 03103
p. 603-622-8863

FOOD FOR CHILDREN
JFK Coliseum
303 Beech Street
Manchester, NH 03103

FRIENDS OF VETERANS
p. 802-296-8368
www.friendsofveteransvtnh.org

GRACE LUTHERAN CHURCH
130 Spit Brook Road
Nashua, NH 03062
p. 603-888-7579

FOOD FOR CHILDREN
JFK Coliseum
303 Beech Street
Manchester, NH 03103

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
Food Banks and Pantries continued

<table>
<thead>
<tr>
<th><strong>Harvest Christian Church</strong></th>
<th><strong>Helping Hands Food Pantry</strong></th>
<th><strong>Helping Hands North</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>219 Willow Street</td>
<td>475 Whitefield Road</td>
<td>96 Main Street</td>
</tr>
<tr>
<td>Berlin, NH 03570</td>
<td>Bethlehem, NH 03574</td>
<td>Colebrook, NH 03576</td>
</tr>
<tr>
<td>p. 603-752-5374</td>
<td>p. 603-444-1230</td>
<td>p. 603-237-5891</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Homeland Heroes Foundation</strong></th>
<th><strong>Liberty House</strong></th>
<th><strong>Life Ministries</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>PO Box 584</td>
<td>75 W. Baker St.</td>
<td>264 South Main St.</td>
</tr>
<tr>
<td>North Salem, NH 03073</td>
<td>Manchester, NH 03103</td>
<td>Wolfeboro, NH 03894</td>
</tr>
<tr>
<td><a href="http://www.homelandheroesfoundation.org/about-us.html">http://www.homelandheroesfoundation.org/about-us.html</a></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Manchester Christian Church</strong></th>
<th><strong>Memorial Hospital</strong></th>
<th><strong>Moultonborough United Methodist Church</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>1308 Wellington Road</td>
<td>White Mountain Community Health Center</td>
<td>1018 Whittier Highway</td>
</tr>
<tr>
<td>Manchester, NH 03104</td>
<td>298 White Mountain Highway</td>
<td>Moultonborough, NH 03254</td>
</tr>
<tr>
<td>p. 603-622-9677</td>
<td>Conway, NH 03818</td>
<td></td>
</tr>
<tr>
<td></td>
<td>p. 603-447-8900</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Navy-Marine Corps Relief Society</strong></th>
<th><strong>NH Food Bank</strong></th>
<th><strong>NH Food Bank Index</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Portsmouth Naval Shipyard Building 241</td>
<td>700 East Industrial Park Drive</td>
<td><a href="http://www.nhfoodbank.org/index.php/agencies">http://www.nhfoodbank.org/index.php/agencies</a></td>
</tr>
<tr>
<td>Portsmouth, NH 03804</td>
<td>Manchester, NH 03109</td>
<td></td>
</tr>
<tr>
<td>p. 207-438-1832</td>
<td>p. 603-669-9725 x124</td>
<td></td>
</tr>
<tr>
<td><a href="http://www.nmcrs.org">www.nmcrs.org</a></td>
<td><a href="http://www.nhfoodbank.org">www.nhfoodbank.org</a></td>
<td></td>
</tr>
<tr>
<td></td>
<td><a href="http://www.nheasy.nh.gov">www.nheasy.nh.gov</a></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>New Horizons Soup Kitchen</strong></th>
<th><strong>Parish of the Transfiguration</strong></th>
<th><strong>Plymouth Area Closet</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>199 Manchester Street</td>
<td>305 Kelley Street</td>
<td>5 South Main Street</td>
</tr>
<tr>
<td>Manchester, NH 03103</td>
<td>Manchester, NH 03102</td>
<td>Plymouth, NH 03264</td>
</tr>
<tr>
<td>p. 603-668-1877</td>
<td>p. 603-628-6859</td>
<td>p. 603-536-1101</td>
</tr>
</tbody>
</table>

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
**Food Banks and Pantries continued**

<table>
<thead>
<tr>
<th>Organization</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Plymouth Town Office</td>
<td>260 Highland Street, Plymouth, NH 03264</td>
<td>603-536-2242</td>
</tr>
<tr>
<td>Salvation Army</td>
<td>15 Cole Street, Berlin, NH 03570</td>
<td>603-752-1644</td>
</tr>
<tr>
<td>St. Anthony Church</td>
<td>172 Belmont Street, Manchester, NH 03103</td>
<td>603-625-6409</td>
</tr>
<tr>
<td>St. Matthew Roman Catholic Church</td>
<td>9 Jefferson Road, Whitefield, NH 03598</td>
<td>603-837-2558</td>
</tr>
<tr>
<td>Temporary Emergency Food Assistance Program</td>
<td>p. 603-516-8146</td>
<td></td>
</tr>
<tr>
<td>Salvation Army</td>
<td>121 Cedar Street, Manchester, NH 03101</td>
<td>603-627-7013</td>
</tr>
<tr>
<td>Southern NH Rescue Mission</td>
<td>40 Chestnut Street, Nashua, NH 03060</td>
<td>603-889-3421</td>
</tr>
<tr>
<td>St. Francis Xavier</td>
<td>10 State Street, Groveton, NH 03582</td>
<td>603-636-2486</td>
</tr>
<tr>
<td>St. Vincent de Paul</td>
<td>153 Grafton Street, Berlin, NH 03570</td>
<td>603-752-4844</td>
</tr>
<tr>
<td>Salvation Army</td>
<td>121 Cedar Street, Manchester, NH 03101</td>
<td>603-627-7013</td>
</tr>
<tr>
<td>St. Andrew’s Episcopal Church</td>
<td>1162 Main Street, Manchester, NH 03102</td>
<td>603-622-8632</td>
</tr>
<tr>
<td>St. John Neumann</td>
<td>708 Milford Road 101A, Merrimack, NH 03054</td>
<td>603-880-4689</td>
</tr>
<tr>
<td>Summer Meals Program</td>
<td>p. 603-516-8146</td>
<td></td>
</tr>
<tr>
<td>Tri County CAP</td>
<td>4 Pleasant Street, Colebrook, NH</td>
<td>603-237-8168</td>
</tr>
<tr>
<td>Upper Room Compassionate Ministries</td>
<td>36 Tolles Street, Nashua, NH 03060</td>
<td>603-585-2039</td>
</tr>
<tr>
<td>Vaughan Community Service</td>
<td>2503 White Mt. Highway, North Conway, NH 03860</td>
<td>603-356-2324</td>
</tr>
<tr>
<td>Wakefield Food Pantry</td>
<td>132 Meadow Street, Sandbornville, NH 03872</td>
<td>603-522-3094</td>
</tr>
</tbody>
</table>

For more resources call NHCarePath at 866-634-9412 or visit [www.nhcarepath.org](http://www.nhcarepath.org) to search the public database.
**Food Banks and Pantries continued**

<table>
<thead>
<tr>
<th><strong>White Mountain Christian Church Food Pantry</strong></th>
<th><strong>Woodstock Town Office</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>70 Reddington Street Littleton, NH p. 603-444-6517</td>
<td>165 Lost River Road North Woodstock, NH p. 603-745-8752</td>
</tr>
</tbody>
</table>

**Vermont State Resources**

<table>
<thead>
<tr>
<th><strong>Area Food Pantry</strong></th>
<th><strong>Emergency Food Shelf</strong></th>
<th><strong>Emergency Food Shelf</strong></th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th><strong>First Congregational Church</strong></th>
<th><strong>Food Pantry</strong></th>
<th><strong>Food Shelf</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>21 Middle Street Island Pond, VT 05846 p. 802-723-5037</td>
<td>Sheffield Town Hall Route 122 Sheffield, VT 05866 p. 802-745-7491</td>
<td>1036 VT RTE. 242 Municipal Building Jay, VT 05859 p. 802-988-2996</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Food Shelf</strong></th>
<th><strong>Helping Other People</strong></th>
<th><strong>Kingdom Community Services</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>9 West Main Street Lunenburg Town Clerk’s Office Lunenburg, VT 05906 p. 802-892-5959</td>
<td>Everyday—HOPE 101 Depot Street Lyndonville, VT 05851 p. 802-626-3228</td>
<td>36 Steeple Place St. Johnsbury, VT 05819 p. 802-751-8581</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>NEKCA</strong></th>
<th><strong>NEKCA</strong></th>
<th><strong>NEKCA Outreach Office</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>115 Lincoln Street St. Johnsbury, VT 05819 p. 802-748-6040</td>
<td>70 Main Street Newport, VT 05855 p. 802-334-7316</td>
<td>217 Gail Street Canaan, VT 05903 p. 802-266-7134</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>NEKCA Outreach Office</strong></th>
<th><strong>Orleans Federated Church</strong></th>
<th><strong>Saint Mark’s Episcopal Church</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>49 Mill Street Extension Town Hall Basement Island Pond, VT 05846 p. 802-723-6245</td>
<td>58 School Street Orleans, VT 05860 p. 802-754-6486</td>
<td>44 Second Street Newport, VT 05855 p. 802-334-7365</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>VT Food Bank</strong></th>
<th><strong>NEKCA</strong></th>
<th><strong>VT Food Bank</strong></th>
</tr>
</thead>
</table>

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
Health Care and Medical Services

COMMUNITY BASED OUTPATIENT CLINICS (CBOC)

New Hampshire State Resources

**COLEBROOK CBOC**
141 Corliss Lane
Colebrook, NH 03576
p. 800-892-8384 x 6364

**CONWAY CBOC**
71 Hobbs Street, Suite 304
Conway, NH 03818
p. 800-892-8384 x 3199
http://www.manchester.va.gov/locations/conway.asp

**KEENE CBOC**
640 Marlboro Street, Route 101
Keene, NH 03431
p. 603-358-4900
http://www.whiteriver.va.gov/locations/keene.asp

**LITTLETON CBOC**
264, Cottage Street
Littleton, NH 03561
p. 603-575-6700
http://www.whiteriver.va.gov/locations/littleton.asp

**MANCHESTER VA**
718 Smyth Road
Manchester, NH 03104
Telephone: 603-624-4366

**PORTSMOUTH CBOC**
Pease International Tradeport
302 Newmarket Street
Portsmouth, NH 03803
p. 603-624-4366 x 3199
http://www.manchester.va.gov/locations/portsmouth.asp

**SOMERSWORTH VA**
COMMUNITY BASED OUTPATIENT CLINIC
603.624.4366 x 3199

**TILTON CBOC**
630 West Main Street, Suite 400
Tilton, NH 03276
p. 800-892-8384 x 3199
http://www.manchester.va.gov/locations/tilton.asp

Vermont State Resources

**BENNINGTON CBOC**
186 North Street
Bennington, VT 05201
p. 802-447-6913

**BRATTLEBORO CBOC**
71 GSP Drive
Brattleboro, VT 05301
p. 802-251-2200

**NEWPORT CBOC**
178 Crawford Farm Road
Newport, VT 05855
p. 802-624-2400

**RUTLAND CBOC**
215 Stratton Road
Rutland, VT 05701
p. 802-772-2300

**SOMERSWORTH CBOC**
200 Route 108
Somersworth, NH 03878
p. 603-624-4366 x3199
http://www.manchester.va.gov/locations/somersworth.asp

**VA BURLINGTON LAKESIDE CLINIC**
128 Lakeside Avenue, Suite 260
Burlington, VT 05401
p. 802-657-7000

For more resources call NHCarePath at 866-634-9412 or visit [www.nhcarepath.org](http://www.nhcarepath.org) to search the public database.
Community Based Outpatient Clinics (CBOC) continued

VA MEDICAL CENTER
215 North Main Street
White River Junction, VT 05009
p. 802-295-9363

WHITE RIVER JUNCTION
163 Veterans Drive (GPS)
White River Junction, VT 05009
802-295-9363 | 866-687-8387

DEERS

National Resources

ASSISTANCE OBTAINING AN ID CARD
http://www.cac.mil
https://www.dmdc.osd.mil/appj/bwe/indexAction.do;jsessionid=vVwGRmqdsnQptLShvVmgLsWywqK1yyTQQq1pGFrbG8m
hVFq919295078

DEERS FACT SHEET
https://www.dmdc.osd.mil/self_service/rapid/rapid/unauthenticated?execution=e251

DEERS RAPIDS CENTERS
https://www.dmdc.osd.mil/sl/site?execution=e151

ID CARD/DEERS CHECKLIST
https://www.dmdc.osd.mil/self_service/rapid/unauthenticated?execution=e251

PERSONNEL SYSTEMS MANAGER
Pease Air National Guard
p. 603-430-3511
DSN. 852-3511

Maine State Resources

AIR NATIONAL GUARD
DEERS LOCATION
101st Air Refueling Wing
Bangor International Airport
Bangor, ME 04401
p. 207-990-7387

ARMY NATIONAL GUARD
DEERS LOCATION
Augusta, ME 04333
p. 207-626-4387

ARMY NATIONAL GUARD
DEERS LOCATION
Caribou National Guard Armory
Caribou, ME 04736
p. 207-498-6517

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
DEERS continued

ARMY RESERVES DEERS LOCATION
52nd Troop Command Navy Reserve Center
Bangor, ME 04401
p. 207-735-1000

NAS BRUNSWICK
p. 207-921-1645

US COAST GUARD SECTOR
NORTHER NEW ENGLAND
p. 207-780-3048

Massachusetts State Resources

AIR FORCE DEERS LOCATION
Hanscom AFB
p. 781-3777-3979

AIR NATIONAL GUARD DEERS LOCATION
104th FW MA ANG Westfield
p. 413-568-9151

ARMY RESERVE DEERS LOCATION
94th RRC Ft. Deven
p. 800-554-8132

DEFENSE FINANCE AND ACCOUNTING SERVICE CENTER (DFAS)
Limestone Field Organization
Limestone, ME
p. 207-328-1088

NRC BANGOR
p. 207-942-4388

MG OLIVER OTIS HOWARD US ARMY RESERVE CENTER
p. 207-783-0378

PORTLAND NATIONAL GUARD ARMORY
p. 207-430-5497

New Hampshire State Resources

AIR NATIONAL GUARD DEERS LOCATION
157th Air Refueling Wing
Portsmouth, NH 03083
p. 603-430-3514

ARMY NATIONAL GUARD DEERS LOCATION
Army National Guard Armory
Littleton, NH 03561
p. 603-752-3452

ARMY NATIONAL GUARD DEERS LOCATION
State Military Reservation
Concord, NH 03301
p. 603-225-1326

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
DEERS continued

ARMY RESERVE DEERS
LOCATION
137th Armed Forces Support Group Reserve Center
368th Engineer Battalion
Londonderry, NH 03053
p. 603-537-8135

NAVY DEERS LOCATION
Portsmouth Naval Shipyard
Portsmouth, NH 03804
p. 207-438-2460

DENTAL

National Resources

DELTA DENTAL
p. 855-370-3303

TRICARE DENTAL PROGRAM
Active Duty, Family Members, National Guard and Reserve Members, and their Families
CONUS: 1-855-683-8371
OCONUS: 1-855-638-8372
TDD/TTY: 1-855-638-8373

TRICARE DENTAL PROVIDERS

OPERATION HOME FRONT
p. 888-810-0221/210-659-7756
http://www.operationhomefront.net/newengland/default.aspx

TRICARE ACTIVE DUTY DENTAL PROGRAM
p. 1-866-984-2337
www.addp-ucci.com

VA MEDICAL CENTER – MANCHESTER
718 Smyth Road
Manchester, NH 03104
p. 603-624-4366 | 800-892-8384

New Hampshire State Resources

NH 2-1-1
p. 2-1-1 or 1-866-444-4211
www.211nh.org

MEDICAL

National Resources

ARMY EMERGENCY RELIEF
p. 877-272-7337/866-878-6378
www.aerhq.org

COAST GUARD MUTUAL ASSISTANCE
p. 800-881-2462
www.cgmahq.org

BENEFITS CHECK UP
www.benefitscheckup.org

DEFENSE AND VETERANS BRAIN INJURY CENTER
www.dvbic.org

CAREGIVER
p. 1-855-260-3274
www.caregiver.va.gov

LIVE UNITED (UNITED WAY)
p. 703-836-7112
www.unitedway.org

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
### Medical continued

<table>
<thead>
<tr>
<th>Medical TRICARE Providers</th>
<th>National Veterans Foundation</th>
<th>National Veterans Service Fund</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Navy Wounded Warrior Safe Harbor</th>
<th>Neuro Restorative</th>
<th>North Regional Contractor HealthNet Federal Services</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Northeast Injured Support-Wounded Warriors</th>
<th>Operation Family Fund</th>
<th>Operation First Response</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Operation Forever Free</th>
<th>Operation Home Front</th>
<th>Rebuild Hope</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Semper Fi Fund</th>
<th>Soldier Socks Ekso Suits</th>
<th>Unmet Needs</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>USA Cares</th>
<th>VA Homefront</th>
<th>Veterans Support Foundation</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Women, Infants &amp; Children (WIC)</th>
<th></th>
<th></th>
</tr>
</thead>
</table>

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
**Medical continued**

**Maine State Resources**

**TOGUS VA MEDICAL CENTER**
Augusta ME  
p. 207-623-8411

**New Hampshire State Resources**

**ASK-A-NURSE**  
p. 603-626-2626

**BEST CHOICES BETTER HEALTH**
128 State Route 27  
Raymond, NH 03077  
p. 603-895-1514  

**CALL FOR VETERAN VOLUNTEERS**
Concord: p. 603-224-2230  
Seacoast: p. 603-433-2480

**CARE NET PREGNANCY CENTER**
110 Main Street  
Nashua, NH 03060  
p. 603-883-9355

**BRAIN INJURY ASSOCIATION**
 p. 800-773-8400/63-225-8400

**HOME HEALTH & HOSPICE CARE**
7 Executive Park Drive  
Merrimack, NH 03054  
p. 603-882-2941

**COMMUNITY HEALTH CENTER**
18 Mulberry Street  
Nashua, NH 03060  
p. 603-589-4500  
http://www.nashuanh.gov/497/Public-Health-Community-Services

**LAMPREY HEALTH CARE**
128 NH-27  
Raymond, NH 03077  
p. 603-895-3351

**MANCHESTER VA MEDICAL CENTER**
718 Smyth Road  
Manchester, NH 03104  
p. 603-624-4366/800-892-8384  
www.manchester.va.gov

**MARTIN’S POINT HEALTHCARE**
161 Corporate Drive  
Portsmouth, NH 03801  
p. 603-430-5057/603-651-7112

**MEDICAL FOSTER HOME PROGRAM**
 p. 603-624-4366 x 5812

For more resources call NHCarePath at 866-634-9412 or visit [www.nhcarepath.org](http://www.nhcarepath.org) to search the public database.
Medical continued

NASHUA DIVISION OF PUBLIC HEALTH & COMMUNITY SERVICES
18 Mulberry Street
Nashua, NH 03060
p. 603-589-4560

NH MEDICAID SERVICES
129 Pleasant Street
Concord, NH 03301
p. 603-271-4344/800-852-3345 x 4344

SOUTHERN NH MEDICAL CENTER
8 Prospect Street
Nashua, NH 03060
p. 603-577-2728

Vermont State Resources

WHITE RIVER JUNCTION VA MEDICAL CENTER
163 Veterans Drive (GPS)
White River Junction, VT 05009
p. 802-295-9363
http://www.whiteriver.va.gov/

VISION

National Resources

OPERATION HOME FRONT FUND OF NEW ENGLAND
p. 888-810-0221
http://www.operationhomefront.net/default.aspx

TRICARE VISION PROVIDERS
https://www.hnfs.com/content/hnfs/home/tn/prov/benefits/benefits_a_to_z/eye_examinations/eye_examinations.html

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
Health Insurance

National Resources

**HEALTHCARE.GOV**
p. 1-800-318-2596
https://www.healthcare.gov/get-coverage/

**SERVICE MEMBERS’ GROUP LIFE INSURANCE (SGLI), FAMILY SERVICE MEMBERS’ GROUP LIFE INSURANCE (FSGLI), VETERANS’ GROUP LIFE INSURANCE (VGLI)**
http://www.benefits.va.gov/insurance/

**VA MEDICAL CENTER ELIGIBILITY OFFICE**
Building 39
215 North Main Street
White River Junction, VT 05009
p. 802-295-9363

**VETERANS CHOICE CARD**
p. 603.225.1380
www.manchester.va.gov/services/Veterans_Choice_Access_and_Accountability_Act.asp

New Hampshire State Resources

**COVERING NH**
https://coveringnewhampshire.org/

**FAMILIES FIRST SEacoast**
p. 603-442-8208 x 8
http://familiesfirstseacoast.org/insurance_help.html

**NH INSURANCE DEPARTMENT**
p. 603-271-2261
https://www.nh.gov/insurance/consumers/health.htm

**NH MEDICAID FOR CHILDREN**

**NH MEDICAID PROGRAM**
http://www.dhhs.nh.gov/ombp/medicaid/index.htm

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
# Higher Education and Adult Learning

## SCHOLARSHIPS, GRANTS, AND BENEFITS

<table>
<thead>
<tr>
<th>National Resources</th>
<th>Army Emergency Relief</th>
<th>Army Scholarship Foundation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Coast Guard Mutual Assistance</td>
<td>eBenefits National Resource Directory</td>
<td>Federal Student Aid US Department of Education</td>
</tr>
<tr>
<td>Military.com</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
Scholarships, Grants, and Benefits, continued

**NATIONAL VETERANS FOUNDATION**
- p. 888-777-4443
- www.nvf.org

**OPEN EDUCATION DATABASE**
- www.oedb.org

**SALUTE AMERICA’S HEROES**
- p. 914-432-5400
- www.saluteheroes.org

**SEMPER FI FUND**
- p. 760-725-3680
- www.semperfifund.org

**SOLDIER SOCKS**
- p. 208-832-2005
- www.soldiersocks.com

**VA HOMEFRONT**
- p. 1-877-424-3838
- www.va.gov/homeless

**VETERAN/MILITARY SCHOLARSHIPS**
- p. 888-546-5838/1-651-556-0596
- https://linkvet.custhelp.com/app/answers/detail/a_id/1257/sessio
n/L3RpbWUvMTQ1Njc2NjczNDAoMi9zaWQva2RDeJpS20%3D

**Maine State Resources**

**VETERANS OF FOREIGN WARS (VFW) ME**
- http://www.vfwwebcom.org/me/postdirectory/

**New Hampshire State Resources**

**BRAIN INJURY ASSOCIATION**
- p. 800-773-8400/603-225-8400

**MILITARY ONESOURCE NH**
- p. 603-491-6612
- www.militaryonesource.mil

**MY ARMY BENEFITS NH**
  __Territory_Benefits/_New_Hampshire.html

**NH NATIONAL GUARD**

**NH STATE OFFICE OF VETERANS SERVICES**
- http://www.nh.gov/nhveterans/

**VETERANS OF FOREIGN WARS (VFW) NH**
- http://nhvfw.org/scholarship-programs/

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
EDUCATIONAL OPPORTUNITIES

National Resources

JOINING FORCES
https://www.whitehouse.gov/joiningforces

VA EDUCATION AND TRAINING
p. (888)-442-4551
http://www.benefits.va.gov/gibill/

VOC REHAB
p. 1-802-295-9363

Maine State Resources

TRANSITION ASSISTANCE ADVISORY (TAA) PROGRAM
p. 207-430-5778

Massachusetts State Resources

VETERANS TRAINING SCHOOL
17 Court Street
Boston, MA 02108
p. 617-371-1742

New Hampshire State Resources

ADULT LEARNING CENTERS
We recommend you contact your town office to find out more about your local adult learning center.

INDIVIDUAL DEVELOPMENT ACCOUNTS NH CATHOLIC CHARITIES
p. 603-624-4717

ARMY NATIONAL GUARD EDUCATION SERVICES OFFICER
1 Minuteman Way
Concord, NH 03301
p. 603-227-1550/603-717-8290

KEENE SCHOOL DISTRICT LEARNER SERVICES
438 Washington Street
Keene, NH 03431
p. 603-357-9041
http://www.northcountrycharteracademy.com/

GI BILL MANAGER ARMY NATIONAL GUARD
1 Minuteman Way
Concord, NH 03301
p. 603-225-1382

NASHUA SCHOOL DISTRICT ADULT ED PROGRAM
10 Chuck Druding Drive
Nashua, NH 03063
p. 603-589-6409

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
### Educational Opportunities continued

<table>
<thead>
<tr>
<th>Organization</th>
<th>Address</th>
<th>Phone</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>NH 2-1-1</td>
<td>p. 2-1-1 or 1-866-444-4211</td>
<td><a href="http://www.211nh.org">www.211nh.org</a></td>
<td></td>
</tr>
<tr>
<td>NHANG Yellow Ribbon Program</td>
<td>302 Newmarket Street Building 145, Second Floor Pease ANGB, NH 03803</td>
<td>p. 603-430-3272</td>
<td></td>
</tr>
<tr>
<td>NH Higher Education Assistance Foundation</td>
<td>3 Barrell Court Concord, NH 03301</td>
<td>p. 1-800-525-2577 x119</td>
<td><a href="http://www.nhheaf.org">www.nhheaf.org</a></td>
</tr>
<tr>
<td>NHP Works</td>
<td><a href="http://www.nhworks.org">www.nhworks.org</a></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Osher Lifelong Learning Institute at Granite State Colleges</td>
<td>25 Hall Street Concord, NH 03301</td>
<td>p. 603-513-1377</td>
<td><a href="http://www.granite.edu/olli">www.granite.edu/olli</a></td>
</tr>
<tr>
<td>Rivier Institute for Senior Education (RISE)</td>
<td>420 South Main Street Nashua, NH 03060</td>
<td>p. 603-897-8623</td>
<td><a href="http://www.rivier.edu/departments/RISE">www.rivier.edu/departments/RISE</a></td>
</tr>
<tr>
<td>Transition Assistance Advisory (TAA) Program</td>
<td>p. 603-225-1309</td>
<td></td>
<td></td>
</tr>
<tr>
<td>UNH Cooperative Extension</td>
<td>329 Mast Road Goffstown, NH 03045</td>
<td>p. 603-641-6060</td>
<td><a href="http://www.extension.unh.edu">www.extension.unh.edu</a></td>
</tr>
<tr>
<td>UNH Cooperative Extension</td>
<td>59 College Road Durham, NH 03824</td>
<td>p. 603-629-9494/877-398-4769</td>
<td><a href="http://www.extension.unh.edu">www.extension.unh.edu</a></td>
</tr>
<tr>
<td>Veteran Education Services</td>
<td>101 Pleasant Street Concord, NH 03301</td>
<td>p. 603-271-8508</td>
<td>education.nh.gov</td>
</tr>
<tr>
<td>Veteran Education Services Specialist</td>
<td>1 Minuteman Way Concord NH, 03301</td>
<td>p. 603-225-1312</td>
<td></td>
</tr>
<tr>
<td>Vermont State Resources</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Transition Assistance Advisory (TAA) Program</td>
<td>p. 802-338-3354</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

For more resources call NHCarePath at 866-634-9412 or visit [www.nhcarepath.org](http://www.nhcarepath.org) to search the public database.
Housing and Homelessness Services

AREA HOUSING AUTHORITIES/PROPERTY MANAGEMENT

Maine State Resources
ME 2-1-1
p. 2-1-1 or 1-866-811-5695
www.211maine.org

ME STATE HOUSING AUTHORITY
353 Water Street
Augusta, ME 04330
p. 207-624-5777/866-357-4853

New Hampshire State Resources

AFFORDABLE HOUSING EDUCATION & DEVELOPMENT (AHEAD) PROPERTY MANAGEMENT
161 Main Street
Littleton, NH 03561
p. 603-444-1377

THE CALEB FOUNDATION, INC.
HIGHLAND HOUSE APARTMENTS
30 Highland Street
Whitefield, NH 03598
p. 603-883-6770

CROTCHED MOUNTAIN MCINTYRE SCHOOL APARTMENTS
16 Highland Street
Whitefield, NH 03598
p. 800-495-7731
http://www.crotchedmountain.org

THE HODGES COMPANIES
PRINCE HAVEN APARTMENTS
20 Prince Haven Road
Plymouth, NH 03264
p. 603-224-9221
www.hodgescompanies.com

NEIGHBOR WORKS GREATER MANCHESTER
20 Merrimack Street
Manchester, NH 03101
p. 603-626-4663

NH HOUSING AUTHORITY
p. 603-524-2112/603-524-6445
For local housing authorities, please contact your town office.

NH HOUSING FINANCE AUTHORITY
32 Constitution Drive
Bedford, NH 03110
p. 800-439-7247/603-472-8623
http://www.nhhfa.org

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
Area Housing Authorities/Property Management continued

NH Vet-To-Vet
Berlin and Gorham, NH
p. 603-752-5773/603-228-6625

Realty Resources
Management – The Woods
Apartments
1228 Route 175
Campton, NH 03223
p. 603-726-4677/800-338-8538/877-550-4777

Workforce Housing
Coalition of the Greater Seacoast
1 Middle Street Suite 211
PO Box 4772
Portsmouth, NH 03802
p. 603-205-0539

Vermont State Resources

Alliance Property Management
3 Old Pump Road
Jericho, VT 05465
p. 802-334-1541/800-234-0560
www.myvthome.org

RPV
PO Box 86
Lyndonville, VT 05851
p. 802-334-1541/800-234-0560
www.myvthome.org

Depot Square Apartments
10 Eastern Avenue
St. Johnsbury, VT 05819
p. 802-748-4330/413-534-0955

VT State Housing Authority
1 Prospect Street
Montpelier, VT 05602
p. 802-828-3295

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
# EMERGENCY AND HOMELESS SHELTERS

## National Resources

**NATIONAL VA HOMELESS VETERAN CALL CENTER**  
Phone: 1-877-424-3838

## New Hampshire State Resources

<table>
<thead>
<tr>
<th>Shelter Name</th>
<th>Address</th>
<th>Phone Number</th>
<th>Additional Information</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>The Anne-Marie House</strong></td>
<td>180 Lowell Road, Hudson, NH 03051</td>
<td>603-883-7338</td>
<td><a href="http://www.gnihan.org">www.gnihan.org</a></td>
</tr>
<tr>
<td><strong>Carey House Shelter</strong></td>
<td>6 Spring Street, Laconia, NH 03246</td>
<td>603-528-8086/603/273-0238</td>
<td></td>
</tr>
<tr>
<td><strong>The Friends Emergency Housing Program</strong></td>
<td>30 Thompson Street, Concord, NH 03301</td>
<td>603-228-1462</td>
<td><a href="http://www.friendsprogram.org/eh.php">www.friendsprogram.org/eh.php</a></td>
</tr>
<tr>
<td><strong>The Homeless Center For Strafford County</strong></td>
<td>9 Isinglas Drive, Rochester, NH 03839</td>
<td>603-332-3065</td>
<td></td>
</tr>
<tr>
<td><strong>Maple Arms Shelter</strong></td>
<td>14-1 Maple Street, Nashua, NH 03246</td>
<td>603-882-5451</td>
<td></td>
</tr>
<tr>
<td><strong>Bancroft House</strong></td>
<td>PO Box 344, Franconia, NH 03580</td>
<td>603-832-8842</td>
<td></td>
</tr>
<tr>
<td><strong>Crossroads House</strong></td>
<td>600 Lafayette Road, Portsmouth, NH 03801</td>
<td>603-436-2218</td>
<td><a href="http://www.crossroadshouse.org">www.crossroadshouse.org</a></td>
</tr>
<tr>
<td><strong>The Friends Program</strong></td>
<td>202 North State Street, Concord, NH 03301</td>
<td>603-228-1193</td>
<td></td>
</tr>
<tr>
<td><strong>The Liberty House</strong></td>
<td>75 W Baker St, Manchester, NH 03103</td>
<td>(603) 669-0761</td>
<td></td>
</tr>
<tr>
<td><strong>McKenna House</strong></td>
<td>100 South Fruit Street, Concord, NH 03301</td>
<td>603-228-3505</td>
<td></td>
</tr>
<tr>
<td><strong>The Bridge House</strong></td>
<td>260 Highland St, Plymouth, NH 03264</td>
<td>(603) 536-7631</td>
<td><a href="http://tbhshelter.org/">http://tbhshelter.org/</a></td>
</tr>
<tr>
<td><strong>Families In Transition, Inc.</strong></td>
<td>122 Market Street, Manchester, NH 03101</td>
<td>603-641-9441</td>
<td><a href="http://www.fitnh.org/index.htm">www.fitnh.org/index.htm</a></td>
</tr>
<tr>
<td><strong>Helping Hands Outreach Ministries, Inc.</strong></td>
<td>50 Lowell Street, Manchester, NH 03105</td>
<td>603-623-8778</td>
<td></td>
</tr>
<tr>
<td><strong>Manchester Emergency Family Shelter</strong></td>
<td>11 Liberty Street, Manchester, NH 03104</td>
<td>603-627-2636</td>
<td></td>
</tr>
<tr>
<td><strong>My Friends Place</strong></td>
<td>368 Washington Street, Dover, NH 03820</td>
<td>603-749-3017</td>
<td></td>
</tr>
</tbody>
</table>

For more resources call NHCarePath at 866-634-9412 or visit [www.nhcarepath.org](http://www.nhcarepath.org) to search the public database.
Emergency and Homeless Shelters continued

New Horizons For NH
199 Manchester Street
Manchester, NH 03103
p. 603-668-1877
www.newhorizonsfornh.org

Southwestern Community
Service Homeless Services
Program
63 Community Way
Keene, NH 03431
p. 603-352-7512
www.scshelps.org/default.htm

Tyler Blain House
56 Prospect Street
Lancaster, NH 03584
p. 603-788-2344
www.tccaphomeless.org/tylerblainhouse.html

Vermont State Resources

Burlington Emergency Shelter
89 North Street
Burlington, VT 05401
p. 802-862-9879
www.beshelter.org

The Committee on Temporary Shelter
189 Church Street
Burlington, VT 05402
p. 802-862-5418/7402
www.cotsonline.org

Good Samaritan Haven, Inc.
105 North Seminary Street
Barre, VT 05641
p. 802-479-2294
www.goodsamaritanhaven.org

John W. Graham Emergency Shelter
69 Main Street
Vergennes, VT 05491
p. 802-877-2677
www.johngrahamshelter.org

Morningside Shelter
81 Morningside Drive
Brattleboro, VT 05302
p. 802-257-0066
www.morningsideshelter.org

Northeast Kingdom Youth Services
24 Bagley Street
St. Johnsbury, VT 05828
p. 802-748-8711
http://www.nekyouthservices.org/splashsite/

Samaritan House
22 Kingman Street
S. Albans, VT 05478
p. 802-373-6505
www.samaritanhouseinc.com

Mortgage/Rent Assistance

National Resources

Air Force Aid Society
Emergency Assistance
p. 800-769-8951

American Legion National
Commission on Children & Youth
p. 317-630-1323
www.legion.org/financialassistance

Armed Forces Foundation
p. 910-585-8003
wwwarmedforcesfoundation.org/family-assistance-program.php

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
### Mortgage/Rent Assistance continued

<table>
<thead>
<tr>
<th><strong>Army Emergency Relief</strong></th>
<th><strong>Benefits Check Up</strong></th>
<th><strong>Coast Guard Mutual Assistance</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><a href="http://www.aerhq.org">www.aerhq.org</a></td>
<td></td>
<td><a href="http://www.cgmahq.org">www.cgmahq.org</a></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Disabled Veterans National Foundation</strong></th>
<th><strong>Easter Seals</strong></th>
<th><strong>Friends of Veterans</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>p. 202-737-0522</td>
<td>555 Auburn Street</td>
<td>p. 802-296-8368</td>
</tr>
<tr>
<td><a href="http://dvnf.org/index.php">http://dvnf.org/index.php</a></td>
<td>Manchester, NH 03103</td>
<td><a href="http://www.friendsofveteransvtNh.org">www.friendsofveteransvtNh.org</a></td>
</tr>
<tr>
<td></td>
<td>p. 603-621-3501/1-800-870-8728 x 3501</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Helping a Hero</strong></th>
<th><strong>Hope for the Warriors</strong></th>
<th><strong>Making Home Affordable</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>p. 888-786-9531</td>
<td>p. 910-938-1817</td>
<td></td>
</tr>
<tr>
<td><a href="http://www.helpingahero.org">www.helpingahero.org</a></td>
<td><a href="http://www.hopeforthewarriors.org/immneeds.html">www.hopeforthewarriors.org/immneeds.html</a></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>National Veterans Foundation</strong></th>
<th><strong>Navy-Marine Corps Relief Society</strong></th>
<th><strong>Operation Family Fund</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>p. 888-777-4443</td>
<td>p. 877-272-7337</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Operation First Response</strong></th>
<th><strong>Operation Helping Heal</strong></th>
<th><strong>Operation Homefront</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><a href="http://www.operationfirstresponse.org">www.operationfirstresponse.org</a></td>
<td><a href="http://www.helpingheal.org">www.helpingheal.org</a></td>
<td><a href="http://www.operationhomefront.net">www.operationhomefront.net</a></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Salute America’s Heroes</strong></th>
<th><strong>Semper Fi Fund</strong></th>
<th><strong>Soldiers’ Angels</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>p. 914-432-3898</td>
<td>p. 760-725-3680</td>
<td>p. 615-676-0239</td>
</tr>
<tr>
<td><a href="http://www.saluteheroes.org">www.saluteheroes.org</a></td>
<td><a href="http://www.semperifund.org">www.semperifund.org</a></td>
<td><a href="http://www.soldierangels.org">www.soldierangels.org</a></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Supportive Services for Veteran Families (SSVF)</strong></th>
<th><strong>Unmet Needs</strong></th>
<th><strong>USA Cares</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><a href="http://www.vfw.org/Assistance/National-Military-Services/">www.vfw.org/Assistance/National-Military-Services/</a></td>
<td></td>
<td><a href="http://www.usacares.org">www.usacares.org</a></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Veterans of Foreign Wars</strong></th>
<th><strong>Veterans Plus</strong></th>
<th><strong>Veterans Support Foundation</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>p. 866-789-6333</td>
<td>p. 800-722-6098</td>
<td>p. 800-882-1316 x126</td>
</tr>
</tbody>
</table>

For more resources call NHCarePath at 866-634-9412 or visit [www.nhcarepath.org](http://www.nhcarepath.org) to search the public database.
Mortgage/Rent Assistance continued

Maine State Resources
ME NATIONAL GUARD FAMILY READINESS
www.me.ngb.army.mil/Family/

Massachusetts State Resources
MA NATIONAL GUARD FAMILY PROGRAM

New Hampshire State Resources
CHAPLAINS EMERGENCY RELIEF FUND
PO Box 3448
Concord, NH 03302
p. 603-227-1560/603-430-3456

HOMELESS PREVENTION
p. 603-516-8139
http://www.straffordcap.org/programs/homeless-a-housing-services/homeless-prevention

NASHUA CENTER FOR THE MULTIPLY HANDICAPPED
18 Simon Street
Nashua, NH 03060
p. 603-595-0961

CORPUS CHRISTI
43 Franklin Street
Nashua, NH 03064
p. 603-598-1641/603-882-6372

THE HOMETEAM
p. 866-701-9097
www.hometeamnh.org

Front Door Agency
7 Concord Street
Nashua, NH 03064
p. 603-886-2866

HOUSING JUSTICE PROJECT
North State Street
Concord, NH 03301
p. 1-800-921-1115
www.nhla.org

NASHUA CENTER FOR THE MULTIPLY HANDICAPPED
18 Simon Street
Nashua, NH 03060
p. 603-595-0961

NH AIR NATIONAL GUARD FAMILY READINESS
302 Newmarket Street
Pease ANGB NH
p. 603-430-3545

NH LEGAL ASSISTANCE’S HOUSING JUSTICE PROJECT
154 High Street
Portsmouth, NH 03801
p. 603-431-7411/1-800-334-3135
www.nhla.org/housing

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
Mortgage/Rent Assistance continued

NH NATIONAL GUARD FAMILY READINESS
State Military Reservation
1 Minuteman Drive
Concord, NH 03301
p. 1-877-598-0666
www.nh.ngb.army.mil/families/familyhome

PLUS COMPANY
19 Chestnut Street
Nashua, NH 03060
p. 603-889-0652

VETERANS TRAINING SCHOOL
p. 617-371-1742/617-371-1751
www.nechv.org

Vermont State Resources

VT NATIONAL GUARD FAMILY READINESS
p. 800-607-8773
www.vtguard.com/resources/organization/family_programs/default.html
https://www.facebook.com/Vermont-Air-National-Guard-Family-Readiness-157579857610343/

ROOMING HOUSES AND TRANSITIONAL HOUSING
For more information about rooming and transitional housing opportunities, please contact your local welfare office.

New Hampshire State Resources

736 UNION LLC
736 Union Avenue
Laconia, NH 03246
p. 603-623-8988/603-524-0242/603-524-6445

ADDIE
Manchester, NH
p. 603-623-8988

AMOSKEAG ROOMS
Manchester, NH
p. 603-626-4434

AMHERST ROOMS
Manchester, NH
p. 603-647-7223

ANNE-MARIE HOUSE
180 Lowell Road
Hudson, NH 03051
p. 603-883-7338
www.gnihn.org

THE ANNE-MARIE HOUSE

BAE SYSTEMS INDEPENDENCE HALL
Harbor Homes, Inc.335 Somerville Street
Manchester, NH 03103
p. 603-882-3616 x1244

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
### Rooming Houses and Transitional Housing continued

<table>
<thead>
<tr>
<th>Name</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Bridge Street Rooms</strong></td>
<td>Manchester, NH</td>
<td>603-623-0889</td>
</tr>
<tr>
<td><strong>Buckingham Place</strong></td>
<td>Harbor Homes, Inc.</td>
<td>45 Spring Street Nashua, NH 03060 603-882-3616 x1244</td>
</tr>
<tr>
<td><strong>Colonial Arms</strong></td>
<td>56 S Main Street</td>
<td>Concord, NH 03301 NH 603-228-8612</td>
</tr>
<tr>
<td><strong>Crossroads House</strong></td>
<td>600 Lafayette Road</td>
<td>603-436-2218 <a href="http://www.crossroadshouse.org">www.crossroadshouse.org</a></td>
</tr>
<tr>
<td><strong>Dalianis House</strong></td>
<td>Harbor Homes, Inc.</td>
<td>59 Factor Street Nashua, NH 03060 603-882-3616 x1244</td>
</tr>
<tr>
<td><strong>Edmund Terrace Place</strong></td>
<td>Manchester, NH</td>
<td>603-785-1225</td>
</tr>
<tr>
<td><strong>Families In Transition, Inc.</strong></td>
<td>122 Market Street</td>
<td>Manchester, NH 03101 603-641-9441 <a href="http://www.fitnh.org/index.htm">www.fitnh.org/index.htm</a></td>
</tr>
<tr>
<td><strong>Fayette Place</strong></td>
<td>21-23 Fayette Place</td>
<td>Concord, NH 03301 603-746-1125</td>
</tr>
<tr>
<td><strong>Gateway Ventures</strong></td>
<td>32 and 38 South Street</td>
<td>Concord, NH 03301 603-369-1231</td>
</tr>
<tr>
<td><strong>Harbor Homes, Inc.</strong></td>
<td>10 Trinity Street</td>
<td>Claremont, NH 603-882-3616 <a href="http://www.crossroadshouse.org">www.crossroadshouse.org</a></td>
</tr>
<tr>
<td><strong>Jeff Noury</strong></td>
<td>Manchester, NH</td>
<td>603-512-2666</td>
</tr>
<tr>
<td><strong>Labbe Rooming House</strong></td>
<td>83 South Main Street</td>
<td>Concord, NH 03301 603-225-4391</td>
</tr>
<tr>
<td><strong>Laconia Area Land Trust</strong></td>
<td>658 Union Avenue</td>
<td>Laconia, NH 03246 603-524-0747 <a href="http://www.laclt.org/default.htm">www.laclt.org/default.htm</a></td>
</tr>
<tr>
<td><strong>Liberty House</strong></td>
<td>75 West Baker Street</td>
<td>Manchester, NH 03103 603-669-0761/603-361-6266</td>
</tr>
<tr>
<td><strong>Monadnock Area</strong></td>
<td>Transitional Shelter</td>
<td>PO Box 3053 Peterborough, NH 03458 603-924-5033 <a href="http://www.matsnh.org/index.php">www.matsnh.org/index.php</a></td>
</tr>
<tr>
<td><strong>Nashua Children’s Home</strong></td>
<td>125 Amherst Street</td>
<td>Nashua, NH 03064 603-821-7088</td>
</tr>
<tr>
<td><strong>Oakstream Rooming Houses</strong></td>
<td>56 and 66 Warrant Street</td>
<td>Concord, NH 03301 603-224-7449</td>
</tr>
<tr>
<td><strong>Pine Street Rooms</strong></td>
<td>Manchester NH</td>
<td>603-668-8709</td>
</tr>
</tbody>
</table>

For more resources call NHCarePath at 866-634-9412 or visit [www.nhcarepath.org](http://www.nhcarepath.org) to search the public database.
Rooming Houses and Transitional Housing continued

WHITEFIELD HOUSE
86½ Pleasant Street
Concord, NH 03301
p. 603-225-9734

Vermont State Resources

COTS CANAL STREET
HOUSING FOR VETERANS
120 West Canal Street Suite 115
Winooski, VT 05404
p. 802-655-1617
http://www.cotsonline.org/what-we-do/cots-housing/95.html

THE DODGE HOUSE
95 Crescent Street
Rutland, VT 05701
p. 802-775-6772
http://www.gmvevac.com/dodge-house.html

THE MIDDLEBURY TRANSITIONAL CARE COALITION
27 North Pleasant Street
Middlebury, VT 05753
p. 802-388-5499

NORTHEAST KINGDOM COMMUNITY ACTION
70 Main Street
Newport, VT 05855
p. 802-334-7316

NORTHEAST KINGDOM YOUTH SERVICES
24 Bagley Street
St. Johnsbury, VT 05828
p. 802-748-8711
http://www.nekyouthservices.org/splashsite/

PHOENIX HOUSES OF NE INC.
11 Underhill Avenue
Bellows Falls, Vermont 05101
p. 802-463-9851
http://www.phoenixhouse.org/locations/Vermon/phoenix-house-rise-mens-program-bellows-falls/

VETERANS INC.
378 North Main Street
Bradford, VT 05033
p. 802-222-1543
http://www.Veteransinc.org/services/housing-programs/sites

THE VETERANS PLACE INC.
220 Vine Street
Northfield, VT 05663
p. 802-485-8874
http://www.vermontVeteransplace.org/about.php

VETERANS AFFAIRS SUPPORTED HOUSING (VASH)

National Resources

VA HOMEFRONT
p. 1-877-424-3838
www.va.gov/homeless

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
VASH continued

Maine State Resources

VA HOMELESS SERVICES
Togus VA Medical Center
Augusta, ME
p. 207-623-8411 x 5658

New Hampshire State Resources

VA HOMELESS OUTREACH WORKERS
p. 802-359-2072/603-624-4366
x3622/603-657-5613

VASH PROGRAM MANAGER
NH
VA Medical Center
718 Smyth Road
Manchester, NH 03104
p. 603-624-4266/603-657-5512

WOMEN’S SHELTERS

New Hampshire State Resources

ANGIE’S SHELTER
434 Union Street
Manchester, NH 03103
p. 603-668-8698
newhorizonsfornh.org/programs/angies

MY FRIENDS PLACE
368 Washington Street
Dover, NH 03820
p. 603-749-3017

MARY’S HOUSE
123 West Pearl Street
Nashua, NH 03060
p. 603-886-3562

MARGUERITE’S PLACE, INC.
87 Palm Street
Nashua, NH 03060
p. 603-598-1482
http://www.margueritesplace.org/Home_Page.php

NEW GENERATION, INC.
568 Portsmouth Avenue
Greenland, NH 03840
p. 603-436-4989
www.newgennh.org

Vermont State Resources

THE HOUSE AT 20-MILE STREAM
756 Main Street
Proctorsville, VT 05153
p. 802-226-7134

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
Legal and Advocacy Services

ASSISTANCE POWER OF ATTORNEY

National Resources

POWER OF ATTORNEY (POA)

FACT SHEET

http://www.militaryonesource.mil/legal?content_id=269356

CHILD SUPPORT THROUGH THE MILITARY

National Resources

MILITARY ONESOURCE

p. 800-342-9647

www.militaryonesource.mil

Maine State Resources

ME NATIONAL GUARD FAMILY READINESS

www.me.ngb.army.mil/Family/

Massachusetts State Resources

MA NATIONAL GUARD FAMILY PROGRAM

www.thenationsfirst.org/family-programs.html

New Hampshire State Resources

NH AIR NATIONAL GUARD FAMILY READINESS

302 Newmarket Street

Pease ANGB NH

p. 603-430-3545

NH AIR NATIONAL GUARD JUDGE ADVOCATE GENERAL (JAG)

Pease ANGB 302 Newmarket Street

Newington, NH 03803

p. 603-430-2758

DSN 852-2758

NH NATIONAL GUARD FAMILY READINESS

State Military Reservation

1 Minuteman Drive

Concord, NH 03301

p. 1-877-598-0666

https://www.nh.ngb.army.mil/families/familyhome

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
Child Support Through the Military continued

NH National Guard Judge Advocate General (JAG)
State Military Reservation
1 Minuteman Drive
Concord, NH 03301
p. 603-227-1592

Office of Public Guardian
2 Pillsbury Street Suite 400
Concord, NH 03301
p. 603-224-8041
www.opgnh.org

Veterans Legal Project | Boots on the Ground
77 Central Street
Manchester, NH 03101
603-716-8488
vlp@vfnh.org

Vermont State Resources

VT National Guard Family Readiness
p. 800-607-8773
www.vtguard.com/resources/organization/family_programs/default.html
https://www.facebook.com/Vermont-Air-National-Guard-Family-Readiness-157579857610343/

COURTHOUSE INFORMATION

See Law Enforcement section for full directory of courts.

FEDERAL VOTING ASSISTANCE

National Resources

Federal Voting Assistance Program
http://www.fvap.gov/request/request-nh.html

LEGAL AID

National Resources

Benefits Check Up
www.benefitscheckup.org

Operation Family Fund
p. 760-793-0053
www.operationfamilyfund.org

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
New Hampshire State Resources

**HOMELAND HEROES FOUNDATION**
PO Box 584
North Salem, NH 03073
p. 617-910-6948
http://www.homelandheroesfoundation.org/about-us.html

**LEGAL ADVICE AND REFERRAL CENTER**
p. 603-224-3333 x616
nhlegalaid.org

**LEGAL BOOTS ON THE GROUND CLINIC**
PO Box 243
Rochester, NH 03866
p. 603-716-8488
www.vfnh.org

**LOW INCOME TAX**
p. 603-228-6028

**NH AIR NATIONAL GUARD JUDGE ADVOCATE GENERAL (JAG)**
Pease ANGB 302
Newmarket Street
Newington, NH 03803
p. 603-430-2758
DSN 852-2758

**NH BAR FOUNDATION**
117 North State Street
Concord, NH 03301
p. 888-353-9944
www.nhla.org

**NH DEPARTMENT OF HUMAN SERVICES CLIENT AND LEGAL SERVICES OFFICE**
105 Pleasant Street
Concord NH 03301
p. 603-271-5144
www.dhhs.nh.gov/djjs/index.htm

**NH LEGAL ASSISTANCE**
p. 1-800-921-1115/603-223-9750

**NH NATIONAL GUARD JUDGE ADVOCATE GENERAL (JAG)**
1 Minuteman Way
Concord, NH 03301
p. 603-227-1592

**SUPPORTIVE SERVICES FOR VETERAN FAMILIES (SSVF)**
p. 800-365-3665

**Vermont State Resources**

**LEGAL SERVICES LAW LINE OF VT**
p. 802-863-7153
www.lawlinevt.org

**VT COMMUNICATION SUPPORT PROJECT**
p. 802-247-5135

**VT LEGAL AID**
p. 1-800-889-2047
www.vtlegalaid.org

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
**PRO-BONO LEGAL ASSISTANCE**

**National Resources**

**THE AMERICAN BAR ASSOCIATION**
http://www.abanet.org/legalservices/helpforvets

**New Hampshire State Resources**

**A SAFE PLACE CRISIS CENTER**
p. 800-852-3388  
Portsmouth: 603-436-7924  
Rochester: 603-330-0214  
Salem: 603-890-6392

**BRIDGES DOMESTIC & SEXUAL VIOLENCE SUPPORT**
p. 603-883-3044  
Nashua: 603-889-0858  
Milford: 603-672-9833

**COMMUNITY LEGAL SERVICES, INC.**
PO Box 242  
Union, NH 03887  
p. 603-473-2002/888-696-3393  
www.nhcommunitylegal.com/

**CONSUMER PROTECTION AND ANTI-TRUST BUREAU**

**DEPARTMENT OF JUSTICE OFFICE OF THE ATTORNEY GENERAL**
33 Capitol Street  
Concord, NH 03301  
p. 1-888-468-4454  
www.doj.nh.gov/consumer

**CRISIS CENTER OF CENTRAL NH (FORMERLY RAPE AND DOMESTIC VIOLENCE CRISIS CENTER)**
PO Box 1344  
Concord, NH 03302  
p. 603-225-7376/1-866-841-6229  
http://www.cccnh.org/

**THE DOMESTIC VIOLENCE EMERGENCY (DOVE) PROJECT**
2 Pillsbury Street, Suite 300  
Concord, NH 03301  
p. 866-644-3574/800-277-5570

**MONADNOCK CENTER FOR VIOLENCE PREVENTION**
p. 888-511-6287/603-352-3782

**NEW BEGINNINGS: A WOMEN’S CRISIS CENTER**
PO Box 622  
Laconia, NH 03246  
p. 603-528-6511/1-800-644-3574  
www.newbeginningsnh.org

**NH BAR ASSOCIATION**
p. 800-639-5290/603-224-3333  
www.nhlegalaid.org

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
Life Planning

National Resources

**AFTER DEPLOYMENT**
www.afterdeployment.org

**AIR FORCE TRANSITION**
**ASSISTANCE PROGRAM (TAP)**
http://www.afpc.af.mil/

**COAST GUARD TRANSITION**
**ASSISTANCE PROGRAM (TAP)**
www.uscg.mil/worklife/transitio
n_assistance.asp

**MAKE THE CONNECTION**
www.maketheconnection.net

**MILITARY ONE SOURCE**
www.militaryonesource.mil/tran
sition

**NATIONAL PASSPORT CENTER**
travel.state.gov/passport/npc/a
gencies/agencies_5150.html

**SUPPORTIVE SERVICES FOR**
**VETERAN FAMILIES (SSVF)**
p. 800-365-3665

**SOLDIERS FOR LIFE**
p. 703-545-2637
www.army.mil/sfl

**US COAST GUARD SPECIAL**
**NEEDS PROGRAM**
www.uscg.mil/worklife/special_n
eds.asp

New Hampshire State Resources

**CASE MANAGEMENT**
**TRANSITION PROGRAM**
VAMC 718 Smyth Road
Manchester, NH 03104
p. 603-624-4266 x6483

**EASTER SEALS CARE**
**COORDINATION PROGRAM**
555 Auburn Street
Manchester, NH 03104
p. 603-315-4354/1-800-870-8728
www.easterseals.com/nh/our-programs/military-veterans-services

**NH PASSPORT ACCEPTANCE**
**FACILITY LIST**
www.us-passport-service-guide.com/new-hampshire-passport-acceptance-facility-list.html

**NH TRANSITION ASSISTANCE**
**ADVISOR (TAA)**
p. 603-225-1309

**NHANG YELLOW RIBBON**
**PROGRAM MANAGER**
302 Newmarket Street
Building 145 Second Floor
Pease ANGB
Newington, NH 03803
p. 603-430-3272

**NEW HAMPSHIRE**
**PASSPORT ACCEPTANCE**
**FACILITY LIST**
www.us-passport-service-guide.com/new-hampshire-passport-acceptance-facility-list.html

**OPERATION HORSE POWER**
13 Pony Farm Lane
Temple, NH 03084
p. 603-654-6308
www.touchstone-farm.org/operation-horse-power

**PROJECT NEW HOPE**
**TRANSITION PROGRAM**
www.ProjectNewHopeNH.org

**SOLDIERS FOR LIFE**
p. 703-545-2637
www.army.mil/sfl

**SSVF**
p. 800-365-3665

**SUPPORTIVE SERVICES FOR**
**VETERAN FAMILIES**
(p. 800-365-3665)

**VT VETERAN OUTREACH**
**PROGRAM**
p. 802-399-6250/802-734-2282

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
Mental Health

COMMUNITY MENTAL HEALTH CENTERS

National Resources

**ANONYMOUS MENTAL HEALTH SELF-ASSESSMENT**
- p. 877-877-3647
- www.militarymentalhealth.org

**JOINING FORCES**
- https://www.whitehouse.gov/joiningforces

**NAMI TOLL FREE**
- p. 800-242-6264
- www.nami.org

**COMPASSIONATE FRIENDS**
- www.compassionatefriends.org
- http://www.compassionatefriends.org/Local_Chapters/Chapter_Locator.aspx

**MENTAL HEALTH MASS GENERAL**
- p. 1-855-MGH-PTSD

**SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES ADMINISTRATION (SAMHSA)**
- www.samhsa.gov

**GIVE AN HOUR**
- http://www.giveanhour.org/

**MILITARY ONE SOURCE COUNSELING**
- p. 800-342-9647
- www.militaryonesource.mil

Massachusetts State Resources

**HOMEBASE PROGRAM:**

**VETERAN AND FAMILY CARE**
- 101 Merrimack Street Suite 250
- Boston, MA 02114
- p. 978-660-9941
- homebaseprogram.org

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
New Hampshire State Resources

**CENTER FOR LIFE MANAGEMENT**
10 Tsienneto Road
Derry, NH 03038
p. 603-434-1577

**COMMUNITY MENTAL HEALTH CENTERS DHHS**
http://www.dhhs.nh.gov/dcbs/bbh/centers.htm

**COMMUNITY PARTNERS**
113 Crosby Road, Suite 1
Dover, NH 03820
p. 603-749-4015

*Community Mental Health Centers continued*

**FAMILY PASTORAL COUNSELING SERVICE**
2 Liberty Street
Rochester, NH 03867
p. 603-335-1066

**GENESIS BEHAVIORAL HEALTH**
111 Church Street
Laconia, NH 03246
p. (603) 524-1100
www.genesisbh.org

**GREATER NASHUA MENTAL HEALTH CENTER AT COMMUNITY COUNCIL**
100 West Pearl Street
Nashua, NH 03060
p. 603-889-6147

**H.E.A.R.T.S. PEER SUPPORT & CRISIS RESPITE CENTERS**
5 Pine Street, Suite 1G
Nashua, NH 03060
p. 603-882-8400

**JOURNEY’S PASTORAL COUNSELING CENTER**
PO Box 684
Durham, NH 03824
p. 603-868-5166
www.journeyspastoralcounseling.org

**MENTAL HEALTH CENTER OF GREATER MANCHESTER**
401 Cypress Street
Manchester, NH 03103
p. 603-668-4111

**MONADNOCK FAMILY SERVICES**
64 Main Street, Suite 301
Keene, NH 03431
p. 603-357-4400

**NAMI NH**
15 Green Street
Concord, NH 03301
p. 603-225-5359
www.naminh.org

**NH 2-1-1**
p. 2-1-1 or 1-866-444-4211
www.211nh.org

**NH AIR NATIONAL GUARD BUREAU PSYCHOLOGICAL HEALTH PROGRAM**
302 Newmarket Street
Pease ANGB
Newington, NH 03803
p. 603-430-3373/603-498-7132

**NH NATIONAL GUARD BUREAU PSYCHOLOGICAL HEALTH PROGRAM**
1 Minuteman Way
Concord, NH 03301
p. 603-227-1497

**NORTHERN HUMAN SERVICES**
87 Washington Street
Conway, NH 03818
p. 603-447-3347

For more resources call NHCarePath at 866-634-9412 or visit [www.nhcarepath.org](http://www.nhcarepath.org) to search the public database.
Community Mental Health Centers continued

VA Medical Center Peer Support
VAMC 718 Smyth Road
Manchester, NH
p. 1-800-892-8384
p. 603-624-4366 x 6041 or x 2593

West Central Behavioral Health
9 Hanover Street, Suite 2
Lebanon, NH 03766
p. 603-448-0126

White Mountain Mental Health
29 Maple Street
Littleton, NH 03561
p. 603-444-5358/603-444-5358

Vermont State Resources
Readjustment Counseling Technician Vet Center
222 Holiday Drive
White River Junction, VT 05001
p. 802-295-2908/802-342-2398

Grief Counseling

New Hampshire State Resources
National Guard Survivor Outreach Services
1 Minuteman Way
Concord, NH 03301
p. 603-227-5130

NH 2-1-1
p. 2-1-1 or 1-866-444-4211
www.211nh.org

Suicide Survivor Bereavement Support Group
100 Campus Drive
Portsmouth, NH 03802

Vermont State Resources
VA Medical Center - VT
p. 802-295-9363 x 5417
www.whiteriver.va.gov

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
# Mental Health Support Groups

## National Resources

<table>
<thead>
<tr>
<th><strong>Alliance of Hope</strong></th>
<th><strong>Iraq and Afghanistan Veterans of America</strong></th>
<th><strong>NH 2-1-1</strong></th>
</tr>
</thead>
</table>

## Mental Health Support Groups continued

### New Hampshire State Resources

<table>
<thead>
<tr>
<th><strong>Adult ADHD Support Group</strong></th>
<th><strong>Alternative Life Center</strong></th>
<th><strong>Anxiety Support Group</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><a href="mailto:1.Campus.Drive@portsmouth.nh.gov">1 Campus Drive</a> Portsmouth, NH 03801</td>
<td>267 Main Street, Unit 4 Littleton, NH 03561</td>
<td>789 Central Avenue Dover, NH 03820</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Bipolar Support Group</strong></th>
<th><strong>Conway Peer Support Center</strong></th>
<th><strong>Coping With a Loved One's Suicide</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>333 Bothwick Avenue Portsmouth, NH 03801</td>
<td>6 Main Street Conway, NH 03818</td>
<td>Hampstead Public Library</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Greater Concord Area Survivors of Suicide Loss Support Group</strong></th>
<th><strong>Greater Nashua Grieving Survivors of Suicide</strong></th>
<th><strong>The Haven</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>p. 603-736-8604</td>
<td>Office of Home, Health, and Hospice</td>
<td>27 Lombard Street Colebrook, NH 03576</td>
</tr>
<tr>
<td></td>
<td>80 Continental Boulevard Merrimack, NH 03054</td>
<td>p. 603-237-4353 <a href="http://www.alccenters.org/colebrookctr.html">www.alccenters.org/colebrookctr.html</a></td>
</tr>
<tr>
<td></td>
<td>p. 603-578-5966</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Healing After Suicide</strong></th>
<th><strong>Nami Nh</strong></th>
<th><strong>Nami Family Member Support Group</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Seacoast Hospice</td>
<td>15 Green Street Concord, NH 03301</td>
<td>Frisbee Memorial Hospital</td>
</tr>
<tr>
<td>10 Hampton Road Exeter, NH 03833</td>
<td>p. 603-225-5359/800-242-6264<a href="http://www.naminh.org">www.naminh.org</a></td>
<td>11 Whitehall Road Rochester, NH 03867</td>
</tr>
<tr>
<td>p. 800-416-9207</td>
<td></td>
<td>p. 603-332-6390</td>
</tr>
</tbody>
</table>

For more resources call NHCarePath at 866-634-9412 or visit [www.nhcarepath.org](http://www.nhcarepath.org) to search the public database.
For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
Post-Traumatic Stress Disorder (PTSD) continued

New Hampshire State Resources

**CENTER FOR LIFE MANAGEMENT**
101 Tsienneto Road
Derry, NH 03038
p. 603-434-3577
www.centerforlifemanagement.org

**COMMUNITY PARTNERS**
113 Crosby Road, Suite 1
Dover, NH 03820
p. 603-749-4015
http://www.communitypartnersnh.org/?page_id=26&doing_wp_cron=1460479920.5567960739135742187500

**GENESIS BEHAVIORAL HEALTH**
111 Church Street
Laconia, NH 03246
p. (603) 524-1100
www.genesisbh.org

**GREATER NASHUA MENTAL HEALTH CENTER AT COMMUNITY COUNCIL**
100 West Pearl Street
Nashua, NH 03060
p. 603-889-6147

**MENTAL HEALTH CENTER OF GREATER MANCHESTER**
401 Cypress Street
Manchester, NH 03103
p. 603-668-4111

**MOBILE VET CENTER**
NH/VT/ME
p. 802-295-2908/802-342-2398

**MONADNOCK FAMILY SERVICES**
64 Main Street Suite 301
Keene, NH 03431
p. 603-357-4400

**MENTAL HEALTH CENTER**
87 Washington Street
Conway, NH 03818
p. 603-447-3347

**NORTHERN HUMAN SERVICES**
Manchester VA Medical Center
718 Smyth Road
Manchester, NH 03104
p. 603-624-4366 x2151

**MENTAL HEALTH CENTER, INC.**
1145 Sagamore Avenue
Portsmouth, NH 03801
p. 603-431-6703

**SEACOAST MENTAL HEALTH CENTER, INC.**
3 North State Street
PO Box 2302
Concord, NH 03301
p. 603-228-1551

**WEST CENTRAL BEHAVIORAL HEALTH**
9 Hanover Street, Suite 2
Lebanon, NH 03766
p. 603-448-0126

Vermont State Resources

**WHITE RIVER JUNCTION**
163 Veterans Drive (GPS)
White River Junction, VT 05009
802-295-9363 | 866-687-8387

For more resources call NHCarePath at 866-634-9412 or visit [www.nhcarepath.org](http://www.nhcarepath.org) to search the public database.
SERVICE DOGS

National Resources

**AMERICA’S VET DOGS**
http://vetdogs.org/

**PUPPIES BEHIND BARS**
www.puppiesbehindbars.com/

**K9S FOR WARRIORS**
http://www.k9sforwarriors.org/

**PREDICTION PUPS**
http://www.predictionpups.org/

**PIONEERS IN PERSONAL SUPPORT DOGS**
http://www.pipd.org/

**PUPPIES BEHIND BARS**
www.puppiesbehindbars.com/

**PUPPIES IN PRISON**
http://www.puppiesinprison.com/

**SAD DOGS IN PRISON**
http://www.sadogsinprison.com/

**SOS FOUNDATION**
http://www.sosfoundation.org/

**THERAPY DOGS INTERNATIONAL**
http://www.tdi.org/

**WORKING DOGS FOR VETERANS**
http://www.workingdogsforveterans.org/

New Hampshire State Resources

**PETS FOR VETS**
http://www.petsforvets.com/nh/

**WHITE MOUNTAIN COLLEGE FOR PETS**
http://collegeforpets.com/helping-paws/

**PATRIOT PAWS**
http://www.patriotpaws.org/

**K9S FOR WARRIORS**
http://www.k9sforwarriors.org/

**AMERICA’S VET DOGS**
http://vetdogs.org/

**PUPPIES BEHIND BARS**
www.puppiesbehindbars.com/

SUICIDE SURVIVORS’ SUPPORT

National Resources

**ALLIANCE OF HOPE**
http://www.allianceofhope.org/

**OPEN TO HOPE**
http://www.opentohope.com/about-us/

New Hampshire State Resources

**COPING WITH A LOVED ONE’S SUICIDE**
Hampstead Public Library
p. 603-329-5276

**GREATER CONCORD AREA SURVIVORS OF SUICIDE LOSS SUPPORT GROUP**
p. 603-736-8604

**GREATER NASHUA GRIEVING SURVIVORS OF SUICIDE**
Office of Home, Health, and Hospice
80 Continental Boulevard
Merrimack, NH 03054
p. 603-578-5966

**HEALING AFTER SUICIDE**
Seacoast Hospice
10 Hampton Road
Exeter, NH 03833
p. 800-416-9207

**NAMI FAMILY MEMBER SUPPORT GROUP**
Frisbee Memorial Hospital
11 Whitehall Road
Rochester, NH 03867
p. 603-332-6390

For more resources call NHCarePath at 866-634-9412 or visit [www.nhcarepath.org](http://www.nhcarepath.org) to search the public database.
Suicide Survivors Support continued

Plymouth Survivors of Suicide Loss Peer Support Group
Speare Memorial Hospital
p. 603-764-4352/603-481-0502

Upper Valley Survivors of Suicide
p. 800-639-6095

TRICARE Approved Mental Health Facilities

National Resources
TRICARE Approved Mental Health Facilities
p. 1-877-TRICARE (874-2273)
www.tricare.mil

VA Mental Health

New Hampshire State Resources
Mental Health Service Line
Manchester VA Medical Center
718 Smyth Road
Manchester, NH 03104
p. 603-624-4366 x2129

Mental Health Clinic
Manchester VA Medical Center
718 Smyth Road
Manchester, NH 03104
p. 603-624-4366 x2151

Veteran Counseling and Support

National Resources
Northeast Injured Support Wounded Warriors
p. 203-410-7573

New Hampshire State Resources
NH Vet-to-Vet Groups
Rolling Thunder Motorcycle Vet Centers

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
GROUP - CLAREMONT  
www.rollingthundernh2.org/index.html

See the Veterans Health Administration category for Vet Center listings.

Vermont State Resources

PRIMARY MENTAL HEALTH CLINIC  
VA Medical Center  
p. 802-295-9363  
www.whiteriver.va.gov

Peer Support Agencies

National Resources

IRAQ AND AFGHANISTAN VETERANS OF AMERICA (IAVA)  
iava.org/vettogether/

VETS 4 WARRIORS  
p. 855-838-8255  
www.vets4warriors.com

New Hampshire State Resources

COMMUNITY CONNECTIONS  
55 Sherman Drive  
St. Johnsbury, VT 05819  
p. 603-991-4028

DERRY FRIENDSHIP CENTER  
45 East Broadway  
Derry, NH 03038  
p. 603-635-7588

EASTER SEALS MILITARY AND VETERAN SERVICES  
555 Auburn Street  
Manchester, NH 03103  
p. 603-365-5128

FIRST CONGREGATIONAL CHURCH  
177 North Main Street  
Concord, NH 03301  
p. 603-228-6625

H.E.A.R.T.S. PEER SUPPORT & CRISIS RESPITE CENTERS  
5 Pine Street, Suite 1G  
Nashua, NH 03060  
p. 603-882-8400/603-767-0828

MT. ASCUTNEY HOSPITAL AND HEALTHCARE CENTER  
289 County Road  
Windsor, VT 05089  
p. 1-877-485-4534

NH VET-TO-VET  
Gorham Family Resource Center  
123 Main Street

H.V.A.T.S. VA MEDICAL CENTER PEER SUPPORT  
718 Smyth Road

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
Social Services

CHARITIES

New Hampshire State Resources

NH CATHOLIC CHARITIES
215 Myrtle Street
Manchester, NH 03104
p. 603-669-3030/1-800-562-5249
www.nh-cc.org

CLOTHING AND HOUSEHOLD ITEMS

National Resources

OPERATION FIRST RESPONSE
p. 888-289-0280
www.operationfirstresponse.org

New Hampshire State Resources

BEDFORD FOUR SQUARE CHURCH
469 South River Road
Bedford, NH 03110
p. 603-622-6306

HOMELAND HEROES FOUNDATION
PO Box 584
North Salem, NH 03073
p. 617-910-6948
http://www.homelandheroesfoundation.org/about-us.html

SOUTHERN NH RESCUE MISSION
40 Chestnut Street
Nashua, NH 03060
p. 603-889-3421
http://nashuarescuemission.org

CARE NET
50 Bridge Street, Suite 104
Manchester, NH 03101
p. 603-623-1122
Nashua: 603-883-1122

NASHUA SENIOR CENTER
70 Temple Street
Nashua, NH 03060
p. 603-889-6155

ST. VINCENT DE PAUL
1269 Union Avenue
Laconia, NH 03246
p. 603-524-5470

LIBERTY HOUSE
75 West Baker Street
Manchester, NH 03103
603-669-0761/603-361-6266

NH 2-1-1
p. 2-1-1 or 1-866-444-4211
www.211nh.org

TOLLES STREET MISSION
52 Whitney Street
Nashua, NH 03060
p. 603-880-4984

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
Clothing and Household Items continued

UPPER ROOM
COMPASSIONATE MINISTRIES
36 Tolles Street
Nashua, NH 03060
p. 603-585-2039

Vermont State Resources
THE UPPER VALLEY HAVEN
713 Hartford Avenue
White River Junction, VT 05001
p. 802-295-6500
www.uppervalleyhaven.org

FOOD STAMPS

New Hampshire State Resources

BERLIN DIVISION OF FAMILY ASSISTANCE
650 Main Street, Suite 200
Berlin, NH 03570
p. 603-752-7800/800-972-6111

LITTLETON DIVISION OF FAMILY ASSISTANCE
80 North Littleton Road
Littleton, NH 03561
p. 1-800-552-8959

SNAP PROGRAM
p. 1-800-221-5689
www.dhhs.nh.gov/dfa/foodstamps

CONWAY DIVISION OF FAMILY ASSISTANCE
73 Hobbs Street
Conway, NH 03818
p. 603-447-3841/800-552-4628

MANCHESTER DIVISION OF FAMILY ASSISTANCE
195 McGregor Street
South Tower, Suite 110
Manchester, NH 03102
p. 603-668-2330/800-852-7493

LACONIA DIVISION OF FAMILY ASSISTANCE
65 Beacon Street West
Laconia, NH 03246
p. 1-800-852-3345

NH EASY
NHeasy.nh.gov
p. 1-844-ASK-DHHS (275-3447)

Vermont State Resources
AGENCY OF HUMAN SERVICES VT
p. 800-479-6151
www.screendorr.vermont.gov
www.mybenefits.vt.gov

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
FUEL AND ENERGY ASSISTANCE

National Resources

JOE-4-OIL HEAT PROGRAM
p. 1-877-JOE-4-OIL
http://www.citizensenergy.com/
assistance-programs/joe-4-oil

New Hampshire State Resources

COMMUNITY ACTION AGENCY
Ashland: 603-968-3560
Berlin: 603-752-3248
Claremont: 603-542-9528/800-529-0005
Colebrook: 603-237-8168
Concord: 603-225-6880
Derry: 603-965-3029/1-855-295-4105
Dover: 603-516-8126
Franklin: 603-934-3444
Hillsboro: 603-464-5835
Keene: 603-352-7512/1-800-529-0005

COMMUNITY ACTION AGENCY
Laconia: 603-524-5512
Lancaster: 603-788-4477
Lebanon: 603-443-6100
Littleton: 603-444-6653
Manchester: 603-668-8010/1-800-322-1073
Meredith: 603-279-4096
Milford: 603-673-0756
Milton: 603-516-8191
Nashua: 1-877-211-0723
Peterborough: 603-924-2243/1-877-757-7048
Portsmouth: 603-436-3896/1-800-639-3896

COMMUNITY ACTION AGENCY
Raymond: 603-895-2303/1-800-974-2303
Salem: 603-893-9172/1-800-939-9172
Rochester: 603-516-8131
Seabrook: 603-474-3507/1-800-979-3507
Suncook: 603-485-7824
Tamworth: 603-323-7400/1-888-842-3835
Warner: 603-456-2207
Woodsville: 603-747-3013

DIVISION OF FAMILY ASSISTANCE
195 McGregor Street
South Tower Suite 110
Manchester NH 03102
p. 603-668-2330/800-852-7493

LOW INCOME HOME ENERGY PROGRAM
61 Locust Street, Suite 240
Dover NH 03820
p. 603-516-8126
Farmington: 603-516-8191
http://www.straffordcap.org/programs/fuel-assistance

EVERSOURCE NH
www.eversource.com

OFFICE OF ENERGY AND PLANNING
107 Pleasant Street
Concord NH 03301
p. 603-271-2155
www.nh.gov/oep

FUEL ASSISTANCE PROGRAM
p. 603-271-8317

NH ELECTRIC ASSISTANCE PROGRAM
http://www.puc.nh.gov/consumer/electricassistanceprogram.htm

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
**Fuel and Energy Assistance continued**

<table>
<thead>
<tr>
<th>NH Public Utilities Commission</th>
<th>Southern NH Services</th>
<th>Weatherization Program</th>
</tr>
</thead>
<tbody>
<tr>
<td>21 South Fruit Street, Suite 10 Concord, NH 03302</td>
<td>160 Silver Street Manchester, NH 03103</td>
<td><a href="http://www.nh.gov/oep/energy/programs/weatherization/index.htm">http://www.nh.gov/oep/energy/programs/weatherization/index.htm</a></td>
</tr>
<tr>
<td><a href="http://www.puc.state.nh.us">www.puc.state.nh.us</a></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Vermont State Resources**

**Agency of Human Services**

VT

p. 800-479-6151

[www.mybenefits.vt.gov](http://www.mybenefits.vt.gov)

**Holiday Needs Assistance**

**New Hampshire State Resources**

**Cornucopia**

Waysmeet Center
15 Mill Road
Durham, NH 03824
p. 603-862-1165

**Holiday Food Baskets**

p. 603-516-8146


**Homeland Heroes Foundation**

PO Box 584
North Salem, NH 03073
p. 617-910-6948


**Moore Mart**

Operation Care For Troops
PO Box 1604
Nashua, New Hampshire 03061
contact@octnh.org

**Operation Homefront Family Assistance Center**

p. 603-715-3106/603-856-6543

**US Marine Corps Toys for Tots**


**Wildcat Santa**

University of New Hampshire
Durham, NH 03824
p. 603-862-2075/603-862-2567
[http://explore.unh.edu/wildcatsanta/](http://explore.unh.edu/wildcatsanta/)

For more resources call NHCarePath at 866-634-9412 or visit [www.nhcarepath.org](http://www.nhcarepath.org) to search the public database.
For more resources call NHCarePath at 866-634-9412 or visit [www.nhcarepath.org](http://www.nhcarepath.org) to search the public database.
SOCIAL SECURITY

National Resources

SOCIAL SECURITY ADMINISTRATION
www.socialsecurity.gov

New Hampshire State Resources

CONCORD SOCIAL SECURITY OFFICE
70 Commercial Street
Concord, NH 03301
p. 603-225-8475/1-888-397-9798

MANCHESTER SOCIAL SECURITY OFFICE
2 Wall Street
Manchester, NH 03101
p. 603-641-2180/1-800-772-1213

SOCIAL SECURITY OFFICE FINDER
http://www.socialsecurityofficelocations.com/state/NH.html

KEENE SOCIAL SECURITY OFFICE
34 Mechanic Street
Keene, NH 03431
p. 603-352-3487/1-800-772-1213

LITTLETON SOCIAL SECURITY OFFICE
177 Main Street
Littleton, NH 06551
p. 603-444-2945/1-800-772-1213

NASHUA SOCIAL SECURITY OFFICE
175 Amherst Street
Nashua, NH 03064
p. 603-880-0295/1-800-772-1213

PORTSMOUTH SOCIAL SECURITY OFFICE
80 Daniel Street
Portsmouth, NH 03801
p. 603-433-0716/1-800-772-1213

WELFARE

New Hampshire State Resources

NH 2-1-1
p. 2-1-1 or 1-866-444-4211
www.211nh.org

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
Substance Use Hotlines continued

Maine State Resources
ALCOHOLICS ANONYMOUS HOTLINE
p. 207-774-4335

Vermont State Resources
ALCOHOLICS ANONYMOUS HOTLINE
p. 802-658-4221

INFORMATION AND REFERRAL SERVICES

National Resources

FOCUS ON RECOVERY DRUG ABUSE
p. 1-800-888-9383

NATIONAL INSTITUTE ON ALCOHOL ABUSE AND ALCOHOLISM
www.niaaa.nih.gov

SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES ADMINISTRATION (SAMHSA)
www.samhsa.gov

New Hampshire State Resources

BREATHE NH
145 Hollis Street, Unit C
Manchester, NH 03101
p. 603-669-2411/1-800-835-8647
www.breathenh.org

HOPE FOR NH RECOVERY
140 Central Street
Manchester, NH 03103
p. 603-935-7524
www.hopefornhrecovery.org/

NH ACCESS TO RECOVERY
p. 603-271-6110/1-800-804-0909

NH TOBACCO HELPLINE
p. 1-800-784-8669
trytostopnh.org

NARCOTICS ANONYMOUS (NA)

National Resources

NEW ENGLAND REGION OF NARCOTICS ANONYMOUS
www.nerna.org

NARCOTICS ANONYMOUS WORLD SERVICES
p. 1-818-773-9999
www.na.org

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
Narcotics Anonymous continued

New Hampshire State Resources

THE GRANITE STATE AND SEACOAST AREAS OF NARCOTICS ANONYMOUS
540 North Commercial Street
Manchester, NH 03101
p. 603-645-4777
www.gsana.org

TREATMENT CENTERS

National Resources

ADDICTION TREATMENT.ORG
www.addictiontreatment.org

TRICARE APPROVED SUBSTANCE ABUSE FACILITIES
p. 1-877-TRICARE (874-2273)
www.tricare.mil

NORTH REGIONAL CONTRACTOR HEALTH NET FEDERAL SERVICES
p. 1-877-TRICARE (874-2273)
www.hnfs.com

New Hampshire State Resources

ALCOHOL/DRUG CONTROL OFFICER AND PREVENTION COORDINATOR
p. 603-227-5089/603-892-5625/603-227-5086/603-715-6544

COMMUNITY PARTNERS
113 Crosby Road, Suite 1
Dover NH 03820
p. 603-749-4015
www.communitypartnersnh.org/?page_id=26&doing_wp_cron=1460479920.5567960739135742187500

CADCA VETCORPS PREVENTION COORDINATOR
10 Ferry Street Suite 307
Concord, NH 03301
p. 603-225-9540 x117

CONCORD HOSPITAL
250 Pleasant Street
Concord, NH 03301
p. 603-225-2711/800-327-0434
www.concordhospital.org

CENTER FOR LIFE MANAGEMENT
101 Tsienneto Road
Derry, NH 03038
p. 603-434-1577
www.centerforlifemanagement.org

ELLIOT HOSPITAL
1 Elliot Way
Manchester, NH 03103
p. 603-669-5300/603-663-4537
www.elloothospital.org

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
TREATMENT CENTERS CONTINUED

THE FARNUM CENTER
140 Queen City Avenue
Manchester, NH 03104
p. 603-622-3020
www.estreatment.org

HELPING HANDS OUTREACH MINISTRIES, INC.
50 Lowell Street
Manchester, NH 03105
p. 603-623-8778
helpinghandsmanchesternh.com

MONADNOCK FAMILY SERVICES
64 Main Street, Suite 301
Keene, NH 03431
p. 603-357-4400

NEW FUTURES
p. 603-382-6541 x227
www.new-futures.org/

ODYSSEY FAMILY CENTER
367 Shaker Road
Canterbury, NH 03224
p. 603-783-7017

SERENITY PLACE
93-101 Manchester Street
Manchester, NH 03105
p. 603-226-0817
www.serenity-place.org

GENESIS BEHAVIORAL HEALTH
111 Church Street
Laconia, NH 03246
p. (603) 524-1100
www.genesisbh.org

KEYSTONE HALL GREATER NASHUA COUNCIL ON ALCOHOLISM
615 Amherst Street
Nashua, NH 03060
p. 603-881-4848

MERRIMACK VALLEY COUNSELING ASSOCIATION
39 Simon Street, Unit 2A
Nashua, NH 03060
p. 603-888-4347/800-795-0973
www.merrimackvalleycounseling.org

NH TREATMENT
Nhtreatment.org

RIVERBEND COMMUNITY MENTAL HEALTH CENTER
3 North State Street
Concord, NH 03301
p. 603-228-1551

SOUTHERN NH MEDICAL CENTER
8 Prospect Street
Nashua, NH 03060
p. 603-577-2000/603-577-2255
www.snhmc.org

GREATER NASHUA MENTAL HEALTH CENTER
100 West Pearl Street
Nashua, NH 03060
p. 603-89-6147/800-762-8797
www.gnmc.org

LIBERTY HOUSE
75 West Baker Street
Manchester, NH 03103
603-669-0761/603-361-6266

MONADNOCK FAMILY SERVICES
64 Main Street, Suite 301
Keene, NH 03431
p. 603-357-4400

NORTHERN HUMAN SERVICES
87 Washington Street
Conway, NH 03818
p. 603-447-3347

SEACOAST MENTAL HEALTH CENTER, INC.
1145 Sagamore Avenue
Portsmouth, NH 03801
p. 603-431-6703

TIRRELL HALFWAY HOUSE
15 Brook Street
Manchester, NH 03104
p. 603-668-2971

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
Treatment Centers continued

WEST CENTRAL BEHAVIORAL HEALTH
9 Hanover Street, Suite 2
Lebanon, NH 03766
p. 603-448-0126

Vermont State Resources

WHITE RIVER JUNCTION
163 Veterans Drive (GPS)
White River Junction, VT 05009
p. 802-295-9363 | 866-687-8387

YOUTH SUBSTANCE USE SERVICES

National Resources

ABOVE THE INFLUENCE
Abovetheinfluence.com

THE COOL SPOT
www.thecoolspot.gov

INTERAGENCY COORDINATING COMMITTEE FOR THE PREVENTION OF UNDERAGE DRINKING (ICCPUD)
Stopalcoholabuse.gov

NATIONAL ASSOCIATION FOR CHILDREN OF ALCOHOLICS
www.nacoa.org

New Hampshire State Resources

AL-ANON TEEN
p. 603-369-6930/1-877-825-2666
www.nhal-anon.org

CHILD AND FAMILY SERVICES
464 Chestnut Street
Manchester, NH 03105
p. 603-518-4031/800-640-6486 x 4031
www.cfsnh.org

DOVER COALITION FOR YOUTH
p. 603-516-3279
http://dovercoalition.org

DRUG FREE NH
Drugfreenh.org

YOUTH COUNCIL OF NASHUA
112 West Pearl Street
Nashua, NH 03060
p. 603-889-1090

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
Suicide Prevention and Postvention

EMERGENCY HOTLINES

National Resources

NATIONAL SUICIDE PREVENTION LIFELINE
p. 1-800-273-TALK (8255)
Veterans Press 1
www.suicidepreventionlifeline.org

SUICIDE PREVENTION LIFELINE FOR TEENS
p. 1-800-639-6095

WOUNDED WARRIOR CALL CENTER
p. 1-877-487-6299

New Hampshire State Resources

COMMUNITY COUNCIL OF NASHUA
p. 1-800-762-8191/1-800-735-2964

HEADREST INC.
p. 603-448-4400/1-800-639-6095

NAMI NH
85 N State Street
Concord, NH 03301
p. 603-225-5359/800-242-6264
www.naminh.org

SEACOAST OUTRIGHT HOTLINE
p. 603-431-1013

SUICIDE PREVENTION & POSTVENTION

National Resources

ASSIST SUICIDE FIRST AID
p. 910-867-8822
livingworks.net

THE CONNECT PROGRAM
p. 1-800-242-6264
www.theconnectprogram.org

New Hampshire State Resources

AIR NATIONAL GUARD BASE CHAPLAIN
302 Newmarket Street
Newington, NH 03803
p. 603-430-3456
DSN 852-3456

DEPUTY STATE SURGEON SUICIDE PREVENTION
p. 603-227-1457/603-724-7990

MOBILE VET CENTER
NH/VT/ME
p. 802-295-2908/802-342-2398

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
Support Groups

COMMUNITY MENTAL HEALTH CENTERS

New Hampshire State Resources

CENTER FOR LIFE MANAGEMENT
101 Tsienneto Road
Derry, NH 03038
p. 603-434-1577
www.centerforlifemanagement.org

COMMUNITY PARTNERS
113 Crosby Road Suite 1
Dover, NH 03820
p. 603-749-4015
www.communitypartnersnh.org/?page_id=26&doing_wp_cron=1460479920.5567960739135742187500

GENESIS BEHAVIORAL HEALTH
111 Church Street
Laconia, NH 03246
p. (603) 524-1100
www.genesisbh.org

GREATER NASHUA MENTAL HEALTH CENTER AT COMMUNITY COUNCIL
100 West Pearl Street
Nashua, NH 03060
p. 603-889-6147

MENTAL HEALTH CENTER OF GREATER MANCHESTER
401 Cypress Street
Manchester, NH 03103
p. 603-668-4111

MONADNOCK FAMILY SERVICES
64 Main Street Suite 301
Keene, NH 03431
p. 603-357-4400

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
Community Mental Health Centers continued

Northern Human Services
87 Washington Street
Conway, NH 03818
p. 603-447-3347

Riverbend Community Mental Health Center
3 North State Street
PO Box 2302
Concord, NH 03301
p. 603-228-1551

Seacoast Mental Health Center, Inc.
1145 Sagamore Avenue
Portsmouth, NH 03801
p. 603-431-6703

West Central Behavioral Health
9 Hanover Street, Suite 2
Lebanon, NH 03766
p. 603-448-0126

Military Spouses

National Resources

HomeBase Program Support Group for Military Spouses
p. 617-643-9334
www.homebaseprogram.org

New Hampshire State Resources

Military Spouses Club
p. 603-583-5783

Spouse Telephone Support for OED/OIF/OND Veterans
p. 603-624-4366 x 2524

Support for Military Families

National Resources

Veteran Families Foundation
http://veteransfamiliesunited.org/2011/06/06/needs-assistance/

Veterans Coming Home
http://wgby.veteranscominghome.org/all-resources/

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
Support for Military Families continued

New Hampshire State Resources

<table>
<thead>
<tr>
<th>Service</th>
<th>Contact Details</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>DIVORCE CARE</strong></td>
<td>p. 603-431-3646</td>
</tr>
<tr>
<td><strong>EASTER SEALS CARE COORDINATION</strong></td>
<td>555 Auburn Street&lt;br&gt;Manchester, NH 03103&lt;br&gt;p. 603-315-4354/1-800-870-8728</td>
</tr>
<tr>
<td><strong>HARBOR HOMES</strong></td>
<td>p. 603-882-3616</td>
</tr>
<tr>
<td><strong>PARENTS MEETING THE CHALLENGE</strong></td>
<td></td>
</tr>
<tr>
<td>Frisbee Memorial Hospital</td>
<td>Frisbee Memorial Hospital&lt;br&gt;11 Whitehall Road&lt;br&gt;Rochester, NH 03867&lt;br&gt;p. 603-978-7872</td>
</tr>
<tr>
<td><strong>SEACOAST YOUTH SERVICES</strong></td>
<td>867 Lafayette Road&lt;br&gt;Seabrook, NH 03874&lt;br&gt;p. 603-474-3332&lt;br&gt;www.seacoastyouthservices.org</td>
</tr>
<tr>
<td><strong>SOUTHWESTERN COMMUNITY SERVICES</strong></td>
<td>p. 603-352-7512</td>
</tr>
<tr>
<td><strong>UNH MARRIAGE AND FAMILY THERAPY CENTER</strong></td>
<td></td>
</tr>
<tr>
<td>Craft Cottage UNH</td>
<td>Craft Cottage UNH&lt;br&gt;Durham, NH 03824&lt;br&gt;p. 603-862-2134</td>
</tr>
<tr>
<td><strong>VT VETERANS OUTREACH PROGRAM</strong></td>
<td>p. 802-399-6250/802-734-2282</td>
</tr>
<tr>
<td><strong>VT VETERANS SERVICES</strong></td>
<td>p. 802-656-3232/844-820-3232</td>
</tr>
</tbody>
</table>

Vermont State Resources

<table>
<thead>
<tr>
<th>Service</th>
<th>Contact Details</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>VETERANS INC.</strong></td>
<td>p. 802-451-9189/802-222-7429</td>
</tr>
<tr>
<td><strong>VT VETERAN OUTREACH PROGRAM</strong></td>
<td>p. 802-399-6250/802-734-2282</td>
</tr>
<tr>
<td><strong>VT VETERAN SERVICES</strong></td>
<td>p. 802-656-3232/844-820-3232</td>
</tr>
</tbody>
</table>

For more resources call NHCarePath at 866-634-9412 or visit [www.nhcarepath.org](http://www.nhcarepath.org) to search the public database.
## Survivor Groups

### ACTIVE DUTY DEATH SURVIVORS

#### National Resources

<table>
<thead>
<tr>
<th>Burial in National and State Veteran Cemeteries</th>
<th>Casualty Assistance Services</th>
<th>Mobile Vet Center</th>
</tr>
</thead>
</table>

**National Military Family Association**

Survivor Benefit Fact Sheet
[http://support.militaryfamily.org/site/DocServer/Survivor_Benefits_Fact_sheet_4-08.pdf](http://support.militaryfamily.org/site/DocServer/Survivor_Benefits_Fact_sheet_4-08.pdf)

**Reporting the Death of a Retiree**

p. 1-800-626-3317

**VA Survivor Benefits Fact Sheet**


**Vet Center Combat Call Center**

p. 877-WAR-VETS

**Vet Center Resources & Locator**

[www.vetcenter.va.gov](http://www.vetcenter.va.gov)


#### Maine State Resources

**Sanford Vet Center**

p. 207-490-1513

#### New Hampshire State Resources

**1A RCS Northeast Regional Office**

15 Dartmouth Drive, Suite 202
Auburn, NH 03032
p. 603-623-4204/877-927-8387

**Manchester Vet Center**

1461 Hooksett Road B6
Hooksett, NH 03106
p. 603-668-7060/877-927-8387

**Berlin-Gorham Vet Center**

515 Main Street, Suite 2
Gorham, NH 03581
p. 603-752-2571

**Keene Vet Center Outstation**

640 Marlboro Road
Keene, NH 03431
p. 603-358-4950/877-927-8387

**Vet-to-Vet**

Gorham Family Resource Center
123 Main Street
Gorham, NH 03581
p. (603) 466-5190

For more resources call NHCarePath at 866-634-9412 or visit [www.nhcarepath.org](http://www.nhcarepath.org) to search the public database.
### Active Duty Death Survivors continued

**Vermont State Resources**

<table>
<thead>
<tr>
<th><strong>SOUTH BURLINGTON VET CENTER</strong></th>
<th><strong>WHITE RIVER JUNCTION VET CENTER</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>359 Dorset Street</td>
<td>118 Prospect Street Suite 100</td>
</tr>
<tr>
<td>South Burlington, VT 05401</td>
<td>White River Junction, VT 05001</td>
</tr>
<tr>
<td>p. 802-862-1806</td>
<td>p. 802-295-2908/800-649-6603</td>
</tr>
</tbody>
</table>

**SURVIVORS OUTREACH SERVICES**

**New Hampshire State Resources**

**NATIONAL GUARD SURVIVOR OUTREACH SERVICES**

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>1 Minuteman Way</td>
<td></td>
</tr>
<tr>
<td>Concord, NH 0330</td>
<td></td>
</tr>
<tr>
<td>p. 603-227-5130/603-219-8159</td>
<td></td>
</tr>
</tbody>
</table>

**TRAGEDY ASSISTANCE PROGRAM FOR SURVIVORS (TAPS)**

**National Resources**

**TRAGEDY ASSISTANCE PROGRAM FOR SURVIVORS (TAPS)**

|                                |                                    |
|                                |                                    |
| p. 800-959-TAPS (8277)         |                                    |

For more resources call NHCarePath at 866-634-9412 or visit [www.nhcarepath.org](http://www.nhcarepath.org) to search the public database.
Transportation Assistance

National Resources

**ARMY EMERGENCY RELIEF**  
- p. 866-878-6378  
- www.aerhq.org

**CAREGIVER**  
- p. 1-855-260-3274  
- www.caregiver.va.gov

**GAS-CARDS.US**  
- http://gas-cards.us/  
- http://www.veteranownedbusiness.com/business/18460/gascardsus

**GOOD NEWS GARAGE**  
- www.goognewsgarage.org

**HOPE FOR THE WARRIORS**  
- www.hopeforthewarriors.org/

**NATIONAL AGING AND DISABILITY TRANSPORTATION CENTER**  
- p. 1-866-528-6278  
- www.seniortransportation.net

**NATIONAL VETERANS FOUNDATION**  
- p. 888-777-4443  
- www.nvf.org

**OPERATION FAMILY FUND**  
- p.760-793-0053  
- www.operationfamilyfund.org

**OPERATION HOME FRONT**  
- p. 888-810-0221/210-659-7756  
- www.operationhomefront.net/newengland/default.aspx

**VETERANS PLUS**  
- p. 800-722-6098  
- www.registrynetwork.org  
- www.operationhomefront.net

**VETERANS TRAINING SCHOOL**  
- p. 617-371-1742/617-371-1751  
- www.nechv.org

Maine State Resources

**MAINE DAV**  
- Augusta ME  
- p. 207-551-4475

New Hampshire State Resources

**ACCESS EMS LLC**  
- 2 Whitney Road, Unit 2  
- Concord, NH 03301  
- p. 603-753-0085  
- www.nhtemsis.org

**AMOSKEAG AIRPORT SERVICE**  
- 630 South Mammoth Road  
- Manchester, NH 03109  
- p. 603-641-4777/800-395-3479

**THE CAREGIVERS INC.**  
- 19 Harvey Road  
- Bedford, NH 03110  
- p. 603-622-4948/877-394-5192  
- Nashua: p. 603-595-4502  
- www.caregiversnh.org

For more resources call NHCarePath at 866-634-9412 or visit [www.nhcarepath.org](http://www.nhcarepath.org) to search the public database.
Transportation Assistance continued

Caring Companions Easter Seals
555 Auburn Street
Manchester, NH 03103
p. 603-621-3497/1-800-870-8728
www.easterseals.com/nh/our-programs/senior-services/caring-companions.html

Care Plus Ambulance
1501 Columbia Circle
Merrimack, NH 03054
p. 603-424-8910

Chaplains Emergency Relief Fund
PO Box 3448
Concord, NH 03302
p. 603-227-1560/603-430-3456

Coast
www.coastbus.org/default.html

Community Action Program
2 Industrial Park Drive
Concord, NH 03302
p. 603-225-3295/800-856-5524
www.bm-cap.org

Concord Area Transit
PO Box 611
Concord, NH 03301
p. 603-225-1989
www.bm-cap.org/concord.htm

DAV Transportation Assistance
718 Smyth Road Room E-106
Manchester, NH 03104
p. 603-624-4366 x 6776
http://www.dav.org/veterans/need-a-ride/

Easter Seals of NH
p. 603-623-8863
http://www.easterseals.com/nh/our-programs/special-transit-service/

Friends of Veterans
p. 802-296-8368
www.friendsofveteransvtnh.org

Front Door Agency
7 Concord Street
Nashua, NH 03064
p. 603-886-2866

Kearsarge Council on Aging
37 Pleasant Street
New London, NH 03257
p. 603-526-6368/603-526-6862
www.kearsargecoa.com

Manchester Transit Authority
110 Elm Street
Manchester, NH 03101
p. 603-623-8801
www.mtabus.org

Nashua Transit Center
11 Riverside Street
Nashua, NH 03062
p. 603-880-0100

Nashua Transit System
229 Main Street
Nashua, NH 03060
p. 603-880-0100
http://www.nashuanh.gov/680/Nashua-Transit-System

NHANG Yellow Ribbon Program Manager
302 Newmarket Street
Building 145 Second Floor
Pease ANGB
Newington, NH 03803
p. 603-430-3272

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
### Transportation Assistance continued

<table>
<thead>
<tr>
<th><strong>North Country Transportation</strong></th>
<th><strong>Senior Transportation</strong></th>
<th><strong>Special Transit Service, Inc.</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Berlin, NH</td>
<td>p. 603-752-1741/888-997-2020</td>
<td>180 Zachary Road, Unit 6</td>
</tr>
<tr>
<td></td>
<td><a href="http://www.straffordcap.org/programs/senior-transportation">www.straffordcap.org/programs/senior-transportation</a></td>
<td>Manchester, NH 03109</td>
</tr>
<tr>
<td></td>
<td></td>
<td>p. 603-668-8603</td>
</tr>
<tr>
<td><strong>StePSaver</strong></td>
<td><strong>Transportation Assistance for Seacoast Citizens</strong></td>
<td><strong>Transportation Assistance for Seniors &amp; Disabled Adults</strong></td>
</tr>
<tr>
<td>Manchester, NH</td>
<td>200 High Street</td>
<td><a href="http://www.dhhs.nh.gov/dcbcs/beans/transportation.htm">http://www.dhhs.nh.gov/dcbcs/beans/transportation.htm</a></td>
</tr>
<tr>
<td>p. 603-623-8801</td>
<td>Hampton, NH 03842</td>
<td></td>
</tr>
<tr>
<td><a href="http://www.mtabs.org/services/stePSaver">www.mtabs.org/services/stePSaver</a></td>
<td>p. 603-926-9026</td>
<td></td>
</tr>
<tr>
<td></td>
<td><a href="http://www.tasc-rides.org">www.tasc-rides.org</a></td>
<td></td>
</tr>
<tr>
<td><strong>Tri State Ambulance Service Corp</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>34 River Road</td>
<td><strong>Trilogy Wheelchair</strong></td>
<td></td>
</tr>
<tr>
<td>Bow, NH 03304</td>
<td><strong>Transport and Eldercare Services</strong></td>
<td></td>
</tr>
<tr>
<td>p. 603-224-7363</td>
<td>39 Brown Avenue</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Manchester, NH 03101</td>
<td></td>
</tr>
<tr>
<td></td>
<td>p. 603-656-9715</td>
<td></td>
</tr>
<tr>
<td><strong>Veteran Owned Car Repair</strong></td>
<td><strong>Wonderland Thrift Shop</strong></td>
<td></td>
</tr>
<tr>
<td>6 Mariette Avenue</td>
<td>p. 603-703-4284</td>
<td></td>
</tr>
<tr>
<td>Hooksett, NH 03106</td>
<td><a href="http://www.wonderlandthrift.org">www.wonderlandthrift.org</a></td>
<td></td>
</tr>
<tr>
<td>p. 603-792-2273</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Vermont State Resources**

<table>
<thead>
<tr>
<th><strong>Rural Community Transportation, Inc.</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>St. Johnsbury, VT</td>
</tr>
<tr>
<td>p. 802-748-8170</td>
</tr>
</tbody>
</table>

**Senior Transportation**

<table>
<thead>
<tr>
<th><strong>National Resources</strong></th>
<th><strong>Senior Centers</strong></th>
<th><strong>VA Veterans Transportation Services</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>We recommend you call your local town office to find a senior center in your community.</td>
<td><a href="http://www.va.gov/HEALTHBENEFITS/vet/veterans_transportation_service.asp">http://www.va.gov/HEALTHBENEFITS/vet/veterans_transportation_service.asp</a></td>
</tr>
</tbody>
</table>

For more resources call NHCarePath at 866-634-9412 or visit [www.nhcarepath.org](http://www.nhcarepath.org) to search the public database.
Senior Transportation continued

Maine State Resources

MAINE DAV
Augusta, ME
p. 207-551-4475

New Hampshire State Resources

ACCESS EMS LLC
2 Whitney Road, Unit 2
Concord, NH 03301
p. 603-753-0085
www.nhtemsis.org

AMERICAN CANCER SOCIETY
NORTHERN NEW ENGLAND REGION
2 Commerce Drive, Suite 10
Bedford, NH 03110
p. 603-472-8899/800-227-2345
www.cancer.org

AMOSKEAG AIRPORT SERVICE
630 South Mammoth Road
Manchester, NH 03109
p. 603-641-4777/800-395-3479

THE CAREGIVERS INC.
19 Harvey Road
Bedford, NH 03110
p. 603-622-4948/877-394-5192
Nashua: 603-595-4502
www.caregiversnh.org

CARE PLUS AMBULANCE
1501 Columbia Circle
Merrimack, NH 03054
p. 603-424-8910

COAST NORTH BUS
Wakefield-Rochester NH
p. 1-855-736-4287

COMMUNITY ACTION PROGRAM
2 Industrial Park Drive
Concord, NH 03302
p. 603-225-3295/800-856-5524
www bm-cap.org

CONCORD AREA TRANSIT
PO Box 611
Concord, NH 03301
p. 603-225-1989
www bm-cap.org/concord.htm

CONCORD CAB COMPANY
4 Kennedy Street
Concord, NH 03302
p. 603-225-4222

CONLON TRANSPORTATION
647 Hall Street
Manchester, NH 03104
p. 603-622-6359

DAV TRANSPORTATION ASSISTANCE
718 Smyth Road Room E-106
Manchester, NH 03104
p. 603-624-4366 x 6776
www dav.org/veterans/i-need-a-ride/

KEARSARGE COUNCIL ON AGING
37 Pleasant Street
New London NH 03257
p. 603-526-6368/603-526-6862
www kearsarge coa.com

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
Senior Transportation continued

**Manchester Transit Authority**
110 Elm Street
Manchester, NH 03101
p. 603-623-8801
www.mtabus.org

**Nashua Transit Center**
11 Riverside Street
Nashua, NH 03062
p. 603-880-0100

**Senior Transportation**
p. 603-817-8207
www.straffordcap.org/programs/senior-transportation

**Stirling Coach**
48 Langholm Drive
Nashua, NH 03062
p. 603-589-2000/866-726-2241
www.stirlingcoach.com

**Special Transit Service, Inc.**
180 Zachary Road, Unit 6
Manchester, NH 03109
p. 603-668-8603

**Transportation Assistance for Seacoast Citizens**
200 High Street
Hampton, NH 03842
p. 603-926-9026
www.tasc-rides.org

**Tri Story Wheelchair Transport and Eldercare Services**
39 Brown Avenue
Manchester, NH 03101
p. 603-656-9715

**Tri State Ambulance Service Corp**
34 River Road
Bow, NH 03304
p. 603-224-7363

**Vermont State Resources**

**Rural Community Transportation, Inc.**
St. Johnsbury, VT
p. 802-748-8170

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
# Traumatic Brain Injury (TBI)

## National Resources

<table>
<thead>
<tr>
<th>Name</th>
<th>Description</th>
<th>Website</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>DEFENSE AND VETERANS BRAIN INJURY CENTER</strong></td>
<td></td>
<td><a href="http://www.dvbic.org">www.dvbic.org</a></td>
<td></td>
</tr>
<tr>
<td><strong>USA CARES</strong></td>
<td></td>
<td></td>
<td>p. 800-773-0387 usacares.org/index.php/assistance/main</td>
</tr>
<tr>
<td><strong>KREMPELS CENTER</strong></td>
<td></td>
<td>(603) 570-2026 x 2 <a href="mailto:cconner@krempelscenter.org">cconner@krempelscenter.org</a></td>
<td></td>
</tr>
<tr>
<td><strong>OPERATION FOREVER FREE</strong></td>
<td></td>
<td></td>
<td>p. 214-542-6975 <a href="http://www.operationforeverfree.org/web/">www.operationforeverfree.org/web/</a></td>
</tr>
<tr>
<td><strong>BRAIN INJURY ASSOCIATION</strong></td>
<td></td>
<td></td>
<td>52 Pleasant Street Concord, NH 03301 p. 800-773-8400/603-225-8400</td>
</tr>
</tbody>
</table>

## Massachusetts State Resources

<table>
<thead>
<tr>
<th>Name</th>
<th>Description</th>
<th>Website</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>HOMEBASE PROGRAM</strong></td>
<td></td>
<td></td>
<td>1 Constitution Center Charlestown, MA 02129 617-724-6402 <a href="mailto:mallard1@partners.org">mallard1@partners.org</a></td>
</tr>
<tr>
<td><strong>NEURO RESTORATIVE</strong></td>
<td></td>
<td></td>
<td>p. 800-743-6802 <a href="http://www.neurorestorative.com/">www.neurorestorative.com/</a></td>
</tr>
</tbody>
</table>

## New Hampshire State Resources

<table>
<thead>
<tr>
<th>Name</th>
<th>Description</th>
<th>Website</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>BRAIN INJURY SUPPORT GROUP</strong></td>
<td></td>
<td></td>
<td>7 Baldwin Street Franklin, NH 03235 p. 603-934-2541/603-286-8140</td>
</tr>
<tr>
<td><strong>MENTAL HEALTH CLINIC</strong></td>
<td></td>
<td></td>
<td>Manchester VA Medical Center 718 Smyth Road Manchester, NH 03104 p. 603-624-4366 x 2151</td>
</tr>
<tr>
<td><strong>ROBIN HILL FARM</strong></td>
<td></td>
<td></td>
<td>PO Box 1067 Hillsboro, NH 03244 p. 603-464-3841 <a href="http://www.robinhillfarm.com/brain-injury-trauma.html">http://www.robinhillfarm.com/brain-injury-trauma.html</a></td>
</tr>
</tbody>
</table>

## Vermont State Resources

<table>
<thead>
<tr>
<th>Name</th>
<th>Description</th>
<th>Website</th>
<th>Contact Information</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>WHITE RIVER JUNCTION</strong></td>
<td></td>
<td></td>
<td>163 Veterans Drive (GPS) White River Junction, VT 05009 p. 802-295-9363</td>
</tr>
</tbody>
</table>

For more resources call NHCarePath at 866-634-9412 or visit [www.nhcarepath.org](http://www.nhcarepath.org) to search the public database.
For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
Veteran Service Organizations (VSO)

National Resources

**AIR FORCE ASSOCIATION**
- p. 800-727-3337
- http://www af a or g/home

**AIR FORCE SERGEANTS’ ASSOCIATION**
- AFSA Chapter 155
- Dover, NH
- p. (207) 289-5746
- http://www af sa155 org/

**CATHOLIC WAR VETERANS**
- http://deptnh cwv org/

**COMBAT VETERANS MOTORCYCLE ASSOCIATION**
- Raymond Schwendeman (Swede)
- 8 Newport Rd.
- Dover, NH 03820
- p. (603) 749-2139
- http://combatvetnhv1 org/

**KOREAN WAR VETERANS ASSOCIATIONS**
- www nhkwva org

**MARINE CORPS LEAGUE**
- 7 Perley Street
- Concord, NH
- p. 603-858-3535
- www nhmarines org/

**MILITARY OFFICERS ASSOCIATION**
- http://www moaa nh org/

**MILITARY ORDER OF THE PURPLE HEART**
- 177 Lake St, Nashua, NH
- p. (603) 964-1993
- www MOPH804 org

**MILITARY ORGANIZATIONS**
- 4 Pembroke Rd
- Concord, NH
- http://nhngea org/

**AMERICAN LEGION**

**AMERICAN LEGION NATIONAL COMMISSION ON CHILDREN AND YOUTH**
- p. 317-630-1323
- www legion org/programs

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
For more resources call NHCarePath at 866-634-9412 or visit [www.nhcarepath.org](http://www.nhcarepath.org) to search the public database.
American Legion continued

FRANK E. BOOMA INC. POST 6
96 Islington Street
Portsmouth NH 03801
p. 603-436-7575

GEORGE MINOT CAVIS POST
26
34 Spring Street
Bristol, NH 03222
p. 603-744-3144

GUER-CARIGNAN POST 22
189 Mechanic Street
Lebanon, NH 03766
p. 603-448-3429
www.post22.org/

HENRY E. STANIELS POST 97
1040 Main Street
Grafton, NH 03240

HUDSON POST 48
37 Central Street
Hudson, NH 03051
p. 603-889-9777
www.hudsonpost48baseball.com/#organization

JOHN J. MAGUIRE POST 28
43 Church Street
Suncook, NH 03275
p. 603-485-5628

LEE KNAPP POST 96
10 North Road
Danbury, NH 03230

FREDONWARELL POST 17
206 State Street
Groveton, NH 03582
p. 603-363-2408

GRIGGS-STRICKLAND POST 85
1 Mack Road
Gilsum, NH 03448

GEORGE L O’NEIL POST 62
4 Pleasant Street
Colebrook, NH 03576
p. 603-237-8100

GRIGGS-WYATT POST 33
6 Plymouth Street
Meredith, NH 03253
p. 603-279-8503

THE HAMPTONS POST 35
69 High Street
Hampton, NH 03842
p. 603-929-4695
www.post35.us/

HARRIMAN-HALE POST 18
142 Center Street
Wolfeboro, NH 03894
p. 603-569-9817

HENDRIX POST 11
56 West Brook Street
Nashua, NH 03061
p. 603-233-4460
www.post11legion.com/

HOOGER POST 106
180 Union Street
Burlington, VT 05401
p. 802-864-5041
www.hooger106.org

HUNTINGTON POST 13
44 South Main Street
Huntington, NH 03054
p. 603-785-3531
www.post13legion.org/

Huntington Post 13
44 South Main Street
Huntington, NH 03054
p. 603-785-3531
www.post13legion.org/

JAMES E. COFFEY POST 3
11 Court Street
Nashua, NH 03060
p. 603-233-6881
www.post3legion.org/

JOHNSON POST 10
101 Main Street
Rockingham, NH 03868
p. 603-745-2879
www.post10legion.org/

JACK GRANN Post 95
225 Main Street
Londonderry, NH 03053
p. 603-938-2971
www.post95legion.org/

JACKSON Post 9
211 Main Street
Jackson, NH 03846
p. 603-383-5805
www.post9legion.org/

LEWIS Post 120
30 South Main Street
North Hampton, NH 03862
p. 603-793-0500
www.post120legion.org/

LAMOTT-KENNESON POST 76
7 Mt. Moosilauke Highway
Wentworth, NH 03282
p. 603-786-9533

LAMOTT-KENNESON Post 76
400 White Mountain Highway
Wentworth, NH 03282
p. 603-786-9533
www.post76legion.org/

LEWIS Post 120
30 South Main Street
North Hampton, NH 03862
p. 603-793-0500
www.post120legion.org/

LAMOTT-KENNESON Post 76
7 Mt. Moosilauke Highway
Wentworth, NH 03282
p. 603-786-9533
www.post76legion.org/

LAMOTT-KENNESON Post 76
400 White Mountain Highway
Wentworth, NH 03282
p. 603-786-9533
www.post76legion.org/

LAMOTT-KENNESON Post 76
400 White Mountain Highway
Wentworth, NH 03282
p. 603-786-9533
www.post76legion.org/

LAMOTT-KENNESON Post 76
400 White Mountain Highway
Wentworth, NH 03282
p. 603-786-9533
www.post76legion.org/

LAMOTT-KENNESON Post 76
400 White Mountain Highway
Wentworth, NH 03282
p. 603-786-9533
www.post76legion.org/

LAMOTT-KENNESON Post 76
400 White Mountain Highway
Wentworth, NH 03282
p. 603-786-9533
www.post76legion.org/

LAMOTT-KENNESON Post 76
400 White Mountain Highway
Wentworth, NH 03282
p. 603-786-9533
www.post76legion.org/

LAMOTT-KENNESON Post 76
400 White Mountain Highway
Wentworth, NH 03282
p. 603-786-9533
www.post76legion.org/

LAMOTT-KENNESON Post 76
400 White Mountain Highway
Wentworth, NH 03282
p. 603-786-9533
www.post76legion.org/

LAMOTT-KENNESON Post 76
400 White Mountain Highway
Wentworth, NH 03282
p. 603-786-9533
www.post76legion.org/

LAMOTT-KENNESON Post 76
400 White Mountain Highway
Wentworth, NH 03282
p. 603-786-9533
www.post76legion.org/

LAMOTT-KENNESON Post 76
400 White Mountain Highway
Wentworth, NH 03282
p. 603-786-9533
www.post76legion.org/

LAMOTT-KENNESON Post 76
400 White Mountain Highway
Wentworth, NH 03282
p. 603-786-9533
www.post76legion.org/

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
American Legion continued

**SOMERSWORTH POST 69**
9 Constitutional Way
Somersworth, NH 03878
p. 603-692-9898

**WELD-WEBSTER POST 55**
3 NH Route 118
Canaan, NH 03741

**WILKINS-SMITH POST 1**
849 North Main Street
Laconia, NH 03247
p. 603-524-9728

**STRONG-NOURSE POST 68**
2400 St. Johnsbury Road
Littleton, NH 03561
p. 603-444-4028

**WHITMAN-DAVIDSON POST 49**
4 Park Street
Northfield, NH 03276
p. 603-286-7786

**WILLIAM H. JUTRAS POST 43**
56 Boutwell Street
Manchester, NH 03102
p. 603-623-9467

**STRONG-Nourse POST 68**
2400 St. Johnsbury Road
Littleton, NH 03561
p. 603-444-4028

**WILKINS-CLOUES-BIGELOW-PEARSON POST 39**
8 Kearsarge Street Extension
Warner, NH 03278
p. 603-456-2882

**YOUNG AND RICHARDSON POST 59**
538 West Main Street
Hillsboro, NH 03244
p. 603-478-0091

OTHER VETERAN SERVICE ORGANIZATIONS

**National Resources**

**NATIONAL MILITARY FAMILY ASSOCIATION**
http://www.militaryfamily.org/

**THE SALVATION ARMY**
www.salvationarmyusa.org

**UNITED SERVICE ORGANIZATION**
https://www.uso.org/

**New Hampshire State Resources**

**DISABLED AMERICAN VETERANS**
275 Chestnut Street Room 515
Manchester, NH 03101
p. 603-222-5788

**NH 2-1-1**
p. 2-1-1 or 1-866-444-4211
www.211nh.org

**VIETNAM VETERANS OF AMERICA**
p. 603-566-7749

**VETERANS OF FOREIGN WARS (VFW)**

**National Resources**

**VETERANS OF FOREIGN WARS**
www.vfw.org

For more resources call NHCarePath at 866-634-9412 or visit [www.nhcarepath.org](http://www.nhcarepath.org) to search the public database.
VFW continued

Maine State Resources
VFW ME
  www.vfw.org/maine/postdirectory/

New Hampshire State Resources

AMMONOOSUC VALLEY POST 6808
  8 Craggy Road
  Groveton, NH 03582
  p. 603-636-1634

CONTOOCOOK POST 11490
  IOOF Hall Park Avenue
  Contoocook, NH 03229
  p. 603-746-4959

FRANCIS P. MURPHY POST 5386
  PO Box 380
  Bartlett, NH 03812
  p. 603-374-2764

HINSDALE MEMORIAL POST 4234
  PO Box 99
  Hinsdale, NH 03451
  p. 603-336-6210

HUDSON MEMORIAL POST 5791
  PO Box 430
  Hudson, NH 03051
  p. 603-882-2136

KEENE DALEY WHIPPLE POST 799
  PO Box 24
  Keene, NH 03431
  p. 603-357-0149

CHARLESTOWN MEMORIAL POST 8497
  PO Box 1337
  Charlestown, NH 03603
  p. 603-826-5186

DERRY MEMORIAL POST 1617
  18 Railroad Avenue
  Derry, NH 03038
  p. 603-432-3975

FRANKLIN POST 1698
  PO Box 143
  Franklin, NH 03235
  p. 603-934-9869

HOLLIS MEMORIAL POST 11373
  PO Box 1012
  Hollis, NH 03049
  p. 603-465-2301

JAFFREY MEMORIAL POST 5613
  PO Box 483
  Jaffrey, NH 03452
  p. 603-532-8887

KINGSTON MEMORIAL POST 1088
  93 Route 125
  Kingston, NH 03848
  p. 603-642-5510

CONCORD POST 1631
  6 Court Street
  Concord, NH 03301
  p. 603-228-8907

DOVER POST 12060
  PO Box 2215
  Dover, NH 03821

HAMPSTEAD POST 11254
  PO Box 1
  Hampstead, NH 03841

Hudson, ME
  www.vfw.org/me/postdirectory/
## Veterans Health Administration

### New Hampshire State Resources

**Manchester VA Medical Center**
718 Smyth Road  
Manchester, NH 03104  
p. 603.624.4366/p. 800.892.8384  
www.manchester.va.gov

**White River Junction VA Medical Center**
215 North Main Street  
White River Junction, VT 05009  
p. 802.295.9363/p. 866.687.8387  
www.whiteriver.va.gov

**Homeless Veterans**
Manchester x 3622 or x 2701  
White River Junction x 6939

**Veterans Benefits Administration (VBA)**
Manchester Regional Benefit Office  
p. 800.827.1000  
www.benefits.va.gov/Manchester

**NH State Office of Veterans Services**
p. 603.624.9230 | 800.622.9230  
www.nh.gov/nhveterans

**Veterans Choice Card**
www.manchester.va.gov/services/Veterans_Choice_Access_and_Accountability_Act.asp

**CareGiver Support Program**
Manchester: x 6895 or 2524  
White River Junction ext. 5364

**Veteran Justice Outreach**
Manchester x 2296  
White River Junction x 5681

**Veterans Just Coming Out of the Service (OEF/OIF)**
Manchester x 6483  
White River Junction x 5362

For more resources call NHCarePath at 866-634-9412 or visit [www.nhcarepath.org](http://www.nhcarepath.org) to search the public database.
Veterans Health Administration continued

WOMEN VETERANS
Manchester x 6541
White River Junction x 6230

TRICARE

National Resources

FIND A TRICARE PROVIDER
https://www.hnfs.com/content/hnfs/home/tn/common/app_help_pages/provider_directory.html

TRICARE Active Duty Dental Program
p. 1-866-984-2337
www.addp-ucci.com

TRICARE Dental Program
Active Duty, Family Members,
National Guard and Reserve Members, and their Families
CONUS: 1-855-683-8371
OCONUS: 1-855-638-8372
TDD/TTY: 1-855-638-8373

TRICARE Dentists
www.metlife.com/individual/dental-insurance-center/index.html

TRICARE Information
p. 1-800-600-9332
www.tricareonline.com
www.tricare4u.com
www.tricareonline.com/portal/page/portal/TricareOnline/Resouce%20Center

TRICARE Vision Providers
https://www.hnfs.com/content/hnfs/home/tn/prov/benefits/benefits_a_to_z/eye_examinations/eye_examinations.html

VA HEALTH CARE ELIGIBILITY AND ENROLLMENT FOR VETERANS

New Hampshire and Vermont State Resources

Office of Veteran Services – NH
p. (603) 624-9230/800-622-9230
275 Chestnut Street, Room 517
Manchester, NH 03101-2411
http://www.nh.gov/nhveterans/

VA Medical Center Eligibility Office
Building 39
215 North Main Street
White River Junction VT 05009
p. 802-295-9363

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
VETERAN BENEFIT ASSISTANCE

National Resources

ABOUT VETERANS BENEFIT ADMINISTRATION
www.benefits.va.gov/BENEFITS/about.asp

APPLYING FOR BENEFITS
www.benefits.va.gov/BENEFITS/Applying.asp

MILITARY ONESOURCE
p. 800-342-9647
www.militaryonesource.mil

NAVY BENEFITS
www.public.navy.mil/bupers-npc/career/payandbenefits/Pages/default2.aspx

VETERANS BENEFITS ADMINISTRATION
www.benefits.va.gov/benefits/

WOUNDED WARRIORS
www.woundedwarriorproject.org

Massachusetts State Resources

MASS VETS ADVISOR
www.massvetsadvisor.org

MILITARY ORDER OF PURPLE HEART
p. 617-303-5696

New Hampshire State Resources

CHAPLAIN SERVICES
Manchester: x 6185
White River Junction: x 5416 or x 5417

CITY HALL, COUNCIL CHAMBER ROCHESTER
p. 603-332-1167
www.nh.gov/nhveterans/

DISABLED AMERICAN VETERANS
275 Chestnut Street, Room 515
Manchester, NH 03101
p. 603-222-5788

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
Women’s Services continued

NATIONAL RESOURCE DIRECTORY
https://www.ebenefits.va.gov/ebenefits/nrd

SEXUAL ASSAULT PREVENTION AND RESPONSE OFFICE
www.sapr.mil

SMALL BUSINESS ADMINISTRATION (SBA)
www.sba.gov/content/women-owned-businesses

WOMEN VETERANS BENEFITS ADMINISTRATION
www.benefits.va.gov/persona/veteran-women.asp

WOMEN VETERANS HEALTH
www.womenshealth.va.gov

WOMEN’S TRAUMA RECOVERY PROGRAM (WTRP)
www.paloalto.va.gov/services/wtrp

WOMEN VETERANS IGNITING THE SPIRIT OF ENTREPRENEURSHIP
http://whitman.syr.edu/vwise/

New Hampshire State Resources

ANGIE’S SHELTER
434 Union Street
Manchester, NH 03103
p. 603-668-8698
newhorizonsfornh.org/programs/angies

BANCROFT HOUSE
PO Box 344
Franconia, NH 03580
p. 603-832-8842

CARE NET
110 Main Street
Nashua, NH 03060
p. 603-883-9355

THE FRONT DOOR, INC.
7 Concord Street
Nashua, NH 03064
p. 603-886-2866

MARGUERITE’S PLACE, INC.
87 Palm Street
Nashua, NH 03060
p. 603-598-1482
http://www.margueritesplace.org/Home_Page.php

MARY’S HOUSE
123 West Pearl Street
Nashua, NH 03060
p. 603-886-3562

NEW BEGINNINGS: A WOMEN’S CRISIS CENTER
PO Box 622
Laconia, NH 03246
p. 603-528-6511/1-800-644-3574
www.newbeginningsnh.org

NEW GENERATION, INC.
568 Portsmouth Avenue
Greenland, NH 03840
p. 603-436-4989
www.newgennh.org

NH WOMEN’S INITIATIVE
PO Box 3502
Concord, NH 03302
p. 603-271-2660
www.nhwi.org

For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
For more resources call NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database.
This guide is not a complete list of every resource in the state. If a resource is not listed, it does not mean that the resource does not exist or is not important. For more information and assistance finding resources that might not be listed in this guide, contact NHCarePath at 866-634-9412 or visit www.nhcarepath.org to search the public database for the most up to date services. To send requests for updates or to add a resource, please visit: http://www.referweb.net/nhsI/content.aspx?servprov.